

Steven R. Snowden, Ph.D., ATC, LAT

WORK ADDRESS

Kinesiology Department
Angelo State University
ASU Box 10903
San Angelo, TX 76909

EDUCATION

Red Cross Certified Emergency Response Instructor
August 2006

Clinical Instructor Educator (for athletic training instructors)
June 18, 2001

Texas State Licensure as Athletic Trainer
February 1999 #AT 2024

NATA Certification # 029502541
Certified Athletic Trainer
February, 1995

Texas A&M University
Ph.D., Physical Education
August 1991

Sam Houston State University
M.A. Physical Education
August 1988

Texas A&M University
B.S., Physical Education
August 1987

EXPERIENCE

August 2005-Present
Associate Professor
Angelo State University

Teaching undergraduate classes in:
Exercise Physiology
Sport Nutrition
Health and Aging
Exercise Testing and Prescription
Strength and Conditioning
Facilities Design

Sport Law
Sport and Exercise Psychology

Teaching graduate classes in:

Motor Learning
Sports Law
Facilities Design
Exercise Physiology
Risk Management

January 2003-August 2005

**Clinical Associate Professor, Athletic Training Education Program Director
Texas Christian University**

Taught undergraduate classes in:

Advanced Athletic Training
Prevention and Care of Athletic Injuries
Therapeutic Exercise
Therapeutic Modalities
Anatomical Kinesiology

August 1997- December 2002

**Associate Professor, Tenured, Department Chair, Kinesiology
Midwestern State University**

Taught undergraduate classes in:

Biomechanics – Kinesiology
Introduction to Kinesiology
Evaluation in Physical Education
Elementary Physical Education
Secondary Physical Education
Motor Development
Care and Prevention of Athletic Injuries
Administration of Athletic Training
Introduction to Athletic Training

Taught graduate courses in:

Analysis of Sport Techniques – Biomechanics
Professional Issues
Design of Sport Facilities
Introduction to Research in Kinesiology
Statistics
Sport Psychology
Sports Law
Sociology of Sport

August 1996-1997

**Chair, Department of Health and Physical Education
Assistant Professor, Eastern New Mexico University**

August 1991-1997

Assistant Professor, Eastern New Mexico University

August 1990-1991

Assistant Lecturer, Texas A&M University

Taught various activity classes and Analysis of Human Movement Labs

1998-1990

Graduate Assistant, Texas A&M University

Conducting Research, Kinematics Laboratory

1988-1991

Tutor, Athletic Department, Texas A&M University

Statistics and Physical Education

1973-1986

Locomotive Engineer and Road Foreman of Engines

Southern Pacific Transportation Company, Houston, TX

SERVICE

Angelo State University

Committee on Committees (2007-2011)

Graduate Coordinator 2007

Faculty Senate (2007-2011)

Faculty Senate Secretary (2008-2010)

By-Laws and Standing Rules Committee (2007-2009)

University Affairs Committee (2009-2011)

Athletic Council (2007-2010)

Faculty Athletic Representative (2007-2010)

Gender Equity Advisory Committee (2007-2010)

Hall of Honor Committee (2007-2010)

Program Review Committee for Exercise Science (ACU 2008-2010)

Compliance Committee 2008-2010

Co-writing the CAATE (athletic training) accreditation report for 2009-10 visit.

Select Committee for Changes to Tenure and Promotion Policy (2008-2009)

Staff athletic trainer for the NCAA DII National Track Meet 2009

Select Committee for College Tenure and Promotion Standards 2010

College Committee for President's Awards for Faculty Excellence (Chair) 2010

Select Committee on Athletic Department Five Year Plan 2010

University Curriculum Committee 2010-2011

Teacher Education Council 2010-2011

College Curriculum Committee 2010-2011

Texas Christian University

ATEP Director

Completed 2,700 page self study for re-accreditation.

Assisted with coverage of events and practices.

Served as staff trainer for Conference USA Women's Basketball Tournament.

Midwestern State University

Chair

Graduate Coordinator (1997-2002)

Dallas Cowboy Summer Camp Committee four years

(Coordinated use of our building while Cowboys held training camps)

D. L. Ligon Pool Renovation Project Design Committee

(Filled in pool and diving well, added 8,000 sq ft weight room, 3,000 sq ft athletic training, two exercise physiology labs, pedagogy lab, 88 seat class room, new faculty offices) 1.3 million dollars.

Library Committee (1997-2000)

Dean of Education Search Committee 2000

Athletic Director Search Committee 2002

Numerous Faculty Search Committees

Faculty Research Committee (1999-2000)

Faculty Senate (1998-2000)

Region IX Representative/ Board of Directors for TAHPERD (1999-2001)

Graduate Council (1999-2002)

TAHPERD Nominating Committee (2000-2004)

Core Curriculum Committee (2000-2002)

Assisted athletic training staff with coverage of various sports as needed.

Sports Medicine Staff National Collegiate Weightlifting Championship at

Midwestern State University June 5-6, 1999

Eastern New Mexico University

Chair (1996-1997)

Faculty Senate (1991-1993), (1996-1997)

Graduate Coordinator (1992-1997)

Faculty Evaluation Committee Chair (1995-1997)

Two Athletic Director Search Committees

Graduate Program Review Committee (1993-1997)

Assistant Trainer, NMHSCA A-AA All Star Football Game 1992

Head Trainer, NMHSCA Six Man All Star Football Game 1995

ORGANIZATIONS

National Athletic Trainers' Association
Southwest Athletic Trainers' Association
Texas State Athletic Trainers' Association
Texas Association for Health, Physical Education, Recreation,
and Dance

PUBLICATIONS

Snowden, S. R., "The effect of approach velocity on distance in collegiate football kickoffs". Applied Research in Coaching and Athletics Annual. 2008. 23: 123-129. 2008.

Keith, S.E., Byars, A., & **Snowden, S.R.** "Identifying Predictors for Teacher Candidate Success on the TExES." Research Quarterly. 79: No1. Supplement A-44. 2008.

Snowden, S. R., Coaching a soccer style kicker, which type? Applied Research in Coaching and Athletics Annual 12: 12-18. 1997.

Snowden, S. R., Bomgardner, R. K., & Sutliff, M.A. Student trainer's perceptions of the HIV/AIDS status of individuals involved in athletics. Applied Research in Coaching and Athletics Annual. 10: 112-123. 1995.

Sutliff, M.A., Bomgardner, R. K. & **Snowden, S. R.** The perceptions of student trainer's regarding the involvement and testing of trainers, coaches and athletes with HIV and Aids. Research Quarterly. 65: A-53 1994.

Snowden, S. R. The effect of the lead leg plant on factors affecting distance on kickoffs in football. University of Oregon Microform Publications No. PE 3998 1993.

Dowell, L. J., Powell, S. W. & **Snowden, S. R.** A comparison of force of impact, compression area, and velocity of impact of selected balls used in physical education sports classes. Journal of Human Movement Studies 20: 279-289. 1992.

Snowden, S. R. & Dowell, L.J. The effect of velocity at impact on the coefficient of restitution of selected ball used in physical education sports classes. Applied Research in Coaching and Athletics Annual 6: 107-188. 1991.

Wright, D.L., **Snowden, S.R.** & Willoughby, D.S. Summary KR: How much information is used from the summary? Journal of Human Movement Studies 19: 119-128. 1990.

Dowell, L.J., Krebs, G., Taylor, G. & **Snowden, S. R.** The use of cinematographical analysis in improving sports skills. Texas Coach 24: 40-43. 1990.

Ingram, S. B. & **Snowden, S. R.** Face up to good shooting technique. Scholastic Coach. 59: 57-58, 79. 1989.

Snowden, S.R., Dowell, L.J. & Powell, S. W. Velocity, compression area, and stopping distance for ball used in physical education. Journal of Human Movement Studies. 17: 23-32. 1989.

IN PROGRESS

Snowden, S. R., Rhabdomyolysis, a puzzling, perplexing condition.

Snowden, S. R., Administration of athletic compliance at the Division II level.

Snowden, S. R., The effect of eye dominance and hitting styles on successful hitting in softball and baseball.

PRESENTATIONS

Byars, A., Keith, S.E., **Snowden, S.R.** "The Effect of a Pre-Exercise Sports Drink on Indices of Aerobic Performance." Scripps' Natural Supplements: An Evidence Based Update Conference. San Diego, CA Jan. 2009

Keith, S.E., Byars, A., & **Snowden, S.R.** "Identifying Predictors for Teacher Candidate Success on the TExES." American Alliance of Health, Physical Education, Recreation and Dance, National Conference, Fort Worth, Texas 2008.

Snowden, S.R. Rehabilitation of ACL Surgeries, Texas American College of Sports Medicine Annual Meeting Houston, TX 2004.

Kilgore, J.L., Kilgore, T.G., Pendlay, G.W., **Snowden, S.R.** Serum Chemistry and Hematological Adaptations to Four Weeks of Intense Resistance Training. National Strength and Conditioning Annual Meeting Orlando. FL. June 2000.

Kilgore, J.L., Reeves, J.S., Pendlay, G.W., **Snowden, S.R.** Trajectory Dissimilarities Between the Clean and Clean Pull Exercises. National Strength and Conditioning Annual Meeting Orlando. FL. June 2000

Snowden, S.R. Importance of Muscular Imbalances with Respect to Injuries. Breland-Henslee Coaches Clinic. Region IX Education Service Center July 1999.

Snowden, S.R., Kilgore, J.L. Strength Coach Education: Establishing a Student-Oriented Strength and Power Training Program. Texas Association for Health, Physical Education, Recreation, and Dance. Annual Convention. Houston, TX Dec. 1998.

Snowden, S. R. Prevention of Athletic Injuries. Texas Association for Health, Physical Education, Recreation, and Dance. Annual Convention
Corpus Christi, TX Dec. 1996.

Snowden, S. R. PNF Techniques for Flexibility Development. Texas Association for Health, Physical Education, Recreation, and Dance. Annual Convention
Corpus Christi, TX Dec. 1996.

Sutliff, M.A., Bomgardner, R. K. & **Snowden, S. R.** Student trainer's perceptions of HIV/AIDS. American Alliance of Health, Physical Education, Recreation and Dance, National Conference, Denver CO 1994.

BOOK REVIEWER

McGraw-Hill, Publisher, Understanding Motor Development, Infants, Children, Adolescents, Adults. 4th ed. By D.L. Gallahue & J. C. Ozum 2000.

Allyn & Bacon, Publisher, An Introduction of Human Movement, The Sciences of Physical Education. By C. Shea and D. Wright 1995.

REVIEW BOARD

Applied Research in Coaching and Athletics Annual (1997-2004) (2008-2012)

External Review Panel – Program Selection
California Association of Health, Physical Education, Recreation, and
Dance Annual Convention 1999

OTHER PROFESSIONAL DEVELOPMENT

Southwest Athletic Trainers Association Annual Meeting and Clinical Symposium
Arlington, TX July 2010

San Angelo Sports Medicine Symposium
San Angelo, TX, January 2009.

Clinical Instructor Course
San Angelo, TX January 2008

Southwest Athletic Trainers Association 53rd Annual Meeting and Clinical
Symposium, Arlington TX, July 2007.

San Angelo Sports Medicine Symposium
San Angelo, TX, January 2007.

San Angelo Sports Medicine Symposium
San Angelo, TX., January 2006.

Clinical Instructor Course
San Angelo, TX., December 2005.

Southwest Athletic Trainers Association 50th Annual Meeting and Clinical
Symposium. Arlington, TX., July, 2004.

National Athletic Trainers Association 54th Annual Meeting and Clinical
Symposium. St. Louis, MO., June 2003.

National Athletic Trainers Association 53rd Annual Meeting and Clinical
Symposium. Dallas, TX., June 2002.

Southwest Athletic Trainers Association 48th Annual Meeting and Clinical
Symposium. Arlington, TX., July, 2002.

Southwest Athletic Trainers Association 47th Annual Meeting and Clinical
Symposium. Arlington, TX., July, 2001.

National Athletic Trainers Association
Clinical Instructor Educator Seminar
Los Angeles, CA., June 2001.

National Athletic Trainers Association 52nd Annual Meeting and Clinical
Symposium. Los Angeles, CA., June 2001.

2001 National Athletic Training Educator's Conference
Dallas, TX., January, 2001.

Southwest Athletic Trainers Association 46th Annual Meeting and Clinical
Symposium. Arlington, TX., July, 2000.

Southwest Athletic Trainers Association 45th Annual Meeting and Clinical
Symposium. Arlington, TX., July, 1999.

National Athletic Trainers Association 50th Annual Meeting and Clinical
Symposium. Kansas City, MO., June 1999.

1999 National Athletic Training Educator's Conference
Dallas, TX., January, 1999.

Southwest Athletic Trainers Association 44th Annual Meeting and Clinical
Symposium. Arlington, TX., July, 1998.

Rocky Mountain Athletic Trainers Association 13th Annual Clinical Symposium. Albuquerque, NM., March 1997.

National Athletic Trainers Association 47th Annual Meeting and Clinical Symposium. Orlando, FL., June 1996.