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Athletic Training Program

Angelo State University

Program Policy:

The Athletic Training Program supports the mission of Angelo State University by providing access to undergraduate and graduate students that prepares a globally diverse, reflective, service oriented, and flexible athletic trainer practitioner capable of multiple styles of thinking and learning. Enrolled students are expected to complete academic and clinical requirements of the professional program. The purpose of this document is to broadly delineate the cognitive, affective, and psychomotor skills deemed essential for completion of this program and performance as a competent athletic trainer. Candidates for the degree must be able to meet these standards for completion of degree requirements.

The Athletic Training Program at Angelo State University is a rigorous and intense program that places specific requirements and demands on the students enrolled in the program. An objective of this program is to prepare graduates to enter a variety of employment settings and to render care to a wide spectrum of individuals engaged in physical activity. The technical standards set forth by the Athletic Training Educational Program establish the essential qualities considered necessary for students admitted to this program to achieve the knowledge, skills, and competencies of an entry-level athletic trainer, as well as meet the expectations of the program's accrediting agency (Commission on Accreditation of Athletic Training Education [CAATE]). All students admitted to the Athletic Training Educational Program must meet the requirements for the following abilities and skills. In the event a student is unable to fulfill these technical standards, with or without reasonable accommodation, the student will not be admitted into the program.

Reasonable Accommodation or Students with Disability:

Angelo State University is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or denied the benefits of the services, programs, or activities of the University, or be subjected to discrimination by the University as required by the Americans with Disabilities Act of 1990. However, Angelo State University does not waive the published degree requirements for students. To the extent practical, the faculty and administration will make a reasonable accommodation to assist qualified individuals with disabilities to meet their degree requirements, consistent with the applicable provisions of Federal and Texas laws and the Regents Rules and Regulations.

All students at Angelo State University must have the capacity and ambition to undertake, with reasonable assistance from the faculty and administration, the academic challenges necessary to fulfill the academic requirements for the degree or certification programs which they are pursuing.

All programs, services, and activities on the campus of Angelo State University are accessible to students with disabilities

Students with disabilities who desire to live on campus will find housing and dining facilities available and accessible. Information about student services such as academic counseling, financial assistance, and student life programs can be obtained by contacting the Office of the Associate Dean for Student Services at (325) 942-2191 (located in the University Center, Room 112). (Angelo State University Bulletin 2007 – 2009, p. 111)

Technical Standards:

Compliance with the program's technical standards does not guarantee a student's eligibility for the BOC certification exam. Candidates for selection to the Athletic Training Educational Program must demonstrate cognitive, affective, and psychomotor skills.

A. Cognitive skills to be demonstrated in all classroom, laboratory, and clinical situations:

1. The athletic training student must possess the ability independently to measure, calculate, reason, analyze, integrate, retain, synthesize and assimilate concepts and problem solve to formulate assessment and therapeutic judgements and to be able to distinguish deviations from the norm.
2. Examples of such behaviors:
 - a. Students must be able to read, write, speak and understand English at a level consistent with successful course completion and development of positive patient/athlete-athletic training student relationship.
 - b. Students must exercise sound judgement.
 - c. Students must be able to plan and supervise intervention procedures in a safe manner.
 - d. Perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
 - e. Students must have the ability to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients and communicate judgements and treatment information effectively.
3. The athletic training student must maintain composure and continue to function well during periods of high stress.
4. The athletic training student must possess the ability to adjust to changing situations and uncertainty in clinical situations.

B. Affective skills to be demonstrated in all classroom, laboratory, and clinical situations:

1. The athletic training student must possess the emotional health and stability required to fully utilize their intellectual abilities, to adapt to changing environments and to function effectively in stressful situations.

2. The athletic training student must demonstrate ethical behaviors in compliance with the ethical standards of the National Athletic Trainers Association.
3. The athletic training student must be able to communicate in both oral and written form with patient/athlete and other members of the health care community to:
 - a. effectively and sensitively elicit information.
 - b. convey information essential for safe and effective care.
4. The athletic training student must be aware of and interpret non-verbal communications.
5. The athletic training student must be able to acknowledge and respect individual values and opinions to foster harmonious working relationships with colleagues, peers, and patient/athletes.
6. The athletic training student must possess appropriate demeanor and rapport that relate to professional etiquette and quality patient care.

C. Psychomotor skills to be demonstrated in all classroom, laboratory, and clinical situations:

1. The athletic training student must have sufficient motor function as reasonably required to:
 - a. Safely provide general assessment/evaluation, treatment procedures, and rehabilitation/reconditioning intervention procedures as identified in the NATA Educational Competencies and Clinical Proficiencies.
 - b. Perform CPR according to the guidelines of the American Heart Association or the American Red Cross.
 - c. Perform basic first aid according to the guidelines of the American Red Cross.
2. The athletic training student must have sufficient coordination and balance in sitting and standing positions to safely engage in athletic training procedures such as:
 - a. Moving and positioning patients/athletes.
 - b. Gait training.
 - c. Stabilizing and supporting patients/athletes.
3. The athletic training student must have sufficient coordination and balance in sitting and standing positions to engage in fine muscular movements required for safe and effective manipulation of equipment and tools used in patient/athlete assessment/evaluation, treatment procedures and rehabilitation/reconditioning intervention procedures.
4. The athletic training student must have visual acuity necessary to obtain accurate information from patient/athlete and the treatment environment in performance of routine athletic training activities such as:
 - a. Observing and inspection of patient/athlete movements and postures.
 - b. Reading dials/displays on equipment.
 - c. Reading digits/scales on diagnostic tools.
 - d. Ability to record the physical examination results and a treatment plan clearly and accurately.

5. Sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely, and efficiently use equipment and materials during the assessment and treatments of patients.

Candidates for selection to the Athletic Training Educational Program will be required to verify they understand and meet these technical standards or that they believe they can meet the standards. The Office of Student Life will evaluate a student who states he/she could meet the program's technical standards and confirm that the stated condition qualifies as a disability under applicable laws. If a student states he/she can meet the technical standards with accommodation, then the University will determine whether it agrees that the student can meet the technical standards; this includes a review as to whether the accommodations requested are reasonable, taking into account whether accommodation would jeopardize clinician/patient safety, or the educational process of the student or the institution, including all coursework, clinical experiences, and internships deemed essential to graduation.

I certify that I have read and understand the technical standards for each selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards I will not be admitted into the program.

Name of Applicant: _____ Date: _____

Signature of Applicant: _____

Statement for students requesting accommodation:

I certify that I have read and understand the technical standards for selection listed above and I believe to the best of my knowledge that I can meet each of these standards. I will contact the Office of Student Life to determine what may be available. I understand that if I am unable to meet these standards, I will not be admitted into the program.

Name of Applicant: _____ Date: _____

Signature of Applicant: _____

Angelo State University
Department of Kinesiology
Athletic Training Education Program
Program Requirements Prior to Start of Classes

General Requirements

Students must meet the following requirements (have documented proof on file) prior to the start of the Athletic Training Education program:

1. Health Requirements

- a. Completed Student Medical History Form.
- b. MMR (Measles, Mumps, Rubella) by exposure, immunization, or titer.
- c. Evidence of vaccination against *Hepatitis B or a signed statement of declination of the vaccination.

*Hepatitis B immunization is a series of three (3) injections that are given over a 6-month period. Students may participate in full-time clinical internships after completing the first two (2) injections. Students should plan ahead to be sure that they will be able to obtain the third injection at the time that is due. Students have the option to decline (See Hepatitis B Vaccine Declination Form).

- d. Evidence of immunity against Chicken Pox by history, vaccination or lab tests (titer).
- e. Tetanus/Diphtheria (must be current within 10 years)

Additionally, the following health requirements must be met **annually**. It is the responsibility of the student to present documentation of completion of this requirement yearly to the Program Director.

- f. Tuberculosis (Mantoux/P.P.D.).

The student must understand that some clinical facilities to which they may be assigned may have **other health requirements** that the student will be required to meet at the student's expense. Female students who become pregnant during any phase of the Athletic Training Education program will be required to obtain a physician release to participate in didactic laboratory session and clinical internships.

- 2. Current CPR Certification – Each student must provide documentation of valid CPR certification. CPR training may be obtained from the American Heart Association (Level C) or the American Red Cross (BLS, Adult Child Professional rescuer [2-man CPR]). It is the student's responsibility to maintain CPR certification until graduation.
 - 3. Malpractice/Liability Insurance- Each student will obtain malpractice/liability insurance coverage in the amount of \$1,000,000/\$3,000,000. First year students must obtain coverage during the pre-professional phase. Athletic Training Education program. Proof of coverage must be submitted to the Program Director. After the completion of the first year, the Athletic Training Education Program will provide coverage for the student until graduation. { One provider is HPSO (Healthcare Providers Services Organization) – www.hpso.com or 1-800-982-9491 }
 - 4. First Aid (American Red Cross)
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Angelo State University
Department of Kinesiology
Athletic Training

Hepatitis B Vaccine Declination

I understand that due to my occupational exposure to blood or other potentially infectious materials, I may be at risk of acquiring Hepatitis B virus (HBV) infection. I have been given the opportunity to be vaccinated with Hepatitis B vaccine, at my own expense. However, I decline Hepatitis B vaccination at this time. I understand that by declining this vaccine, I continue to be at risk of acquiring Hepatitis B, a serious disease. I also understand that I may be refused placement at clinical sites that require proof of Hepatitis B vaccination. If in the future I continue to have occupational exposure to blood or other potentially infectious material and I want to be vaccinated with Hepatitis B vaccine, I can initiate the vaccination series.

Signature of Student

Date