PT 7550
Fundamentals of Physical Therapist Examination
Fall 2020

Instructor: Dr. Heather J. Braden, PT, MPT, PhD, GCS, Professor
Email: hbraden@angelo.edu
Phone: 325-942-2581
Office: HHS 224P
Office Hours: available upon request
Other Instructors:
  Dr. You-jou Hung, PT, MS, PhD
  Professor
  Office: HHS 224G, (325) 942-2742
  you-jou.hung@angelo.edu

  Dr. Teresa Huckaby, PT, DPT
  Assistant Clinical Professor
  Office: HHS 224F, (325) 942-2394
  teresa.huckaby@angelo.edu

Credit Hours: 4 lecture, 3 lab
Clock hours: 64 lecture hours; 48 laboratory hours

Course Information

Course Description
Course provides student physical therapists with skills necessary to recognize and select tests and measures commonly utilized in the collection of data during the examination of patients/clients referred for physical therapy in the acute care setting and in general health care settings. Appropriate test selection, characteristics of effective performance, data interpretation and documentation in professional formats will be practiced.

Course Credits
64 lecture hours; 48 laboratory hours
Prerequisite and Co-requisite Courses
Successful completion of previous DPT coursework

Prerequisite Skills
Accessing Internet websites, using ASU Library resources, and proficiency with Microsoft Word and PowerPoint are expectations of PT 7550.

Required Use of Masks/Facial Coverings by Students in Class at Angelo State University
As a member of the Texas Tech University System, Angelo State University has adopted the mandatory Facial Covering Policy to ensure a safe and healthy classroom experience. Current research on the COVID-19 virus suggests there is a significant reduction in the potential for transmission of the virus from person to person by wearing a mask/facial covering that covers the nose and mouth areas. Therefore, in compliance with the university policy students in this class are required to wear a mask/facial covering before, during, and after class. Faculty members may also ask you to display your daily screening badge as a prerequisite to enter the classroom. You are also asked to maintain safe distancing practices to the best of your ability. For the safety of everyone, any student not appropriately wearing a mask/facial covering will be asked to leave the classroom immediately. The student will be responsible to make up any missed class content or work. Continued non-compliance with the Texas Tech University System Policy may result in disciplinary action through the Office of Student Conduct.

In addition, permanent seating charts will be utilized each class day throughout the semester. Students will be assigned to the same laboratory/skills partner all semester. Contact tracing and student awareness of exposure to COVID-19 can be best traced for the safety of the students in this manner.

Program Outcomes
Upon completion of the program of study for the DPT Program, the graduate will be prepared to:

Student Learning Outcomes
1. Describe and administer each test, including manual muscle strength (7D19o), range of motion (7D19s), and basic mobility (7D19m), or measurement tool accurately and with precision. (6A, 7D19-20)
2. Identify the definition and purpose of specific tests or measures discussed in class. (7D19)

3. Select appropriate tests and measures based on history and systems review processes. (7D16-20)

4. Describe the types of data that may be generated by selected tests and measures. (7D20-21, 32)

5. Pursue and consider reliability and validity of data generated by tests and measures. (6A, 7D20)

6. Correctly interpret data collected to make reliable clinical judgments. (7D20-22)

7. Develop documentation of data in the appropriate professional format. (7D32)

8. Determine and explain test results to peers, patients/clients and other healthcare providers (7D20-22, 32)

9. Display (Demonstrate) generic abilities and professional behaviors. (7D16-22)

10. Discuss and participate in self-assessment and peer assessment activities. (7D16-20)

11. Demonstrate communication of assessment findings to a physical therapy assistant. (7D16-22, 32)

12. Discriminate between venous and arterial wounds using ABI, distal pulses, and girth measurements, wound description, blood flow, and causal relation for wound type. (7D19e, j)

13. Students will discriminate between normal (fluid retention) edema and edema associated with lymphedema, using patient history, palpation and stemmer’s sign. (7D19e)

14. Students will relate findings in wound measurement, location, size, history, to wound type and potential treatment options associated with type. (7D19e, j)

15. Complete static/dynamic balance assessment by demonstrating mastery in laboratory settings. (7D19d)

16. Demonstrate in lab the ability to assess joint integrity via passive motion and joint mobility via active motion to indicate presence or severity of an impairment. (7D19k)

17. Assess bed mobility, transfers, and locomotion by demonstrating mastery on practical exam. (7D19m)

18. Demonstrate muscle strength and length assessment in laboratory check off and practical exam. (7D19o)

19. Perform the 6 sections of the neurologic exam identifying the parts and the functions of the nervous system being tested. (7D19d,g,k,l,m,n,p,q,r,t,u)

   a. mental status
   b. cranial nerves
   c. motor exam
   d. reflexes
   e. coordination and gait
   f. sensory exam

20. Examine patient/client and respond effectively, including environmental emergencies, for the current practice setting.
Course Delivery
Instruction will include classroom lecture, case studies, laboratory practice, and interaction with peers as the common methods for presentation of course materials. Blackboard will be utilized to provide students with announcements and class materials in advance. Reading assignments for the texts will be listed in the course schedule. Additional readings may be posted on Blackboard as necessary. Students are responsible for the reading material and should be able to discuss and contribute to class discussions whenever appropriate. Quizzes will be given based upon readings. The faculty may provide additional reading assignments.

Required Texts and Materials
Norkin CC, White DJ. Measurement of Joint Motion. 5th ed; Philadelphia, PA: FA Davis; 2016

Recommended Texts and Materials
Pierson, FM, Fairchild, SL. Principles & Techniques of Patient Care. 6th ed; St. Louis, MO: Elsevier Inc.; 2017
APTA: Guide To Physical Therapy Practice (GTPTP), Version 3.0 online at guidetoptpractice.apta.org.

Technology Requirements
To successfully complete this course, students need to use of tools such as Respondus Lockdown Browser.

Communication
Faculty will respond to email and/or telephone messages within 24 hours during working hours Monday through Friday. Weekend messages may not be returned until Monday. All private communication will be done exclusively through your ASU email address. Check frequently for announcements and policy changes. In your emails to faculty, include the course name and section number in your subject line. Office hours and/or advising may be done with the assistance of the telephone or other methods when needed.

ACCIDENT/INCIDENT REPORTING:
Any student involved in a safety incident on ASU property or at an ASU related educational activity (e.g. accidental needle stick, fall, etc.) must immediately notify the course coordinator, clinical instructor and/or department chair. If the incident occurs after hours, all incidents must be reported to the University Police at 942-2071. A student Accident/Incident Report must be
completed no matter how insignificant the incident may appear. [See Appendix 15 of the Student Handbook for the form.]

**Grading**

**Evaluation and Grades**

Course grades will be determined as indicated in the table below.

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Percent/Points of Total Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Quizzes (1-2 points each)</td>
<td>5%</td>
</tr>
<tr>
<td>EXAM I-closed book, individual effort</td>
<td>15%</td>
</tr>
<tr>
<td>Exam II-closed book, individual effort</td>
<td>15%</td>
</tr>
<tr>
<td>Exam III (comprehensive)</td>
<td>20%</td>
</tr>
<tr>
<td>Skills/Practical Exam I</td>
<td>15%</td>
</tr>
<tr>
<td>Skills/Practical Exam II</td>
<td>15%</td>
</tr>
<tr>
<td>Documentation Project</td>
<td>15%</td>
</tr>
<tr>
<td>TOTAL</td>
<td>100%</td>
</tr>
</tbody>
</table>

**Grading System**

Course grades will be dependent upon completing course requirements and meeting the student learning objectives/outcomes.

The following grading scale is in use for this course: *(Minimal passing grade is 80%)*

**Students achieving less than 80% will be referred to the Academic Committee (See Student Handbook for Policy).**

- A = 90.00-100 points
- B = 80.00-89.99 points
- C = 70.00-79.99 points
- F = 0-69.99 points

Appropriate professional behaviors are required, and if not demonstrated, will affect your grade. Professional behaviors include contributing to group activities and participating in preparation activities and scheduled class sessions.

**Teaching Strategies**

Students are expected to be “active learners.” It is a basic assumption of the instructor that students will be involved *(beyond the materials and lectures presented in the course)*
discovering, processing, and applying the course information using peer-review journal articles, researching additional information and examples on the internet, and discussing course material and clinical experiences with their peers.

Assignment and Activity Descriptions

*Please note: Rubrics for assignments and activities are located at the end of this syllabus.

**Quizzes:** These **timed** quizzes cover materials from the required textbook chapters. The quizzes are open note, open book and materials, but they are an INDIVIDUAL effort. Complete the quizzes on your own with no classmates present. Pay close attention to which chapters are covered on each quiz. The quizzes are due by the due date as noted on the course schedule. You may submit quizzes early. Only one submission is allowed. Pay attention to the total time allowed to submit the quizzes, and submit prior to the time expiring.

**Documentation Assignment Submission:**
All assignments MUST be submitted through the Assignments link in the Blackboard site. This is for grading, documenting, and archiving purposes. Issues with technology use arise from time to time. SUBMIT ASSIGNMENTS EARLY to allow time to work through technology difficulties. If a technology issue does occur regarding an assignment submission, email me at hbraden@angelo.edu and attach a copy of what you are trying to submit. Please contact the IT Service Center at (325) 942-2911 or go to your Technology Support tab to report the issue. This lets your faculty know you completed the assignment on time and are just having problems with the online submission feature in Blackboard. Once the problem is resolved, submit your assignment through the appropriate link. This process will document the problem and establish a timeline. Be sure to keep a backup of all work.

**Late Work or Missed Assignments Policy**
Due dates and times for assignments are posted. Late assignments are not accepted without prior approval of faculty. Faculty reserve the right to deduct points for late assignments that are accepted past the original due date.

General Policies Related to This Course
All students are required to follow the policies and procedures presented in these documents:
- Angelo State University Student Handbook
- Angelo State University Catalog

**Student Responsibility and Attendance**
Attendance and promptness to classes, meetings, and future work obligations are considered professional behaviors. As this department is preparing potential professionals in the area of physical therapy, it is part of our expectation that student presence and timeliness will be held in highest regard. Tardiness is a disruption to the instructor and fellow students. A student is considered tardy if he/she arrives for class after the instructor has begun class activities. Please
see the following related to implications from excessive lateness or absences without a reasonable excuse:

a. First offense - verbal warning
b. Second offense - second verbal warning, initiation of Disciplinary Tracking Form.
c. Third offense - 1% off final course grade
d. 1% off final course grade for each additional unexcused tardy or absence

Per the student handbook, **2 or more occurrences combined or mixed will result in the initiation of a Disciplinary Tracking Form.**

If a student has an unexcused absence during integrations it may lead to the removal of that student from that clinical environment. It is the responsibility of the student to contact the clinical site and give notice if they are ill, or have transportation issues.

If the student is unable to attend class, it is the student’s responsibility to either call the PT office at 942-2545 or the office of the professor of the class directly. This notification should be made prior to commencement of said class.

Continued issues with tardiness/attendance across all courses will result in disciplinary probation and will be referred to the PT faculty for consideration of options, including program dismissal.

The PT faculty is not oblivious to doctor’s appointments and other potential hazards and emergencies in daily life. Simply taking responsibility to notify the office or the professor if issues arise is considered professional behavior. Please do not rely on a classmate or other form of notification, as these have proven unreliable in years past.

**ATTENDANCE AT ALL SCHEDULED EXAMINATIONS IS MANDATORY.** Any unexcused absence from an examination will automatically result in a score of ZERO for that examination. Any student absent from examinations due to illness or injury must have a written justification from their physician. **Absence from an examination for any other reason must be excused before the time of the scheduled examination** or brought about by a very serious circumstance. For excused absences only, make-up examinations must be taken no later than one week after the student returns to class. Extended absences must be approved by the Department Chair of Physical Therapy.

**Cell Phones:** Students must silence cell phones and place them out of sight during class. Permission may be granted, at the instructor's discretion, to have a cell phone out during class. Students seeking permission to have cell phones out during class must do so prior to the start of class. The first offense includes a verbal warning that will be documented in the behavioral tracking sheet. The second offense includes the initiation of a disciplinary tracking form. The third offense will result in the convening of a disciplinary committee to decide upon further disciplinary action.
**Technical Standards:** Enrolled students are expected to complete the academic and clinical requirements of the professional program. Please refer to Appendix 1 of the latest DPT Program Student Handbook for the technical standards of being a student physical therapist.

**Accommodations for Students with Disabilities**
ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student’s responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the [Student Disability Services website]. The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford  
Director of Student Disability Services  
Office of Student Affairs  
325-942-2047  
dallas.swafford@angelo.edu  
Houston Harte University Center, Room 112

**Academic Integrity**
Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university’s [Statement of Academic Integrity].

**Incomplete Grade Policy**
It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from
completing course work. Documentation may be required. See ASU Operating Policy 10.11 [Grading Procedures](#) for more information.

**Plagiarism**
Plagiarism is a serious topic covered in ASU’s [Academic Integrity policy](#) in the Student Handbook. Plagiarism is the action or practice of taking someone else’s work, idea, etc., and passing it off as one’s own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word-for-word without quotation marks and the source of the quotation. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list.

Papers are subject to be evaluated for originality. Resources to help you understand this policy better are available at the [ASU Writing Center](#).

**Student Absence for Observance of Religious Holy Days**
A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 [Student Absence for Observance of Religious Holy Day](#) for more information.

**Copyright Policy**
Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

**Syllabus Changes**
The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student’s responsibility to look for such communications about the course on a daily basis.

**Title IX at Angelo State University**
Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other
types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:
Online: www.angelo.edu/incident-form
Face to face: Mayer Administration Building, Room 210
Phone: 325-942-2022
Email: michelle.boone@angelo.edu

Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171). For more information about resources related to sexual misconduct, Title IX, or Angelo State’s policy please visit: www.angelo.edu/title-ix.

Course Schedule- Fundamentals for PT Exam (PT 7550)

May change at teacher’s discretion, and some content may be offered online.

<table>
<thead>
<tr>
<th>Week</th>
<th>General Topic Area</th>
<th>Assignments</th>
</tr>
</thead>
<tbody>
<tr>
<td>MUSCULOSKELETAL SYSTEM</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Aug 18 (HB, YH)</td>
<td>Introduction, Cervical Spine</td>
<td>N&amp;W Ch 11, D&amp;W Ch 3</td>
</tr>
<tr>
<td></td>
<td>TMJ, Head &amp; Face</td>
<td>N&amp;W Ch 13, D&amp;W Ch 7</td>
</tr>
<tr>
<td></td>
<td>Thoracolumbar Spine</td>
<td>N&amp;W Ch 12, D&amp;W Ch 4</td>
</tr>
<tr>
<td>Aug 20 (HB, YH)</td>
<td><strong>SPINE QUIZ DUE VIA BLACKBOARD 7 am BEFORE CLASS</strong> (11q, 1%)</td>
<td>N&amp;W Ch 5, D&amp;W Ch 5</td>
</tr>
<tr>
<td></td>
<td>Shoulder</td>
<td></td>
</tr>
<tr>
<td>Aug 25 (HB, YH)</td>
<td><strong>SHOULDER QUIZ VIA Bb 7 am BEFORE CLASS</strong> (26 q, worth 2%)</td>
<td>N&amp;W Ch 6, D&amp;W Ch 5</td>
</tr>
<tr>
<td></td>
<td>Elbow, Forearm</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Wrist &amp; Hand</td>
<td></td>
</tr>
<tr>
<td>Aug 27 (YH, HB)</td>
<td><strong>ELBOW &amp; WRIST/HAND QUIZ DUE on Bb before 7 am</strong> (20 q, 1%)</td>
<td>N&amp;W Ch 8, D&amp;W Ch 6</td>
</tr>
<tr>
<td></td>
<td>Hip</td>
<td></td>
</tr>
</tbody>
</table>
### Knee

Sept 1 (YH, HB)  **HIP & KNEE QUIZ DUE VIA Bb 7 am BEFORE CLASS** (17 q, 1%)  

**Foot & Ankle**  
N&W Ch 10, D&W Ch 6

### Sept 3 (HB, YH)

**Practical Skills Exam #1 (8:00-11:30) in HHS 210**

### Sept 8 (HB)

- Class of Function, Disability, Health  
- History, Systems Review  
- Cognition & Attention, Arousal & Behavior

### Sept 10 (HB)

- Palpation, Jt. Integrity  
- ROM/Flexibility  
- Intro to Goniometry  
- Intro to Strength/MMT

### Sept 15 (HB, YH)

- Posture  
- Body Mechanics & Ergonomics

### Sept 17 (YH, HB)

- LE Integration

### Sept 22 (HB)

**Written Exam #1 (8:00 am) via Respondus Monitor/Lockdown**

### Functional Mobility

### Sept 24 (HB)

- Terminology for transfer & mobility assist  
- Bed Mobility  
- Transfers

### Sept 29 (HB)

- Wheelchair Assessment

### Oct 1 (HB)

- Locomotion, Gait

### Oct 6 (HB)

- Balance, Falls

### Neurologic System

### Oct 8 (LW)

- Tone  
- Motor Function: Motor Control, Coordination
Oct 13 (LW) Cranial & Peripheral Nerves GTPTP
Sensory Integrity GTPTP
Pain GTPTP
Reflex Integrity GTPTP

Oct 15 (HB, YH) Skills Exam #2 (8:00-11:30 am) in HHS 210

Oct 20 Written Exam #2 (8:00 am) Respondus Monitor Lockdown

DOCUMENTATION
Oct 22 (TH) Documentation - Fundamentals and ICF model
IE: Reason for Referral, Activities, Impairments

Oct 27 (TH) Documentation - Assessment, Goals, Intervention Plan, Daily notes, Discharge summaries

ADAPTATIONS & ADLS
Oct 29 (HB) Assistive & Adaptive Devices GTPTP

Nov 3 (HB) Mobility w AD GTPTP

Nov 5 (HB) Mobility w AD (Part 2) GTPTP
****Documentation Initial Eval and Daily Note due****

Nov 10 (HB) ADL, Self-Care, & Home Management GTPTP

Nov 12 (HB) IADL, Work, Community, Integration GTPTP

INTEGUMENTARY SYSTEM
Nov 17 (KM) Circulation GTPTP
Integument GTPTP
Edema, Anthropometrics GTPTP
Lymphedema

SATURDAY Nov 21 Final Exam (Comprehensive) via Respondus Monitor/Lockdown
*****8:00 am – 10:00 am*****
Grading Rubrics

Practical/Skills Exam I Grading Criteria
3 points- no assistance needed
2 points- verbal assist x 1 for pt position, hand placement, resistance/device
1 point- verbal assist x 2
0-unable to perform

MMT #1________________________________

MMT #2________________________________

MMT #3________________________________

ROM #1________________________________

ROM #2________________________________

Total:______/ 15 possible points

Practical/Skills Exam II Grading Criteria
5 points- no assistance needed
4 points- verbal assist x 1 for position, hand placement, technique
3 points- verbal assist x 2
2 points- verbal assist x 3
1 point- completed task with >3 assists

Sensory Exam or Reflex Testing______________________

________________________________________________

Bed Mobility or Transfers (level of assistance score by PT)

________________________________________________

W/C measure, Gait impairment, or balance scale interpretation

________________________________________________

Total:______/ 15 possible points

Student Evaluation of Faculty and Course
Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and
pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences. Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

Student Learning Objectives that are Essential or Important for this PT 7550 course are the following:

1. Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)
2. Learning to apply course material (to improve thinking, problem solving, and decisions)
3. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
4. Learning to apply knowledge and skills to benefit others or serve the public good

1 https://www.angelo.edu/student-handbook/
2 https://www.angelo.edu/catalogs/
3 https://www.angelo.edu/services/disability-services/
4 https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php
5 https://www.angelo.edu/content/files/14197-op-1011-grading-procedures
6 https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php
7 https://www.angelo.edu/dept/writing_center/academic_honesty.php
8 https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of