

2nd in the "Brown Bag Seminar" Series

Date: Friday November 13, 2009

Time: 12:00 pm—1:00 pm

**ASUFit Presents:**

**"Effects of Smoking  
And How to Quit!"**

**Seminar by Gabe Garza**

Prevention Program Supervisor,  
Alcohol and Drug Abuse Council for the  
Concho Valley

Gabe is native to San Angelo and has  
worked for 7 years as the ADACCV's  
community education specialist and  
motivational speaker

**The Great  
American  
Smokeout**



**Bring Your Own Lunch**

Angelo State University

University Center

CJ Davidson Conference Rm

**Faculty, Staff, and  
Students Welcome!**

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