ASU College of Education  
Department of Curriculum and Instruction  
EDG 6323 Theories of Counseling  
Course Syllabus

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Day(s), Time & Location - Distance

E-Hours - The instructor is available via email using only your Rammail/Angelo email address (angelo.edu). You should receive a response within 24 hours.

Please post all questions related to assignments in the Class Cafe. Send an email for other questions. Email is the most accessible way to contact all instructors. While it is important to maintain good communication with your instructor, Internet connectivity problems and home computer problems are not considered adequate excuses for missing assigned class work.

Course Description
An introduction to the fundamental counseling theories with emphasis on application of theories to counseling practice.

Required Reference Book

Student Learning Outcomes
By the end of the course, the student (candidate) will be able to:

• Identify the four categories of theories
• Recognize the therapeutic relationship as a component of effective counseling
• Identify the counselor as a person and professional
• Understand how ethics codes apply to counseling
profession
• Gain understanding of informed consent, limits of confidentiality, and dual relationships
• Identify basic concepts of:
  o Psychoanalytic theory
  o Adlerian theory
  o Existential theory
  o Person-Centered theory
  o Gestalt theory
  o Behavior theory
  o Cognitive Behavior theory
  o Reality theory
  o Feminist theory
  o Postmodern approaches
  o Family Systems theory
• Determine counseling techniques for scenarios
• Identify original writings of major theorists
• Compare original writings to contemporary interpretations
• Compare and reflect on videos showing various approaches
• Construct personal theory paper
• Evaluate learning based on course objectives

Candidates are responsible for on time participation in discussion boards, wikis, and activities. Individual tasks are expected and will be used to determine the final grade.

Class will consist of online discussions, individual participation, and papers.

Course Requirements
The purpose of graduate education is to provide for advanced and specialized training beyond the baccalaureate program. Graduate study is intended to strengthen the academic and professional competence of the candidate, to develop the candidate’s capacity for independent study, to familiarize candidates with past and current research, to train the candidate in the techniques of research, and to enable the candidate to relate his or her research to the investigations of other scholars and derive significant implications from the relationships.

Graduate study presupposes a broad background of knowledge, an adequate preparation in appropriate fields of study at the baccalaureate level including writing ability, and a command of skills required to carry on intensive research and investigation with a high degree of resourcefulness and self-direction. Generally speaking, only candidates with superior undergraduate academic records and self-motivation are qualified to pursue study at the graduate level.

It should be noted that graduate studies differ from undergraduate studies in the following respects: (1) The candidate is expected to assume greater responsibility and to exercise more individual initiative. (2) More extensive and intensive reading is required. (3) Greater emphasis is placed on

Methods of Instruction
Since this course is primarily online, candidates are responsible for understanding the assignments and learning the material. If questions arise, it is important to ask the instructor immediately for help since many of the tasks build on one another.
productive research, with particular emphasis on the use of primary materials. (4) Seminar methods are employed with greater frequency, as greater class participation by the candidate is required. (5) Less instruction is provided in content, survey-type lecture courses. (6) Writing includes a scholarly voice and argument and critical analysis with credible evidence.

Graduate study thus involves far more than the passing of a given number of courses and the fulfillment of certain minimum requirements. The candidate cannot be content solely with earning acceptable grades. The candidate must continually satisfy the Graduate Faculty in the major field by displaying superior intellectual powers and scholarly commitment in order to maintain graduate status and good standing in the school.

1. Candidates’ Participation:
Candidates should participate actively and enthusiastically in all online discussions and course activities while following the requirements of each specific module. Course activities may include, but are not limited to, discussion boards, presentations, journals, and other opportunities to show content mastery through assignment submissions and interaction with other candidates and faculty.

2. Candidates’ Written Work:
- Demonstrates content quality and clarity that emphasizes depth and breadth, reflection and insights, scholarly discussion using scholarly voice, vocabulary, argument, and critical analysis.

3. Candidates’ Communication:
Candidates should maintain open communication with the instructor. Ask questions in a timely manner to provide time for the instructor to respond prior to due date (allow 24 hours for a response). Candidates are expected to check Blackboard and ASU email on a regular basis, preferably daily. Candidates are expected to complete assignments and meet all deadlines for submission of coursework.

Required Readings
Provided within Blackboard modules
APA Manual

Communication
Candidates must communicate with all instructors via only the ASU e-mail system. Candidates must also access and use Blackboard, Ramport, and Angelo e-mail. Candidates must access Blackboard regularly for electronic posting of the syllabus, assignments, announcements, scoring information, and instructions. Candidates contact the ASU Help Desk at 325-942-2911 to learn about Blackboard, how to access and navigate it, or other technology assistance. This should be done EARLY in the class, preferably before the first class day.

Research Writing Style
In the Department of Curriculum and Instruction all candidates should adhere to American Psychological Association Publication Manual (APA) when completing written assignments, and when applicable, in other electronic or media-style presentations. The APA Manual is available at the ASU library, at the bookstore, or on-line at www.apa.org.


If a template is provided follow those instructions.

Attendance Policy
When prompted by learning modules, discussion boards, PowerPoint presentations, or at any other direction for participation, the minimum response from each candidate is: (1) to post a response to the original or initial posting and/or question; and (2) to post two substantive responses to other candidates’ postings to continue the conversation. More frequent responses are both allowed and encouraged so that each student (candidate) can learn from peers and professor’s insights.

Absences for Observance of Religious Holy Day
Students can find information on the observance of religious holy days in Operating Policy 10.19. Because of the online nature of this course, there is not a specific attendance requirement.

Student Disability Services
ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA), and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the candidate’s responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the Student Disability Services website at www.angelo.edu/ADA. The employee charged with the

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responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford
Director of Student Disability Services
Office of Student Affairs
325-942-2047
dallas.swafford@angelo.edu
Houston Harte University Center, Room 112

**Title IX**
Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. Sexual discrimination, sexual misconduct, public indecency, interpersonal violence, sexual assault, sexual exploitation, sexual harassment, and stalking are not tolerated at ASU. You are encouraged to report any incidents to ASU’s Title IX Coordinator Michelle Boone at michelle.boone@angelo.edu or using ASU’s online form at http://www.angelo.edu/services/title-ix/file-a-complaint.php

**Academic Honesty**
Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding Academic Integrity policies, which are contained in the Student Handbook at http://www.angelo.edu/student-handbook/.

Plagiarism is strictly forbidden, and ASU instructors may utilize Internet search links that assist in identifying plagiarized materials.

**Grading & Assignments**
Each assignment will be worth a varying number of points. Grades will be determined by the percentage of the total possible points earned.

- A= 90-100%
- B= 80-89%
- C= 70-79%
- F = below 70%

**Late Assignments**
All activities should be submitted by the scheduled due dates. A 10% grade reduction may occur for each day the assignment is late. Extensions will be administered on a case-by-case basis with the appropriate documentation according to the departmental policy.
## Assignments Objectives & Due Dates

### Course Calendar

All activities should be submitted by 11:59 pm (CST) on the date as scheduled. A 10% grade reduction may occur for each day the assignment is late. Extensions will be administered on a case-by-case basis with the appropriate documentation according to the departmental policy.

<table>
<thead>
<tr>
<th>Week</th>
<th>Topic</th>
<th>Objectives</th>
<th>Readings</th>
<th>Assignments</th>
<th>Points</th>
<th>Due Dates</th>
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<tbody>
<tr>
<td>1</td>
<td>Premodule/Module 1</td>
<td>Recognize the therapeutic relationship as a component of effective counseling. Identify the counselor as a person and professional.</td>
<td></td>
<td>Plagiarism Statement</td>
<td>0</td>
<td>Wednesday Oct. 25</td>
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<td></td>
<td></td>
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<td></td>
<td>Portfolio Creation</td>
<td>0</td>
<td>Wednesday Oct. 25</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Introduction &amp; Responses</td>
<td>5</td>
<td>Initial Post: Wednesday Oct. 25</td>
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<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Module 1 Discussion Board &amp; Response</td>
<td>10</td>
<td>Sunday Oct. 29</td>
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<tr>
<td>2</td>
<td>Module 2</td>
<td>Identify concepts of psychoanalytic Theory</td>
<td></td>
<td>Psychoanalytic Theory 5-4-3-2-1</td>
<td>5</td>
<td>Sunday Nov. 5</td>
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<tr>
<td>3</td>
<td>Module 3</td>
<td>Identify basic concepts of</td>
<td></td>
<td>Major Theorist Original</td>
<td>10</td>
<td>Initial Post: Thursday</td>
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<table>
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<tr>
<th>Module</th>
<th>Assignment</th>
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<tr>
<td>4</td>
<td>Identify basic concepts of Person-Centered Therapy, and Gestalt Therapy. Determine counseling techniques for scenarios.</td>
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<tr>
<td>5</td>
<td>Identify basic concepts of Behavior Therapy, and Cognitive</td>
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<tr>
<th>Writing</th>
<th>Nov. 9</th>
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<td></td>
<td>Responses: Sunday Nov. 12</td>
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<th>Three Approaches to Psychotherapy</th>
<th>Sunday Nov. 19</th>
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<p>| Initial Post: Friday Nov. 24 |
| Responses:                   |</p>
<table>
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<th>Module</th>
<th>Module Title</th>
<th>Task Description</th>
<th>Due Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>6</td>
<td>Module 6</td>
<td>Identify basic concepts of Reality Therapy, and Feminist Therapy. Determine counseling techniques for scenarios.</td>
<td>Multimedia Assignment 20</td>
</tr>
<tr>
<td>7</td>
<td>Module 7</td>
<td>Identify basic concepts of Postmodern approaches to therapy, and Family Systems Therapy. Construct personal theory paper.</td>
<td>Personal Theory Paper 15</td>
</tr>
<tr>
<td>8</td>
<td>Module 8</td>
<td>Present and defend judgments about the information</td>
<td>Course Evaluation and Objective Reflection 4</td>
</tr>
</tbody>
</table>
and assignments related to the course objectives.

| Submitted Artifacs to Portfolio | 1 | Wednesday Dec. 13 |