Introduction to Athletic Training  
KIN 1341  

Instructor: Sherry Ann Miller, MS, ATC, LAT  

Term: Fall 2018  

Office: Center of Human Performance (CHP) 104; 942-2173 (Kinesiology)/486-6171 (Direct)  

Course Days: Tuesday and Thursday at 9:30 am to 10:45 am CHP 143  

Office Hours: Monday & Wednesday: 12:00 pm to 2:00 pm; Tuesday: 11:00 am to 12:00 pm; Thursday: 11:00 am – 2:00 pm  

E-mail: sherryann.miller@angelo.edu  


Connect Plus required  


Course Description: The study of concepts in regards to the introduction of athletic training as a profession. The student will learn basic first aid, CPR, bandaging, splinting, equipment concerns, and emergency response.  

Course Objectives: Upon completion of this course, the student will be able to:  

1. Apply current standards of first aid, CPR, emergency care, and rescue breathing.  

2. Apply and explain the basic principles and concepts of protective equipment, prophylactic bracing, wrapping, and taping.  

3. Recognize the signs, symptoms, and treatment of individuals suffering from adverse reactions to environmental conditions.  

4. Apply and determine the basic use of cryotherapy and thermotherapy.  

5. Describes the principles and rationale for a primary and secondary survey.  

6. Assess vital signs and interpret information in regards to emergency and non-emergency situations.  

7. Follow proper OSHA guidelines in regards to blood-borne pathogens.  

8. Describe the guidelines and rationale for using an Automatic External Defibrillator (AED).  

9. Properly fit protective equipment including but not limited to helmets, shoulder pads, and mouthpieces.  

10. Assess pathological signs of injury including, but not limited to, skin color, skin moisture, pupil reaction, and neurovascular function.
**Attendance Policy:** Students are expected to be present for all class meetings of the course for which they are registered. An accurate record of attendance for each student will be maintained by the instructor. The student will be allowed two (2) unexcused absences. If you know that you will be absent or an emergency arises, contact myself, my voice mail, and/or student life office. Please understand not all absences reported are considered excused. Three tardies count as one (1) absence. After the second unexcused absence, ten points will be deducted from the final point total for each unexcused absence. Please understand that being late to class 15 minutes and beyond will be counted as an absence.

**Person Seeking Accommodations:** Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.

**Academic Honesty:** The University expects all students to engage in all academic pursuits in a manner that is beyond reproach. Students will be expected to maintain complete honesty and integrity in their experience in the classroom. Any student found guilty of any form of dishonesty in academic work is subject to disciplinary action. Procedures of discipline due to academic dishonesty have been adopted by the Board of Regents and are published under the section on “Student Services and Activities” in the University’s Student Handbook.

**Instructor Expectations:** The instructor and/or instructors have several expectations of you, the student, while in this course.

1. Professional behavior and language are required. Profanity is not acceptable as professional language.
2. Punctuality is a must.
3. Please remove hats while in class. This is for males and females alike.
4. It is your responsibility to read and comply with the syllabus. There will be no e-mail reminders to do homework or take exams.
5. Please be dressed appropriately for class especially on days we do activities.
6. It is your responsibility to report missing grades on Blackboard immediately. Waiting until the end of the semester is not a plausible excuse.
7. Electronic devices need to be on silence mode and put away unless you are using these devices to take notes. It is acceptable and encouraged to have them out in this situation. Please understand that if you have an emergency and are expecting a call, please let the instructor know. Step outside of the classroom and attend to your affairs. Otherwise if your phone rings during class and/or you are “on” your phone during class time, you will be counted as absence.
8. All assignments are due at the beginning of class and/or e-mailed to the instructor before or by 11 am.
Course Requirements:
1. Two (2) Written exams at a possible 125 points each for a total of 250 points
2. Three (3) Practical exams at a total of 305 points
3. Written CPR/AED exam 25 points total
4. Final exam is worth 175 points. The exam is comprehensive.
5. Each exam will be in the format of multiple choice, true/false, matching, fill in the blank, short answer, oral response, demonstration of skill, and essay.
6. Online assignments: 15 assignments at 15 points each for a total of 225 points
7. EAP assignment – 25 points
8. Online Quizzes: 7 total at 100 points total.
9. Video assignments: 14 videos at 5 points each grouped into 6 assignments for a total of 70 points
10. Journal entries: 14 weeks at 5 points each for a total of 70 points.
11. Clinical hours – 100 points
   Clinical Hours:
   120-150 hours  100 points
   82.5-119.999 hours  70 points
   52.5-82.499 hours  40 points
   22.5-52.499 hours  10 points
   0-22.499 hours  0 points
12. No make-up exams will be allowed unless prior arrangements have been made with the instructor.
13. If late submissions are accepted, the following points will be deducted: 1 class day – 5 points, 2 class days – 10 points, 3 class days – 15 points, and etc. Please understand it is up to the instructor if late submissions will be accepted. Late submissions only pertain to course work that is due in class.
14. The cumulative points for this course are 1345. Your grade is based off the following ranges:
   1210.5 – 1345 = A  
   1076 – 1210.499 = B  
   941.5 – 1075.999 = C  
   807 – 941.499 = D  
   672.5 – 806.999 = F

Tentative Daily Schedule:
August 28: Introduction and course expectations.
August 30: Chapter 1: The Athletic Trainer as a Health Care Provider
Chapter One Assignment due
September 4: CPR/AED
  Quiz 1 due
September 6: CPR/AED
CPR/AED Assignment due
September 11: CPR/AED plus **Written CPR/AED examination**
September 13: Chapter 3: Legal Concerns and Insurance
   - Chapter Three assignment due
   - Quiz 2 due

September 18: Chapter 15: Using Therapeutic Modalities
   - Chapter Fifteen Assignment due
   - Quiz 3 due

September 20: Chapter 11: Psychosocial Intervention for Sport Injuries and Illnesses
   - Chapter Eleven Assignment due
   - Quiz 4 due

September 25: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – ankle
   - Chapter 1: Tapes, Wraps, Braces, and Pads

September 27: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – achilles
   - Chapter 4: Ankle

October 2: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – foot and toes
   - Chapter 3: Foot and Toes
   - Chapter Eight “A” Assignment due

October 4: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – pelvis and thigh
   - Chapter 7: Thigh, Hip, and Pelvis; Video assignment 1 due
   - Chapter Eight “B” Assignment

October 9: **Practical Exam One**; Video assignment 2 due
October 11: **Written Exam One**; Video assignment 3 due

October 16: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – shoulder
   - Chapter 8: Shoulder and Upper Arm

October 18: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – elbow
   - Chapter 9: Elbow and Forearm

October 23: Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – wrist
   - Chapter 10: Wrist; Video assignment 4 due
   - Chapter Eight “C” Assignment due

October 25: Chapter 12: On the Field Acute Care and Emergency Procedures; Crutch/cane fitting; Video assignment 5 due
   - Chapter Twelve “A” Assignment due

October 30: Chapter 12: On the Field Acute Care and Emergency Procedures; Blood pressure, pulses, and respirations; Video assignment 6 due
   - Chapter Twelve “B” Assignment
November 1: Chapter 12: On the Field Acute Care and Emergency Procedures (EAPs)

November 6: **Practical Exam Two**
November 8: Chapter 12: On the Field Acute Care and Emergency Procedures; Spine boarding and splinting

November 13: Chapter 12: On the Field Acute Care and Emergency Procedures; Spine boarding and splinting
   - EAP Assignment due

November 15: Chapter 12: On the Field Acute Care and Emergency Procedures; Spine boarding and splinting
   - Chapter Twelve “C” Assignment due

November 20: **Practical Exam Three**
November 21-23: University Holiday – Thanksgiving Holiday

November 27: **Written Examination Two**
November 29: First Aid and wound care
   - First Aid and Wound Care Assignment due
   - Quiz 5 due

December 4: Chapter 6: Environmental Considerations
   - Chapter Six Assignment due
   - Quiz 6 due

December 6: Chapter 13: Off the Field injury Evaluation; Chapter 14: Infectious Diseases, Bloodborne Pathogens, and Universal Precautions; OSHA/HOPS
   - Chapter Thirteen Assignment due
   - Chapter Fourteen Assignment due
   - Quiz 7 due

December 13: **Final Exam** 8:00 am to 10:00 am