# Psychology of Adjustment

**PSY 1303 (3-0)**

Course Description: This course involves the study of the dynamics of human behavior from a life adjustment approach. Representative topics include:

* + Adjustment issues
  + Interpersonal issues
  + Gender and sexuality
  + Mental and physical health Course Objectives:
  + Essential – Gaining factual knowledge (terminology, classifications, methods, and trends)
  + Essential – Learning to apply course material (to improve thinking, problem solving and decisions)
  + Important – Learning fundamental principles, generalizations, or

theories

Student Learning Outcomes:

* + comprehend and apply various research methods to evaluate information critically.
  + comprehend and critically interpret information presented in written and oral forms.
  + communicate information and ideas effectively.

This course is part of the ASU core. The learning outcomes, assignments/general activities, and assessments are identified below.

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| **Course Level Learning Outcomes** | **Proposed 2014 Core Assignments/General**  **Learning Activities for the Core Objectives** | **Proposed 2014 Core Assessments** |
| **PSY 1303**  **CT2:** Students will develop and demonstrate a logical position that acknowledges ambiguities or contradictions relevant to psychology [sociology]  **CS3:** Students will develop, interpret, and express ideas about psychology [sociology] through effective visual communication.  **EQS2:** Students will manipulate and analyze numerical data and arrive at an informed conclusion.  **SR2:** Students will demonstrate knowledge of civic responsibility. | **PSY 1303**  **CT2:** Five slide power point presentation analyzing a chart or set of data from a psychological/sociological research study. One slide will require students to explain how this information could be misinterpreted to demonstrate critical thinking  **CS3:** Five slide power point presentation analyzing a chart or set of data from a psychological/sociological research study. One slide will include a summary of the chart or data which will demonstrate whether students can develop, interpret, and express ideas through effective visual communication  **EQS2:** Five slide power point presentation analyzing a chart or set of data from a psychological/sociological research study. One slide will require students to explain what conclusions can be drawn from the chart or data set which will require them to manipulate and analyze the numerical data to arrive at an informed conclusion  **SR2:** Five slide power point presentation analyzing a chart or set of data from a psychological/sociological research study. One slide will require students to explain how the results of this study could be used to inform public policy | **PSY 1303**  All SLOs will be assessed with a 3-point scale where 1 is unsatisfactory, 2 is satisfactory, and 3 is exemplary |

Course Assignments: Course assignments will be reviewed in class, and they can also be accessed on-line through **Blackboard** ([http://blackboard.angelo.edu](http://blackboard.angelo.edu/)). To receive full credit, the homework assignments must be typed and should be turned in **the day that it is due by 10:00a.m. Late assignments will not be accepted**.

Class Attendance: You are expected to attend all lecture classes. You will lose points by being absent, as many assignments will be completed and/or turned in while in class and cannot be turned in at another time. **Absences from class will not be excused for any reason, but points lost by missing class can be made up by earning extra credit.**

Extra Credit Opportunities: You may earn extra credit points for a number of different activities. These include completing the questionnaires and “personal probes” in the Personal Explorations Workbook (1 point per exercise), participating in research, etc. A maximum of 32 extra credit points (to be added to your raw point total) can be earned during the course of the semester. ***All extra credit assignments must be turned in no later than 12/05/13 at 2:00 PM.***

Course Evaluation:

1. There will be four examinations, each worth 50 points (200 points total, 41% of total grade). The dates of the examinations, and the material covered by each examination, are listed on the Course Calendar. ***No more than one makeup examination will be allowed per student***. Make-up exams will be taken at the time of the final exam. **There is no make-up for the final exam.**
2. Sixteen chapter quizzes will be posted on Blackboard, each worth 10 points (160 points total, 33% of total grade). You will have until the chapter exam (**at 8 o’clock in the morning**) to complete each quiz and they can be taken multiple times (3).
3. Twenty-three in-class activities will be completed over the course of the semester, each worth 2 points (46 points total, 10% of total grade). These activities must be completed in class and cannot be made up.
4. Four homework assignments will be completed over the course of the semester, each worth 10 points (40 points total, 8% of total grade). **Each homework assignment must be typed, 12-point font, Times New Roman, no less than one page. No hand-written papers or late papers will be accepted!!**
5. You will be required to perform one individual oral presentation, and the format will be reviewed in class. Your individual presentation will be graded, and you will receive written feedback. The individual oral presentation is worth 25 points, (5% of total grade). **NOTE: IF YOU MISS YOUR ASSIGNED PRESENTATION DATE, YOU WILL RECEIVE A ZERO FOR THIS ASSIGNMENT-BE RESPONSIBLE AND REMEMBER THE DATE YOU SIGNED UP FOR!!**
6. You will be required to participate in **three (3) research credits** this semester. Note: You must register through the department's sona-systems website in order to sign-up and receive credit for studies. Points will be posted in Blackboard once all the credits have been entered into sona- systems. If you have questions about a research project, please contact the researcher. Go to [http://angelostate.sona-systems.com](http://angelostate.sona-systems.com/) to create an account and sign-up for studies. For additional details, see the “Research Opportunities” link on the department homepage at: <http://www.angelo.edu/dept/psychology_sociology/>

The research participation is worth 15 points (3% of total grade).

1. As noted above, a maximum of **32 extra credit points** can be earned.

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| Final Grade  A | Point Percentage  90-100% | Point Total  438-486+ |
| B | 80-89% | 389-437 |
| C | 70-79% | 341-388 |
| D | 60-69% | 293-340 |
| F | Below 60% | Below 292 |

You can access your course grade at any time through Blackboard ([http://blackboard.angelo.edu](http://blackboard.angelo.edu/)). Click on “Tools,” then “My Grade.” Calculate your current grade by dividing your total points earned to date by the total number of possible points.

Required texts:

* 1. *Psychology Applied to Modern Life: Adjustment in the 21st Century*

(10th Edition) (Weiten & Lloyd, 2012).

* 1. Extra Credit Assignments are included in the textbook. You can also access the assignments at the following website (copy & paste the link below into a new web browser):

<http://www.cengagesites.com/Psychology/82/site/586/>

Honor Code: Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Academic Honor Code, which is available on the web at <http://www.angelo.edu/forms/pdf/honorcode5.pdf>.

Disabilities: Persons with disabilities that warrant academic accommodations must contact Student Services, Room 203-B Hardeman Building (942-2191), in order to request such accommodations prior to their being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.

Classroom Etiquette: Please be respectful of others in class. When in doubt, use the golden rule! Please BE ON TIME for class; inform me in advance if you know you will be late or have to leave class early. Please refrain from engaging in “private chats” with your neighbors in class, as this is likely to distract other students. **If you bring your cell phone to class, please TURN IT OFF OR SET IT TO VIBRATE to avoid disrupting the class. Cell phones are not to be used in class at any time.**

Laptops/iPads/Electronic Devices: May be used with permission for class purposes ONLY. Do NOT use Facebook, Twitter, text, or any other non-related technology activity during my class or your technology privilege will be gone for the semester. If you are disruptive with this privilege or are found not participating in class, you will be asked to leave class.

# \*\*Please note: This syllabus/calendar is subject to change at the discretion of Mrs. Draper in the event of extenuating circumstances.

The syllabus, Course Calendar, and Course Requirements will be reviewed the first two days. It is recommended that students buy the textbook by the end of the first week as we will begin Chapter 1 the following week. It is recommended to read Chapter 1 before next week. It is also suggested that students begin thinking about their oral presentation date as a sign-up sheet will be passed around during Thursday's class.

\*\*If Oral Presentations are scheduled, these will happen at the beginning of classes before each class session starts. These will occur all semester until each student has had the opportunity to complete the assignment. The students are reminded that it is his/her responsibility to remember their scheduled date.