

# Nursing 3410

## Adult Health I

### Spring2021

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#### **Instructor: Jacqueline Velez, RN, MSN**

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**Office:** HHS 318A-1

**Office Hours:**

Virtual Hours

**By appointment**

## **Course Information**

### **Course Description**

This course examines nursing care of patients with common medical, surgical, and psychiatric conditions. Students learn theories, research, and standards of care that are related to common disease processes and conditions.

### **Course Credits**

**Four Semester Credit Hours (4-0-0)**

### **Prerequisite and Co-requisite Courses**

Adult Health Practicum NUR 3220

### **Prerequisite Skills**

Accessing internet web sites, use of ASU Library resources, and proficiency with Microsoft Word and/or PowerPoint are an expectation of the Generic BSN program. Computer requirements are further delineated in the Department of Nursing Undergraduate Student Handbook. Tutorials for ASU Library and for Blackboard are available through RamPort. The ASU Nursing Program Undergraduate Student Handbook should be reviewed before taking this course (<http://www.angelo.edu/dept/nursing/handbook/index.html>).

## BSN Program Outcomes

Upon completion of the program of study for the Generic BSN, the graduate will be prepared to:

1. Integrate nursing and related theories into the planning and/or delivery of safe nursing care.
2. Engage leadership concepts, skills and decision-making in the planning and/or implementation of patient safety and quality improvement initiatives.
3. Identify and appraise best research evidence to improve and promote quality patient outcomes.
4. Utilize technology to access information, evaluate patient data and/or document care.
5. Participate in political/legislative processes to influence healthcare policy.
6. Engage in effective collaboration and communication within interdisciplinary teams.
7. Design and/or implement health promotion & disease prevention strategies for culturally competent care.
8. Demonstrate standards of professional, ethical, and legal conduct.
9. Practice and/or coordinate, at the level of the baccalaureate prepared nurse, to plan and/or implement patient centered care.

## Student Learning Outcomes

<b>Student Learning Outcome</b> By completing all course requirements, students will be able to:	<b>Assignment(s) or activity(ies) validating outcome achievement:</b>	<b>Mapping to BSN Program Outcomes</b>	<b>Mapping to BSN Essentials</b>	<b>Mapping to QSEN</b>
<b>1.</b> Discuss standards of care and other evidence as a basis for planning patient-centered, culturally appropriate care.	Class Discussion & Activities, Quizzes, and Exams	3, 6	III, IV, IX	EBP, QI, S
<b>2.</b> Explain how professional standards, ethical principles, and legal regulations undergirds safe, effective, quality care for adults with common health problems.	Class Discussion & Activities, Quizzes, and Exams	2, 6	II, III, IV	PCC, TC, S
<b>3.</b> Apply knowledge of common diseases, conditions, and surgical processes to strategies for risk reduction, health	Class Discussion & Activities, Quizzes, and Exams	1, 2, 3, 6	IV, VII, IX	PCC, EBP, TC, S

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promotion, preventive care and patient teaching.				
<b>4.</b> Use information technology in planning care that is evidence-based, culturally appropriate and patient-centered.	Class Discussion & Activities, Quizzes, and Exams	3, 4, 5	II, III, IV	PCC, TC, S
<b>5.</b> Describe advocacy and quality improvement strategies to implement change aimed at enhancing effectiveness, safety and quality of care.	Class Discussion & Activities, Quizzes, and Exams	1, 2, 4, 6	I, II, VIII, IX	PCC, TC, S

## Course Delivery

This is a hybrid class, face-to-face delivery course that meets on Tuesdays and Thursdays 11:00 – 12:50 while those not in class will meet via collaborate simultaneously. If you are a Monday clinical group, you will attend face to face on Tuesday. If you are a Wednesday clinical group, you will attend face to face on Thursday. If you would prefer to attend online for the semester in the place of hybrid, I will need to know in advance and you will need to sign a waiver. **There cannot be more than 25 students in room 110 and all students are required to wear a face mask. Enter through the appropriate door labeled “Enter” and exit through the appropriate door labeled “Exit”. Maintain social distancing of 6 feet at all times.**

## Required Texts and Materials

Hoffman, J.J. & Sullivan, N.J. (2017). *Medical-surgical nursing: Making connections to practice*. Philadelphia: F.A. Davis Company.  
ISBN: 978-0-8036-4417-5

## Recommended Texts and Materials

NCLEX Review Book of your choice  
 Drug Handbook of your choice  
 Nursing Diagnosis Handbook of your choice  
 Medical Dictionary of your choice

## Technology Requirements

- Computer with MAC or Windows Operating System
- High Speed Internet Access
- Refer to Angelo State University's Distance Education website for further technology requirements: [http://www.angelo.edu/distance\\_education/](http://www.angelo.edu/distance_education/)

## To participate in one of ASU's distance education programs, you need this technology:

- A computer capable of running Windows 7 or later, or Mac OSX 10.8 or later
- The latest version of one of these web browsers: internet Explorer, Firefox, or Safari
- Microsoft Office Suite or a compatible Open Office Suite
- Adobe Acrobat Reader
- High Speed Internet Access
- Ethernet adapter cable required (wireless connections can drop during tests and Collaborate sessions)
- Webcam

Refer to Angelo State University's Distance Education website for further technology requirements: [Angelo State University's Distance Education Website](#)

## Topic Outline

Posted in Blackboard under Course Documents.

## Communication

Faculty will respond to email and/or telephone messages within 24 hours during regular business hours Monday through Friday. Weekend messages may not be returned until the first 24 hour period upon return to regular business hours.

*Written communication via email:* All private communication will be done exclusively through your ASU email address. Check frequently for announcements and policy changes.

### **Use Good "Netiquette":**

- Check the discussion frequently and respond appropriately and on subject.
- Focus on one subject per message and use pertinent subject titles.
- Capitalize words only to highlight a point or for titles. Otherwise, capitalizing is generally viewed as SHOUTING!
- Be professional and careful with your online interaction. Proper address for faculty is by formal title such as Dr. or Ms./Mr. Jones unless invited by faculty to use a less formal approach.
- Cite all quotes, references, and sources.
- When posting a long message, it is generally considered courteous to warn readers at the beginning of the message that it is a lengthy post.
- It is extremely rude to forward someone else's messages without their permission.

- It is fine to use humor, but use it carefully. The absence of face-to-face cues can cause humor to be misinterpreted as criticism or flaming (angry, antagonistic criticism). Feel free to use emoticons such as J or :) to let others know you are being humorous. (The "netiquette" guidelines were adapted from Arlene H. Rinald's article, The Net User Guidelines and Netiquette, Florida Atlantic University, 1994, available from Netcom.)

## Grading

### Evaluation and Grades

Course grades will be determined as indicated in the table below.

Assessment	Percent/Points of Total Grade
Unit Exams (3) at 22% each	66
ATI Proctored Exam (must have completed practice tests A & B to take proctored exam)	4
Comprehensive Final Exam	30
Total	100%

### Grading System

Course grades will be dependent upon completing course requirements and meeting the student learning outcomes.

The following grading scale is in use for this course:

A = 90.00-100 points

B = 80.00-89.99 points

C = 70.00-79.99 points

D = 60.00-69.99 points

F = 0-59.99 points

**\*\*\*Grades are not rounded up\*\*\***

***Note: Students must successfully complete NUR 3410 & NUR 3220 simultaneously to receive credit in either course. NUR 3410 must be successfully completed to progress. All grades to include final course grade, assignments, and exams are not rounded up to the nearest whole number.***

### Teaching Strategies and Methods

- Class lecture and discussion
- Case studies

- Assigned readings
- Class Activities
- ATI Assignment
- ATI Exam
- Unit Exams
- Comprehensive Final Exam
- Students are expected to be “active learners.” It is a basic assumption of the instructor that students will be involved (**beyond the materials and lectures presented in the course**) discovering, processing, and applying the course information using peer-review journal articles, researching additional information and examples on the Internet, and discussing course material and clinical experiences with their peers.

## Assignment and Activity Descriptions

**\*Please note: Rubrics for all assignments and activities are located at the end of this syllabus.**

**EXAMS:** All unit exams and the comprehensive final exam will be paper and pencil using a scored scantron form. Scantron forms will be provided for you. Students should have memorized their CID number to utilize as identification on the scantron forms. Students will need to provide a number 2 pencil for all exams. All exams will be given in a proctored environment. The scheduled dates of all exams are listed on the course calendar and will take place during assigned class times. **Provided we are permitted to remain on campus all semester.**

**ATI Exam:** The ATI Fundamentals content exam is a computer based exam administered through the ATI environment. The proctored examination will be taken in the testing center in a proctored environment during assigned time. Students will be required to complete 2 ATI practice assessments with focused review and the ATI Fundamentals proctored examination. Due to the nature of this exam there are NO make-up options and you will receive zero credit if you miss the ATI exam

**POLICY ON MISSED EXAMS/ASSIGNMENTS:** If you miss an exam or assignment, you will receive a zero for the missed item unless you have made previous arrangements with the instructor. You must take the final exam on the assigned day. You will fail the course if you miss the final exam.

**POLICY ON EXAM REVIEWS:** Exam reviews will be provided for exams 1, 2, and 3 only. The comprehensive final exam will not be reviewed. Exam reviews will be held the class period following the exam. Exam reviews are mandatory for the student. During exam reviews, all students must leave all personal belongings at the door. The student will be allowed to review every question, option, and correct answer on the exam. There will be faculty present to answer questions during the exam review. Once a student has completed an exam review, no request to review that same exam will be granted for the remainder of the semester. This is the

student's window of opportunity to review their exam and ask questions and receive feedback from the instructor. **Provided we are permitted to remain on campus all semester.**

**EXTRA CREDIT: No extra credit is available for this course.**

### **Assignment Submission**

All assignments MUST be submitted through the Assignments link in the Blackboard site. This is for grading, documenting, and archiving purposes. Issues with technology use arise from time to time. If a technology issue does occur regarding an assignment submission, email me at [jchappell@angelo.edu](mailto:jchappell@angelo.edu) and attach a copy of what you are trying to submit. **Please contact the IT Service Center at (325) 942-2911 or go to your Technology Support tab to report the issue.** This lets your faculty know you completed the assignment on time and are just having problems with the online submission feature in Blackboard. Once the problem is resolved, submit your assignment through the appropriate link. This process will document the problem and establish a timeline. Be sure to keep a backup of all work.

### **Late Work or Missed Assignments Policy**

Exam dates and assignment due dates are on the course calendar posted within Blackboard. Late assignments are not accepted without prior approval of faculty and will receive a zero.

## **General Policies Related to This Course**

Academic honesty is expected on all work. Students are expected to maintain complete honesty and integrity in their educational experiences. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU. All codes and policies are set forth in the University Student Handbook of Angelo State University <http://www.angelo.edu/student-handbook/> as well as the Department of Nursing Undergraduate Student Handbook <http://www.angelo.edu/dept/nursing/handbook/index.html>

All students are required to follow the policies and procedures presented in these documents:

- [Angelo State University Student Handbook](#)<sup>1</sup>
- [Angelo State University Catalog](#)<sup>2</sup>
- [Undergraduate Nursing Student Handbook](#)<sup>3</sup>

### **Important University Dates**

Jan 25	First Day of Semester
April 2	University closed
Apr 30	Last day to drop a class or withdraw
May 14	Last day of Semester

## Student Responsibility and Attendance

**LECTURE:** Class attendance is necessary and required for successful and satisfactory completion of all course objectives; therefore, students must attend all course sessions. If a situation arises that prevents the student from attending, he or she should contact the instructor.

According to the undergraduate handbook, “a week’s worth of cumulative absences in any one course will result in faculty evaluation of the student’s ability to meet course objectives and may result in failure of the course. Three tardies (over 5 minutes late for lecture, campus laboratory, or clinical) will equal 1 hour of absence.” Failure to meet these requirements hinders the student's ability to complete the course. Attendance will be checked for each lecture.

## Student Absence for Observance of Religious Holy Days

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for [Observance of Religious Holy Day<sup>4</sup>](#) for more information.

## Academic Integrity

Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university’s [Statement of Academic Integrity<sup>5</sup>](#)

## Plagiarism

Plagiarism at ASU is a serious topic. The Angelo State University’s Honor Code gives specific details on plagiarism and what it encompasses. Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word for word without quotation marks and the source of the quotation. We use the *APA Style Manual of the American Psychological Association* as a guide for all writing assignments. Quotes should be used sparingly. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list. Papers are subject to be evaluated for originality via Bb Safe Assignment or Turnitin. Resources to help you understand this policy better are available at the ASU Writing Center [http://www.angelo.edu/dept/writing\\_center/academic\\_honesty.php](http://www.angelo.edu/dept/writing_center/academic_honesty.php).

## **Social Media Policy**

The Angelo State University Nursing Program supports the use of social media in personal/nonacademic or non-professional contexts. Students may encounter confidential information within the academic or patient care environment during clinical practicum and must demonstrate professional behaviors and communication. Consistent with Code of Ethics for Nurses with Interpretive Statements [ANA, 2001], Nursing: Scope and Standards of Practice [ANA, 2nd ed., 2010], Nursing's Social Policy Statement [ANA, 2010] and the ASU Confidentiality Statement all students sign at the beginning of their program, it is the Students' responsibility to refrain from the following:

- Uploading images/videos of yourself in a clinical environment or uniform\*
- Discussing patients, visitors, vendors, or organizational partners
- Talking about physicians, hospital/facility/clinical staff
- Discussing clinical events or news stories involving clinical partners
- Giving medical advice online
- 'Friending' or requesting to friend patients (even when they are no longer patients), Department/College faculty, or staff.
- The only exceptions are individual or group photos of the clinical group and faculty.

ASU nursing faculty reserves the right to order the immediate removal of inappropriate items (HIPPA violations, etc.) that are posted on a student's social media site. Students preparing to enter the nursing workforce have a professional obligation to understand the nature and consequences of participating in social networking of all types [blogs, Twitter, Facebook, etc.]. Patient privacy is a fundamental ethical and legal obligation of nurses. Although social networking venues offer opportunities for mentoring and sharing needed health related education and information among colleagues and the lay public it also presents risk. The use of privacy settings and the separation of personal from professional information is not guaranteed from being shared or made public in less protected forums. Online content and behavior has the potential to enhance or undermine the individual student's career and/or the academic institution they attend. Students should consider the 'unintended consequences' of any information they share outside the context in which it was learned. [adapted from Principles: Social Networking and the Nurse [Draft 25 April 2011], American Nurses Association]

## **Course Syllabus Statement on Required Use of Masks/Facial Coverings by Students in Class At Angelo State University**

As a member of the Texas Tech University System, Angelo State University has adopted the mandatory Facial Covering Policy to ensure a safe and healthy classroom experience. Current research on the COVID-19 virus suggests there is a significant reduction in the potential for transmission of the virus from person to person by wearing a mask/facial covering that covers the nose and mouth areas. Therefore, in compliance with the university policy students in this class are required to wear a mask/facial covering before, during, and after class. Faculty members may also ask you to display your daily screening badge as a prerequisite to enter the classroom. You are also asked to maintain safe

distancing practices to the best of your ability. For the safety of everyone, any student not appropriately wearing a mask/facial covering will be asked to leave the classroom immediately. The student will be responsible to make up any missed class content or work. Continued non-compliance with the Texas Tech University System Policy may result in disciplinary action through the Office of Student Conduct.

## **Accommodations for Students with Disabilities**

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at [ADA@angelo.edu](mailto:ADA@angelo.edu). For more information about the application process and requirements, visit the [Student Disability Services website](#).<sup>6</sup> The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford  
Director of Student Disability Services  
Office of Student Affairs  
325-942-2047  
[dallas.swafford@angelo.edu](mailto:dallas.swafford@angelo.edu)  
Houston Harte University Center, Room 112

## **Incomplete Grade Policy**

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 [Grading Procedures](#)<sup>7</sup> for more information.

## **Copyright Policy**

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

## Syllabus Changes

The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.

**Please remain flexible throughout the semester as we continue to deal with changes due to the pandemic.**

## Nursing Weblinks

- [Board of Nursing for the State of Texas](#)<sup>8</sup>
- [BSN Student Resources](#)<sup>9</sup>

## Title IX at Angelo State University

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: [www.angelo.edu/incident-form](http://www.angelo.edu/incident-form)

Face to face: Mayer Administration Building, Room 210

Phone: 325-942-2022

Email: [michelle.boone@angelo.edu](mailto:michelle.boone@angelo.edu)

*Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-*

942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).

For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: [www.angelo.edu/title-ix](http://www.angelo.edu/title-ix).

## Course Schedule

Found under Course Documents on blackboard

## Grading Rubrics

## Student Evaluation of Faculty and Course

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.

Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

1. Gaining a basic understanding of the subject (e.g. factual knowledge, methods, principles, generalizations, theories)
2. Developing knowledge and understanding of diverse perspectives, global awareness, or other cultures
3. Learning to apply course material (to improve thinking, problem solving, and decisions)
4. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
5. Acquiring skills in working with others as a member of a team
6. Developing creative capacities (inventing; designing; writing; performing in art, music, drama, etc.)
7. Gaining a broader understanding and appreciation of intellectual/cultural activity (music, science, literature, etc.)
8. Developing skill in expressing oneself orally or in writing
9. Learning how to find, evaluate, and use resources to explore a topic in depth
10. Developing ethical reasoning and/or ethical decision making
11. Learning to analyze and critically evaluate ideas, arguments, and points of view
12. Learning to apply knowledge and skills to benefit others or serve the public good
13. Learning appropriate methods for collecting, analyzing, and interpreting numerical information

## End of Syllabus

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- <sup>1</sup> <https://www.angelo.edu/student-handbook/>
- <sup>2</sup> <https://www.angelo.edu/catalogs/>
- <sup>3</sup> <https://www.angelo.edu/dept/nursing/handbook/index.php>
- <sup>4</sup> <https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of>
- <sup>5</sup> <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>
- <sup>6</sup> <https://www.angelo.edu/services/disability-services/>
- <sup>7</sup> <https://www.angelo.edu/content/files/14197-op-1011-grading-procedures>
- <sup>8</sup> <https://www.bon.texas.gov/>
- <sup>9</sup> [https://www.angelo.edu/dept/nursing/student\\_resources/undergrad\\_info.php](https://www.angelo.edu/dept/nursing/student_resources/undergrad_info.php)