



Fitness

Graduate Assistant Job Description

University Recreation consists of five program areas: Aquatics, Facilities, Fitness, Intramural Sports, and Outdoor Adventures. Over 200 students are employed with UREC in various positions to administer, manage, and support day-to-day operations. Student employee positions range from entry level positions such as area floor staff, office staff, and sport officials, to supervisory and management positions. Consideration for employment is based on the review of a resume and interview.

Our mission is to engage the campus community with recreation and wellness programs designed to stimulate growth and development by enhancing healthy lifestyles through participation opportunities, educational experiences, and supportive services. Through recreational involvement, UREC provides a safe and contemporary environment for social interaction while improving sportsmanship and fostering leadership development.

Graduate Assistant of Fitness Position Description

Graduate Assistants are responsible for overseeing various aspects of UREC programs. They manage undergraduate student staff, including hiring, training, development, and evaluation. Graduate Assistants are highly involved in programming and facility aspects of UREC and are expected to collaborate with staff from all UREC program areas and several other departments on and off campus.

Specific Responsibilities

- Management of weight room, group fitness, and personal training staff/operations
- Assistance with the creation, maintenance, and oversight of fitness programming
- Supervision of monthly personnel scheduling, meeting agendas, and staff orientations
- Leadership assistance during staff training seminars, personnel development sessions, and professional conference presentations.

Minimum Requirements

- Admission into Angelo State University Graduate School
- Strong leadership and organizational skills
- Ability to excel in dynamic and challenging atmosphere
- Strong written and verbal communication skills
- Must be in good academic standing, and have a minimum cumulative GPA of 3.0 or higher

Preferred Qualifications

- Desire to continue a career in University Recreation post graduation
- A Strong knowledge of fitness and exercise fundamentals and standards
- Ability to comfortably and effectively teach a variety of group fitness classes
- Competence and experience in the skills and strategies necessary for leadership of honorable and effective customer service

Supervisor: Laura Dokupil, Assistant Director of Fitness

Contract: A minimum of 17.5 hours/week for 10 months; August 8 – May 11, with option of a one-year renewal

Compensation: \$13.50 an hour