Assemble your Avengers

Essentials of Coaching

Mentoring from A → Z

Making a Sacrifice

Learn to be Patient
Course Description
This course is a comprehensive introduction to the coaching profession. Emphasis is placed on sport at the high school, serious club levels, youth, recreational, and intercollegiate sport programs. The primary goal of the course is to develop and enhance students' knowledge and understanding of concepts and techniques of coaching and their application to achieving important objectives in working with athletes.

Course Objectives
1. Develop a philosophy & Identify the three major objectives of selecting a coaching style.
2. Examine principles for coaching with character, for developing good character and sportsmanship in athletes, and for coaching athletes who have diverse backgrounds, characteristics, and abilities.
3. Describe the principles and issues related to planning, organizing, staffing, and directing functions that are commonly considered a coach’s responsibilities

Student Evaluation
Your grade for this course will be determined by your performance in the following:

Exams
4 exams, 150 points each. **600 total points, 60 percent of your grade for the course.** Written examinations will be administered at the conclusion of each of five parts of the course (see the course schedule). These exams will include true-false, multiple choice, fill-in-the blank, and short answer and essay questions. Brief reviews for each exam will be conducted during the class period immediately before the exam session.

Papers
2 Papers, 100 points each. **200 total points, 20 percent of your grade.** Topics assignments will be given throughout the course.
   1. Coaching Philosophy
      a. 100 pts – Coaching Philosophy Statement (1 page)
b. 100 pts – Rewrite based on Interview a coach about your paper  
    (Redone philosophy & 1 page reflection)

**Participation**

**100 points.** Actively engage in group work and class discussions to earn these points. Just showing up does not count.

**Coaching Activity**

**100 points.** Your coaching staff will have 30 minutes to teach and debrief the class on a portion of course content.

**Grading Scale**

There are 1000 total points for the course.

<table>
<thead>
<tr>
<th>Course Grade</th>
<th>Points</th>
<th>Percentage</th>
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<tbody>
<tr>
<td>A</td>
<td>900-1000</td>
<td>90-100%</td>
</tr>
<tr>
<td>B</td>
<td>800-899</td>
<td>80-89.99%</td>
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<tr>
<td>C</td>
<td>700-799</td>
<td>70-79.99%</td>
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<tr>
<td>D</td>
<td>600-699</td>
<td>60-69.99%</td>
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<tr>
<td>F</td>
<td>&lt;600</td>
<td>&lt;60%</td>
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**ATTENDANCE**

You are expected to attend each class and to be on time for the beginning of class. Students are responsible for anything that happens in class during their absence. Notify the instructor at least one week in advance if you have a scheduling conflict that will cause you to miss class. You are responsible for asking the instructor about your attendance record so that you do not go over the allowed 3 absences and tardies. (2 tardies = 1 absence). The first 4 students to write the word “pineapple” on the board (with no discussing it with classmates or the professor) will receive 10 bonus points.

- 4 absences= minus a letter grade.
- 5 absences= minus another letter grade.
- 6 absences= minus another letter grade.
- 7 absences will result in failing the course.

- ✔ Officially sanctioned college activities (athletics and competing academic duties) may be considered permissible absences if the student shows official documentation to the instructor a class period in advance of the absence.
- ✔ Observance of a religious holy day may be considered permissible absences pending verification.

**Students with Disabilities:**

Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.
The Angelo State University Honor Code:
Our students believe that ASU students should maintain complete honesty and integrity in their academic pursuits.

The Honor Code at ASU is located at: www.angelo.edu/forms/pdf/honorcode5.pdf and describes expected academic behavior of both faculty and students, and it consists of an agreement between the student and the academic community to foster academic integrity, to value student educational goals, and to maintain the positive academic reputation of ASU. Angelo State University expects all students and faculty to engage in all academic pursuits in a manner that is above reproach and to maintain complete honesty and integrity in the academic experiences both in and out of the classroom.

ASU students and faculty will not participate or condone
- Plagiarism
- Cheating
- Fabrication of data
- Misrepresentation of information
- Misuse of library materials
- Misuse of technology
- Conspiring with others to commit these acts

ASU students are responsible for understanding the student handbook as well as the individual academic requirements and stipulations for each course. This includes carefully reading the Angelo State University Student Handbook and reading the syllabus of each course. Students should ask for clarification of any ambiguous aspect of the syllabus.

Students will vote on content and schedule the first day of class.
Schedule TBA