

Susan E. Keith, Ph.D.
Angelo State University
Department of Kinesiology
susan.keith@angelo.edu

ACADEMIC TRAINING

Ph.D. in Health Studies
Emphasis: Community Health
Texas Woman's University
Denton, Texas

B.S. in Physical Education
Emphasis: Recreation
University of Central Oklahoma
Edmond, Oklahoma

M.S. in Education
Emphasis: Exercise Physiology
Baylor University
Waco, Texas

B.S. in Office Administration
Emphasis: Military Science
Southwestern Oklahoma State University
Weatherford, Oklahoma

ACADEMIC WORK EXPERIENCE

Associate Professor Step 1	2006 - present Department of Kinesiology Angelo State University, San Angelo, Texas
Associate Professor Step 2	2004 - 2006 Department of Kinesiology Angelo State University, San Angelo, Texas
Acting Interim Department Head	Summer II 2005 Department of Kinesiology Angelo State University, San Angelo, Texas
Assistant Professor	1997 - 2004 Department of Kinesiology Angelo State University, San Angelo, Texas
Instructor	1988 - 1997 Department of Health and Physical Education Kilgore College, Kilgore, Texas (Non-Tenure Institution)
Director of Fitness Programs	1991 - 1993 Department of Health and Physical Education Kilgore College, Kilgore, Texas
Acting Department Head	Summer II 1991 - 1993 Department of Health and Physical Education Kilgore College, Kilgore, Texas

ACADEMIC WORK EXPERIENCE CONTINUED

Graduate Teaching Assistant 1987 – 1988
Department of Health, Physical Education, Recreation
Baylor University, Waco, Texas

Graduate Recreation Assistant 1987 - 1988
Department of Health, Physical Education, Recreation
Baylor University, Waco, Texas

COURSES TAUGHT - KILGORE COLLEGE

Activity for Physical Education Majors	Golf
Beginning Aerobics	Intermediate Bowling
Beginning Badminton	Intermediate Swimming
Beginning Bowling	Introduction to Kinesiology
Beginning Swimming	Lifeguard Training
Beginning Tennis	Racquetball
Concepts of Physical Fitness	Racquet Sports
Consumer Health	Weight Training

COURSES TAUGHT - ANGELO STATE UNIVERSITY

KIN 1311 Sport & Movement Foundations	KIN 4351 Acq. & Assess. of Psychomotor Skills
KIN 3333 Motor Development	KIN 6371 Internship
KIN 3361 Sport Management	KIN 6381 Contemporary Issues in Wellness
KIN 3371 Health & Aging	KIN 6381 Health, Wellness, Fitness
KIN 4100 Capstone in Physical Education	KIN 6391 Research Methods & Techniques
KIN 4333 Health Promotion in the Workplace	KIN 6392 Professional Communications
KIN 4351 Team & Individual Sports	

UNIVERSITY SERVICE - ANGELO STATE UNIVERSITY

(2009-2010) Multicultural Center and Diversity Initiatives Committee

(2008-2009) ASU Residential Campus Task Force

(2008-2009) University Review Committee

(2008-2009) Center for Innovation in Teaching & Research Committee

(2008-2009) Fitness and Wellness Committee

(2007-2008) CHP Expansion Project

UNIVERSITY SERVICE - ANGELO STATE UNIVERSITY CONTINUED

(2007-2008) Salary Equity Study Committee

(2006-2007) Presidential Task Force - Salary Schedule

(2006-2008) Presidential Task Force Subcommittee: Annual Evaluation Procedures, Professional Achievement Award

(2006-2007) Overload Committee: Co-Chair

(2006-2007) Select Faculty Committee, *ex officio* member

(2005-2008) Honors Program Council

(2005) Search Committee: Assistant Professor, Department of Kinesiology

(2005) Search Committee: Department Head, Department of Kinesiology

(2004 - 2007) University Committee on Tenure and Promotion

(2004 - 2007) Physical Therapy Admissions Committee

(2004 - 2007) Faculty Research Enhancement Program Grants Committee

(2004 - 2005) Academic Master Plan Committee

(2004 - 2007) Faculty Senate. Department of Kinesiology Representative, Subcommittees: University Affairs, Academic Affairs. Chair of the University Affairs Committee (2005-2007)

(2003) Search Committee: Assistant Professor, Physical Therapy

(2002 - 2003) Select Faculty Committee, Chair

(2002 - 2006) Graduate Council. Department of Kinesiology Representative

(2002 -2006) Department of Kinesiology Graduate Advisor

(2002 - 2003) Faculty Development and Enrichment Program Committee

(2002 - 2004) College Curriculum Committee

(2000) SACS Self-Study Committee: Faculty. Subcommittee Chair: Faculty Conditions

UNIVERSITY SERVICE - ANGELO STATE UNIVERSITY CONTINUED

- (1999) Search Committee: Assistant Professor Biology
- (1999 - 2004) Carr Academic Scholarship Program Advisory Committee
- (1999) Graduate Program Advisory Committee, Chair
- (1999) Graduate Program Advisory Committee, Graduate School Representative
- (1998) Admissions Task Force: Marketing ASU
- (1997 - 2003) Library Committee, Subcommittee: Excellence Fund
- (1997 - 2000) Housing Committee
- (1997) Junell Center Committee
- (1997) Search Committee: Assistant Professor, Education
- (1997) Search Committee: Assistant Coach, Women's Basketball
- (1997) Search Committee: Dean of Enrollment Management

OTHER ACTIVITIES/DUTIES - ANGELO STATE UNIVERSITY

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| Undergraduate Advising | Graduate School Marshall |
| Discover ASU | Faculty Marshall |
| SOAR | Department of Kinesiology TExES Coordinator |
| Gonfalonier | |

HONORS AND AWARDS

- (2010) President's Award For Faculty Excellence. Teaching Award. College of Education
- (2008) ASU Alumni Association Distinguished Faculty Achievement Award. College of Education.
- (2004) Service Award from the City of San Angelo. Recreation Board. 1998 – 2004.

COMMUNITY SERVICE

- (2003 - 2004) Re-elected Chairperson of the City of San Angelo Recreation Advisory Board.
- (2002 - 2003) Elected Chairperson of the City of San Angelo Recreation Advisory Board.
- (2003) Presentation of the City of San Angelo Recreation Department's Priority List to the City Council.

COMMUNITY SERVICE CONTINUED

(2000 - 2001) Elected Vice Chairperson of the City of San Angelo Recreation Advisory Board.

(2000) Member of the Parks & Recreation Master Development Plan Task Force Committee for the City of San Angelo. Selected by the City Council.

(1998 - 2004)Member of the City of San Angelo Recreation Advisory Board. Appointed by Councilwoman Jean Ryon.

MEMBERSHIP IN PROFESSIONAL ORGANIZATIONS

National Intramural-Recreational Sports Association (2006 to present)

American Alliance for Health, Physical Education, Recreation, and Dance (1989-2007)

American Association for Health Education (AAHE) (1989-2007)

National Association for Girls and Women in Sport (1989-2007)

Texas Association for Health, Physical Education, Recreation, and Dance (1989-2007)

PROFESSIONAL DEVELOPMENT ACTIVITIES

(June 2008) Center for Innovation Teaching & Research Workshop. Fredericksburg, Texas.

(November 2007) Lilly Conference on College Teaching. Miami University. Oxford, Ohio.

(April 2007) National Intramural-Recreational and Sports National Convention. Minneapolis, Minnesota.

(April 2006) Association for Childhood Education International Conference, San Antonio, Texas.

(April 2006) American Alliance for Health, Physical Education, Recreation, and Dance National Convention. Salt Lake City, Utah.

(April 2004) American Alliance for Health, Physical Education, Recreation, and Dance National Convention. New Orleans, Louisiana.

(September 2002) National Council for Accreditation of Teacher Education (NCATE) Workshop. Washington, D.C.

(April 2002) American Alliance for Health, Physical Education, Recreation, and Dance National Convention. San Diego, California.

(May 2001) The Society for Public Health Education-2001 Midyear Scientific National Conference. Seattle, Washington.

(March 2000) American Alliance for Health, Physical Education, Recreation, and Dance National Convention. Orlando, Florida.

PROFESSIONAL DEVELOPMENT ACTIVITIES CONTINUED

(December 1999) Texas Association for Health, Physical Education, Recreation, and Dance State Convention. Austin, Texas.

(April 1999) American Alliance for Health, Physical Education, Recreation, and Dance National Convention. Boston, Massachusetts.

(November 1998) Lilly Conference on College Teaching. Miami University. Oxford, Ohio.

(August 1998) Health Education Information Technology Workshop. Texas Woman's University. Denton, Texas.

(April 1998) American Alliance for Health, Physical Education, Recreation, and Dance National Convention. Reno, Nevada.

(December 1997) Texas Association for Health, Physical Education, Recreation, and Dance State Convention. Fort Worth, Texas.

(March 1997) American Alliance for Health, Physical Education, Recreation, and Dance National Convention. St. Louis, Missouri.

INTERNAL GRANTS

Keith, S.E., Carter, D., & Byars, A. (2008). Angelo State University. "Assessing ASU Faculty and Staff Wellness." Faculty Innovation Grant. (\$9,300)

Keith, S.E., Carter, D., & Byars, A. (2007). Angelo State University. "Evaluation of the CATCH in Motion Program." Faculty Innovation Grant. (\$13,267)

Keith, S.E., Carter, D., & Byars, A. (2007). Angelo State University. "Enhancing Experiential Learning Among Kinesiology Majors." President's Circle Grant. (Purchased software and equipment to provide more hands-on experience for kinesiology majors \$3,500).

Keith, S.E., Byars, A., & Bybee, R. (2007). Angelo State University. "A Comparison of Body Mass Indices Among Kinesiology Majors." Research Enhancement Program Grant. (Purchased DF50 Bioelectrical Impedance Analyzer).

Keith, S.E. & Amos, B. (2007). Angelo State University. "Meeting Community Recreational Needs Through Rare Plant Conservation." Faculty Development (PVPASA) Travel Funds. To present paper at the (2007) National Intramural Recreation and Sports Association National Convention in Minneapolis, Minnesota.

INTERNAL GRANTS CONTINUED

Keith, S.E. (2005). Angelo State University. "Evaluating the Efficacy of Kinesiology 4100 and Identifying Predictors for Student Success on the TExES." Faculty Development and Enrichment Program and Project Grant.

Keith, S.E. & Amos, B. (2005). Angelo State University. "A Unique Partnership Between Community Recreation and Rare Plant Conservation." Faculty Development (PVPASA) Travel Funds. To present paper at the (2006) American Alliance for Health, Physical Education, Recreation, and Dance National Convention in Salt Lake City, Utah.

Keith, S.E. (2003). Angelo State University. "Revising the Online KIN 4100 Course to Include Review Material for the All-Level Physical Education TExES." Technology Grant.

Keith, S.E. (2002). Angelo State University. "Developing Resource Material to Improve Student Pass Rates on the ExCET." Faculty Development and Enrichment Program Grant.

Keith, S.E., & Wiginton, K.L. (2002). Angelo State University. "Illness Interviews and Illness Mapping: A Powerful Partnership." Faculty Development (VPAA) Travel Funds. Presented paper at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention in San Diego, California.

Keith, S.E., & Wiginton, K.L. (2001). Angelo State University. "Mapping Diabetes Among Choctaw Indians." Faculty Development (VPAA) Travel Funds. Presented paper at The Society for Public Health Education--2001 Mid-Year Scientific National Conference in Seattle, Washington.

Keith, S.E., & Wiginton, K.L. (1999). Angelo State University. "Mapping Diabetes in a Native American Community." Research Enhancement Program Grant. Conducted research study in Summer 2000.

Keith, S.E. (1997). Angelo State University. "Perceptions About Health Issues Within the Choctaw Nation of Oklahoma." Faculty Development Grant (VPAA) Travel Funds. Presented paper at the American Alliance for Health, Physical Education, Recreation, and Dance National Convention in Reno, Nevada.

EXTERNAL GRANTS

Carter, D., Byars, A., & Keith, S.E. (2007-2009). External Evaluation of the CATCH in Motion Program. (\$27,257).

RESEARCH ACTIVITIES

Keith, S.E., Carter, D., & Byars, A. (2008 - 2009). Angelo State University. "Assessing ASU Faculty and Staff Wellness."

Keith, S.E., Byars, A., & Bybee, R. (2007). Angelo State University. "A Comparison of Body Mass Indices Among Kinesiology Majors." (Spring 2007)

RESEARCH ACTIVITIES CONTINUED

Keith, S.E., Carter, D., & Byars, A. (2008 - 2009). Angelo State University. "Assessing ASU Faculty and Staff Wellness."

Keith, S.E., Byars, A., & Bybee, R. (2007). Angelo State University. "A Comparison of Body Mass Indices Among Kinesiology Majors." (Spring 2007)

Keith, S.E., Byars, A., & Snowden, S. (2005-2008). Angelo State University. "Evaluating the Efficacy of Kinesiology 4100 and Identifying Predictors for Student Success on the TExES." (Summer 2006)

Plemons, M., Hines, C., & Keith, S.E. (2005 - 2007). University of Houston-Victoria and Angelo State University. "Peer-Mentoring Via Technology."

Keith, S.E. & Amos, B. (2005). Angelo State University. "A Unique Partnership Between Community Recreation and Rare Plant Conservation."

Keith, S.E., & Wiginton, K.L. (2000). "Mapping Diabetes in a Native American Community."

Keith, S.E., Tuohy, K.P., Brasfield, K., & Royer, M. (1999). "Leaders and Leadership Functions Within an Intercollegiate Volleyball Team."

COMMUNITY/UNIVERSITY PRESENTATIONS

Keith, S.E. (2006). Honors Program. "Diabetes in America."

Keith, S.E. (2006). Honors Program. Cultural Issues Among Choctaw Indians with Type 2 Diabetes.

Keith, S.E. (2006). Physical Therapy Seminar. Cultural Issues Among Choctaw Indians with Type 2 Diabetes.

Keith, S.E. (2006). Physical Therapy. Understanding and Applying the Transtheoretical Model.

Keith, S.E. (2005). Honors Program. The Physiological Effects of Prolonged Bed Rest.

Keith, S.E. (2005). "Tenure and Promotion Procedures." New Faculty Orientation, Angelo State University.

Keith, S.E., & Price, K.P. (2003). "Bridging the Gap." In-service workshop for San Angelo Independent School District physical education teachers.

PROFESSIONAL PRESENTATIONS

Keith, S.E., Byars, A., Simpson, W., Herndon, A., & James, A. (2010). "From Portfolios to Practicing Professionals." Accepted for presentation at the 2010 National Intramural Recreation Sport Association Conference in Anaheim, California.

Byars, A., Keith, S.E., & Snowden, S. (2009). "The Influence of a Pre-Exercise Sports Drink on Indices of Aerobic Power." 6th Annual Natural Supplements: An Evidence-based Update. A Continuing Education Conference for Health Care Professionals. San Diego, California.

Keith, S.E., Byars, A., & Simpson, W. (2009). "Factors Related to Cardiovascular Fitness Among College Students." The 2009 National Intramural Recreation Sport Association Conference in Charlotte, North Carolina.

Simpson, W., Keith, S.E., & Byars, A. (2009). "Identification of Potential Lifetime Team and Individual/Dual Recreational Sports Among College Students." Accepted for presentation at the 2009 National Intramural Recreation Sport Association Conference in Charlotte, North Carolina.

Byars, A., Simpson, W., & Keith, S.E. (2009). "Acute Effects of Pre-Exercise Stretching on Anaerobic Power of College Students." Accepted for presentation at the 2009 National Intramural Recreation Sport Association Conference in Charlotte, North Carolina.

Byars, A., Keith, S.E., & Greenwood, M. (2008). "Relationship of Various parameters used for vo₂max." International Society of Sports Nutrition Conference. Las Vegas, Nevada.

Keith, S.E. & Amos, B. (2008). "A Creative Collaboration Between Community Recreation & Rare Plant Conservation." Texas Parks & Wildlife Department, San Angelo, Texas.

Byars, A., Keith, S.E., & Simpson, W. (2008). "Identification of Lifetime Recreation & Fitness Interests Among College Students." NIRSA National Convention in Austin, Texas.

Byars, A., Keith, S.E., & Snowden, S. (2008). "Identifying Predictors for Teacher Candidate Success on the TExES." AAHPERD National Convention in Fort Worth, Texas.

Keith, S.E., Byars, A., Hines, C., & Carter, D. (2007). "A Peer Mentoring Blueprint for Developing Teacher Candidate Reflection Skills." Presented at the 27th International Lilly Conference in Oxford, Ohio.

Keith, S.E. & Amos, B. (2007). "Meeting Community Recreational Needs Through Rare Plant Conservation." Presented at the 2007 NIRSA National Convention in Minneapolis, Minnesota.

Plemons, M., Hines, C., & Keith, S.E. (2006). "Peer-Mentoring Via Technology." Association for Childhood Education International Conference, San Antonio, Texas.

PROFESSIONAL PRESENTATIONS CONTINUED

Keith, S.E. & Amos, B. (2006). Angelo State University. "A Unique Partnership Between Community Recreation and Rare Plant Conservation." American Alliance for Health, Physical Education, Recreation, and Dance, National Convention. Salt Lake City, Utah.

Keith, S.E. & Wiginton, K.L. (2002). "Illness Interviews and Illness Mapping: A Powerful Partnership." American Alliance for Health, Physical Education, Recreation, and Dance, National Convention. San Diego, California.

Keith, S.E. & Wiginton, K.L. (2001). "Mapping Diabetes Among Choctaw Indians." The Society for Public Health Education Mid-Year Scientific National Conference. Seattle, Washington.

Keith, S.E. & Wiginton, K.L. (2000). "Rapping and Mapping in a Native American Community." American Alliance for Health, Physical Education, Recreation, and Dance, National Convention. Orlando, Florida.

Keith, S.E. & Tuohy, K.P. (1999). "Leaders and Leadership Functions Within an Intercollegiate Volleyball Team." Texas Association for Health, Physical Education, Recreation, and Dance State Convention. Austin, Texas.

Keith, S.E. (1998). "Perceptions About Health Issues Within the Choctaw Nation of Oklahoma." American Alliance for Health, Physical Education, Recreation, and Dance, National Convention. Reno, Nevada.

Keith, S.E. (1997). "Using Rapid Assessment Procedures (RAP) in a Native American Community." Texas Association for Health, Physical Education, Recreation, and Dance State Convention. Fort Worth, Texas.

PUBLICATIONS

Byars, A., Keith, S.E., Simpson, W. Mooneyham, A., & Greenwood, M. (2010). The influence of a pre-exercise sports drink (PRX) on factors related to maximal aerobic performance. *Journal of the International Society of Sport Nutrition*.

Byars, A., Keith, S.E., & Snowden, S. (2008). Identifying Predictors for Teacher Candidate Success on the TExES. [Abstract] *Research Quarterly for Exercise and Sport*, 79(1), Supplement.

Keith, S.E. & Amos, B. (2007). Playing fields and rare plants: A winning combination. *Recreational Sports Journal*, 31(1), 21-25.

Keith, S.E. & Amos, B. (2006). A unique partnership between community recreation and rare plant conservation. [Abstract] *Research Quarterly for Exercise and Sport*, 77(1), A-35.

Keith, S.E. (2004). Encyclopedia of Native Americans and Sport (ABC-CLIO). Entries: Women, Shiny, and Doubleball.

PUBLICATIONS CONTINUED

Keith, S.E. & Tuohy, K.P. (1999). Leaders and Leadership Functions of an Intercollegiate Volleyball Team. *Texas Association for Health, Physical Education, Recreation, and Dance Research Abstracts*, 21.

Keith, S.E. (1999). Celebrating the past, shaping the future: Native American women in sport. *The Journal of Physical Education, Recreation, & Dance*, 70(4), 47-49.

Abstract: An important purpose of this centennial issue was to document the diverse histories of girls and women in sport as the National Association of Girls and Women in Sport (NAGWS) celebrated its 100th year of service

Keith, S.E. (1998). Perceptions about health issues within the Choctaw Nation of Oklahoma. *American Association for Health Education Research Coordinating Board Research/Practitioner Session Abstracts*, 37.

Keith, S.E. & Doyle, E.I. (1998). Using PRECEDE/PROCEED to address diabetes within the Choctaw Nation of Oklahoma. *American Journal of Health Behavior*, 22(5), 358-367.

Abstract: The purpose of this article was to provide a theory-based framework to address NIDDM among American Indians of the Choctaw Nation. Methods: Rapid Assessment Procedures (RAP) were used for interviews of Choctaw health professionals and tribal members. Observations in the Choctaw health care facilities were also conducted. Tribal newspapers and documents were studied to further identify health needs. Results: A PRECEDE/PROCEED description emerged on NIDDM and influencing factors within the Choctaw Nation. Also provided are a suggested program design, specific objectives, and evaluation procedures. Conclusion: By incorporating cultural values into health education programs for American Indians, the programs should have a better chance to succeed.

Keith, S.E. (1996). Perceptions about health issues within the Choctaw Nation of Oklahoma. Texas Woman's University, Denton, Accession No. AAG9716580; 1996.

EDITORIAL ACTIVITIES

Associate Editor. *Applied Research in Recreation Annual*. (New Journal, First Publication 2009).

Reviewer. (2008). ACSM's Introduction to Exercise Science, 1st edition.

Reviewer. (2007 – present). The Applied Research in Coaching and Athletics Annual (ARCAA)

Reviewer. (2006 - present). American Journal of Health Education. University of Southern Florida.

Reviewer. (2006). Physical Education Activity Handbook, 11th edition. Pearson/Benjamin Cummings.

Reviewer. (2004). American Indian Culture and Research Journal. University of California Los Angeles.

EDITORIAL ACTIVITIES CONTINUED

Reviewer. (2004). Foundations of Physical Education, Exercise Science, and Sport, 14th edition. St. Louis, MO: McGraw-Hill.

Reviewer. (2000). Field Methods. University of Florida, Gainesville, Florida.

Reviewer. (1999). American Indian Culture and Research Journal. University of California, Los Angeles.

Reviewer. (1999). Management of Physical Education and Sport, 11th edition. St. Louis, MO: McGraw-Hill.

Member of Editorial Board. (1999). Perspectives: Community Health. Boulder, CO: Coursewise Publishers.

Reviewer. (1999). Women in Sport and Physical Activity Journal.

Member of Editorial Board. (1997). Perspectives: Health. Boulder, CO: Coursewise Publishers.