



# Success 101

Fall 2021

## GS 1181 F11 Course Description

The purpose of this course is to provide strategies and tools for freshmen to utilize to reach their goals through meaningful experiences and purposeful steps during their time at Angelo State University. In addition to life skills, such as cooking, organizing, problem-solving, and navigating challenges, a focus of the course will be to empower students to gain self-efficacy and a growth mindset to help them achieve academically and overcome setbacks.

## Meeting Times

This is a face-to-face class utilizing the Blackboard course management tool with course requirements, learning activities, and due dates specified in the course calendar and modules in Blackboard. The class meets every Tuesday & Thursday from 3:30-4:20 p.m. in A233. The course begins on August 23, 2021, and ends on October 15, 2021.

## Instructor Contact Information

Co-Instructor: Dr. Tia Agan

[tagan@angelo.edu](mailto:tagan@angelo.edu)

Telephone: 325-486-6791

Office: CARR Rm 189

Co-Instructor: Dr. Elaine Stribling

[elaine.stribling@angelo.edu](mailto:elaine.stribling@angelo.edu)

Telephone: 325-486-6943

Office: CARR Rm 116

## Office Hours

Email is the most accessible way to contact your instructors. The instructor team is available via email using only your ASU email address (angelo.edu). You should receive a response within 24 hours. You can schedule an in-person meeting via email and the instructor(s) will work with you and your schedule for day/time.

## Texts and Materials

All materials will be provided to the students in Blackboard and in class.

## Student Learning Outcomes

Upon completion of this course, students will be able to

- Apply information literacy and critical thinking skills

- Locate campus resources and opportunities for engaging in campus activities
- Understand goals and begin to conceptualize the challenges that may be faced, along with specific strategies to achieve goals

### Course Objectives

- Develop skills in critical thinking and information literacy
- Demonstrate the ability to effectively engage in the campus community
- Develop self-efficacy, agency, resilience, persistence, and a growth mindset

### Course Outline

Week	Topic	Activities	Dates
1	Preparing for Your College Experience	Orientation to Course & Expectations 3:30-4:20	August 24
		Blackboard Orientation & Information Literacy 3:30-4:20 Complete reflection post in Class Cafe	August 26
2	Honoring Your Heart	Bio Poems 3:30-4:20	August 31
		Emotional Self-Care Overview 3:30-3:45 ASU Counseling Services (Mark Rehm, L.P.C.) 3:45-4:20 Complete reflection post in Class Cafe	September 2
3	Balancing Your Body	Physical Self-Care Overview 3:30-3:45 University Recreation 3:45-4:20 (Dan Robertson) Complete reflection post in Class Cafe	September 7
		Physical Self-Care Activity: Rock Wall / Activity Time (Meet at UREC) 3:30-4:20	September 9

4	Balancing Your Brain	Mental Self-Care Overview & RAM-azing Race ASU Scavenger Hunt 3:30-4:20 (Erika Baeza, Multicultural & Student Activities)	September 14
		Mental Self-Care Activity: (Meet at Mayer Museum) Show a cleared wellness screening 3:30-4:20	September 16
5	Nourishing Your Spirit	Spiritual Self-Care Overview 3:30-3:45 Student Affairs / ASU Activities (Dr. Bradley Petty) 3:45-4:20	September 21
		Michelle Miller, Title IX 3:30-4:00 4:00-4:20 Tutoring/Writing Center Complete reflection post in Class Cafe	September 23
6	Building Relationships	True Colors, Part 1 3:30-4:20 (Jam Page, ESC 15)	September 28
		True Colors, Part 2 3:30-4:20 (Jam Page, ESC 15) Complete reflection post in Class Cafe	September 30
7	Finding Your Vision	<i>NowWhat</i> , Part 1 (Dr. Tommy Darwin) 3:30-4:20	October 5
		<i>NowWhat</i> , Part 2 3:30-4:20	October 7
8	Setting Your Purpose	<i>NowWhat</i> , Part 3 3:30-4:20	October 12

	Preparing for Your Future	Next Steps, Course Reflections, & Awards 3:30-4:20 Information Literacy Quizzes due	October 14
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## Evaluation

Grading System: Each assignment will be worth a varying number of points. Grades will be determined by the percentage of the total points earned.

Grade	Range
A	90-100
B	80-89
C	70-79
F	Below 70

Grades will be based upon the following:

- Information Literacy Quizzes: 60%  
In an effort to better prepare students for courses overall there are twelve videos with related quizzes addressing various elements of critical thinking/information literacy. Each quiz is worth 5 points.
- Participation: 10%  
Participation incorporates attendance, participating in course activities, working with classmates in class on projects, completing the NowWhat project, and engaging in class.
- Reflections: 10%  
Reflections will be in the form of discussion posts. Professors will provide a prompt each week for students to respond with an initial post in the form of a written summary. Students are encouraged to respond to at least 2 classmates each week.
- NowWhat: 20%  
This includes participating in the NowWhat process in class and completing the NowWhat project.

All grades will be posted as quickly as possible. You should be aware of your current grade, which is shown as your Total on Bb/Grades.

## Policies Related to this Course

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All students are required to follow the policies and procedures presented in the following documents:

- Angelo State University Student [Handbook](#)
- ASU Undergraduate [Catalog](#)
- Academic [Calendar](#)

### Academic Integrity

Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject to disciplinary action and possible expulsion from ASU.

The Angelo State University Student Handbook provides a detailed list of behaviors that constitute academic misconduct and plagiarism. Academic misconduct includes cheating, plagiarism, collusion, falsifying academic records, misrepresenting facts, violations of published professional ethics or standards, and/or any act or attempted act designed to give unfair academic advantage to oneself or another student.

Students are expected to know and understand behaviors that can constitute academic misconduct. Each course requires that the student complete an Academic Integrity Statement of Understanding acknowledging that the student has read and agrees to the Academic Integrity Standards, and understands the penalties associated with violations of the academic integrity standards.

Plagiarism is a serious topic covered in ASU's Academic Integrity policy in the Student Handbook. Plagiarism is the action or practice of taking someone else's work, ideas, etc., and passing it off as one's own. Plagiarism is literary theft. In your discussions and/or your papers, it is unacceptable to copy word-for-word without quotation marks and the source of the quotation. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list.

Papers are subject to be evaluated for originality via Turnitin. Resources to help you understand this policy better are available at the ASU Writing Center.

### Academic Penalties for Academic Misconduct

The consequences for academic misconduct include, but are not limited to,

- Reduced score for the original assignment
- Zero (0) or no credit for the original assignment
- Make-up assignment different than the original assignment
- Failing grade for the course resulting in (F) on transcript and transcript notation  
Removal from internships or practicums
- Permanent or time-limited dismissal from the academic program and/or department  
and transcript notation Loss of departmental/graduate eligibility for financial aid and  
other awards, endorsements.
- Notification of certification board
- Documentation of professional disposition concerns
- Referral to Student Affairs for violations of the Angelo State University Student  
Handbook

## Attendance

Class attendance is expected and essential. Activities completed during class and graded cannot be made up if missed. Faculty are required to confirm attendance of candidates in a course at the beginning of each term to the ASU Registrar Office as part of complying with regulations regarding the administration of federal financial aid. In accordance with ASU processes and federal regulations, academic attendance in a course is considered active engagement which includes but is not limited to submitting an academic assignment or participating in an online discussion in the course about academic matters. The last date of course attendance for reporting to the Registrar will be the last date of active engagement in the course.

## Communication

It is our goal for you to be successful in this course and acquire skills necessary to maintain a good college experience. Please communicate with Dr. Tia Agan if you have questions or a problem arises. You may call the office phone and if there is no answer, please leave a message. Email is the best way to contact both professors.

Written Submissions: It is an expectation of this department that you use academic and professional writing skills. Students should follow APA guidelines for formatting and citations in all learning activities unless otherwise specified. Failure to utilize accurate APA citations and references constitutes plagiarism.

## Institutional Policies

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### Copyright Policy

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any

portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

## Library Resources

Students should familiarize themselves with the numerous resources available through the [Angelo State University Porter Henderson Library](#). Information on library resources is available in the Orientation tab of each course. All students can use the Ask A Librarian research support feature.

## Basic Needs

Any student who has difficulty affording groceries or accessing sufficient food to eat every day, or who lacks a safe and stable place to live, and believes this may affect his or her performance in the course, is urged to contact the Multicultural and Student Activities Programs center ([multicultural@angelo.edu](mailto:multicultural@angelo.edu) (<mailto:multicultural@angelo.edu>); 325-942-2729).

The Multicultural and Student Activities Program Center has a [food pantry](#) and other resources to help. Furthermore, please notify the professor if you are comfortable in doing so. This will enable her to provide any resources that they may possess.

## Student Absence for Observance of Religious Holy Day

Students can find information on the observance of religious holy days in the [ASU Operating Policy 10.19](#). Students should also review the information related to course attendance.

## Students with Disabilities

Angelo State University is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments Act of 2008 (ADAAA), and subsequent legislation. Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at [ADA@angelo.edu](mailto:ADA@angelo.edu) (<mailto:ADA@angelo.edu>). For more information about the application process and requirements, visit the Student Disability Services website at [www.angelo.edu/ADA](https://www.angelo.edu/ADA) (<https://www.angelo.edu/ADA>).

The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford  
Director of Student Disability Services  
Office of Student Affairs  
(325) 942-2047

[dallas.swafford@angelo.edu](mailto:dallas.swafford@angelo.edu) (<mailto:dallas.swafford@angelo.edu>)

## Title IX at Angelo State University

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. Sex discrimination, sexual misconduct, public indecency, interpersonal violence, sexual assault, sexual exploitation, sexual harassment, and stalking are not tolerated at ASU.

As a faculty member, I am a Responsible Employee meaning that I will report any allegations I am notified of to the Office of Title IX Compliance in order to connect students with resources and options in addressing the allegations reported. You are encouraged to report any incidents to ASU's Office of Title IX Compliance and the Title IX Coordinator. You may do so by contacting:

Michelle Miller J.D.

Special Assistant to the President and Title IX Coordinator

Mayer Administration Building, Room 210

325-942-2022

[michelle.miller@angelo.edu](mailto:michelle.miller@angelo.edu)

You may also file a report online 24/7 at [www.angelo.edu/incident-form](http://www.angelo.edu/incident-form)

If you are wishing to speak to someone about an incident in confidence you may contact the University Health Clinic and Counseling Center at 325-942-2173 or the ASU Crisis Helpline at 325-486-6345.

The Office of Title IX Compliance also provides accommodations related to pregnancy (such as communicating with your professors regarding medically necessary absences, modifications required because of pregnancy, etc.). If you are pregnant and need assistance or accommodations, please contact the Office of Title IX Compliance utilizing the information above.

For more information about Title IX in general you may visit [www.angelo.edu/title-ix](http://www.angelo.edu/title-ix)

## Syllabus Changes

The faculty members reserve the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.