Instructor: Adam Parker  
Office: CHP 203  
Phone: 486-6172  
E-Mail: adam.parker@angelo.edu

REQUIRED TEXTS:

RECOMMENDED TEXTS:
Abbey, E. *Desert Solitaire*.  
Graves, J. *Goodbye to a River* and *Hard Scrabble*  
Leopold, A. *A Sand County Almanac*  
Thoreau, HD. *Walden*  
Krakauer, J. *Into Thin Air* and *Into the Wild*  
Rolston, A. *Between a Rock and a Hard Place*  
Simpson, J. *Touching the Void*  
Bryson, B. *A Walk in the Woods*  
Gilbert, E. *The Last American Man*  
Carson, R. *Silent Spring*  
Harrer, H. *The White Spider*  
Maclean N, *A River Runs Through It*  
Read PP, *Alive*  
Peacock D, *Grizzly Years*  
Davis S, *High Infatuation*  
Hill L, *Climbing Free*  
Strayed C, *Wild: From Lost to Found on the Pacific Crest Trail*

I. COURSE DESCRIPTION:  
Discussion and practice of outdoor living techniques including backpacking, hiking, fishing, fly fishing, shooting, hunting, first aid, and environmental issues. Course will focus on trip planning from a backpacking perspective with the understanding that backpacking techniques will be used for all outdoor adventures. The primary focus of the course is on the idea that fitness achieved through outdoor activities is an important component of human health and wellness.

II. STUDENT LEARNING OBJECTIVES:  
1. Understands equipment required for safe travel in the back country.  
2. Demonstrates an understanding of how to use outdoor living skills and equipment.  
3. Recognizes the symptoms common in back country health concerns.  
4. Understands how to incorporate safe outdoor practices to prevent outdoor injuries.  
5. Demonstrates the skills required for proper trip planning.  
6. Understands contemporary environmental issues on public lands.  
7. Understands nutritional concerns in the backcountry.

III. EDUCATIONAL OPPORTUNITIES:  
Class lecture and discussion  
Skills Practice  
Writing

IV. EVALUATION:  
Assignment: Points:

<table>
<thead>
<tr>
<th>Assignment</th>
<th>Points</th>
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<tbody>
<tr>
<td>Skills Tests (knots, belay, cooking, etc.)</td>
<td>30%</td>
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<tr>
<td>3 Day Trip Plan</td>
<td>15%</td>
</tr>
<tr>
<td>Reflection Paper on Book of Choice</td>
<td>11%</td>
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<tr>
<td>Outdoor Activity Reflection Papers (3 Total)</td>
<td>33%</td>
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<tr>
<td>Activity Day Attendance / Participation</td>
<td>11%</td>
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Total 100%
Grades will be based on the following distribution:

<table>
<thead>
<tr>
<th>Grade</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>100-90%</td>
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<tr>
<td>B</td>
<td>89-80%</td>
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<tr>
<td>C</td>
<td>79-70%</td>
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<tr>
<td>D</td>
<td>69-60%</td>
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<tr>
<td>F</td>
<td>59.9% or below</td>
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V. ATTENDANCE:
Students are expected to attend all scheduled class meetings. If you cannot attend class, you must notify the instructor BEFORE you miss. Chronic failure to attend class will seriously affect your final grade in this class. If you are not present you will be unable to learn the material covered in class.

VI. STUDENT RESPONSIBILITIES:
A. All assignments are due at the beginning of the class on the due date. For students not turning in an assignment a grade of zero (0) will be recorded.
B. Prior arrangements must be made with the instructor if an absence from class is unavoidable.
C. Skills tests cannot be made up, you must be present to receive a grade.
D. The student is responsible for all work and is encouraged to have a contact within the class. Students are encouraged to set up an appointment to meet with the instructor for additional information if needed.
E. Use of cell phones during class is prohibited. Upon entering classroom turn all cell phones and other handheld electronic devices off to prevent distractions affecting other student’s learning opportunities.
F. Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.
G. Students with disabilities who request reasonable accommodations must meet with the Course Coordinator within the first week of classes. Reasonable accommodations will be provided as authorized by the Office of Student Life as long as course requirements are not compromised. Faculty will provide no accommodations without authorization from the Office of Student Life. It is the student’s responsibility to be a self-advocate when requesting accommodations.
H. The Angelo State University Honor Code: HONOR CODE: “Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Academic Honor Code, which is contained in both print and web versions of the Student Handbook.”
VII. COURSE OUTLINE - Weekly Schedule

6/3 – Course Introduction / Discussion
6/4 – Expedition Planning - NOLS Ch. 2 – **Assignment: 3-day trip plan**
6/5 – Equipment and Clothing - NOLS Ch. 3 and 4
6/6 – Camping Technique – NOLS Ch. 5 – Class Reading: Polemic: Industrial Tourism and the National Parks
6/7 – Travel Technique – NOLS Ch. 6

6/10 – Leadership and Maps and Compasses – NOLS Ch. 7 and 8
6/11 - Emergency Procedures, Weather, and First Aid – NOLS Ch. 9 and 10
6/12 – Backcountry Cooking – NOLS Ch. 11
6/13 – **Cooking Skills Competition**
6/14 – Our Responsibility to the Land – NOLS Ch. 12

6/17 – Fishing Techniques **Outdoor Activities Reflection Papers Assigned**
6/18 – Kayaking / SUP Boarding – Meet at Lake House Facility
6/19 – Day Trip to San Angelo State Park
6/20 – Disc Golf on Campus
6/21 – Sand Volleyball Class Tournament

6/24 – Guest speaker: Brandon Dunn
6/25 – Climbing basics – Equipment, knots, belay overview
6/26 – Top Rope Belay Class – Meet in Climbing Gym
6/27 – Climbing Day – Meet in Climbing Gym
6/28 – Class day to work on 3-day trip plan/presentation

7/1 – **3 Day Trip Plan and Presentations Due**
7/2 – Finish Presentations
7/3 – Finals – Turn in your **Outdoor Book Review Paper and Activities Reflection Papers**