

Introduction to Athletic Training KIN 1341

Instructor: Sherry Ann Miller, MS, ATC, LAT

Term: Fall 2019

Office: Center of Human Performance (CHP) 104; 942-2173 (Kinesiology)/486-6171 (Direct)

Course Days: Tuesday and Thursday at 9:30 am to 10:45 am CHP 143

Office Hours: Monday & Wednesday: 12:00 pm to 2:00 pm; Tuesday: 11:00 am to 12:00 pm;
Thursday: 11:00 am – 2:00 pm

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Required Textbooks: Prentice, W.E. (2017) Principles of Athletic Training: A Competency Based Approach, 16th ed. McGrawHill. Connect Plus required

Beam, J.W. (2017) Orthopedic Taping, Wrapping, Bracing, & Padding, 3rd ed. F.A. Davis.

Course Description: The study of concepts in regards to the introduction of athletic training as a profession. The student will learn basic first aid, CPR, bandaging, splinting, equipment concerns, and emergency response.

Course Objectives: Upon completion of this course, the student will be able to:

1. Apply current standards of first aid, CPR, emergency care, and rescue breathing.
2. Apply and explain the basic principles and concepts of protective equipment, prophylactic bracing, wrapping, and taping.
3. Recognize the signs, symptoms, and treatment of individuals suffering from adverse reactions to environmental conditions.
4. Apply and determine the basic use of cryotherapy and thermotherapy.
5. Describes the principles and rationale for a primary and secondary survey.
6. Assess vital signs and interpret information in regards to emergency and nonemergency situations.
7. Follow proper OSHA guidelines in regards to blood-borne pathogens.
8. Describe the guidelines and rationale for using an Automatic External Defibrillator (AED).
9. Properly fit protective equipment including but not limited to helmets, shoulder pads, and mouthpieces.
10. Assess pathological signs of injury including, but not limited to, skin color, skin moisture, pupil reaction, and neurovascular function.

Attendance Policy: Students are expected to be present for all class meetings of the course for which they are registered. An accurate record of attendance for each student will be maintained by the instructor. The student will be allowed two (2) unexcused absences. If you know that you will be absent or an emergency arises, contact myself, my voice mail, and/or student life office. Please understand not all absences reported are considered excused. Three tardies count as one (1) absence. After the second unexcused absence, ten points will be deducted from the final point total for each unexcused absence. Please understand that being late to class 15 minutes and beyond will be counted as an absence.

Person Seeking Accommodations: Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.

Academic Honesty: The University expects all students to engage in all academic pursuits in a manner that is beyond reproach. Students will be expected to maintain complete honesty and integrity in their experience in the classroom. Any student found guilty of any form of dishonesty in academic work is subject to disciplinary action. Procedures of discipline due to academic dishonesty have been adopted by the Board of Regents and are published under the section on “Student Services and Activities” in the University’s Student Handbook.

Instructor Expectations: The instructor and/or instructors have several expectations of you, the student, while in this course.

1. Professional behavior and language are required. Profanity is not acceptable as professional language.
2. Punctuality is a must.
3. Please remove hats while in class. This is for males and females alike.
4. It is your responsibility to read and comply with the syllabus. There will be no e-mail reminders to do homework or take exams.
5. Please be dressed appropriately for class especially on days we do activities.
6. It is your responsibility to report missing grades on Blackboard immediately. Waiting until the end of the semester is not a plausible excuse.
7. Electronic devices need to be on silence mode and put away unless you are using these devices to take notes. It is acceptable and encouraged to have them out in this situation. Please understand that if you have an emergency and are expecting a call, please let the instructor know. Step outside of the classroom and attend to your affairs. Otherwise if your phone rings during class and/or you are “on” your phone during class time, you will be counted as absence.
8. All assignments are due at the beginning of class and/or e-mailed to the instructor before or by 8 am.

Course Requirements:

1. Two (2) Written exams at a possible 125 points each for a total of 250 points
2. Three (3) Practical exams at a total of 300 points
3. Written CPR/AED exam 25 points total
4. Final exam is worth 175 points. The exam is comprehensive.
5. Each exam will be in the format of multiple choice, true/false, matching, fill in the blank, short answer, oral response, demonstration of skill, and essay.
6. Online assignments: 15 assignments at 15 points each for a total of 225 points
7. EAP assignment – 25 points
8. Online Quizzes: 7 quizzes total for 100 points total.
9. Video assignments: 14 videos at 5 points each grouped into 6 assignments for a total of 70 points
10. Journal entries: 14 weeks at 10 points each for a total of 140 points.
11. Article Research: 6 articles worth 15 points each for a total of 90 points.

12. Clinical hours – 100 points

Clinical Hours:

120-150 hours	100 points
82.5-119.999 hours	70 points
52.5-82.499 hours	40 points
22.5-52.499 hours	10 points
0-22.499 hours	0 points

13. No make-up exams will be allowed unless prior arrangements have been made with the instructor.

14. If late submissions are accepted, the following points will be deducted: 1 class day – 5 points, 2 class days – 10 points, 3 class days – 15 points, and etc. Please understand it is up to the instructor if late submissions will be accepted. Late submissions only pertain to course work that is due in class.

15. The cumulative points for this course are 1500. Your grade is based off the following ranges:

1350 – 1500 = A	900 – 1049.999 = D
1200 – 1349.999 = B	750 – 899.999 = F
1050 – 1199.999 = C	

Tentative Daily Schedule:

Date:	Topic/In class	Assignment due:
August 27	Introduction and course expectations	
August 29	Chapter 1: The Athletic Trainer as a Health Care Provider	Ch. One Assignment
September 3	CPR/AED	Quiz 1 Journal & "Beezus Note" 1
September 5	CPR/AED	CPR/AED Assignment Article Research 1
September 10	CPR/AED plus Written CPR/AED examination <i>Certification money due (28 dollars)</i>	Journal & "Beezus Note" 2 Article Research 2
September 12	Chapter 3: Legal Concerns and Insurance	Ch. Three assignment Quiz 2 Article Research 3
September 17	Chapter 15: Using Therapeutic Modalities	Ch. Fifteen Assignment Quiz 3 Journal & "Beezus Note" 3
September 19	Chapter 11: Psychosocial Intervention for Sport Injuries and Illnesses	Ch. Eleven Assignment Quiz 4 Article Research 4
September 24	Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – ankle Chapter 1: Tapes, Wraps, Braces, and Pads	Journal & "Beezus Note" 4
September 26	Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – Achilles Chapter 4: Ankle	
October 1	Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – foot and toes Chapter 3: Foot and Toes	Ch. Eight "A" Assignment Journal & "Beezus Note" 5

Date:	Topic/In class	Assignment due:
October 3	Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – pelvis and thigh Chapter 7: Thigh, Hip, and Pelvis	Video assignment 1 Ch. Eight “B” Assignment
October 8	Practical Exam One	Video assignment 2 Journal & “Beezus Note” 6
October 10	Written Exam One	Video assignment 3
October 15	Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – shoulder Chapter 8: Shoulder and Upper Arm	Journal & “Beezus Note” 7
October 17	Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – elbow Chapter 9: Elbow and Forearm	
October 22	Chapter 8: Wrapping and Taping; Taping, Wrapping, and Bracing – wrist Chapter 10: Wrist	Video assignment 4 Ch. Eight “C” Assignment Journal & “Beezus Note” 8
October 24	Chapter 12: On the Field Acute Care and Emergency Procedures; Crutch/cane fitting	Video assignment 5 Ch. Twelve “A” Assignment
October 29	Chapter 12: On the Field Acute Care and Emergency Procedures; Blood pressure, pulses, and respirations	Video assignment 6 Ch. Twelve “B” Assignment Journal & “Beezus Note” 9
October 31	Chapter 12: On the Field Acute Care and Emergency Procedures (EAPs)	Article Research 5
November 5	Practical Exam Two	Journal & “Beezus Note” 10
November 7	Chapter 12: On the Field Acute Care and Emergency Procedures; Spine boarding and splinting	Article Research 6
November 12	Chapter 12: On the Field Acute Care and Emergency Procedures; Spine boarding and splinting	EAP Assignment Journal & “Beezus Note” 11
November 14	Chapter 12: On the Field Acute Care and Emergency Procedures; Spine boarding and splinting	Ch. Twelve “C” Assignment
November 19	Practical Exam Three	Journal & “Beezus Note” 12
November 21	Written Examination Two	
November 26	First Aid and wound care	First Aid and Wound Care Assignment Quiz 5 Journal & “Beezus Note” 13
November 27-29	University Holiday – Thanksgiving Holiday	
December 3	Chapter 6: Environmental Considerations	Ch. Six Assignment Quiz 6 Journal & “Beezus Note” 14
December 5	Chapter 13: Off the Field injury Evaluation; Chapter 14: Infectious Diseases, Bloodborne Pathogens, and Universal Precautions; OSHA/HOPS	Ch. Thirteen Assignment Ch. Fourteen Assignment Quiz 7
December 12	Final Exam 8:00 am to 10:00 am	

