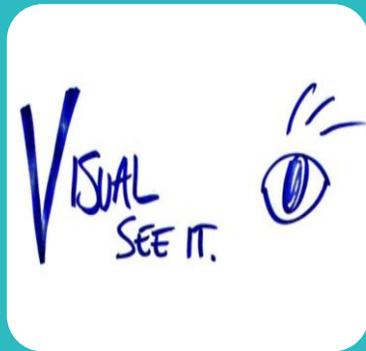


Notetaking based on your Learning Style: Which are you?



You prefer seeing what they are learning. Utilizing pictures, images, graphs, and colors will help you learn better than an explanation or just reading text.

- Underline important words in text
- Highlight words and phrases that you want to remember in a text
- Use color codes to organize your notes
- Watch videos that show how something is done
- Use a system of symbols in your notes
- Sketch or paste in photographs or pictures that illustrate a point
- Learn how to mind map and structure information in a visual way
- Utilize graphs, graphic organizers or Venn diagrams so that information is laid out in an easy to understand manner



You prefer spoken messages. Some auditory learners need to hear their own voices to process information and some can process hearing other people's voices.

- Record lectures, classes, instructions or your own notes to play back later
- Study with a friend and read the information aloud
- Try out voice recognition software to read a passage into your computer.
- Ask questions until you have an understanding of the material.
- Try making up rhymes, or jingles, to help you recall information.
- When you come across new words, sound them out, syllable by syllable. Hearing them will help you to recognize them next time.
- Set a timer when you are studying, to not lose track of time.



You prefer to learn by doing (hands out), but also learn more effectively by simply incorporating movement and activity into your studying and learning.

- Read text out loud and record it. Then play it back to yourself .
- Chewing gum while doing a static job might be enough movement to help you concentrate.
- Doing something with your hands while studying can help, such as using a yo-yo or stress ball.
- If you are studying with friends, "act out" a story or passage that you need to read..
- Use different colored pens or highlighters to color code your reading and notes.
- Write important things to remember on index cards, and shuffle them around. The act of physically moving the cards will help cement the ideas written on them into your memory.