INTRODUCTION TO ART THERAPY
Psychology 4381 Section 010
Fall Semester 2018

INSTRUCTOR: Dianalee Jones, MS, LPC, LMFT, ATR-BC
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MONDAY AND WEDNESDAY 3:00 – 4:15 ROOM: A – 101

Office 201 D Academic Building
Office Hours: 2:00 – 3:00, after class and by appointment

Required Text Books:

Required Supplies: Drawing paper and graphic art supplies are needed for both in and out of class assignments. Watercolor markers or other markers and colored pencils (at least an 8-color set) are needed. Additionally, a sketch book of unlined paper no smaller than an 8 1/2 x 11” size.

It is important for the student to attend each class session as scheduled. You should refer to the University statement on absenteeism, which can be found in the Undergraduate/Graduate catalog. Excessive absences will adversely affect your grade!

By the completion of the course, students should demonstrate a thorough understanding of the following areas:

1. Students will demonstrate an understanding of art and art making as a non-verbal system of communication.
2. Students will articulate multiple art therapy concepts and philosophies.
3. Students will be exposed to examples of art therapy programming and case studies.
4. Students will gain knowledge of the scope and practice of art therapy through full participation in class exercises.
5. Students will assess their own responses to experiential classroom and extracurricular experiences through art making, verbal discussion and daily journaling.
6. Students will demonstrate an understanding of art as healing with a written reflection on paper and art response pieces.

Evaluation

1. Class participation/Quizzes – 25% - Students are expected to participate in class discussions, small group work and are experiences. Furthermore, students are expected to complete homework assignments and/or readings in a timely manner. Students will make meaningful contributions to the topic of discussion at least two times during each class. Students will be able to answer questions about assigned readings. In the event that a guest speaker visits the class, students are expected to verbalize at least one substantive contribution to each session. Quizzes may be presented at the discretion of the instructor and will be incorporated as a portion of the class participation points.

2. Daily Journals – 25% - Students will maintain a daily journal throughout the semester. Their journal will incorporate quick visual responses (some written material may be included) to student’s daily life, 7 days a week; two or three dimensional images are appropriate. In the journal, students are asked to process responses to experiential art activities in which they have engaged in classes, in addition to reactions to daily life events. In class each week, students will volunteer to present one drawing or art project from that week’s work they find relevant to their learning in this course. Journals may be collected (at random or with advance notice) during the course of the semester.

3. Art Therapy Exercise – 20% - Each student will create one art therapy intervention, describing materials, appropriate population and therapeutic goals.

4. Art is a Way of Knowing, text review – 30% - The Allen book is to be critiqued in a paper referencing a minimum of three personal applications as well as a critical assessment of two ideas chosen from her book. The paper is to be in APA format and will have 6 – 8 pages of content in length.

5. Grade assignments:
100 – 90 – A
89 – 80 -   B
79 -   70 -  C
60 – 69 -   D
59 -              F

NOTE: There is no final examination for this class

PLEASE NOTE! I AM ON CAMPUS A LIMITED AMOUNT OF TIME, SO PLEASE USE MY HOME PHONE AND HOME E-MAIL FOR OUT-OF-CLASS COMMUNICATION. I WANT TO ENCOURAGE OPEN COMMUNICATION WITH YOU AND THIS IS THE MOST EXPEDIENT WAY TO DO SO. I CHECK MY E-MAIL DAILY AND WILL PROMPTLY RESPOND TO YOUR QUERIES.

Honor Code: Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Academic honor code, which is available on the web at:

http://www.angelo.edu/forms/pdf/honorcode5.pdr

due to the nature of the assignments in this course, a review of plagiarism, which is covered in the Honor Code, is advised.

Disabilities

PERSONS WITH DISABILITIES WHICH MAY WARRANT ACADEMIC ACCOMMODATIONS MUST CONTACT THE STUDENT LIFE OFFICE, ROOM 112, UNIVERSITY CENTER, IN ORDER TO REQUEST SUCH ACCOMMODATIONS BEING IMPLEMENTED. YOU ARE ENCOURAGED TO MAKE THIS REQUEST EARLY IN THE SEMESTER SO THAT APPROPRIATE ARRANGEMENTS CAN BE MADE. CONTACT INFORMATION: 325-942-2047; FAX/TDD 325-942-2211  E-MAIL: studentservices@angelo.edu

Student Absences for observance of religious Holy Days

A STUDENT WHO INTENDS TO OBSERVE A RELIGIOUS HOLY DAY SHOULD MAKE THAT INTENTION KNOW IN WRITING TO THE INSTRUCTOR PRIOR TO THE ABSENCE.