Theories of Personality
Summer I 2021

Instructor: Leslie J. Kelley, Ph.D.
Email: Leslie.Kelley@angelo.edu
Dept. Phone: 325-486-6167
Dept. Office: ADM 204H
Office Hours: Wed. 8:00-10:00am

Course Information

Course Description
A study of the theories of personality formation and development. Considers the individual as a social and biological organism and relates both sets of factors to the development of personality.

Course Credits
3 credit hours

Prerequisite Courses
PSY 2301 General Psychology

Prerequisite Skills
Accessing Internet websites, using ASU Library resources, and proficiency with Microsoft Word and PowerPoint are expectations of the psychology and sociology program.

Course Delivery
This is an online course offering. The course will be delivered via the Blackboard Learning Management System. The course site can be accessed at ASU's Blackboard Learning Management System.
Required Texts and Materials
All course readings will be provided online as PDFs or Word documents. You will need to purchase access to a personality assessment through www.understandmyself.com for one of your assignments, which will be further described below.

Student Learning Outcomes

<table>
<thead>
<tr>
<th>Student Learning Outcome</th>
<th>Assignment(s) or activity(ies) validating outcome achievement</th>
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</thead>
<tbody>
<tr>
<td>Use critical and creative thinking, skeptical inquiry, and, when possible, the scientific approach to solve problems related to behavior and mental processes.</td>
<td>All readings and assignments</td>
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<tr>
<td>Analyze behavior and mental processes that are caused consciously and unconsciously.</td>
<td>All readings and assignments</td>
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<tr>
<td>Describe and explain individual similarities and differences.</td>
<td>All readings and assignments</td>
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<tr>
<td>Interpret the actions of self and others in terms of personality qualities.</td>
<td>All readings and assignments</td>
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Technology Requirements
To participate in one of ASU’s distance education programs, you need this technology:

- A computer capable of running Windows 7 or later, or Mac OSX 10.8 or later
- The latest version of one of these web browsers: internet Explorer, Firefox, or Safari
- Microsoft Office Suite or a compatible Open Office Suite
- Adobe Acrobat Reader
- High Speed Internet Access
- Ethernet adapter cable required (wireless connections can drop during tests and Collaborate sessions)
- Webcam

Refer to Angelo State University’s Distance Education website for further technology requirements: Angelo State University’s Distance Education Website
Testing via Respondus™ Monitor

Access to Exams will be through Respondus™ Lockdown Browser and will be video recorded via Respondus™ Monitor [See Other Required Materials for a list of needed equipment]. Use of another electronic device is prohibited.

There is a practice quiz: a short 10 question quiz over ASU trivia that is not graded. Students are required to complete this practice quiz in advance of taking a graded quiz. This process will allow you to become familiar with the technology associated with testing and improve the testing environment. The practice quiz, instructional videos, and more information regarding Respondus Monitor can be found under the Respondus Monitor Help tab in your Blackboard course.

**NOTE:** You must complete the Practice Test under the Respondus Monitor Tab for Exam 1 to be released to you!

### Tentative Schedule & Topic Outline

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic &amp; Required Reading</th>
<th>General Description of Subject Matter <em>Assignments Due</em></th>
</tr>
</thead>
</table>
| 6/7  | Trendelenburg: Contribution… | What is Personality?  
A Conversation about the Human Person: Struggle, Horizon, & Destiny |
| 6/8  | Eliade: Heroic & Shamanic... | The Spiritual:  
Mythological and Religious Images (Tripartite Soul)  
Plato & Augustine |
|      | Plato: The Chariot Metaphor  
Wojtyla: Person as Subject/Object |  |
| 6/9  | Rychlak: Dialectic v. Demonst... | Rational & Philosophical Accounts  
Aristotle, Thomas, & the Domains of Personality |
|      | Maritain: The Aims of Education |  |
| 6/10 | Von Balthasar: Idealism  
Rychlak: Fundamental Dimensions of Theoretical… | The Soul & Morality:  
Modernity: Idealism & Realism  
Is Personality Created (learned) or Received (innate)?  
Creativity & One’s Role in your own Personality |
| 6/11-6/12 | Allport & Oddbert: Trait Names  
Ryckman: Introduction  
Ryckman: Ch. 8 (Allport) | Introduction to Trait Theories  
*Quiz #1 due 11:59pm 6/12* |
|      | Quiz #1 |  |

**Thursday, June 10th**

Census—Official Date of Record (“W” period starts 6/11)
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Perspective</th>
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<tbody>
<tr>
<td>6/14:</td>
<td>Von Balthasar: Freud</td>
<td>Depth Psychology – Freud</td>
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<tr>
<td></td>
<td>Selections of Freud</td>
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<tr>
<td>6/15:</td>
<td>Von Balthasar: Jung</td>
<td>Depth Psychology – Jung</td>
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<tr>
<td></td>
<td>Selections of Jung</td>
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<tr>
<td>6/16:</td>
<td>Von Balthasar: Adler</td>
<td>Depth Psychology – Adler</td>
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<td></td>
<td>Ryckman: Ch. 4 (Adler)</td>
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<tr>
<td></td>
<td><strong>Friday, March 22nd</strong></td>
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<td></td>
<td><strong>Last day to Withdraw from Class</strong></td>
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<tr>
<td>6/17:</td>
<td>Ryckman: Ch. 6 (Erikson)</td>
<td>Depth Psychology – Erikson</td>
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<tr>
<td>6/18-6/19:</td>
<td>Ryckman: Ch. 7 (Kohut)</td>
<td>Depth Psychology – Kohut</td>
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<tr>
<td></td>
<td>Quiz #2</td>
<td><em>Quiz #2 due 11:59pm on 6/19</em></td>
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<td></td>
<td><strong>6/21-6/22</strong></td>
<td><em>(Midterm) Exam #1 hard deadline 11:59pm on 6/22</em></td>
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<tr>
<td>6/23:</td>
<td>Rogers: On Becoming a Person</td>
<td>Humanistic &amp; Existential Perspectives</td>
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<td>Rogers: Interview (Evans)</td>
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<td></td>
<td>May: Origins &amp; Significance...</td>
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<td>6/24:</td>
<td>Frankl: Logotherapy</td>
<td>Humanistic &amp; Existential Perspectives</td>
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<td>Scheler: Ressentiment (Ch. 1)</td>
<td>Phenomenological Perspectives - Scheler</td>
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<td>6/25-6/26:</td>
<td>3 Piaget Readings</td>
<td>Cognitive Perspectives – Piaget</td>
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<td><em>Quiz #3</em></td>
<td><em>Quiz #3 due 11:59pm on 6/26</em></td>
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<tr>
<td>6/28:</td>
<td>Hirsh et al.(2009): Big 5 Metatraits</td>
<td>Trait Theories &amp; Biological Correlates of Personality</td>
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<td>DeYoung et al.: 10 aspects Big 5</td>
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<td></td>
<td>McCrae &amp; John: Intro to Big 5</td>
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<td>6/29:</td>
<td>Swanson (2000): Cerebral Hemisphere Regulation</td>
<td>Trait Theories &amp; Biological Correlates of Personality</td>
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<td>Yeo et al. (2013): ARAS &amp; arousal</td>
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<td>Oosterhoff et al.: Disease Avoid.</td>
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<tr>
<td>6/30-7/1:</td>
<td><em>Self-Assessment Paper</em></td>
<td><em>Self-Assessment Paper due 11:59pm on 7/1</em></td>
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<tr>
<td>Date</td>
<td>Reading/Assignment</td>
<td>Notes</td>
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<tr>
<td>7/2</td>
<td>Weisberg et al. (2011) – Gender Differences in Personality</td>
<td>Sex / Gender – Masculinity and Femininity</td>
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<td>Su et al. (2009) – Men &amp; Things, Women &amp; People</td>
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<td>7/6</td>
<td>Mayer &amp; McHugh: Sexuality &amp; Gender – p. 10-26 &amp; 86-105 (beginning of parts 1 &amp; 3)</td>
<td>Sex / Gender – Masculinity and Femininity</td>
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<td></td>
<td><em>Quiz #4</em></td>
<td><em>Quiz #4 due 11:59pm on 7/6</em></td>
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<td>7/7</td>
<td>UN Declaration of Human Rights</td>
<td>The Hylomorphism:</td>
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<td></td>
<td>Skinner: Beyond Freedom &amp; Dignity</td>
<td>Human Dignity &amp; Freedom</td>
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<tr>
<td>7/8-7/9: Final Exam</td>
<td><em>Final Exam hard deadline: 7/9 at 11:59pm</em></td>
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**Communication**

Faculty will respond to email and/or telephone messages within 24-48 hours during working hours Monday through Friday. Weekend messages may not be returned until Monday.

Students are encouraged to email the instructor if they have any questions or concerns. When emailing the instructor, please include your class name and time (or “Online”) in the subject line (for example, Stats, Online). **Please be respectful in your emails.** This includes addressing the professor properly and signing your full name. If you would like to meet virtually or by phone with the instructor, please approach it this way: send an email requesting a meeting, and give three possible options, in terms of days and time slots that work for you.

**Written communication via Blackboard:** It is an expectation of this class that you use formal writing skills giving appropriate credit to the source for your ideas. Follow APA (2010) 6th edition (2nd Printing or higher only) guidelines for referencing.

**Written communication via email:** All private communication will be done exclusively through your ASU email address. Check frequently for announcements and policy changes.

**Virtual communication:** Office hours and/or advising may be done with the assistance of the telephone, Skype, or another virtual program.

**Teaching Strategies**

- Readings, Lectures, Videos, PowerPoint

Students are expected to be “active learners.” It is a basic assumption of the instructor that students will be involved (**beyond the materials and lectures presented in the course**)
discovering, processing, and applying the course information using peer-review journal articles, researching additional information and examples on the Internet, and discussing course material and clinical experiences with their peers.

**Grading**

**Evaluation and Grades**
Course grades will be determined as indicated in the table below.

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Percent/Points of Total Grade</th>
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<tbody>
<tr>
<td>4 Quizzes (5 points each)</td>
<td>20</td>
</tr>
<tr>
<td>2 Exams – (25 points each)</td>
<td>50</td>
</tr>
<tr>
<td>1 Theoretical Self-Assessment Paper</td>
<td>30</td>
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<tr>
<td>Extra Credit Discussion Board</td>
<td>2.5</td>
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<tr>
<td>Total</td>
<td>100% (plus 2.5)</td>
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**Grading System**
Course grades will be dependent upon completing course requirements and meeting the student learning outcomes.

The following grading scale is in use for this course:
A = 89.50-100 points
B = 79.50-89.49 points
C = 69.50-79.49 points
D = 59.50-69.49 points
F = 0-59.49 points (Beyond this scale, grades will not be rounded up)

**Assignment and Activity Descriptions**

**Personality Self-Assessment Reflection Paper (30 points)**: Please do not share anything in these papers that you do not want your professor to know and/or report. Texas has made university professors mandatory reporters such that your professors are required to report to the university and/or the state any form of abuse of which they become aware.

Using the UnderstandMyself.com program, complete a 4-5 page, double-spaced paper with 12pt., Times New Roman font, and 1-inch margin, written and uploaded as a Word document. This paper should be written in APA format, and should include a cover page and a reference page, not included in the 4-5 page limit, i.e., you should have 6-7 total pages including the cover page and reference page. Please do **NOT** provide an abstract for this assignment. Your task is to
construct a coherent description of your personality incorporating both the assessment results from Understandmyself.com, and the readings from this course. You must use at least 5 of the resources (books or articles) that we have covered over the course of the class. You may not plagiarize from these sources, including your assessment results. Cite these sources correctly and frequently, though you should paraphrase (and cite) in most cases, avoiding long and/or frequent quotations.

This paper will be submitted through Blackboard, and will be evaluated with software for plagiarism. Any significant issues with plagiarism will result in a grade of 0, and will be reported to the university, which could potentially result in further academic consequences. These self-reflection papers are expected to be formal papers, and should be written as such! This assignment aims at demonstrating that you can clearly communicate the topics you have learned in class to a general audience, and also that you can apply these concepts to your own life. Your paper will be worth 30% of your overall grade for the course. Please be sure to upload your paper as a WORD document. No other formats will be accepted. See calendar above for due date.

Exams (50 points – 25 points each): There will be 2 exams for this class, each worth 25 points toward your overall grade. The exams will not be cumulative. The exams will generally be composed of multiple choice, true/false, and matching, including some recognition of quotes by the authors read during the course of the semester. Exams will include information from your readings, lectures, homework assignments, and any other content or activities from the class. Exams will consist of approximately 50-75 questions. You may use a 1 page (front and back) handwritten or typed page of notes, which you create yourself, to aid you on the exams. Be sure to look at the notes sections at the bottom of my PowerPoint slides, which contain additional comments. Exams will only be available for two days, so be sure to make a note of the dates for the exams on the calendar above. You have only 1 attempt for each exam.

Quizzes (20 point): You will have four quizzes over the course of the semester, which will consist of questions similar to those on the exams, including multiple choice, true/false, and matching, including some recognition of quotes by the authors read during the course of the semester. You have three attempts for each quiz. Each quiz will consist of 15-20 questions over the material that has recently been covered in the course. You will have one week to complete each quiz. Be sure to check the calendar closely for due dates.

Extra Credit (2 points): There will be an introductory lecture activity and discussion board, which will not be required for the class, but will be worth up to (an additional) 2 points toward your overall grade. To help you discern the significance of these 2 points, you should consider that when comparing it to your exam grades, it would be equivalent to raising one of your exams by a full letter grade (e.g., B to A; or 10% of an exam grade). In other words, you should do this, especially as this will be the only extra credit assignment offered.

Assignment Submission

All assignments MUST be submitted through the Assignments link in the Blackboard site. This is for grading, documenting, and archiving purposes. Issues with technology use arise from time
to time. If a technology issue does occur regarding an assignment submission, email me at Leslie.Kelley@angelo.edu and attach a copy of what you are trying to submit. Please contact the IT Service Center at (325) 942-2911 or go to your Technology Support tab to report the issue. This lets your faculty know you completed the assignment on time and are just having problems with the online submission feature in Blackboard. Once the problem is resolved, submit your assignment through the appropriate link. This process will document the problem and establish a timeline. Be sure to keep a backup of all work. If you email me without an attachment or with a partial or blank attachment, you may not be able to resubmit the assignment.

Late Work or Missed Assignments Policy

Attendance/Make-Up Policy: Attendance/Participation is required for this online course. The course is set up on weekly modules. The week begins on Monday and ends on Saturday. Assignment due dates are shown on the calendar/schedule or posted within Blackboard. Assignments are open for approximately one week. Exams are open for two days. Exams must be taken on the assigned day(s) and within the assigned times. I must know no later than 2 weeks in advance if circumstances may prevent you from taking an exam at the specified time. There will be no makeup exams except in cases of serious illness or some other extreme event such as a death in the family. In these instances, you must obtain a note from your physician or Dean, and present it to the instructor. The instructor will determine if a student will be allowed to make-up the assignment. If permitted to make-up an exam, you will have 2 days after the missed exam to make it up and failure to do so will result in a zero.

General Policies Related to This Course

All students are required to follow the policies and procedures presented in these documents:

- [Angelo State University Student Handbook](#)
- [Angelo State University Catalog](#)

Student Responsibility and Attendance

Online: This class is asynchronous, meaning you do not have to be on-line at a certain time. There are readings which you will have to complete to be able to adequately participate in individual and group assignments. In order to complete this course successfully, you do have to participate in all course activities i.e. discussion boards, course projects, reflective logs, etc. Students are expected to engage in course activities and submit work by due dates and times. The hope is that students will make substantive contributions which reflect integration of assigned materials as well as any outside readings as appropriate. Scholarly contribution is an expectation. For planning purposes, this class will probably require a minimum of 6-9 study hours per week on average.
Academic Integrity
Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university’s Statement of Academic Integrity.

PLAGIARISM
Plagiarism at ASU is a serious topic. The Angelo State University’s Honor Code gives specific details on plagiarism and what it encompasses. Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word for word without quotation marks and the source of the quotation. We use the APA Style Manual of the American Psychological Association as a guide for all writing assignments. Quotes should be used sparingly. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list. Papers are subject to be evaluated for originality via Bb Safe Assignment or Turnitin. Resources to help you understand this policy better are available at the ASU Writing Center: Angelo State University's Writing Center Website.

Accommodations for Students with Disabilities
ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student’s responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the Student Disability Services website. The employee charged with the responsibility of reviewing and authorizing accommodation requests is:
Incomplete Grade Policy
It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 Grading Procedures for more information.

Student Absence for Observance of Religious Holy Days
A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for Observance of Religious Holy Day for more information.

Copyright Policy
Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

Syllabus Changes
The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student’s responsibility to look for such communications about the course on a daily basis.

Title IX at Angelo State University
Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual
intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: www.angelo.edu/incident-form
Face to face: Mayer Administration Building, Room 210
Phone: 325-942-2022
Email: michelle.boone@angelo.edu

Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).

For more information about resources related to sexual misconduct, Title IX, or Angelo State’s policy please visit: www.angelo.edu/title-ix.

**Student Evaluation of Faculty and Course**

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.

Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

Areas on the IDEA evaluation include:

1. Gaining factual knowledge (terminology, classifications, methods, trends)
2. Learning fundamental principles, generalizations, or theories
3. Learning to apply course material (to improve thinking, problem solving, and decisions)
4. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
5. Acquiring skills in working with others as a member of a team
6. Developing creative capacities (writing, inventing, designing, performing in art, music, drama, etc.)
7. Gaining a broader understanding and appreciation of intellectual/cultural activity (music, science, literature, etc.)
8. Developing skill in expressing oneself orally or in writing
9. Learning how to find and use resources for answering questions or solving problems
10. Developing a clearer understanding of, and commitment to, personal values
11. Learning to analyze and critically evaluate ideas, arguments, and points of view
12. Acquiring an interest in learning more by asking questions and seeking answers

End of Syllabus

2. https://www.angelo.edu/catalogs/
4. https://www.angelo.edu/services/disability-services/
5. https://www.angelo.edu/content/files/14197-op-1011-grading-procedures
6. https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of