Instructor: Dr. Kathleen Price (Kathleen.Price@angelo.edu)
Office: Center for Human Performance CHP #108
Important Phone Numbers: Dr. Price’s direct line (325) 486-6175
                                Kinesiology Department Office (325) 942-2173

Office Hours:
  MWF  8:30-10:00 MWF and 12:00-12:30 Friday
  TTH  8:30-9:30 and 10:45-11:45 and 1:30-2:00

**Additional hours by appointment. I anticipate being in my office many more hours than this appears. I serve on both university committees and community organizations. If I will be unavailable, I will leave a note on my office door. Please contact me via e-mail or leave a message to contact me. I will get back to you!**

**All class communication will be done through Blackboard and angelo.edu email accounts. Please check these daily!**

**Required Textbook**

This textbook Foundations of Kinesiology provides a guided introduction to the discipline and professions of kinesiology using a holistic, learner-centered, and skill-based approach. The text explores the core subdisciplines of kinesiology and allows students to explore the research and physical activity contributions that each has to offer. The text also considers how the discipline is crucial in enabling healthy lives by illustrating real-life scenarios across several chapters.

**Course Description**
This course provides students with the opportunity to study the historical and philosophical foundations, scope, objectives, and future of sport and fitness related careers. In addition, the scientific foundations, programs, professional considerations, and leadership requirements for employment within this profession will be emphasized.
Specific Objectives/Student Learning Outcomes

Students will:
1. Demonstrate an understanding of the philosophical and historical development of sport and exercise science.

2. Distinguish between various programs in exercise science, sport and allied fields, and demonstrate an understanding of the requirements and qualifications for employment in each specific area.

3. Demonstrate knowledge of the foundations of sport and exercise science. This includes: biological foundations, sociological foundations, exercise physiology, biomedical foundations, and psychological foundations.

4. Demonstrate knowledge of the characteristics of a leader in the profession of sport and exercise science.

5. Demonstrate knowledge of current trends in education and possible influences on teaching methodology, curriculum development, and employment.

Evaluation and Class Policy

4 tests and Final exam  60%  Current Events Notebook  20%
Homework and Quizzes   10%  Advising Project     10%

**Your lowest test grade will be dropped!**

GRADING SCALE

90-100----->A  
70-79----->C  
59-BELOW----->F  
80-89 ----->B  
60-69----->D

No late work will be accepted.
Attendance Policy
Attendance is necessary to fully understand the concepts and theories introduced in class. ASU functions must have a sponsor note. More than 5 absences will result in a deduction of 10 points from the final course average. More than 7 absences will result in a 20 point deduction from the final course average.

No make-ups will be given on tests unless prior arrangements have been made. Don’t call me the morning of a test and say you need to reschedule. This is not acceptable.

**NO HATS WILL BE WORN AT ANY TIME.** Please!! Be respectful!

Please respect your classmates and your professor by turning off your cell phone prior to coming into class. **If your phone rings during class, you will be asked to leave class and will be counted absent!**

**NO TEXTING permitted during class!** **PUT YOUR PHONES AWAY!**
**If you choose to text and I see you, you will be asked to leave and will be counted absent!**

Students with Special Needs
"Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made."

Honor Code
"Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Academic Honor Code, which is contained in both print and web versions of the Student Handbook.

*Please advise the professor of an absence for observance of a religious holy day prior to absence. Accommodations will be made.
KIN 1301  
Fall 2017  
9:30 TTh or 2:00 TTh  
**TENTATIVE SYLLABUS**

**Tues Aug 29**  
Course Orientation and Introduction  
Chapter 1 (pp. 1-15) Fundamentals and Paradoxes

**Thurs Aug 31**  
Continue with discussion on Chapter 1  
Chapter 2 (pp. 17-39) Pathways to the Pillars

**Tues Sept 5**  
Continue with discussion on Chapter 2

**Thurs Sept 7**  
Chapter 3 (pp. 41-51) A History of Kinesiology

**Tues Sept 12**  
Continue with discussion on Chapter 3

**Thur Sept 14**  
Review Chapters 1-3 for test  
Chapter 4 (pp. 55-89) Biomechanics

**Tues Sept 19**  
Continue with discussion on Chapter 4  
**Test 1 (Chapters 1-3)** Test will be 2nd part of class session.

**Thur Sept 21**  
Finish up Chapter 4  
Chapter 5 (pp. 91-115) Exercise and Sport Psychology

**Tues Sept 26**  
Continue with discussion on Chapter 5

**Thur Sept 28**  
Chapter 6 (pp. 119-140) Exercise and Sport Physiology

**Tues Oct 3**  
Continue with discussion on Chapter 6

**Thurs Oct 5**  
Chapter 7 (pp. 141-152) Motor Behavior  
**CURRENT EVENTS DUE--10 articles are due no later than start of class today!**
<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
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<tr>
<td>Tues Oct 10</td>
<td>Review Chapters 4-7 for test</td>
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<td>Chapter 8 (pp. 155-177) Philosophy of Kinesiology</td>
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<td>Thurs Oct 12</td>
<td>Continue with discussion on Chapter 8</td>
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<td><strong>Test 2 (Chapters 4-7)</strong> Test will be 2(^{nd}) part of class session.</td>
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<td>Tues Oct 17</td>
<td>Chapter 9 (pp. 179-204) Sport Pedagogy and Physical Activity</td>
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<td>Thurs Oct 19</td>
<td>Continue with discussion on Chapter 9</td>
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<td>Tues Oct 24</td>
<td>Deciding on a major! How to plan your academic calendar to graduate</td>
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<td>on a timely basis and with success!</td>
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<td>Thurs Oct 26</td>
<td>Chapter 10 (pp. 205-228) Sociology of Sport, Exercise, and Physical</td>
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<td>Activity</td>
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<td><strong>Advising Assignment Due</strong></td>
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<td>Tues Oct 31</td>
<td>Continue with discussion on Chapter 10</td>
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<td>Chapter 11 (pp. 231-257) Adapted Physical Activity</td>
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<td>Thurs Nov 2</td>
<td>Continue with discussion on Chapter 11</td>
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<td>Chapter 12 (pp. 261-280) Sport Management</td>
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<td>Tues Nov 9</td>
<td><strong>Test 3 (Chapters 8-12)</strong></td>
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<td>Thurs Nov 10</td>
<td>Chapter 13 (pp. 285-302) Healthy Living</td>
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<td>Tues Nov 14</td>
<td>Continue with discussion on Chapter 13</td>
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<td>Chapter 14 (pp. 303-327) Restoring Function</td>
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<td>Thurs Nov 16</td>
<td>Chapter 15 (pp. 329-341) Discovering Possibilities</td>
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<td><strong>CURRENT EVENTS DUE--10 articles are due no later than start of class today!</strong></td>
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<tr>
<td>Tues Nov 21</td>
<td><strong>Test 4 (Chapters 13-15)</strong></td>
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<td>Thurs Nov 23</td>
<td>No Class! Thanksgiving Holiday</td>
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Tues Nov 28  Chapter 16 (pp.343-368) Diversity: Sport as Welcoming Space

Thurs Nov 30  Chapter 17 (pp.371-390) Promoting Excellence

Tues Dec 5  Chapter 19 (pp. 417-428) Kinesiology and the Public's Health: Collaboration Imperatives

Thurs Dec 7  Review and Catch-Up

Final Exam will cover Chapters 16, 17 and 19 only. It is not comprehensive.

9:30 TTh Class Final Exam is Thursday December 14 from 7:57-10:00

2:00 TTh Class Final Exam is Tuesday December 12 from 12:57-3:00 pm

IMPORTANT DATE: Friday November 3 is the last day to drop a class or withdraw from the University for the Fall 2017 semester.
KIN 1301 INFORMATION SHEET

Name ___________________________
CID # ___________________________
E-MAIL ADDRESS (use angelo.edu account for all correspondence) __________________________
Address (not PO Box) ___________________________
Phone ___________________________
Birthdate ______________________________

Do you have a job during the semester? ____
If yes, where? _______   How many # hrs/wk? ______

Are you involved in athletics or other ASU extracurricular events that may cause you to miss class? _________   which one? __________

Hometown ___________________________

Career Aspirations (What will you be doing in 7 years?)
_____________________________________________________
_____________________________________________________
_____________________________________________________

“Academic dishonesty in this course will not be tolerated. If you are suspected of cheating in this course, you will be asked to meet with a committee of the Kinesiology department faculty to determine if you are guilty of cheating. If you are found to be guilty of academic dishonesty, you will be given a grade of F in the course. A letter regarding your academic dishonesty may also be placed in your permanent file in the Registrar’s Office. The Kinesiology faculty hopes that this penalty is severe enough to discourage cheating in any form. Please don’t force us to make an example out of you.”

Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Academic Honor Code, which is contained in both print and web versions of the Student Handbook.

I have received and understand the requirements of this course and the academic honesty policy.
________________________________________