Abnormal Psychology
(PSY 4305.10)
Fall 2019   MWF 1-2pm   Academic 004
Instructor: Dr. Drew Curtis

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Office Hours: M 11-12, T 12-2, W 9:30-12; F: 8:30-1 or by appt.

Required Text:
ISBN: 9781524992491
eBook ISBN: 9781792401282

Course Description:
This course is designed to provide an understanding of normal versus abnormal behavior. In addition, the characteristics, etiology, and treatment of psychological disorders affecting adults will be reviewed.

Course Prerequisite: PSY 2301 (General Psychology).

Course Objectives:
1. Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)
2. Learning to apply course material (to improve thinking, problem solving, and decisions)
3. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course

Student Learning Outcomes:
By the end of this course, you should:
1. Have a basic understanding of the major psychological perspectives on abnormal behavior
2. Be familiar with the essential diagnostic characteristics of major psychological disorders
3. Be familiar with etiological factors and treatments associated with major psychological disorders
4. Be able to apply course material to case examples

Course Policies, Procedures and Format

Readings

It is expected that each student will have the required reading completed before the class during which we will discuss the material (see course schedule). Some material in the text may be challenging upon first read, but lectures will be easier to follow if you have read the chapter.

***If I feel the class is not keeping up with the reading, I will have the option to start giving quizzes at any time during any class. Just remember that reading prior to class is really to your benefit!

Research indicates that students who read the textbook before class learn more from lectures. To ensure you adopt this practice, you will be asked to follow these steps:

- Read and Review a Chapter
- Take an Online Quiz
- Come to the Lecture with Questions and Comments
**Policies/Expectations**
1. Read and complete the online quiz regarding academic honesty, classroom conduct, and attendance policy acknowledgments.
2. Students are expected to take responsibility for their success in class. You are encouraged to be active participants in the education process by asking questions and being alert in class.
3. Distracting or disrespectful students will be asked to leave the class (this includes use of cell phones and other electronic devices).
4. If you have any concerns related to this class, you are encouraged to speak with your instructor in a timely manner. **As a general rule, you should raise any issues within one week of receiving a grade or completing a given project.**
5. Students will be expected to access the Blackboard online classroom on a regular basis for announcements, course materials, assignments, and grades.
6. The instructor reserves the right to use plagiarism prevention software.

**Class Sessions**
- The majority of the class will be lecture and discussion.
- You MUST take your own notes in class in order to pass.
- While some lecture materials will overlap with book material, I will be expanding and clarifying book information.
- Media presentations and demonstrations may be used to help illustrate the concepts being discussed.
- Classes may include discussions, group projects, films, and activities.
- Questions and comments are always welcome! (Please be respectful.)

*DISCLAIMER: This class examines a variety of cultural and personal issues and subjects students to ideas and material that they may find disagreeable. If students are unable or unwilling to tolerate other perspectives or their own value systems in the context of the class, then they are encouraged to speak with the instructor regarding their concerns and may wish to reconsider their enrollment in the course. Should you have any questions, concerns, or suggestions at any time during the semester, please feel free to contact me.*

**Communication**
- Email is the best way to contact your instructor and graduate teaching assistant.
- All emails should include “PSY 4305” in the subject line.
- All emails should include your first and last name.

**GRADES**

**Quizzes**
- There will be 15 online quizzes given throughout the semester. Quizzes are accessible through Blackboard. Quizzes are implemented to promote and assess students’ knowledge of terminology and fundamental principles and theories. Each quiz will be worth 10 points and you will have 30 minutes to complete the quiz. You are unable to work with anyone else or use information from anyone else on your quizzes; you must work alone. You are responsible for taking each quiz by the required deadline. Do not wait until the last minute to take your quizzes. Sometimes quizzes can lock up, and only the instructors can unlock them. If this happens, notify the instructor immediately via email. Failure to notify the instructor will result in a zero for the quiz.
- Quizzes will cover material from the corresponding chapters on the syllabus, which will be lectured on in class (e.g., quiz 1 will cover material in chapter 1 and quiz 2 will cover material from chapter 2).

**NO MAKE-UP QUIZZES**

**Where Myth Meets Hollywood: Group Project**
- Students will complete one project and presentation (50 points) in the semester, pertaining to psychomythology and film. The group will find a film that is not discussed in the textbook or that is minimally discussed and will watch it as a group. Then, the group will present on how the film portrays myths about abnormal psychology in any creative/intellectual way that is deemed appropriate and engaging and able to correct these myths. There are many ways to do this. You could watch the film and then discuss the myths portrayed in a variety of ways. You could watch a film and then interview someone (psychologist, person with a disorder, etc.) to see how they view the film. While it is acceptable, presentations do not
require PowerPoint nor everyone to speak during the presentation. The presentation delivery is completely left for each group to decide.

- Each group will have 7-15 minutes to present to the class. Every group should be ready to go on the date that group presentations begin.
- The project/presentation will be completed within formed or assigned groups.
- Grading will be based on a rubric and peer evaluations. The instructor will be the primary source for your grade and peer evaluations will influence your grade. Thus, each member of the group will receive a unique grade.
- Check the syllabus schedule for project/presentation due date.

Exams
- Three (3) exams (100 points each), including the final exam, will be given in the semester.
- Exams are NOT cumulative and may include multiple-choice questions, matching items, true/false questions, short answer, and/or essay questions.
- Exams will cover material from lectures, readings, activities, and class discussions.
- **Make up policy for exams:** Make up exams will ONLY be allowed for emergency situations (in other words, a doctor’s appointment is not an emergency). It is the student’s responsibility (BY EMAIL WHEN POSSIBLE) to contact the professor within 24 hours to reschedule. Failure to do so will result in a zero on the exam. Make up exams will be scheduled at the convenience of the instructor and will be scheduled as quickly as possible. Make-up exams will cover the same material, but are in a format of the instructor’s choice, such as ORAL or comprehensive fill in the blank/essay exams.

Attendance/Participation
A roll sheet will be passed around at the beginning of each class. In the event that you are 1-3 points (not percentage points) away from a higher letter grade, attendance and participation will make a significant difference. When you miss class, you miss out on important information and it is up to you to find out what you missed. Please show everyone respect by arriving on time and remaining in class until dismissed.

Extra Credit
The instructor may provide opportunities for extra credit throughout the course. Extra credit may come through various formats (e.g., research participation, attendance at a university event, etc.). Your instructor will announce the opportunities in class. One opportunity will be to participate in research through the Department of Psychology and Sociology (https://www.angelo.edu/dept/psychology_sociology/research_opportunities.php).

Each 1 SONA credit will equal 3 extra credit points, up to a maximum of 20 extra credit points total. If you decide to participate in SONA, then please note that SONA credits can be used only once. You may not use SONA credits for credit in more than one course. Also, the deadline for reassigning credits will be the day after data collection ends for the semester. Attempts to use SONA credits for more than one course will result in no extra credit for this course.

How to Logon to the Website (Sona-Systems)
1. Connect to http://angelostate.sona-systems.com (Note: do not type www.).
2. A login screen will come up but you cannot log in without an account.
3. In the lower left hand corner there is a link: request an account here, click on this.
4. A screen will come up requesting your name, user ID, and other information.
5. Your user ID is the same login name used for logging into Blackboard.
6. There is also an area to select the psychology courses you are enrolled in. Read the instructions and select those courses you may want to have extra credit assigned.
7. Once you are finished and submit your information, the system will e-mail a numerical password to your ASU e-mail address, e.g., jstudente@angelo.edu. Make sure to use your angelo.edu email.
8. You cannot log onto sona-systems until you receive this password.
9. Using your user ID and password login to sona-systems.
10. You can then change your password.

How to Sign Up for a Study:
After you create your Sona account and login, you can sign up to participate in an experiment.
Click Experiment Sign-up
Pick an experiment
Click on View Timeslots for this Experiment
Pick a timeslot you would like to attend and click on Sign Up
**Grading**: Grades are earned and not given. Please note that final grades are based on the points below and not percentage points (e.g., an A equals 450 points or higher).

<table>
<thead>
<tr>
<th>Course Point Distribution</th>
<th>Total Possible Points: 500</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quizzes (15): 150 pts. (10 pts. each)</td>
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<tr>
<td>Group Project/Presentation 50 pts.</td>
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<tr>
<td>Exams (3): 300 pts. (100 pts. Each)</td>
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<tr>
<td>Extra Credit: (20 pts. maximum)</td>
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</tbody>
</table>

**Tentative Schedule**

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Chapter</th>
<th>Quiz</th>
</tr>
</thead>
<tbody>
<tr>
<td>8/26</td>
<td>Introduction</td>
<td>1</td>
<td></td>
</tr>
<tr>
<td>8/28</td>
<td>Understanding Abnormality: A Look at “Crazy”</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>8/30</td>
<td>Understanding Abnormality: A Look at “Crazy”</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>9/2</td>
<td>Labor Day- Holiday</td>
<td></td>
<td></td>
</tr>
<tr>
<td>9/4</td>
<td>Theory Informs Treatment</td>
<td>2</td>
<td>2</td>
</tr>
<tr>
<td>9/6</td>
<td>Theory Informs Treatment</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>9/9</td>
<td>Theory Informs Treatment</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>9/11</td>
<td>Theory Informs Treatment</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>9/13</td>
<td>Theory Informs Treatment</td>
<td>2</td>
<td></td>
</tr>
<tr>
<td>9/16</td>
<td>Assessment and Diagnosis</td>
<td>3</td>
<td>3</td>
</tr>
<tr>
<td>9/18</td>
<td>Assessment and Diagnosis</td>
<td>3</td>
<td></td>
</tr>
<tr>
<td>9/20</td>
<td>The Value of Research: A Good Consumer</td>
<td>4</td>
<td>4</td>
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<tr>
<td>9/23</td>
<td></td>
<td></td>
<td></td>
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<tr>
<td>9/25</td>
<td>Neurodevelopmental and Elimination Disorders</td>
<td>5</td>
<td>5</td>
</tr>
<tr>
<td>9/27</td>
<td>Psi Chi Speaker</td>
<td>5</td>
<td></td>
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<tr>
<td>9/30</td>
<td>Neurodevelopmental and Elimination Disorders</td>
<td>6</td>
<td>6</td>
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<tr>
<td>10/2</td>
<td>Schizophrenia Spectrum and Psychotic Disorders</td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>10/4</td>
<td>Schizophrenia Spectrum and Psychotic Disorders</td>
<td>6</td>
<td></td>
</tr>
<tr>
<td>10/7</td>
<td>Depressive and Bipolar Disorders</td>
<td>7</td>
<td>7</td>
</tr>
<tr>
<td>10/9</td>
<td>Depressive and Bipolar Disorders</td>
<td>7</td>
<td></td>
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<tr>
<td>10/11</td>
<td>Anxiety Disorders, Obsessive-Compulsive Disorder, and Related Disorders</td>
<td>8</td>
<td>8</td>
</tr>
<tr>
<td>10/14</td>
<td>Anxiety Disorders, Obsessive-Compulsive Disorder, and Related Disorders</td>
<td>8</td>
<td></td>
</tr>
<tr>
<td>10/16</td>
<td>Anxiety Disorders, Obsessive-Compulsive Disorder, and Related Disorders</td>
<td>8</td>
<td></td>
</tr>
<tr>
<td>10/18</td>
<td>Trauma and Dissociative Disorders</td>
<td>9</td>
<td>9</td>
</tr>
<tr>
<td>10/21</td>
<td>Trauma and Dissociative Disorders</td>
<td>9</td>
<td></td>
</tr>
<tr>
<td>10/23</td>
<td>Somatic Symptom and Related Disorders</td>
<td>10</td>
<td>10</td>
</tr>
<tr>
<td>10/25</td>
<td>Somatic Symptom and Related Disorders</td>
<td>10</td>
<td></td>
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<tr>
<td>10/28</td>
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<td></td>
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<tr>
<td>10/30</td>
<td>Eating Disorders</td>
<td>11</td>
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<tr>
<td>11/1</td>
<td>Eating Disorders</td>
<td>11</td>
<td></td>
</tr>
<tr>
<td>11/4</td>
<td>Eating Disorders</td>
<td>11</td>
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<tr>
<td>11/6</td>
<td>Sleep Disorders</td>
<td>12</td>
<td>12</td>
</tr>
<tr>
<td>11/8</td>
<td>Sexual Dysfunctions, Gender Dysphoria, and Paraphilic Disorders</td>
<td>13</td>
<td>13</td>
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</tbody>
</table>

**Final Grades**:  
A = 450-500  
B = 400-449  
C = 350-399  
D = 300-349  
F ≤ 299
**STUDENT ABSENCE FOR OBSERVANCE OF RELIGIOUS HOLY DAYS**
“A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence.”

**ACADEMIC HONESTY**
Academic honesty is expected on all work. Students are expected to maintain complete honesty and integrity in their online experiences. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The Department of Psychology, Sociology, and Social Work adheres to the academic honesty statement as set forth in the Angelo State University Student Handbook (2011-2012) [http://www.angelo.edu/content/files/17358-university-honor-code](http://www.angelo.edu/content/files/17358-university-honor-code). The University "faculty expects all students to engage in all academic pursuits in a manner that is above reproach and to maintain complete honesty and integrity in the academic experience both in and out of the classroom setting and may initiate disciplinary proceedings against a student accused of any form of academic dishonesty, including but not limited to, cheating on an examination or other academic work, plagiarism, collusion, and the abuse of resource materials."

**PLAGIARISM**
Plagiarism at ASU is a serious topic. The Angelo State University’s Honor Code gives specific details on plagiarism and what it encompasses. Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word for word without quotation marks and the source of the quotation. We use the APA Style Manual of the American Psychological Association as a guide for all writing assignments. Quotes should be used sparingly. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list. Papers are subject to be evaluated for originality via Bb Turnitin. Resources to help you understand this policy better are available at the ASU Writing Center [http://www.angelo.edu/dept/writing_center/academic_honesty.php](http://www.angelo.edu/dept/writing_center/academic_honesty.php).

**STUDENTS WITH DISABILITIES**
1. “Angelo State University is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments Act of 2008 (ADAAA), and subsequent legislation.”

2. The Office of Student Affairs is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability, and it is the student’s responsibility to initiate such a request by contacting the Office of Student Affairs, University Center, Room 112 at (325) 942-2047 or (325) 942-2211 (TDD/FAX) or by e-mail at studentservices@angelo.edu to begin the process. The Office of Student Affairs will establish the particular documentation requirements necessary for the various types of disabilities.
Reasonable accommodations will be made for students determined to be disabled or who have documented disabilities.

**Tutoring:**
The ASU Tutor Center is located in the Library C301 (3rd floor). Tutoring is free to all ASU students.

**Withdrawals:**
Please review withdrawal policies: http://www.angelo.edu/services/registrars_office/withdrawals_refunds.php