GS 1181
Career Explorations
Fall 2021

Professor: Dr. Sonja Varbelow
Telephone: 325.486.6946
Email: sonja.varbelow@angelo.edu
Physical Office: Carr 126
Virtual Office: Topic: Dr. Varbelow's Office

Join Zoom Meeting
https://us02web.zoom.us/j/83476895051?pwd=YzE5eGxabG1yejN2SDJmYXNUOGRqUT09
Meeting ID: 834 7689 5051
Passcode: Voyager

2. FaceTime: Sonja.Varbelow@angelo.edu
3. Skype: Dr.Varbelow (no space after period)

Physical Office Hours: M/W: 1:00 pm - 3:00 pm
R: 11:30 am – 12:30 pm

Virtual Office Hours: T/R: 3:00 pm – 5:30 pm
Additional office hours, physically & virtually, are available any time by appointment.

Please communicate with me.
Visit or call me in my office, via FaceTime or Skype. Email me.
Let me know how you are doing or if you have any questions or concerns,
and I’ll help however I can.

Course Description
In this class, you will learn about your strengths and the resources available to you at ASU. You will begin to find ways to match your interests to a career and align your studies at ASU to
match that career. The immediate goal of this course is to gain clarity about your interests and your choice of major.

**Required Materials**

- Instructor-provided readings
- Blackboard
- ASU RamPort email (must be checked daily)

**Learning Outcomes**

By the end of the semester, students are able to:

- Develop a clearer understanding of choice of major and carrier
- Learning to analyze and critically evaluate ideas, arguments, and points of view
- Developing skill in expressing oneself orally or in writing
- Learning how to find, evaluate, and use resources to explore a topic in depth
- Identify personally meaningful campus resources such as University lectures, performances and organizations
- Design short- and long-term goals for yourself and plans to accomplish those

**Methods of Instruction**

- Conversations, interactive activities
- Independent studies e.g., assigned readings & writings

Bb is utilized for all communication, course content, and class assignments. You must be able to access Blackboard on a regular basis and check your ASU email daily for communication.

**Course Products & Evaluation**

<table>
<thead>
<tr>
<th>Category</th>
<th>Weight</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance (includes personal meetings with professor &amp; punctuality)</td>
<td>13%</td>
</tr>
<tr>
<td>Information Literacy</td>
<td>12%</td>
</tr>
<tr>
<td>YouScience Completion</td>
<td>25%</td>
</tr>
<tr>
<td>Summary Assignments</td>
<td>25%</td>
</tr>
<tr>
<td>Campus Involvement Projects</td>
<td>25%</td>
</tr>
</tbody>
</table>
You should always be aware of your current course grade, which is shown as your Weighted Total on Bb/Grades. Please note that your grades are weighted, which means that your final course grade is different from the arithmetic mean.
Course Schedule

During our eight-week course, I will meet with each of you individually to help you analyze your aptitudes and interests and match them with the best fitting major. Hence, in Weeks 3 – 6, we will meet as a class only on Mondays.

| Week | Dates       | Meeting Topic                                             | To Submit                                                                 |
|------|-------------|---------------|-------------------------------------------------|---------------------------------------------------------------------------|
| 1    | 08.23.21    | Intros, goals & expectations                              | Schedule your individual meeting with me                                  |
|      | 08.25.21    |                |                                                 |                                                                           |
| 2    | 08.30.21*   | YouScience Test                                          | Complete Information Literacy Assignments                                |
|      | 09.01.21*   |                |                                                 |                                                                           |
| 3    | 09.06.21    | Labor Day                                                |                                                                             |
| 4    | 09.13.21    | Handshake                                               | List of Campus Involvement Activities                                    |
|      |             | Guest speaker: Dr. Adra Enos                            |                                                                             |
| 5    | 09.20.21    | Academic Advising                                        | Scavenger Hunt Photo Story                                               |
|      |             | Guest speaker: Ms. Haley Losoya                         |                                                                             |
| 6    | 09.27.21**  | Math Lab                                                | Submit your completed YouScience Analysis and a sample of Four-Year       |
|      |             | Dusti Webster                                            | Degree Plan for your major:                                              |
|      |             |                                                           | https://www.angelo.edu/academics/programs/?program-type=Undergraduate     |
| 7    | 10.04.21    | Counseling Center                                        | Reflection on Campus Involvement Activities                              |
|      |             | Guest speaker: Mr. Mark Rehm                             |                                                                             |
|      | 10.06.21    | Summary Writing                                          | 1. Read the article *Grit: The Dark Side of Deciding to “Tough It Out”   |
|      |             |                                                           | 2. Bring an outline of the article to class                              |
| 8    | 10.11.21    | Career Service Center                                    | Submit Draft of Summary                                                  |
|      |             | Guest speaker: Ms. Zippora Long                          |                                                                             |
|      | 10.13.21    | Summary Revisions & Edits                                | Submit Final Draft                                                       |

* Class meets in RAS 117
** Class meets in Library 330

Methods of Assessment

A list of class assignment categories is given above. Specific instructions, requirements, expectations and a rubric for each assignment are posted on Bb. Other non-graded assignments may be given. All written assignments, presentations, media presentations, etc. must follow the writing style found in the most current edition of the American Psychological Association.
Publication Manual (APA Manual) which is available at the ASU library, at the bookstore, or on-line at www.apa.org. Hence, all work has to be typed.

**Attendance & Punctuality**

You snooze, you lose. If you are absent or late, you miss the leaving train. In other words, your presence is essential both for yourself and for us because it will make our meetings better. See *Course Policies* below to understand the effect of absences and tardies on your final grade.

**YouScience Test**

You will complete an aptitude test that is different from any you have done before. It accurately assesses your interests, aptitudes, and modes of understanding and working with others. It also shows you ways to select a profession that you are excited about studying for.

**Scavenger Hunt**

In order to get to know the campus like the back of your hand, you will go on a scavenger locating 20 locations on campus. You will work in groups and document your hunt with selfies, which you will then weave into a digital photo story.

**Summary Assignments**

Throughout your courses in higher ed, you will have to write many analytical and reflective pieces, which always start with a simple summary. We will read an article together, and you will review whatever summarization skills you acquired in high school by writing a two-part summary of that text.

**Campus Involvement Assignments**

A fundamental purpose of (higher) education is to step out of your comfort zone while a common challenge for all first-year students is to get involved with the campus community. We will kill two birds with one stone: you will identify 10 campus organizations and pick a minimum of two to experience. You will then reflect on the experience and draw conclusions regarding your interests and plans to involve yourself in the University.

**Course Policies**

**Attendance**

Each student is allowed one absence without penalty. Use it for an emergency situation only and inform me by e-mail before our meeting. Any absence after the first will result in the deduction of a letter grade at the end of the semester, *as does leaving early*. There are three types
of excused absences: competing in an ASU athletics event, participating in a religious holy day, or fulfilling military service. If you must be absent due to illness or work, that is unfortunate but not excused.

If you miss a class meeting, it is your responsibility to contact a fellow student to obtain notes and explanation of class discussions and homework. Tardies are absolutely unacceptable and will be reflected in your final grade.

**Cell Phones & Laptops**

You may take all notes electronically. I trust that you do not waste what hard-earned cash you spent on this course by using our class time to catch up on social media and such. And I am certain that your good manners will prevent you from texting during class.

**Late Work**

One letter grade will be deducted for all late work. Late work is considered only if turned in within one day from the date it was due.

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**Syllabus Disclaimer:**

While the provisions of this syllabus are as accurate and complete as possible, the instructor reserves the right to change any provisions herein, with the exception of Course Description and Course Objectives, with notice if circumstances so warrant. Every effort will be made to keep students advised of such changes, and information about such changes will be available at all times from the instructor. It is the responsibility of each student to know what changes, if any, have been made to the provisions of this syllabus to successfully complete the requirements of this course. Questions regarding information on the syllabus and course requirements need to be addressed by the students when the syllabus is received.
ASU Policies

Academic Honesty

Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Plagiarism and cheating are grounds for dismissal from this class. Teacher education candidates are responsible for understanding the Academic Honor Code, which is contained in both print and web versions of the Student Handbook.  

Student Disability Services

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student’s responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the Student Disability Services website at www.angelo.edu/ADA. The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford
Director of Student Disability Services
Office of Student Affairs
325-942-2047
dallas.swafford@angelo.edu
Houston Harte University Center, Room 112