GENERAL PHYSIOLOGY –BIOL 5423/4423.010
FALL-2019

Time/ Place:  Lect.:  T/Th 11:00 AM -12:15 pm (CAV.123)
Lab.:  Tuesday or Thursday 2:00-4:50PM (SciIII. 107)
Instructor:  Dr. Laurel Fohn
Office:  Cavness Science Building
CAV. 107
Office hours:  By appointment and as posted on office door and in Lecture/ Lab #1
Phone:325-942-2189 (biology dept); 325-486-6644 (office)
E-Mail:  Laurel.Fohn@angelo.edu
Print ISBN: 9781605354712, 1605354716
eText ISBN: 9781605355986, 1605355984
Laboratory:  Bio. 4423 Laboratory Handouts (available through Blackboard
one week in advance of laboratory) and PhysioEx 9.0 (manual): Laboratory
Simulations in Physiology with 9.1 (software) Update.  ISBN#:  9780321929648

LECTURE TOPICS  SECTION/CHAPTER(S)

Introduction  I/1-5
What is physiology?  Ways to study physiology
Composition of organism
Basic cell structure and function.*
Biological membranes. * & Membrane Transport*
Homeostasis
Genomics and development
Intercellular communication/ Integrating Systems:  III
   Neurons/ Endocrine Comparison & neural histology  III/ 12
   Ionic basis of action potential  III/12
   Conduction.  Myelination.  Synaptology  III/13
   CNS, PNS, ANS  III/12-14
   Sensory processes  III/14
   Biological clocks/synaptic plasticity/ learning  III/15,13
   Endocrine and Neuroendocrine Physiology  III/16
Muscles-micro/macroanatomy  IV/ 19-21
   Excitation-contraction coupling**
   Whole muscle physiology
   Reflex arc and control of body motions
   Red vs. white, smooth
Gastrointestinal & Reproductive physiology  II/6-11, 16, 17 (student
presentations)
Cardiovascular physiology  V/25
   Cardiac muscle
   Cardiac function
   Cardiac dynamics and Control of cardiac output
   Peripheral circulation and its control
   Regulation of blood pressure
Respiratory physiology  V/22-24
Renal physiology (time permitting)  VI/27-30
Lecture Exams:
EXAM I Sept. 19 (Thurs.)
EXAM II Oct. 24 (Thurs.)
EXAM III Combined with Lab Exam 3; Dec. 3 or 5
FINAL (comprehensive/ optional) Dec. 10 (Tues. 10:30 am-12:30 pm)

NOTES: *Basic cell structure/function, the fluid-mosaic composition of the cell membrane and mechanisms of crossing cell membranes (osmosis, diffusion, etc.) will not be dealt with in lecture. You will, however, be held responsible for this information for examination purposes (Lab Exam 1). Relevant information can be found in Section 1 of your textbook and related class/lab handouts. Also, if you are unfamiliar with basic chemical principles, the biochemical composition of the body and basic enzyme kinetics, you might find it beneficial to review these subjects in any introductory Biology text.

**At this point, if you find basic cellular respiration a bit foggy, familiarizing yourself with this subject by briefly reviewing an introductory Biology text might prove helpful.

STUDENT LEARNING OUTCOMES:
1. gain an understanding of homeostasis and its maintenance primarily through negative feedback
2. gain an understanding of the functioning of the basic organ systems (ie. conceptual content)
3. be able to apply this understanding to unknown situations
4. begin understanding the intercoupling/dependence of function between systems

LABORATORY SCHEDULE
WEEK: DATE: Lab exercises will correlate with lecture classes & will be posted to blackboard.

1: 8/27 or 29 Lab #1: Intro, Experimental Design/ Controls, Conversions, Solutions, Lab Safety. Per university police, 2 Lab Safety Courses in Bb must be complete by next lab or not allowed to participate in lab and will lose points.
2: 9/3 or 5 Lab #2: Osmosis and Diffusion
3: 9/10 or 12 Lab #3:
4: 9/17 or 19 Lab #4:

5: 9/24 or 9/26 EXAM I

6: 10/1 or 3 Lab #5:
7: 10/8 or 10 Lab #6:
8: 10/15 or 17 Lab #7: Student Presentations**
   **All materials must be emailed to instructor by 10 pm Sun 10/13
9: 10/22 or 24 Lab #8: Student Presentations**
   **All materials must be emailed to instructor by 10 pm Sun 10/13
10. 10/29 or 31 Lab #9:

11: 11/5 or 7 EXAM II

12: 11/12 or 14 Lab #10:
13: 11/19 or 21 Lab #11:
14: 11/26 or 28 Lab #12: Thanksgiving week- LAB does NOT MEET; Online BONUS material assigned
15: 12/5 or 12/7 EXAM III
PLEASE NOTE:
Lecture and lab exams will be given during the normally allocated lecture/lab time. All exams will be turned in promptly at the end of the lecture/lab period. Extra time will not be allocated for finishing the exam unless academic accommodations have been previously applied for/made (see Section VIII below).

INCIDENTALS:
I. Exams
In both lecture and lab, each major exam will be composed of practical questions arising from lecture material or laboratory experiments. Exams will contain multiple choice, short answer, matching, essay and experimental design questions. While approximately 50% of questions will be based on factual recall, the remaining 50% of each exam will be composed of questions that will require a “synthesis” of information or an “application” of knowledge to solve an unknown situation.

NOTES:
• Additional reading assignments/study guides may be given during lecture or posted to blackboard. Students are responsible for this information as well as that presented in class/textbook. You may AUDIO tape (but NOT VIDEO OR PHOTOGRAPH lectures/slides).
• The week before a major exam (IN LAB), take-home review questions may be available through Blackboard. These questions will be designed to test your understanding of physiological principles and may include clinical/case-study questions. Each major LAB exam may include questions picked from these take-home exercises.
  → You may use any resource available to you to answer these questions-textbook, reliable internet sources, library, or colleagues. However, these are take-home assignments-not take-Dr. Fohn assignments------ I will not answer these questions for you.

II. Determination of grade
Lecture: EXAM I + EXAM II + EXAM III  **  
3
Laboratory: EXAM I + EXAM II + EXAM III + Presentation Grade*  
4
*see III & IV below
** See V below

Final Course Grade = 0.60(Lecture Grade) + 0.40(Laboratory grade). Therefore, each lecture grade is worth 20% of your final grade and each lab grade is worth 10% of your final grade. **There will be an OPTIONAL, COMPREHENSIVE FINAL.** It may be used to replace any 1 grade. As exam III is a combined lecture/lab exam, it may only replace the lecture or lab portion of the grade, not the grade in both locations.

90-100=A  80-89.99=B  70-79.99=C  60-69.99=D  <59.99=F

III. Absences:
Lectures-Students may attend lectures at their own discretion; however, in accord with University policy, attendance will be taken at each class meeting. Attendance records are maintained purely for administrative reasons and will not be a direct negative factor in determining your final grade. Note, however, consistent lecture attendance generally proves beneficial to successful examination performance. It is highly unlikely that persons with sporadic attendance will be able to maintain a successful level of performance; they might find it more profitable therefore to devote their time and energy to other endeavors.

Laboratory-**Laboratory attendance is imperative.** Laboratory will stress the functional application of lecture knowledge and aid the student in grasping physiological principles.
Additionally, assignments from lab will count as points on the lab exams.

IV. Student Presentations

To save lecture time and still attempt to cover most of the organ systems, two laboratory sessions will be devoted to student presentations covering various aspects of gastrointestinal and reproductive/endocrine physiology. Presentation assignments will be made following the first lecture exam. Groups of 3-4 students will be randomly generated and randomly assigned a topic. Each group will be responsible for researching/organizing/presenting a 30 min PPT to the class. Each PPT should include a quick review of the relevant anatomy, an extensive discussion of physiology and an example of a common pathophysiology that demonstrates the importance of the topic/system. Each group will also be responsible for formulating questions + answers from which laboratory exam questions will be extracted. More information will be distributed on assignment day.

V. Make-up Work

Students are required to take all exams and to complete all assignments on time. Exceptions will be made only in rare and unusual circumstances and ONLY BY PRIOR ARRANGEMENT. THERE ARE NO EXCEPTIONS TO THIS RULE.

- If you are planning an absence on a lecture exam day for any reason, you must make arrangements to take the exam in advance of the planned absence.
- If you miss a lecture exam for any legitimate, unplanned reason you will be required to take a comprehensive make-up exam or a grade of zero (0) will be entered for the exam missed. The grade earned on the comprehensive exam will serve as the replacement for the missed exam.
- There will be one comprehensive exam given during the final exam period. This exam will cover any/all material presented and assigned from the beginning of the semester in both lecture and lab, and thus includes any material covered during any portion of the course.
- All students are required to take lecture/lab exam 3 as this represents 2 exams, and the comprehensive final may only replace one missed exam.

VI. Drop/Withdrawal Policy

The last day that a student may drop/withdraw from class without a grade is Thursday, October 31 (ie. these students will receive a W on their transcript). Any student remaining on the official role after this date will receive a grade.

VII. ACADEMIC DISHONESTY/PLAGIARISM

Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Academic Honor Code, which is contained in both print and web versions of the Student Handbook.

In short, it is the policy of Angelo State University that all students are expected to “engage in all academic pursuits in a manner that is beyond reproach” and to “maintain complete honesty and integrity in their experiences both in and out of the classroom.” Students in this class are expected to submit work in accord with the above stated guidelines. If a student is found to be submitting a completed assignment that is shown not to be their own, that student and the student(s) that allowed his/her work to be copied will not receive credit for the work in contention and will receive a zero for that assignment. Furthermore, any student observed by the instructor to be willfully copying from another student during an exam/quiz or otherwise engaged in using devices not allowed by the instructor during an examination will not receive credit for that examination/quiz and a grade of zero will be assigned. In each case of suspected academic dishonesty, the student will also be subject to further review and potential disciplinary action by the university which may involve dismissal from the course.
VIII. HANDICAPPING CONDITIONS/LEARNING DISABILITIES
Angelo State University prohibits willful acts of discrimination against those individuals with handicapping conditions or learning disabilities. If you believe that your success in the course is at risk due to either of these conditions, you are encouraged to consult with your instructor as early in the semester as possible so that appropriate arrangements can be instituted.

Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, (325) 942-2191 or (325) 942-2126 (TDD/FAX) or by e-mail at Student.Life@angelo.edu in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made. The instructor must receive a letter from Student Life describing the accommodations to be made at least one week prior to the assignments the student is requesting accommodation for.

For additional information on this policy, see OP 10.15 on the ASU website at http://www.angelo.edu/opmanual/.

IX. OBSERVATION OF RELIGIOUS HOLIDAY-
Angelo State University provides for the observation of religious holy days as follows:
1. “Religious holy day” means a holy day observed by a religion whose places of worship are exempt from property taxation under Texas Tax Code §11.20.
2. A student who intends to observe a religious holy day should make that intention known in writing to the instructor during the first week of the semester and one week prior to the absence. If this submission is completed, a student who is absent from classes for the observance of a religious holy day shall be allowed to take make up missed exams or assignments scheduled for that day in accordance with syllabus policy.

For additional information on this policy, see OP 10.19 on the ASU website at http://www.angelo.edu/opmanual/.

X. Title IX at Angelo State University
Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: www.angelo.edu/incident-form
Face to face: Mayer Administration Building, Room 210
Phone: 325-942-2022
Email: michelle.boone@angelo.edu

Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).

For more information about resources related to sexual misconduct, Title IX, or Angelo State’s policy please visit: www.angelo.edu/title-ix.
XI. REQUIREMENTS FOR HONORS CONTRACT CREDIT

Honors contract students will design and test a laboratory exercise for future use in the laboratory component of the general physiology course. The experiment/demonstration should exemplify an aspect of physiology covered in the course, but that is not currently performed as a wet method. The experiment should be suitable for being performed in one to two lab sessions (3-6 hours) by multiple, student groups. The honors student will query the literature/teaching websites, etc. and write-up a lab protocol including introduction, background and methods and discuss this protocol with the professor. Through this point, each student should work independently and submit an individual product. After this point, students may work in pairs or individually at the discretion of the student and faculty member. In consultation with the professor, the student(s) will then perform the experiment and provide feedback through an oral presentation (in lecture at the end of the semester) of the experiment and written summary. These presentations will address the methodology and findings of the experiment, advantages/disadvantages of this lab exercise, test questions/concepts that should be able to be answered/learned from the exercise, and potential modifications to improve its efficacy for teaching/student learning. This assignment will impact the lab portion (40% of the total grade) of the student’s grade as a fifth lab exam, such that each lab exam is worth 8%. Additional Honors Contract Project information will be posted in Blackboard. 

**Honors contract deadlines:**

1. **Tuesday, Sept. 3 by 5pm** - Notify me by email of your interest in completing this course by honors contract.
2. **Tuesday, Sept. 17 by 5 pm**-  
   a. Performed literature/teaching website query with 2 ideas of potential experiments to be performed with protocol overview and list of reagents that would be required, and emailed to instructor.  
   b. Must also have scheduled an appointment with me to discuss these findings.  
3. **Meet with Dr. Fohn by appointment. Meeting must have occurred by Friday, Sept 27 at noon.**  
4. **Fri, October 11** - Complete any additional paperwork (i.e. IACUC, etc); reagents ordered  
5. **Tuesday, November 19** - Experiments completed- Note: 10/8 or 10 and 10/29 or 31 are good lab weeks to work on experiments.  
6. **Tuesday, December 3** - Presentation Day. All written and presentation materials emailed to me by Monday, December 2 at 8am. 
7. **The instructor will formulate several questions from the presentation for inclusion on the final examination.**

Tardiness/failure to meet each of these deadlines will result in a half-letter grade (5 point) decrease in the grade for your honors project each day it is late. An honors project grade below 70% will result in loss of honors credit for the course.

XII. REQUIREMENTS FOR GRADUATE CREDIT

Students expecting graduate credit will be required to prepare a formal research report on any topic relevant to physiology (if currently working on a thesis topic, this subject should be of ancillary interest). For graduate students, these papers will be considered an additional lab grade (i.e. calculated into grade as a fifth lab exam- each lab exam now worth 8% of total grade). Papers should be type written, include a minimum of five (5) primary references and demonstrate an understanding and integration of these references. Papers may be turned in for preliminary review on or before Monday, October 21st. Papers will be critiqued, graded and returned within the next week. If the student is satisfied with that grade, it will be recorded. If the student wishes to improve his/her grade, the paper should be revised and turned in no later than Tuesday, Nov. 19 for a final grade.

Additionally, each student seeking graduate credit will be required to orally **present his/her research topic to the class on Dec. 3rd.** This presentation will be recorded as twenty-five percent (25%) of the paper grade. A **grade below 70% on this assignment (paper + presentation) will result in loss of graduate credit for the course.** The instructor will formulate several questions from the presentation for inclusion on the final examination.