



**OUR MISSION:**

The Office of Extended Studies offers high-quality courses to fulfill the professional and personal development of all West Texas residents. Workshops, seminars, classes or conferences may be offered on or off campus to conveniently meet the needs of our students. A wide array of topics is taught by well-qualified instructors from the community. We strive to provide exceptional customer service in all we do.

**FUNDING:**

The Office of Extended Studies is not funded by tax dollars. We are a self-supporting entity, funded by fees generated by course enrollment.

**HOLIDAY:**

Angelo State University will be closed January 16th and May 28th.

**CANCELLATION POLICY:**

We recognize that every cancelled class is a disservice to our customers and we will cancel our classes only when necessary. We know that many of our customers do not enroll early in the registration period and so, we review enrollment levels three working days before the scheduled start of each course. If there are not sufficient enrollments to support a course, we will strive to notify each student as soon as possible and offer a viable alternative.

**REFUND POLICY:**

If we cancel a course, you will receive a full refund of the course fee.

If you pay for a course and withdraw from the course at least three working days before the first class meeting, we will refund 100% of the course fee minus a \$20 processing fee.

If you pay for a course and withdraw from the course less than three working days before the first class meeting but before the first class meeting, we will refund 50% of the course fee. No refund will be made after the first class meeting. Refunds are made by the University Accounts Payable Office within 30 days of the refund request.

**FEES:** Course fees are listed in the Schedule and are payable at time of registration (either by exact cash, credit card, check or money order). Costs for textbooks and other supplies may or may not be included in the course fee, depending on remarks in the Schedule.

**PLEASE REGISTER EARLY.** Many classes have limited enrollment and you may well miss an exciting opportunity if you wait to register. Your early registration will help us avoid course cancellations due to low enrollment.

Angelo State University does not discriminate on the basis of racial and ethnic origin, religion, sex or handicap in any activity administered by the University. Persons who enroll in Extended Studies courses acknowledge they are physically able to participate. In the event of accident or injury, participants will hold harmless from all liability, loss or damage Angelo State University or its agents.



# ANGELO STATE UNIVERSITY Office of Extended Studies

## Spring 2012 Class Schedule



MAH JONGG



PIANO



WRITING



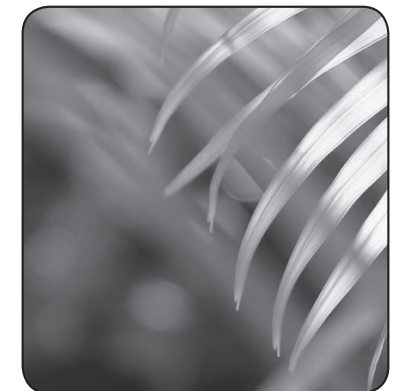
TAI CHI



KNIFE-MAKING



PAINTING



CAMERA BASICS





### It's Spring !!

Our schedule for the Spring Term contains an exciting mix of familiar and new courses to meet the needs and demands for meaningful lifelong learning opportunities. You will find courses in Writing, Reading, and Languages, Hobby/General Interest, Finance and Productivity, Arts, and Fitness and Health.

Some of our new courses include:

- Sleep Apnea; Options for Treatment
- Managing Type Two Diabetes
- SPEAK Spanish
- Cooking with Beer
- Concealed Carry Handgun Instruction
- Classical Guitar
- Guitar Studies

Our offices are in the **Herrington House, 2602 West Avenue N**  
(at the corner of Campus Boulevard and Avenue N).

We are open **Monday through Friday, 8:00am to 5:00pm.**

Our telephone number is: **325-942-2339 (Fax: 325-942-2023).**

You can find us on the web at: **www.angelo.edu/dept/extended studies.**  
Come in and see us soon!

## Angelo State University - Extended Studies SPRING 2012 – Registration Form

Course Title	Beginning Date	Fee

Participant's Name: \_\_\_\_\_

Mailing Address (Number & Street): \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Telephone: (Home) \_\_\_\_\_ (Cell) \_\_\_\_\_

Email address: \_\_\_\_\_

If enrollment is for Kids College, the student's grade in January 2012: \_\_\_\_\_

Payment Method (Circle One):

Check      Money Order      MasterCard      VISA      Discover      American Express

**Please make your check or money order payable to Angelo State University**

Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_ Signature: \_\_\_\_\_

If you choose to pay by credit card, you can bring the form into our office or mail or fax this form to us at 325-942-2023:

**Office of Extended Studies, ASU Station #11022, San Angelo, TX 76909-1022**

### **Fitness and Health:**

**Gentle Yoga.** *Gentle Yoga is typically less strenuous than other types of Yoga. Come explore the gentle way to stretch and to work on your balance. This class is designed for all body types and fitness levels. Please wear comfortable clothes to class, and bring a yoga mat or blanket and a yoga strap or an old tie, as well as yoga blocks if you have them. You may register for one or all of the sessions listed below. (Eleanor Elkins;*

*Session One: 10 hours; Mondays and Thursdays, 1/23/12 - 2/23/12; 6:00-7:00 pm; \$69.00*

*Session Two: 9 hours; Mondays and Thursdays, 2/27/12 - 4/2/12; 6:00-7:00 pm; \$64.00*

*Session Three: 9 hours; Mondays and Thursdays, 4/5/12 - 5/3/12; 6:00-7:00 pm; \$64.00)*

**Tai Chi.** *Learn several forms of Tai Chi for improved breathing, stress relief and relaxation. (Jane Derby; 7 hours; Tuesdays, 1/24/12 - 3/6/12; 5:00-6:00 pm; Dance Studio; \$59.00)*

**Sleep Apnea; Options for Treatment.** *Learn about choices you can make to manage and live with your sleep apnea. (Dinette Trimble, RT; 3 hours; Tuesday, 2/7/12; 6:30-9:30 pm; \$54.00)*

**Managing Your Type-Two Diabetes.** *Learn from a nurse what you can do to live healthier and to more effectively manage your type-two diabetes. (Dennis Ruiz; 3 hours; Tuesday, 2/21/12; 6:30-9:30 pm; \$54.00)*

## Angelo State University

### Extended Studies – Spring 2012 Schedule

#### **Writing, Reading and Languages:**

**Learning to Write with a Movie: Romancing the Stone.** *Class participants will view and dissect the action-adventure romantic comedy *Romancing the Stone* and will study the techniques of characterization and plotting used to create a fun and complete story. This month-long class will be helpful to those interested in writing fiction, no matter what genre is preferred. Please bring a notebook and pens or pencils to class. (Rashda Khan; 8 hours; Thursdays, 2/2/12 - 2/23/12; 6:00-8:00 pm; \$84.00)*

**The Business of Writing.** *Learn from a local author the steps in publishing and self-publishing your stories. (Ross McSwain; 8 hours; Wednesdays, 2/15/12 - 3/7/12; 7:00-9:00 pm; \$84.00)*

**SPEAK Spanish.** *Have you studied Spanish but want to finally learn to speak Spanish? If so, this class is for you! Proven intensive training methods will be used to improve oral proficiency while reviewing vocabulary and grammar. Guided practice outside the classroom will maximize in-class interaction. An optional trip this summer to a Spanish-speaking country will enable you to use your new skills. Class will not meet on March 12. Textbook required. (Dr. Karen Cody; 20 hours; Mondays, 2/6/12 - 4/16/12; 6:00-8:00 pm; \$104.00)*

**Sign Language.** *Learn the basics of American Sign Language, a practical, non-verbal language. While emphasis is on vocabulary and elements of the deaf culture, this course can also help you enhance your non-verbal skills. Class will not meet on March 13. Textbook required. (Helen Harrell; 13.5 hours; Tuesdays, 2/7/12 - 4/10/12; 7:30-9:00 pm; \$124.00)*

#### **Hobby/General Interest:**

**Camera Basics: Digital or 35mm.** *Learn the meaning and uses of ISO, Apertures (A or Av), Shutter Speed (S or Tv), Program and Auto Symbols for landscapes, portraits, macro, etc. There will be classroom instruction combined with hands-on with your camera. Instruction will focus on composition, depth of field, lens choice/use as well as techniques. There will be some discussion of filters, flash and computer software/editing. Class will not meet on April 8. (Stephen Salmon; 15 hours; Sundays, 3/25/12 - 4/29/12; 2:00-5:00 pm; \$129.00)*

**Make Your Own Knife.** *You will learn from local knifemiths how to create a knife from scratch. At the end of this course, you will take home a finished knife and custom sheath. (18 hours; Wednesdays and Saturdays, March 2012; total of six sessions (call us at 942-2339 for exact dates and times); \$179.00)*

**Concealed Carry Handgun Instruction.** This course meets the standards for you to qualify to obtain a Texas concealed handgun license. Instruction will include both classroom and firing range time. Students must bring their own handgun to the range. (Ron Lumsden; 10 hours; Friday, 4/13/12, 6:00-10:00 pm and Saturday, 4/14/12, 8:00 am-2:00 pm; \$80.00)

**Xeriscape Gardening.** It's not just gravel and cactus; it can be colorful, beautiful and inviting – or not! (Tommy Olive; 2 hours; Thursday, 2/23/12; 6:30-8:30 pm; \$44.00)

**Don't Treat Your Soil Like Dirt!** Healthy soil grows healthy landscapes, and this class will help you learn how to improve your soil so it works better for you. Come explore what works in West Texas and why! (Tommy Olive; 2 hours; Thursday, 3/8/12; 6:30-8:30 pm; \$44.00)

**Calligraphy 101 – The Art of Beautiful Writing.** Learn basic letter formation for the much-admired Copperplate Chancery script calligraphy. You'll also learn how to use the tools of calligraphy and practice techniques by following step-by-step instructions. This hands-on class will get you started writing with skilled penmanship for poems and envelopes. Supplies required. (Valerie Tillery; 10 hours; Thursdays, 3/22/12 - 4/19/12; 6:30-8:30 pm; \$119.00)

**Cooking with Beer.** This is course #4 in the on-going "Thirst for Knowledge" series. There is no requirement to have taken courses #1, 2 or 3 first. We all know that beer is the new wine. Learn about how to use certain beer styles to bring out the flavors of foods both by using beer to cook and by pairing beer with food. You will taste and compare at least five foods and beers. Come hungry and thirsty! You must be 21 to enroll. (Michael A. Perez, Ph.D.; 3 hours; Wednesday, 1/25/12; 6:30-9:30 pm; Joe's Brewhouse, 113 E. Concho; \$44.00)

**Chinese Traditional Mah Jongg.** Come learn the basics of this delightful, exotic ancient game from the Orient! Reference materials are included in the registration fee. (Betty Minor; 12 hours; Monday, Wednesday and Friday, 2/6/12 - 2/13/12; 6:00-9:00 pm; \$74.00)

**Mah Jongg.** Learn the basics of this popular game. Playing Mah Jongg may prove to be "just what the doctor ordered" for memory facilitation, visual perception, and strengthening your power of concentration. And, it's fun! Come play with us! (Betty Minor; 12 hours; Monday, Wednesday and Friday, 2/20/12 - 2/27/12; 6:00-9:00 pm; \$74.00)

**Making Money by Babysitting.** This course, certified by the American Red Cross, is designed to train youth to babysit. Students will learn basic babysitting skills, as well as CPR and first aid skills by using manikins, bandages, and splinting materials. Please bring a sack lunch and drink to class. (Joyce Gray; 8 hours; Saturday, 4/28/12; 8:30 am-4:30 pm; \$59.00)

## **Finance and Productivity:**

**QuickBooks.** Learn how to use this popular tool to track income and expenses for your small business or family budget. (Candice Brewer; 8 hours; Mondays and Wednesdays, 2/13/12 - 2/22/12; 6:30-8:30 pm; \$84.00)

**Basic MS Excel: Formulas and Techniques.** Learn how to use MS Excel to make and update spreadsheets to keep track of the many things going on in your busy life! (Michael A. Perez, Ph.D.; 6 hours; Wednesdays, 2/15/12 - 2/29/12; 6:30-8:30 pm; \$84.00)

## **The Arts:**

**Acrylics Painting Class.** Whether you're a beginner or have some experience, this acrylics class is for you! Acrylic techniques will be explained and demonstrated as you work with landscapes, still life, or portraits. Supplies required. (Elaine May; 12 hours; Thursdays, 2/2/12 - 3/8/12; 7:00–9:00 pm; \$129.00)

**Beginning Drawing.** Beginning and experienced students will learn drawing skills in a supportive environment in this class. Each session will be devoted to learning one of the basic drawing skills. Drawings will be created with graphite pencils from still life or from your favorite photographs. Supplies required. (Cycris Ho; 12 hours; Mondays, 3/26/12 - 4/30/12; 6:30-8:30 pm; \$129.00)

**Group Beginning Piano.** Always wanted to learn to play the piano but could never get started? 2012 is the year for you to get started! In this class you'll learn about the keyboard and how to read music, as well as finger dexterity. Textbook required. (Diane Deatherage; 8.75 hours; Tuesdays, 1/24/12 - 3/6/12; 6:00-7:15 pm; \$84.00)

**Guitar Studies.** Students will be introduced to many styles, including folk, rock, jazz, blues and more. Learning to read music, build and fret chords, and play scales, as well as exploring strumming and finger picking styles are among the skills students should expect to learn in this class. Students must provide their own guitars; nylon strings are strongly recommended but not required. Class will not meet on February 22. Textbook required. (Jesse Ramirez; 12 hours; Wednesdays, 1/25/12 - 3/7/12; 6:30-8:30 pm; \$94.00)

**Classical Guitar.** Students will learn how to read music and play with proper technique as they discover the large classical repertoire. Repertoire for this class will include selections by Bach, Giuliani, and Carcassi. Students must provide their own guitars; nylon strings are strongly recommended but not required. Textbook required. (Jesse Ramirez; 12 hours; Wednesdays, 3/21/12 - 4/25/12; 6:30-8:30 pm; \$94.00)

**Ballroom Dancing.** Choreographed ballroom dancing, including the waltz, fox trot, and Latin dances (as time allows) will be taught in this class. Come join the fun as you increase your activity level and improve your balance and coordination! (Priscilla Nicholson; 7 hours; Wednesdays, 3/21/12 - 5/2/12; 6:00-7:00 pm; \$64.00)