Introduction to Athletic Training
KIN 1341

Instructor: Sherry Ann Miller, MS, ATC, LAT

Term: Fall 2017

Office: Center of Human Performance (CHP) 104; 942-2173 (Kinesiology)/486-6171 (Direct)

Course Days: Tuesday and Thursday at 8:00 am to 9:15 am CHP 203

Office Hours: Monday & Wednesday: 1:00 pm to 2:30 pm; Tuesday & Thursday: 9:30 am – 10:30 am; Tuesday: 1:30 pm to 2:30 pm; Thursday: 1:00 pm to 2:00 pm.

E-mail: sherryann.miller@angelo.edu


Course Description: The study of concepts in regards to the introduction of athletic training as a profession. The student will learn basic first aid, CPR, bandaging, splinting, equipment concerns, and emergency response.

Course Objectives: Upon completion of this course, the student will be able to:
1. Apply current standards of first aid, CPR, emergency care, and rescue breathing.
2. Apply and explain the basic principles and concepts of protective equipment, prophylactic bracing, wrapping, and taping.
3. Recognize the signs, symptoms, and treatment of individuals suffering from adverse reactions to environmental conditions.
4. Apply and determine the basic use of cryotherapy and thermotherapy.
5. Describes the principles and rationale for a primary and secondary survey.
6. Assess vital signs and interpret information in regards to emergency and non-emergency situations.
7. Follow proper OSHA guidelines in regards to blood-borne pathogens.
8. Describe the guidelines and rationale for using an Automatic External Defibrillator (AED).
9. Properly fit protective equipment including but not limited to helmets, shoulder pads, and mouthpieces.
10. Assess pathological signs of injury including, but not limited to, skin color, skin moisture, pupil reaction, and neurovascular function.

Attendance Policy: Students are expected to be present for all class meetings of the course for which they are registered. An accurate record of attendance for each student will be maintained by the instructor. The student will be allowed two (2) unexcused absences. If you know that you will be absent or an emergency arises, contact myself, my voice mail, and/or student life office. Please understand not all absences reported are considered excused. Three tardies count as one (1) absence. After the second unexcused absence, ten points will be deducted from the final point total for each unexcused absence. Please understand that being late to class 15 minutes and beyond will be counted as an absence.

Person Seeking Accommodations: Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.

Academic Honesty: The University expects all students to engage in all academic pursuits in a manner that is beyond reproach. Students will be expected to maintain complete honesty and integrity in their experience in the classroom. Any student found guilty of any form of dishonesty in academic work is subject to disciplinary action. Procedures of discipline due to academic dishonesty have been adopted by the Board of Regents and are published under the section on “Student Services and Activities” in the University’s Student Handbook.
**Instructor Expectations:** The instructor and/or instructors have several expectations of you, the student, while in this course.

1. Professional behavior and language are required. Profanity is not acceptable as professional language.
2. Punctuality is a must.
3. Please remove hats while in class. This is for males and females alike.
4. It is your responsibility to read and comply with the syllabus. There will be no e-mail reminders to do homework or take exams.
5. Please be dressed appropriately for class especially on days we do activities.
6. It is your responsibility to report missing grades on Blackboard immediately. Waiting until the end of the semester is not a plausible excuse.
7. Electronic devices need to be on silence mode and put away unless you are using these devices to take notes. It is acceptable and encouraged to have them out in this situation. Please understand that if you have an emergency and are expecting a call, please let the instructor know. Step outside of the classroom and attend to your affairs. Otherwise if your phone rings during class and/or you are “on” your phone during class time, you will be counted as absence.
8. All assignments are due at the beginning of class and/or e-mailed to the instructor before or by 11 am.

**Course Requirements:**
1. Two (2) Written exams at a possible 150 points each for a total of 300 points
2. Three (3) Practical exams at a total of 305 points
3. Written CPR/AED exam 25 points total
4. Final exam is worth 150 points which is comprehensive.
5. Each exam will be in the format of multiple choice, true/false, matching, fill in the blank, short answer, oral response, demonstration of skill, and essay.
6. Written assignments: 22 assignments at 15 points each for a total of 330 points
7. Online Quizzes: 22 instructional days at 10 points each for a total of 220 points.
8. Video assignments: 14 videos at 5 points each for a total of 70 points
9. Journal entries: 15 weeks at 5 points each for a total of 75 points.
10. Clinical hours – 100 points

**Clinical Hours:**
- 120-150 hours = 100 points
- 82.5-119.999 hours = 70 points
- 52.5-82.499 hours = 40 points
- 22.5-52.499 hours = 10 points
- 0-22.499 hours = 0 points

11. No make-up exams will be allowed unless prior arrangements have been made with the instructor.
12. If late submissions are accepted, the following points will be deducted: 1 class day – 5 points, 2 class days – 10 points, 3 class days – 15 points, and etc. Please understand it is up to the instructor if late submissions will be accepted. Late submissions only pertain to course work that is due in class.
13. The cumulative points for this course are 1575. Your grade is based off of the following ranges:
   - 1417.5 – 1575 = A
   - 1260 – 1417.499 = B
   - 1102.5 – 1259.999 = C
   - 945 – 1102.499 = D
   - 787.5 – 944.999 = F
   - 0 – 787.499 = F

**Tentative Daily Schedule:**
August 29: Introduction and course expectations.
August 31: Chapter 1: The Athletic Trainer as a Health Care Provider
September 5: Chapter 3: Legal Concerns and Insurance
September 7: Chapter 15: Using Therapeutic Modalities
September 12: Chapter 11: Psychosocial Intervention for Sport Injuries and Illnesses
September 14: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing - ankle
September 19: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing - ankle
September 21: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – foot and toes
September 26: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – pelvis and thigh
September 28: Practical Exam One

October 3: Written Exam One
October 5: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing - shoulder
October 10: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing - elbow
October 12: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing - wrist
October 17: Chapter 12: On the Field Acute Care and Emergency Procedures; Crutch/cane fitting
October 19: Chapter 12: On the Field Acute Care and Emergency Procedures; Blood pressure, pulses, and respirations
October 24: Chapter 12: On the Field Acute Care and Emergency Procedures (EAPs)
October 26: CPR/AED
October 31: CPR/AED

November 2: CPR/AED plus Written CPR/AED examination
November 7: Practical Exam Two
November 9: Chapter 12: On the Field Acute Care and Emergency Procedures; Spine boarding and splinting
November 14: Chapter 12: On the Field Acute Care and Emergency Procedures; Spine boarding and splinting
November 16: Chapter 12: On the Field Acute Care and Emergency Procedures; Spine boarding and splinting
November 21: Practical Exam Three

November 22-24: University Holiday – Thanksgiving Holiday
November 28: Written Examination Two
November 30: First Aid and wound care
December 5: Chapter 6: Environmental Considerations
December 7: Chapter 13: Off the Field Injury Evaluation; Chapter 14: Infectious Diseases, Bloodborne Pathogens, and Universal Precautions; OSHA/HOPS

December 12: Final Exam 8:00 am to 10:00 am