

Susan Wilkinson Ph.D. RN. CNS

Associate Professor & Head, Department of Nursing
Angelo State University

2601 W. Avenue N/ASU Station #10902 San Angelo, TX 76909

Voice 325-942-2224 FAX 325-942-2236

susan.wilkinson@angelo.edu

LICENSURE

Advanced Practice Registered Nurse

Texas Medical-Surgical CNS Rx Authority #245826

Renewal

January 2012

EDUCATION

The University of Texas at Austin

Ph.D. in Nursing

2003

Areas of Concentration: Adult Health, Women's Health

Dissertation: "Predictors of Exercise Relapse in Individuals with Cardiovascular Disease"

Honors: Integrated Scholarly Portfolio

Incarnate Word College

MSN Adult Health Nursing

1994

Thesis: "The Effect of Cardiac Rehabilitation on Quality of Life, Anxiety, and Self-care in Coronary Artery Disease Patients"

Honors: with distinction

Minor: Education

Clinical Nurse Specialist preparation

The University of Texas Health Science Center at San Antonio School of Nursing

BSN

1978

Area of Concentration: Nursing

AWARDS/GRANTS

- Competitive Renewal- Nurse Faculty Loan Program from Health Resources and Services Organization \$46,425.00, funded June 2009, Principal Investigator
- Competitive Renewal- Nurse Faculty Loan Program from Health Resources and Services Organization \$1,000.00, funded July 2010, Principal Investigator
- Competitive Renewal- Advanced Education Nursing Traineeships from Health Resources and Services Organization \$18,328.00, Principal Investigator
- With Dr. Leslie Mayrand, Secured \$1 million dollar chair for the Department of Nursing from the Buddy Davidson Foundation, Midland, TX
- Equipment for San Jacinto School Health Clinic, Wolslager Foundation, San Angelo, TX, \$30,000.00, funded June 2005, contributing member.
- San Jacinto School Health Clinic Expansion, San Angelo Health Foundation, San Angelo, TX, \$218,763.00, funded June 2005, contributing member
- Summer Research Institute, Center for Health Promotion and Disease Prevention Research in Underserved Populations, The University of Texas at Austin, Participation Grant, June 2003
- NINR/NIH Institutional Pre-doctoral Fellowship, The University of Texas at Austin, 2000-2002
- Angelo State University Faculty Development Grant for the development of an undergraduate pharmacology elective, \$4,400.00, funded summer 2000
- Angelo State University STAR Faculty Award, Department of Nursing, April 2000

ACADEMIC APPOINTMENTS

Angelo State University, San Angelo, TX

Graduate Faculty

1997- present

Department of Nursing, Clinical Nurse Specialist track

Associate Professor & Head

2008-present

Department of Nursing

Assistant Professor 2003-2008
Department of Nursing, Graduate Program
Graduate Advisor/Coordinator- Advise and recruit MSN students
Develop syllabus and overall course structures, and administer all grades in courses taught.

Professional Specialist 1994-2003
Teaching responsibilities in graduate and undergraduate programs.
Supervising lab and clinical experiences in undergraduate program.

RELATED EXPERIENCE

The University of Texas at Austin

Research Associate 2002-2003
Data collection and statistical analysis on a federally-funded NIH study.

Shannon Center for Wound Care and Hyperbaric Medicine

Clinical Nurse Specialist- Wound Care 2007 - Present
Part-time. Diagnose and manage problem wounds; patient education in an outpatient clinic setting. Oversee patients while in Hyperbaric Chamber. Inpatient consultation.

PUBLICATIONS/PAPERS

- Sterling, B.S., Fowles, E.R., Garcia, A., Jenkins, S., Wilkinson, S., Kim, M., Latimer, L. & Walker, L.O. (2009). Altered perceptions of personal control about retained weight and depressive symptoms in low-income postpartum women. *Journal of Community Health Nursing, 26:3, 143-157.*
- Wilkinson, S., Huang, C., Walker, L., Sterling, B., Min Seong (2004). Physical activity in low-income postpartum women. *Image, Journal of Nursing Scholarship, 36(2), 109-114.*
- Walker, L.O., Freeland-Graves, J.H., Milani, T., Hanss-Nuss, H., George, G., Sterling, B.S., Kim, M., Timmerman, G.M., Wilkinson, S., Arheart, K.I., & Stuijbergen, A. (2004). Weight and behavioral and psychosocial factors among ethnically diverse, low-income women after childbirth: I. Methods and context. *Women & Health, 40(2), 1-17.*
- Walker, L.O., Freeland-Graves, J.H., Milani, T., Hanss-Nuss, H., George, G., Sterling, B.S., Kim, M., Timmerman, G.M., Wilkinson, S., Arheart, K.I., & Stuijbergen, A. (2004). Weight and behavioral and psychosocial factors among ethnically diverse, low income women after childbirth: II. Trends and correlates. *Women & Health, 40(2), 19-34.*
- Reviewer/Consultant- Sommers & Johnson (2002). Diseases and Disorders-A Nursing Therapeutics Manual, 2nd Edition.
- Wilkinson, S., Huang, C., & Walker, L. (2001). Validation of 7-day physical activity recall with low-income mothers. *Annals of Behavioral Medicine, 23S, S098.*
- Reviewer-Rehabilitation Nurses Association Certification Exam Video Review Course (1999).
- Artnak, K. E. & Wilkinson, S. S. (1998). Fulminant hepatic failure in acute acetaminophen overdose. *Dimensions of Critical Care Nursing, 17(3), 135-144.*
- Wilkinson, S. S. (1996, September). Annual review of nursing research 1996 by J. J. Fitzpatrick (On-line review). Available: doodysenterprises.com.
- Reviewer, McMaster University Online Rating of Evidence.

PRESENTATIONS-Peer reviewed

- "Perceived Effectiveness of Lifestyle Change Strategies" (Co-investigator). Poster presentation for Southern Nursing Research Society 1997 Conference (4/1997).
- "The Effect of Cardiac Rehabilitation on Quality of Life, Anxiety, and Self-Care in Coronary Artery Disease Patients" Poster presentation for Southern Nursing Research Society 1998 Conference (2/1998).
- "Reasons for Exercise Lapse/Relapse in Individuals with Cardiovascular Disease" Poster presentation for Southern Nursing Research Society 2003 Conference (2/2003).

- "Technology: A Teaching Catalyst for CNS Competencies" Seminar presentation for National Association of Clinical Nurse Specialists 2009 Conference; St. Louis, MO (2/2009).
- "The Transformation of CNS Education" Seminar presentation for Texas CNS 2010 Annual Meeting; Austin, TX (3/2010).
- "Conducting Research for New NP Faculty: How Do I Start?" Seminar presentation for National Organization of Nurse Practitioner Faculties 2010 Annual Meeting; Washington, DC (4/2010).
- "Administrators and Educators Improving Nursing Capacity in West Texas" Discussion facilitator for West TX AHEC Conference; Lubbock, TX (11/2010).

Teaching at Angelo State University	Graduate/
Courses Taught:	Undergraduate
<ul style="list-style-type: none"> • NUR 6324 Advanced Pathophysiology (Graduate) • NUR 6341(6343) Adult Health I (Graduate) • NUR 6344 Adult Health I Practicum (Graduate) • NUR 6342 (6345) Adult Health II (Graduate) • NUR 6330 Role Development Clinical Nurse Specialist (Graduate) • NUR 6333 Internship in Advanced Nursing Practice (Graduate) • NUR 6334 Internship in Advanced Nursing Practice (Graduate) • NUR 6318 Pharmacotherapeutics (Graduate) • NUR 6308 Practicum in Nursing Education (Graduate) • NUR 6103 Professional Scholarship (Graduate) • NUR 6350 Community Health Promotion • NUR 2333 Pharmacology for Undergraduates (Undergraduate) • RNSG 1309 Fundamentals of Nursing (Undergraduate) • RNSG 1207 Nursing Jurisprudence (Undergraduate) 	
Guest Lectures/Academic Activities:	
<ul style="list-style-type: none"> • NUR 6303 Research in Nursing (Graduate) • PT 5101 Physical Therapy I Seminar (Graduate) • RNSG 1443 Lecturer- Fundamentals of Nursing • RNSG 2361 Lecturer- Complex Concepts of Adult Health • ASU Athletic Training Assn- Pre-participation Cardiovascular Screening for Athletes- 1/08; 2/09 • ASU Graduate Student Academic Showcase- Student mentor 2005, 2006, 2008 	
Departmental Activities:	
<p>'94-'96 Faculty Sponsor, Student Nurses Association '96-'97 Chair, Nursing Faculty Affairs Committee '98 Member, Nursing Department Faculty Search Committee '98-'99 Chair, ASU Nursing Department Head Search Committee '98-'99 Member, BSN/MSN Curriculum Committee '98-'99 Member, Nursing Peer Review Committee '99-'00 Co-Chair, BSN/MSN Faculty Affairs Committee '99-'00 Co-Chair, Professional Specialist Ad-Hoc Committee '99-'00 Co-Chair, BSN/MSN Student Affairs Committee '00-'03 Member, MSN Curriculum Committee '03-'05 Member, RN-MSN Program Development Committee '03-'05 Member, MSN Self-Study Committee (incl BNE visit) '03-'08 MSN Advisor '03-'08 Chair, MSN Team '03-'08 Chair, MSN Curriculum Committee '09-present, Member, BSN/MSN Curriculum Committees '08-present, Strategic planning, outcomes evaluation</p>	

University Activities:

- '95-'97 Member, Library Committee
- '03-'05 Member, University Curriculum Committee
- '03-'08 Member, University Graduate Council
- '03-'10 Member, University Athletics Council
- '03-'04 Member, Physical Therapy Department Head Search Committee
- '03-'04 Member, Master's Thesis Advisory Committee
- '04-'05 Member, Biology, Visiting Professor Search Committee
- '05-'06 Member, Dean of Sciences Search Committee
- '07-'08 Member, Student Health Center Committee
- '07-'08 Member, Graduate Pod
- '07-'08 Member, Dean of College of Graduate Studies Search Committee
- '08-'10 Member, Deans & Department Heads Organization
- '09-'10 Member, Provost/VPAA Search Committee

SERVICE/INVOLVEMENT IN PROFESSIONAL ORGANIZATIONS

-
- Member, National League for Nursing
 - Member, National Organization of Nurse Practitioner Faculties
 - Member, National Association of Clinical Nurse Specialists
 - Member, American Nurses Association, Texas Nurses Association
 - Member, Texas Clinical Nurse Specialists (co-chair, education committee)
 - Member, American Association of Colleges of Nursing
 - Member, Sigma Theta Tau (Epsilon Theta) International Nursing Honor Society
 - Member, Honor Society of Phi Kappa Phi
-

Community Service/Activities:

- '02-Present San Angelo Coalition of Nurses in Advanced Practice
 - (Recording Secretary 2002-2004)
 - '03-'09 Board Member, James Phillips Williams Learning Center (08-Treasurer)
 - '04-Present Planning Committee, Advanced Practice Nursing Symposium, San Angelo
 - '07-Present Co-chair Texas Clinical Nurse Specialists Education Committee
 - '08-Present San Angelo Community Medical Center Healthy Women Advisory Council
 - '01-'03 Planning Committee, Women and Heart Health Program (AHA)
 - '94-Present Volunteer, Free athletic physicals for area youth
 - '82-'88 Concho Valley Medical Alliance
 - '90-'97 Symphony Guild, San Angelo, TX
 - '90-present San Angelo Texas Exes
 - '09-present UT Austin, School of Nursing Foundation Advisory Council
 - 2010& 2011 Planning Committee, Texas CNS Annual Conference, Austin TX
 - 2010-present Advisory Board, Laura Bush Institute for Women's Health, San Angelo, TX
-