Creating a Table of Contents in Word

- 1. In order for the Microsoft Word Table of Contents tool to work, each section and subsection title of the thesis will need to have a heading style applied to it. We recommend using Heading 1 for main section titles, Heading 2 for first-order subsections, and so forth for simplicity. *The size and font of the heading styles can be changed after they are selected.* Generally, it is easiest to create a Table of Contents when at least a couple of sections are completed or when the document is finished entirely.
- 2. After heading styles are applied to the section/subsection titles, select the **References** tab and click on the **Table of Contents** button.
- 3. Once the box opens, select **Custom Table of Contents**.
- 4. Ensure that the **Show Page Numbers** and **Right Align Page Numbers** boxes are checked.
- 5. The **Tab Leader** field should be "....." and the **Format** field should be **Formal**.
- 6. Choose the appropriate number for the **Show Levels** field. If you have second, third, or fourth level headings, then you would select 2, 3, or 4, respectively.
- 7. Select **Options** and check the **Table Entry Fields** box.
- 8. Click **OK** on both dialogue boxes to exit. Your Table of Contents will appear where your cursor is placed.
- 9. You can update your Table of Contents at any time by right clicking on it and selecting **Update Field**. You can choose to update only the page numbers or the entire table if you have added more sections.