

Summary

Nursing professional with 26 years experience in nursing which includes management and supervision of medical staff. The last 7 years have been in active practice as a Family Nurse Practitioner-Board Certified. I am skilled in patient and staff education with a strong emphasis on patient assessment, assisting physicians with clinical procedures but primarily the practice of family medicine has been my focus these last 7 years. I have a critical care background which includes ER and ICU along with a strong Labor and Delivery background coupled with Care of the Newborn. I have worked in a rural health setting over 10 years of my clinical practice and have proven to have a strong rapport with medical staff and patients which has allowed my practices to steadily grow. Along with my practice, I teach for Angelo State University as a part-time clinical instructor for the nursing program and have done this over the last 7 years since becoming a FNP-BC

Areas of Expertise

As a Family Nurse Practitioner, my practice role is multifaceted. Accomplishments with patients and their care is a priority but include the concerns of budget and communication to ensure success in their treatment goals. My nursing background prepared me well to assist with patient understanding of the medical system and providing expert care with all disease processes.

- Manage all disease processes for the community as they present to the clinic as my independent licensing allows. Easily recognize the cases requiring further evaluation by physician leaders.
- Manage all acute cases and Emergency Room care with physician assistance only as protocol demands. Primarily deliver Emergent Care independently as my experience provides this knowledge base.
- Applied experience in acute care to successfully manage nurses and coordinate care with auxiliary services.
- Manage Budget concerns related to both facility and patient needs/expectations.
- Empower support staff to lead in providing expert clinical care and encourage professional rapport with all staff
- Designed in-house training manual for telemetry monitor technician position and ensured documentation complied with current federal and state government requirements. Developed nursing protocols, flow sheets, and assessment tools that assisted staff in improving productivity and expediting patient care procedures.
- Consistently deliver on-site presentations to nursing staff and special interest groups which provided for education to ensure on-going education.

Experience Summary

Sonora Medical Clinic

October 2009 to current

Family Nurse Practitioner-Board Certified

Direct Patient Care with responsibility to Diagnose, Prevent Disease Progression and Admit and Manage patients from Clinic setting and/or Emergency Room setting. This was a move based on availability of retirement and excellent Supervising Physician opportunity with well established practice.

- All requirements to Rural Health Care as they present. Encourage rapport with community in allowing them to set standard for their health care.
- Answer to professional physicians and Administrative Personnel related to needs of facility along with providing excellent Care.

- Angelo Community Medical Center (Emergency Consultants, Inc.) 2010 to current
PRN Emergency Room Provider
 Responsibly Diagnose, Educate, Treat and aide in large Emergency Room Care along with working respectively with Emergency Room Physicians
- Remained Current with Credentialing: ATLS, ACLS, PALS, BLS
 - Successfully work with Electronic Medical Record for Emergency Specific Clients
- Angelo State University, San Angelo, TX 2004 to current
Clinical Instructor/Part-Time Lecturer/Clinic Relief- Provider
 Assist University with nursing education on a part-schedule.
- Provide students with Evidence Based Practice Standards Education
 - Encourage their understanding of nursing and practice standards
 - Provide expert clinical guidance to encourage all learning opportunities.
 - Work few days a month in Campus Clinic-Family Practice setting
- Schleicher County Medical Center, Eldorado, TX 2005 to 2009
Family Nurse Practitioner-Board Certified
 Direct Patient Care with included Diagnosis, Prevention, Rehabilitation, Admissions/Hospital Acute Care Management and Emergency Room Care
- Admitting Privileges to the local Critical Access Hospital
 - Managed Emergent Care and developed excellent rapport with nearest Trauma Facilities
 - Often Covered extra shifts to aide in local scheduling challenges
 - Provided In-Home Visits protocol for patients unable to travel to the Clinic for care/treatment
 - Increased the public relations environment for the clinic in the Eldorado Community
- Schleicher County Medical Center, Eldorado, TX 2003 to 2005
Director of Nursing
 Direct the nursing staff in acute care of hospital patients which includes emergency room staff. Directly responsible to the CEO for budget, competency, and quality concerns.
- Currently chair the Quality Assurance Committee and assist in the outcomes desired for individual departments.
 - Administrative experience includes 14 years in a supervisory position with 5 years in a Director's role.
 - Lead by example in professional rapport with patients, nurses, and health care provider staff.
 - Administrator of Trauma Registry for RAC-K
- Saint Anne's Hospital, Fall River, MA 1999 to 2003
Director ICU/Telemetry
 Directly responsible for budget, scheduling, and competency of the nursing staff. The role also included counseling, PI/QA, policy writing, and evaluation of the nursing environment in these units.
- Consistently managed within budgetary constraints
 - Established an improved rapport and confidence between nursing staff and health care providers
- HEALTHfirst Family Care Center, Fall River, MA 1998 to 1999
Clinical Manager
 Liaison between clinic staff and executive director while applying knowledge of nursing to clinic staff which included community outreach and managed care.
- Supervised a 20-person team in serving all ages and health concerns
 - Coordinated outreach clinics between various departments
- Caritas Spohn Hospital, Beeville, TX 1988 to 1998
Director Medical-Surgical/Pediatrics
 Supervised and managed a multi-specialty unit and a 40-person staff while consistently meeting and often exceeding budget goals.
- Successfully served as chairperson of Staff Development Committee for the Caritas Spohn Hospital System

Education

Angelo State University, San Angelo, TX <i>M.S.N., Nursing</i>	2004
GPA: 4.0. Graduated August 2004. Master's Degree in Nursing Hardin-Simmons University, Abilene, TX	2004
<i>Post Graduate, Family Nurse Practitioner</i> GPA: 3.8. Completed Family Nurse Practitioner Certification August 2004.	
Texas A&M University, Corpus Christi, TX <i>B.S.N., Nursing</i>	1998
GPA: 3.91. Graduated with Highest Honors.	
Angelo State University, San Angelo, TX <i>A.D.N., Nursing</i>	1985
Major GPA: 3.8	

Additional Skills

- Advanced Trauma Life Support Provider
- Advanced Cardiac Life Support Provider
- Pediatric Advanced Life Support Provider
- Neonatal Resuscitation Program Provider
- Basic Life Support Instructor
- Certified in Peripherally Inserted Central Catheterization
- Licensed Massage Therapist

Publications

- “Schleicher County Medical Center Promotion.” Newspaper. Eldorado: Eldorado Success, May 2003
- “Organ Donation.” Newspaper. Eldorado: Eldorado Success, July 2003
- “Health Care Progress.” Newspaper. Eldorado: Eldorado Success, July 2003
- “Senior Outreach Program.” Newspaper. Eldorado: Eldorado Success, August 2003
- “Preventative Health Care.” Newspaper. Eldorado: Eldorado Success, October 2003
- “Student Academic Showcase: Roy’s Theory of Adaptation.” Newspaper. Eldorado: Eldorado Success, January 2004
- “Description of Advanced Practice Nursing Roles.” Newspaper. Eldorado: Eldorado Success, January 2004

Honors

- Medical-Surgical Nurse Certification, ANCC, 1998
- Nominated for Employee of the Year, Caritas Spohn Hospital, 1998
- Sigma Theta Tau International Honor Society of Nursing, 1998
- Nominee Graduate Student Award, Angelo State University, 2004
- Graduated Highest Honors, Angelo State University, 2004

Affiliations

American Nurses Association, 2004

Texas Nurse Practitioners Association, 2004

Licenses

Texas Board of Nurse Examiners since 1985

Volunteer

Church of Christ

Member/Sunday School Teacher

2004-current

Eldorado Girls' Softball Association

Coach/Treasurer/Original Founding Board

Provided recreation opportunity to girls in the Eldorado Community since

2004-current

YMCA Baseball/Basketball League, Eldorado, TX

2004

Coach

Assisted coaching 5-year-old "peewee" Baseball and Little Dribblers Basketball

Senior Outreach Program, Eldorado, TX

2003 to current

Outreach Nurse/Weekly Radio Program KLDE

Offer services weekly to the Community Resource Center which includes guest lecturing to local civic organizations (i.e., Chamber of Commerce, Rotary Club, Lion's Club) along with providing health assessment of Eldorado Seniors free of charges along with health promotion to the town's elder community along with providing weekly Radio "Health Spot" for Public Awareness and Health Education

Wellness Center Board Member

2006-current

Schleicher County Wellness Center

Serve as Board Member for this grass-roots project. We began with community assessment/need and fundraising to final construction and self sustaining Wellness Center. Local nonprofit organization.

Community Theater Group, Eldorado, TX

2010 to current

Tom Ratliff Theater-Bi-Annual Productions

Serve civically in local theater group which promotes Texas heritage and life in the West. We perform all plays (two annually) with the focus being to uplift our community and promote our small town heritage and local talent. Local nonprofit organization.

Schleicher County Rodeo Association, Eldorado, TX

2011 to current

Rodeo Queen Contest Coordinator

Offer oversight of rules, funds, donations which are all utilized for local Non-profit organization. This contest requires close oversight of girls ages 10-19 and is monitored throughout the year as the Queen participates in local event.

Personal References Available Upon Request