

# PSY 2301 Dual Credit

## General Psychology

### Spring 2022



*Archer College of Health and  
Human Services*

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#### **Instructor: Alyssa Lewis, M.S., Dual Credit Instructor**

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**Room:** 104

## **Course Information**

### **Course Description**

The objective for this course is to bring to the learner an overall view of the science of Psychology. The course is designed to assist the learner in mastering an understanding of various psychological concepts and principles through several modalities and their applicability in the world around us.

### **Course Credits**

This class meets daily. Successful completion of this course earns 3 academic credits.

### **Prerequisite and Co-requisite Courses**

General Psychology is a prerequisite to all other psychology courses with the exception of Psychology of Adjustment.

### **Prerequisite Skills**

Accessing Internet websites, using ASU Library resources, and proficiency with Microsoft Word and/or PowerPoint are expectations of PSY 2301.

### **Program Outcomes**

Upon completion of the program of study for the General Psychology course, the graduate will be prepared to:

## Student Learning Outcomes

<b>Student Learning Outcome</b> By completing all course requirements, students will be able to:	<b>Assignment(s) or activity(ies) validating outcome achievement:</b>	<b>Mapping to Program Outcomes</b>
<b>Demonstrate critical thinking skills</b>	Measured by class exams, quizzes, in-class activities, and a project of observational research.	
<b>Demonstrate communication skills</b>	Measured by oral in class discussion participation, written in-class activities, and a formal research report related to course project.	
<b>Demonstrate empirical and quantitative skills</b>	Measured by quizzes and exams related to research design, the research project that will require the student to conduct their own research, collect the data, analyze the data and produce a scientific report on the findings.	
<b>Demonstrate social responsibility</b>	Measured by group activity in class, and participation in Psychological research conducted at Angelo State University. Participation will demonstrate social responsibility insofar as research advances scientific understanding and the knowledge process.	

## Course Delivery

This is a face-to-face course with learning resources and supplemental materials posted in TEAMS.

## Recommended Texts and Materials

The required text for this course is Experience Psychology by Laura A. King, 4<sup>th</sup> edition.

## Technology Requirements

To successfully complete this course, you need this technology:

- Your school laptop
- High Speed Internet Access
- Ethernet adapter cable (wireless connections can drop during tests and Collaborate sessions)
- Webcam

Refer to Angelo State University's Distance Education website for further technology requirements: [Angelo State University's Distance Education Website](#)

## Topic Outline

This is listed for you in the Course Schedule section.

## Communication

Faculty will respond to email and/or telephone messages within 24 hours during working hours Monday through Friday. Weekend messages may not be returned until Monday.

**Written communication via email:** All private communication will be done exclusively through your ASU email address. Check frequently for announcements and policy changes. In your emails to faculty, include the course name and section number in your subject line.

**Virtual communication:** Office hours and/or advising may be done with the assistance of the telephone, Collaborate, Skype, etc.

Note: This section is also the appropriate place to post any **"Netiquette" Guidelines** for making posts in Blackboard.

# Grading

## Evaluation and Grades

Course grades will be determined as indicated in the table below.

Assessment	Percent/Points of Total Grade
Major Assignments	50
Classwork	40
Homework	10
Total	100%

## Grading System

Course grades will be dependent upon completing course requirements and meeting the student learning outcomes.

The following grading scale is in use for this course:

- A = 90.00-100 points
- B = 80.00-89.99 points
- C = 70.00-79.99 points
- D = 60.00-69.99 points
- F = 0-59.99 points (Grades are not rounded up)

## Teaching Strategies

Students are expected to be “active learners.” It is a basic assumption of the instructor that students will be involved (**beyond the materials and lectures presented in the course**) discovering, processing, and applying the course information using peer-review journal articles, researching additional information and examples on the Internet, and discussing course material and clinical experiences with their peers.

## Assignment and Activity Descriptions

Each assignment and in-class activity is designed to assess the student’s ability to apply concepts and principles of psychology being learned in any given chapter. Some activities will also

include standardized measurements for the students to help them learn a bit more about themselves.

### **Assignment Submission**

All assignments MUST be submitted through TEAMS. We will discuss the process of doing this within the first few days of class.

### **Late Work or Missed Assignments Policy**

Acceptance of any late work must be approved by me on a case to case basis. Due dates and times for assignments are posted. Failure to submit your assignments on the assigned date will result in a late penalty deduction for each day after the posted deadline. No papers or postings will be accepted more than one week past the assigned due date.

## **General Policies Related to This Course**

All students are required to follow the policies and procedures presented in these documents:

- [Angelo State University Student Handbook<sup>i</sup>](#)
- [Angelo State University Catalog<sup>ii</sup>](#)

### **Student Responsibility and Attendance**

There are readings which you will have to complete to be able to adequately participate in individual and group assignments. In order to complete this course successfully, you do have to participate in all course activities i.e. discussion boards, course projects, reflective logs, etc. Students are expected to engage in course activities and submit work by due dates and times. The hope is that students will make substantive contributions which reflect integration of assigned materials as well as any outside readings as appropriate. Scholarly contribution is an expectation. For planning purposes, this class will probably require a minimum of 6-9 study hours per week on average.

### **Academic Integrity**

Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university's [Statement of Academic Integrity](#).<sup>iii</sup>

## **Accommodations for Students with Disabilities**

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at [ADA@angelo.edu](mailto:ADA@angelo.edu). For more information about the application process and requirements, visit the [Student Disability Services website](#).<sup>iv</sup> The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford  
Director of Student Disability Services  
Office of Student Affairs  
325-942-2047  
[dallas.swafford@angelo.edu](mailto:dallas.swafford@angelo.edu)  
Houston Harte University Center, Room 112

## **Incomplete Grade Policy**

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 [Grading Procedures](#)<sup>v</sup> for more information.

## **Plagiarism**

Plagiarism is a serious topic covered in ASU's [Academic Integrity policy](#)<sup>vi</sup> in the Student Handbook. Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word-for-word without quotation marks and the source of the quotation. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list.

Papers are subject to be evaluated for originality. Resources to help you understand this policy better are available at the [ASU Writing Center](#).<sup>vii</sup>

## **Student Absence for Observance of Religious Holy Days**

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for [Observance of Religious Holy Day](#)<sup>viii</sup> for more information.

## **Copyright Policy**

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

## **Syllabus Changes**

The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.

## **Title IX at Angelo State University**

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: [www.angelo.edu/incident-form](http://www.angelo.edu/incident-form)

Face to face: Mayer Administration Building, Room 210

Phone: 325-942-2022

Email: [michelle.boone@angelo.edu](mailto:michelle.boone@angelo.edu)

*Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).*

For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: [www.angelo.edu/title-ix](http://www.angelo.edu/title-ix).

Week/Date	Topic/Assignments/Assessments DUE
Week 1	<b>Introduction &amp; orientation, go over syllabus, course requirements and expectations. We will go over Chapter 1 dealing with The Science of Psychology. We will “discuss” psychological research and the goals of psychology. We will talk about the contemporary approaches to psychology as well as the scientific method of performing psychological research. Furthermore we will discuss the ethical guidelines required in conducting psychological research. We look at a brief history of the science, go over the modern perspective approaches to psychology, the types of psychological professionals, and the scientific research methods of psychological research.</b>
Week 2	<b>Chapter 2 dealing with the Brain and Behavior. We will discuss the nervous system and the role it plays in behavior, how neurotransmitters affect behavior, the organization of the nervous system, the role of the endocrine system, and heredity and behavior.</b>

Week/Date	Topic/Assignments/Assessments DUE
Week 3	<p><b>Chapter 3 dealing with Sensation and Perception. We will look at how we sense and perceive the world. As for perception based on sensory input, we focus on visual and auditory senses, the theories behind those perceptions, and touch on the chemical senses and the kinesthetic and vestibular senses. We will even touch on extrasensory perception. Introduction to the MINI RESEARCH Project assignment including criteria and due dates and preparation for EXAM 1.</b></p>
Week 4	<p><b>First Major Exam. Chapter 4 dealing with States of Consciousness. Here we will deal with the various states of consciousness by its nature, looking also at the concept of theory of mind. We talk about sleep and therefore dreams, psychoactive drugs, hypnosis, and meditation—all of which affect states of consciousness.</b></p>
Week 5	<p><b>Chapter 5 dealing with Learning. We will go over the major forms of learning looking at Pavlov's classical conditioning, Skinner's operant conditioning, Bandura's observational learning and some of the cognitive factors involved in the learning process. We will also touch on the biological, cultural, and psychological factors in learning.</b></p>
Week 6	<p><b>Chapter 6 dealing with Memory discussing the principles of memory and levels of processing information. We will look at forgetting and go over some tips from the science of memory for studying and for life.</b></p>
Week 7	<p><b>Second Major Exam. Chapter 7 dealing with Thinking, Intelligence, and Language. Discussion dealing with the concepts of thinking, problem solving, reasoning and decision making as well as critical thinking and creatively. We will also cover measuring intelligence, genetic and environmental influences on intelligence and some extremes of intelligence as well as the theories of multiple intelligences. This chapter also affords a discussion of the basic properties of language, biological and environmental influences on language and the development of language over the life span.</b></p>

Week/Date	Topic/Assignments/Assessments DUE
Week 8	<p><b>Final on Research Projects due. Chapter 8 dealing with Human Development. We discuss the issues in studying physical development, cognitive development, socioemotional development, gender development, moral development and even look into issues relating to end of life with death, dying, and grieving. We will approach these issues from different age groups and go over some of the theories surrounding these concepts. Week 8 requirements: Read chapter 8 for comprehension, complete Blog 5, no homework but be sure to take quiz 6.</b></p>
Week 9	<p><b>Chapter 9 dealing with Motivation and Emotion. Discussion of the approaches to understanding motivation and the various theories relating to each approach, the hunger &amp; thirst &amp; sex motivation in detail including maladaptive eating problems including obesity. Discussion on emotion, its elements and the theories of emotion including a look at motivation and emotion together with a focus on the pursuit of happiness.</b></p>
Week 10	<p><b>Third major exam. Chapter 10 dealing with Personality. Discussion related to the psychology of personality, personality theories, the great personality debate and finally personality assessments.</b></p>
Week 11	<p><b>Chapter 11 dealing with Social Psychology. We will first see what social cognition and social behavior refer to focusing on attribution, attitudes, and persuasion as well as altruism and aggression. We will explore close relationships such as attraction and love. We will also look at social influence and group processes.</b></p>
Week 12	<p><b>Chapter 12 dealing with Psychological Disorders where we attempt to qualify “Normal”. We discuss the classification of mental disorders and focus on various types such as Psychotic and Delusional disorders, Schizophrenia, Mood disorders, Anxiety disorders, eating disorders, dissociative disorders, suicide, and personality disorders. We will also have a discussion related to the consequences of the stigma often associated with mental disorders.</b></p>

Week/Date	Topic/Assignments/Assessments DUE
Week 13	<b>Fourth Major exam. Chapter 13 dealing with Therapies. We will look at various types of therapy available including psychoanalysis, humanistic therapies, cognitive and behavioral therapies.</b>

## Course Schedule

## Grading Rubrics

## Student Evaluation of Faculty and Course

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.

Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

Select the SLO's you use

1. Essential--Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)
2. Essential--Learning to apply course material (to improve thinking, problem solving, and decisions)
3. Important--Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
4. Important--Learning appropriate methods for collecting, analyzing, and interpreting numerical information

## End of Syllabus

i <https://www.angelo.edu/student-handbook/>

ii <https://www.angelo.edu/catalogs/>

iii <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>

iv <https://www.angelo.edu/services/disability-services/>

v <https://www.angelo.edu/content/files/14197-op-1011-grading-procedures>

vi <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>

vii [https://www.angelo.edu/dept/writing\\_center/academic\\_honesty.php](https://www.angelo.edu/dept/writing_center/academic_honesty.php)

viii <https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of>