

**First Responder Contract  
Athletic Training Education Program  
Angelo State University**

This contract has as its purpose to clearly define the role and responsibilities of the Athletic Training Student (ATS) at Angelo State University. The First Responder is an ATS who is not currently being supervised by an ATC, CIE, ACI, or CI during a Field Experience. This experience is supplemental to the ATS's clinical education and is not part of the required academic/clinical experience of this program. ATS's must volunteer for this unsupervised experience. The First Responder must be trained in first aid techniques and carry CPR credentials.

**Terminology:**

1. Direct Supervision: the constant visual and auditory interaction between the ATS and the certified athletic trainer (ATC). The ATC must be available on location to physically intervene in an emergency or educational experience.
2. Clinical Supervision: a clinical experience that involves daily visual and auditory interaction between the ATS and a non-certified ATC (e.g., physician, physical therapist, EMT, nurse).
3. Unsupervised: any field experience in which the ATS is acting without the physical presence of an ATC of clinical supervisor; thus making it impossible to intervene immediately. (See below)

**First Responder- Unsupervised Field Experiences**

1. Acceptable Services- The ATS is performing services without direct supervision.
  - a. Application of first –aid skills or CPR as necessary for the care of acute injuries/illnesses.
  - b. Provide assistance to the athlete with the application of a stretching program, but not establishing a new exercise plan.
  - c. Application of tape and bandages to prevent an injury or to support an existing injury.
  - d. Application of a brace which has been prescribed earlier.
  - e. Application of splints for stabilization of an acute injury or previously applied to the athlete for the same injury.
  - f. Conduct a history evaluation to determine the need for referral.
  - g. Conduct a brief injury assessment to determine the need for splinting, bracing, or crutch use for safe referral.
  - h. Application of ice, hot packs, or PRICE as per protocols.
  - i. Refer injured/ill athlete to appropriate medical help or facility.
2. Unacceptable First Responder Services (examples)
  - a. Initiate, change, or progress a rehabilitation plan.
  - b. Use electrical modalities.
  - c. Conduct a full evaluation of new injury/illness.
  - d. Making return-to-play decision.
  - e. Decide to apply tape or bandages to enable an athlete to return to play.

When traveling with an athletic team, the athletic training student who is acting in the realm of a first responder must relinquish all decision authority to the coach of the team. The coach may seek assistance and help from the host athletic trainer. Final evaluation and referral of the athlete is at the discretion of the coach of the team. The ATS must consult with their absentee field experience supervisor or an Angelo State University ATC in the quickest manner available to inform the supervisor of the injury/illness situation.

I have read, fully understand, and will adhere to the definitions, roles, and responsibilities described above.

\_\_\_\_\_  
**Student's Signature**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Field Experience Supervisor**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Program Director**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Head Coach of Team**

\_\_\_\_\_  
**Date**

## Athletic Training Student Roles while Traveling

**First Responder:** has additional specialized training that qualifies an athletic training student to assist in the evaluation or recognition, stabilization, initial treatment and disposition of an individual who is injured or suddenly takes ill. First responders are trained in first aid and CPR techniques. A first responder's responsibility includes referral to appropriate medical personnel or facility

I have read and understand that while traveling with the Angelo State University Athletic teams that I will be acting as a first responder, unless under the supervision of a Certified Athletic Trainer.

**Print Name:** \_\_\_\_\_

**Signature:** \_\_\_\_\_

**Date:** \_\_\_\_\_