Course Description
This course provides an overview and rationale for the inclusion of people who are in general marginalized from recreation and leisure activities based on issues of ability and disability. This course encourages students to think critically, understand contexts, reflect, and take action.

Course Objectives & Student Learning Outcomes
By the end of the course a student should be able to:

- Describe characteristics of a Sport, Fitness, and Recreation for Special Populations.
- Demonstrate understanding of a specific type of diagnosis.
- Identify assessment tools and techniques.
- Know a variety of potential interventions to reach outcome goals.
- Display ability to design interventions consistent with diagnosis and based on client need, activity and task analysis, client strengths and limitations, precautions and /or constraints, while considering client age and cultural background.
- Understand ways to promote Sport, Fitness, and Recreation for Special Populations within the community where one lives.

Required Texts/Readings

Classroom Setting and Conduct
It is expected that students who enroll in this class are mature and self-motivated. This is not a lecture-based class; instead, it is seminar based and so we will spend time in discussion concerning our readings, their interconnectedness, and your personal perspectives on the readings.

Students with Disabilities:
Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.

Students with disabilities who request reasonable accommodations must meet with the Course Coordinator within the first week of classes. Reasonable accommodations will be provided as authorized by the Office of Student Life as long as course requirements are not compromised. Faculty will provide no accommodations without authorization from the Office of Student Life. It is the student’s responsibility to be a self-advocate when requesting accommodations.

Attendance
You are expected to attend each class and to be on time both at the beginning of class and after breaks. Since class meets only once per week, an absence means that a student will miss a significant amount of material. Students are responsible for anything that happens in class during their absence. Notify the instructor at least one week in advance if you have a scheduling conflict that will cause you to miss class. Missing class influences your grade.
Officially sanctioned college activities (athletics and competing academic duties) may be considered permissible absences if the student shows official documentation to the instructor a class period in advance of the absence.

Observance of a religious holy day may be considered permissible absences pending verification.

Academic Integrity

It is not acceptable to take ideas or words of another person and pass them off as one's own. All students at Angelo State University are responsible for knowing the rules governing academic conduct (dishonesty, plagiarism, etc...). The complete code of student rights and responsibilities is available at https://www.angelo.edu/forms/pdf/Honor_Code.pdf

Any evidence of academic misconduct will be referred to the College judicial system.

Cheating: Students will avoid all forms of cheating. Cheating includes but is not limited to giving or receiving answers on assignments and tests or using any materials or aids pertinent to assignments and tests without permission of instructor. Plagiarism would be a serious form of cheating.

Plagiarism: Plagiarism means offering the work of someone else as your own. This may range from isolated sentences or paragraphs to entire articles copied from books, periodicals, the web, or the writings of other students. Honesty requires that any material taken from another source for either written or oral use must be acknowledged. Any student who fails to give credit for ideas or materials obtained from another source is guilty of plagiarism.

Grading System

1. You call it Paper 100 Due:
2. Reflection Videos (Walkabout, The Ringer) 200 Due:
3. Project Diagnostic 100 Due:
4. Project Diagnostic Presentation 100 Due:
5. Sport, Fitness, Recreation Plan 150 Due:
6. Adapted Equipment Presentation 100 Due:
7. Professionalism 100
8. 2 Activity & Debriefs 100
9. Meeting with Dr. D 50
TOTAL POINTS 100
Course Requirements
1. Learning Activities/Participation
As a seminar based course, student participation is of utmost importance. I expect all of you to have full participation each class period. Outside of this required participation, I may also assess participation by announced and un-announced quizzes, cooperative learning assignments, reflection papers, and short activities completed in and out of class. Each assignment will be worth points towards your final grade.

2. Reflection Videos
10 minute reflection Videos based off of our in class activities. Posted in FlipGrid; link in Blackboard.

3. Project Diagnostic
Choose a specific type of disability. Prepare a paper on the diagnosis that include: 1) description of the disorder; 2) cause(s); 3) assessment of adaptations for S, F, R; 4) problems encountered (motor, sensory, cognitive, intrapersonal, interpersonal, self-care, performance, recreation/leisure); 5) possible accommodations; 6) charting components—what to look for in client behavior; 7) references— a minimum of four. This paper should be no less than 5 pages.

4. Project Diagnostic Presentation
A goal of the course is for you to try your hand at a practice simulation and to get feedback on your approach and your skill in implementing it. This assignment will build upon the treatment/rehabilitation/care plan assignment by demonstrating at least one of the interventions that you described in your plan. In addition to the plan you will create a tool or piece of equipment that is directly related to your project. This will be presented in class for peer review.

5. Sport, Fitness, Recreation Plan
The S, F, R plan based off of your project diagnostic. Please let research evidence guide your treatment plan. In addition, please use research evidence as a way to justify your treatment plan. Introduce “Interventions” and then bring research evidence and theory(ies) after that. You may use the following terms as sub-titles: “Research Evidence” and “Guiding Theory(ies).” The paper should be from 7 to 8 pages in length (use your diagnostic as the basis). Also include a tool or piece of equipment that you have modified or created that will assist your plan.

6. Adapted Equipment Presentation
You will create a piece of equipment that will be used in your plan. You can create something completely new or you can adapt a current piece of equipment.

7. Professionalism: Discussed 1st class period.

8. Activity & Debrief
You and a partner will create an activity to teach a larger lesson related to the course. Pending instructor approval.
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<td>Watch “The Ringer” and class discussion</td>
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Course Syllabus Statement on Required Use of Masks/Facial Coverings by Students in Class At Angelo State University

As a member of the Texas Tech University System, Angelo State University has adopted the mandatory Facial Covering Policy to ensure a safe and healthy classroom experience. Current research on the COVID-19 virus suggests there is a significant reduction in the potential for transmission of the virus from person to person by wearing a mask/facial covering that covers the nose and mouth areas. Therefore, in compliance with the university policy students in this class are required to wear a mask/facial covering before, during, and after class. Faculty members may also ask you to display your daily screening badge as a prerequisite to enter the classroom. You are also asked to maintain safe distancing practices to the best of your ability. For the safety of everyone, any student not appropriately wearing a mask/facial covering will be asked to leave the classroom immediately. The student will be responsible to make up any missed class content or work. Continued non-compliance with the Texas Tech University System Policy may result in disciplinary action through the Office of Student Conduct.

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Rams & Rambelles do not lie, steal or cheat or tolerate those who do.

“Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Student Handbook.”

Academic Support Services https://www.angelo.edu/dept/freshman-college/academic-tutoring.php

Academic Tutor Center https://www.angelo.edu/dept/freshman-college/academic-tutoring.php

Writing Center https://www.angelo.edu/dept/writing_center/

Math Lab https://www.angelo.edu/dept/freshman-college/math-lab.php

Supplemental Instruction https://www.angelo.edu/dept/freshman-college/supplemental-instruction.php

Upswing https://angelo.upswing.io/

Student Absence for Observance of Religious Holy Days

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for Observance of Religious Holy Day for more information.

Title IX at Angelo State University

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual
Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex. You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: [www.angelo.edu/incident-form](http://www.angelo.edu/incident-form)  
Face to face: Mayer Administration Building, Room 210  
Phone: 325-942-2022  
Email: michelle.boone@angelo.edu  

Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).

For more information about resources related to sexual misconduct, Title IX, or Angelo State’s policy please visit: [www.angelo.edu/title-ix](http://www.angelo.edu/title-ix).