

GS 1181 – F22 – Outdoor Fitness

Fall 2021



Instructor: Adam Parker, PhD

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Office: CHP 103

Office Hours: MWF 9-11 am

Course Description

This course explores the depths of outdoor recreation. Course participants will immerse themselves in the field of study through research, lectures, and several group activities. Participation in this course will provide students the opportunity to practice written communication, time management, critical thinking, information literacy, and social responsibility.

Course Credits

1 credit hour

Prerequisite and Co-requisite Courses

none

Prerequisite Skills

Accessing Internet websites, using ASU Library resources, and proficiency with Microsoft Word and/or PowerPoint are expectations of GS 1181.

Program Outcomes

Upon completion of the program of study for the GS 1181, the graduate will be prepared to:

Student Learning Outcomes

- Demonstrate knowledge of the historical development of outdoor recreation as evidenced by participation in class discussions and presentations
- Improve existing communication skills through the practice of researching, organizing thoughts, and completing writing assignments

- Conduct research on outdoor recreational activities, and provide written discussion on the content
- Demonstrate an understanding of University Resources and how they can be accessed to assist with completion of classroom assignments

Student Learning Outcome By completing all course requirements, students will be able to:	Assignment(s) or activity(ies) validating outcome achievement:	Mapping to Program Outcomes

Course Delivery

This is a face-to-face course with learning resources and supplemental materials posted in Blackboard.

Required Texts and Materials

none

Technology Requirements

To successfully complete this course, students need to have access to a computer of their own, or the ASU computer lab.

Communication

Faculty will respond to email and/or telephone messages within 24 hours during working hours Monday through Friday. Weekend messages may not be returned until Monday.

Written communication via email: All private communication will be done exclusively through your ASU email address. Check frequently for announcements and policy changes. In your emails to faculty, include the course name and section number in your subject line.

Virtual communication: Office hours and/or advising may be done with the assistance of the telephone, Collaborate, Skype, etc.

Grading

Evaluation and Grades

Course grades will be determined as indicated in the table below.

Assessment	Percent/Points of Total Grade
Evaluation	Points
Assignment #1: National/State Park Paper	200
Assignment #2: Information Literacy Videos and Quizzes	100
Assignment #3: Outdoor Recreation Research Article Summary	200
Assignment #4: Reflection paper on Class Activity	100
Class Participation / Attendance	300
Attendance at campus event	100
TOTAL	1000

Grading System

Course grades will be dependent upon completing course requirements and meeting the student learning outcomes.

The following grading scale is in use for this course:

A = 90.00-100 points

B = 80.00-89.99 points

C = 70.00-79.99 points

D = 60.00-69.99 points

F = 0-59.99 points (Grades are not rounded up)

Teaching Strategies

Students are expected to be “active learners.” It is a basic assumption of the instructor that students will be involved (**beyond the materials and lectures presented in the course**) discovering, processing, and applying the course information using peer-review journal articles,

researching additional information and examples on the Internet, and discussing course material and clinical experiences with their peers.

Assignment and Activity Descriptions

***Please note: Rubrics for all assignments and activities are located at the end of this syllabus.**

Papers must be typed and double spaced in APA format. If papers have an unacceptable number of typing/spelling errors, students will have the opportunity to make changes & resubmit, but at a reduced number of points.

Papers and assignments are expected at the beginning of the class period for which they are assigned. 10 % will be deducted from the total assignment score for each day a paper is late. Papers submitted after the start of class are considered 1 day late. Papers will not be accepted more than one week after the due date.

Any work that is not the work of the student must be cited in APA format.

Assignment #1 – State / National Park Paper

Write a ~3 page paper (12 point, TNR, Calibri, Ariel font, 1" margins) describing a Texas state, or any National Park. Include information about the park's history, activities that can be enjoyed, and logistics of visiting the park. Practice using the ASU Library (<http://www.angelo.edu/services/library/>) and other online resources (<https://tpwd.texas.gov/>) or (<http://www.nps.gov/index.htm>) to collect information in helping your write your paper. Be sure not to plagiarize, or you will receive a 0 for your grade on the paper. You will be graded for writing clarity and content so be sure to proof-read your work, or have the Writing Center (http://www.angelo.edu/dept/writing_center/) help you put your paper together.

Assignment #2

Complete the information literacy videos on blackboard.

Assignment #3

Review of Research Article on Outdoor Recreation or Education

For this assignment, you will write a 500 word abstract of a peer-reviewed research article on the topic of outdoor recreation or outdoor education. The purpose of this article is to provide you with an opportunity to practice using the online resources available at the ASU library to help you find peer-reviewed literature. Additionally, this assignment will give you further

practice with your skills in effective written communication. Papers should be double-spaced and printed in a 12-point font. Be sure to properly cite your article. The papers must be formatted properly using APA format. For help with proper formatting, please use the OWL at Purdue.

Assignment #4 Reflection Paper Instructions

Write a reflections paper on one of the activities we did in class (disc golf, sand vball, climbing). I would like for you to share your thoughts and feelings about what you experienced, learned, or gained from your involvement with this class. You may include things you liked doing, wish we did more of, or things you didn't like doing. Sometimes it helps to discuss the pre-conceived notions you may have had about an activity and then discuss whether or not the activity lived up to your expectations. Each paper should be about a half of a page long, double-spaced, 12 point font.

Assignment Submission

All assignments MUST be submitted through the Assignments link in the Blackboard site. This is for grading, documenting, and archiving purposes. Issues with technology use arise from time to time. If a technology issue does occur regarding an assignment submission, email me at **adam.parker@angelo.edu** and attach a copy of what you are trying to submit. **Please contact the IT Service Center at (325) 942-2911 or go to your Technology Support tab to report the issue.** This lets your faculty know you completed the assignment on time and are just having problems with the online submission feature in Blackboard. Once the problem is resolved, submit your assignment through the appropriate link. This process will document the problem and establish a timeline. Be sure to keep a backup of all work.

Late Work or Missed Assignments Policy

POLICY ON LATE OR MISSED ASSIGNMENTS

Due dates and times for assignments are posted. Failure to submit your assignments on the assigned date will result in a five percent deduction for each day after the posted deadline. No papers or postings will be accepted more than one week past the assigned due date.

General Policies Related to This Course

All students are required to follow the policies and procedures presented in these documents:

- [Angelo State University Student Handbook¹](#)
- [Angelo State University Catalog²](#)

Student Responsibility and Attendance

You are expected to attend every class meeting. Attendance and participation is 30% of your grade in the class. If you must miss a class, you must email me as soon as you know you are missing to let me know why you are missing. If it is a valid reason, I won't count it against you. If you don't email me, it will be counted against you.

Academic Integrity

Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university's [Statement of Academic Integrity](#).³

Accommodations for Students with Disabilities

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the [Student Disability Services website](#).⁴ The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford
Director of Student Disability Services
Office of Student Affairs
325-942-2047
dallas.swafford@angelo.edu
Houston Harte University Center, Room 112

Incomplete Grade Policy

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 [Grading Procedures](#)⁵ for more information.

Plagiarism

Plagiarism is a serious topic covered in ASU's [Academic Integrity policy](#)⁶ in the Student Handbook. Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word-for-word without quotation marks and the source of the quotation. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list.

Papers are subject to be evaluated for originality. Resources to help you understand this policy better are available at the [ASU Writing Center](#).⁷

Student Absence for Observance of Religious Holy Days

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for [Observance of Religious Holy Day](#)⁸ for more information.

Copyright Policy

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

Syllabus Changes

The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.

Title IX at Angelo State University

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: www.angelo.edu/incident-form

Face to face: Mayer Administration Building, Room 210

Phone: 325-942-2022

Email: michelle.boone@angelo.edu

Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).

For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: www.angelo.edu/title-ix.

Course Schedule

Week/Date	Topic/Assignments/Assessments DUE	
1	Discuss syllabus and course expectations	
2	<i>Lecture:</i> Why is Colorado still blue?	Assignment #1: Paper about Park
	<i>Review:</i> research tools	
3	<i>Library Resources Presentation</i>	Assignment #2: Information Literacy Videos and Quizzes
4	<i>Lecture:</i> Participation in outdoor recreation (trends)	
5	Class Sports Activity (Sand Volleyball)	
6	<i>Class Discussion:</i> Park Papers	Assignment #1 Due
7	<i>Class Discussion:</i> Industrial tourism in the national parks	Reading #1: Desert Solitaire Excerpt
8	Class Sports Activity (Disc Golf)	Assignment #3: Outdoor Recreation Research Article Summary
9	<i>Lecture:</i> The Adventure Gap	Reading #2: The Adventure Gap
10	AMA Health/Fitness/School Success	
11	Discussion of advising/registration	
12	Rock Climbing in CHP	Assignment # 4 – Reflection Paper on Class Activity
13	<i>Class Discussion:</i> Research Article Summary	Assignment #3 Due
14	Title IX Presentation	
15	Class discussion of Campus Events	Assignment #4 Due

Week/Date	Topic/Assignments/Assessments DUE
16	Couse evaluation / discussion

Student Evaluation of Faculty and Course

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.

Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

Select the SLO's you use

1. Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)
2. Learning to apply course material (to improve thinking, problem solving, and decisions)
3. Acquiring skills in working with others as a member of a team

End of Syllabus

¹ <https://www.angelo.edu/student-handbook/>

² <https://www.angelo.edu/catalogs/>

³ <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>

⁴ <https://www.angelo.edu/services/disability-services/>

⁵ <https://www.angelo.edu/content/files/14197-op-1011-grading-procedures>

⁶ <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>

⁷ https://www.angelo.edu/dept/writing_center/academic_honesty.php

⁸ <https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of>