

BS - Kinesiology, Exercise Science Option Degree Plan, 2008-09

Kinesiology - 36 hours	Hours
KIN 1311 Foundations of Kinesiology	3
KIN 2361 Principles of Wellness	3
KIN 3331 Care and Prevention of Athletic Injuries	3
KIN 3333 Motor Development	3
KIN 3370 Physiology of Exercise, <i>prerequisites: BIO 2423, 2424</i>	3
KIN 3372 Biomechanical Analysis of Movement, <i>prerequisite: BIO 2423</i>	3
KIN 4380 Sport Nutrition	3
KIN 4382 Exercise Testing, <i>prerequisite: KIN 3370</i>	3
KIN 4383 Exercise Prescription, <i>prerequisite: KIN 4382</i>	3
KIN 4390 Principles of Strength and Conditioning, <i>prerequisites: KIN 3370, 3372</i>	3
KIN 2 courses from: 4333 Health Promotion in the Workplace, 4361 Psychological Aspects of Sport and Exercise, 4363 Motor Learning, 4373 Internship	6
 Other Requirements - 63 hours	
Athletic Training 4354	3
Biology 2423, 2424	8
2 courses from: CHEM 1411, 1412, PHYS 1421, 1422, PS 1301/1101, 1302/1102	8
Computer Literacy: BCIS 1305, CS 1301, or USTD 2323	3
Communication 2301	3
English 1301, 1302, sophomore literature	9
Government 2301, 2302	6
History 1301, 1302	6
Mathematics 1302, 1303, 1311, 1312, 1321, 1361, 1362, 2331 or 2332	3
Nursing: 4337	3
Physical Activity	2
Social Sciences: Psychology, 2301, 4335	6
Visual and Performing Arts: Art 1301, 1302, 2301, 2302, Drama 1311, 1321, 1351, 2331, 2334	
Music 1310, 1341, 1342, 1351, 1361, 1375, 1376	3
 Minor - 18 hours, at least 6 must be advanced	 18
 Electives - 3 hours	 3
 Total Hours	 120

Note:

1. 45 advanced hours are required for graduation. This degree plan includes 45 advanced hours.