

ANGELO STATE UNIVERSITY

KINESIOLOGY

KIN 3321

ESSENTIALS of COACHING

Spring 2022



COURSE: KIN 3321 **Essentials of Coaching**

INSTRUCTOR: Jordan Daniel, PhD

OFFICE: CHP 110

CLASS: CHP 207 MWF 9-10

EMAIL: jordan.daniel@angelo.edu

PHONE: 325.942-2173 ext. 5465

Office Hours:

by appointment

**Any and all readings will be supplied will be provided on BlackBoard
Need Access to Netflix**

Tests will be on Blackboard using Respondus Lockdown Browser+Monitor. Make sure you have the appropriate access to appropriate technology to complete the course.

Course Description

This course is a comprehensive introduction to the coaching profession. Emphasis is placed on sport at the high school and serious club levels. Consideration is also given to coaching at other levels, such as youth, recreational, and intercollegiate sport programs. The primary goal of the course is to develop and enhance students' knowledge and understanding of concepts and techniques of coaching and their application to achieving important objectives in working with athletes.

Course Objectives

At the conclusion of this course, students are expected to be able to do the following:

1. Develop a coaching philosophy
2. Identify the three major objectives of coaching and describe the factors involved in selecting a coaching style.
3. Examine principles for coaching with character, for developing good character and sportsmanship in athletes, and for coaching athletes who have diverse backgrounds, characteristics, and abilities.

All video response are hosted on <https://flipgrid.com/drdcoaching>

Make sure you are posting in the appropriate spot.

Student Evaluation

Your grade for this course will be determined by your performance in the following:

Exams

Four exams, 100 points each, **400 total points.**

These exams will include true-false, multiple choice, fill-in-the blank, and short answer and essay questions.

Welcome Video

25 points This video tells everyone who you are and why you are taking the coaching class.

Final Coaching Philosophy Video

100 points. This video should reflect the answer to the following question, “What is your coaching philosophy?” The video will be exactly 10 minutes long. Each person will comment (3 minutes Minimum) on 3 other philosophies and not more than 3 reply’s tagged on each video.

FlipGrid Video Responses

300 points. Actively engage in discussions and reflection of the content (covering all articles, slides, podcasts, videos, etc that were assigned).

Mock Coaching Job Interview

75 points You will schedule and complete a mock job interview with a current coach in the profession.

Cover Letter & Resume

75 points. You will learn how to write a cover letter and resume.

3 Exams (150pts each)	450 points
+ Welcome Video	25 points
+ Final Coaching Philosophy Video	100 points
+ Flip Grid Video Responses (5 total 60 pts each)	300 points
+Mock Coaching Job Interview	75 points
+ Cover Letter & Resume	<u>50 points</u>
=	1000 points

Grading Scale

There are 1000 total points for the course.

Course Grade	Points	Percentage
A	900-1000	90-100%
B	800-899	80-89.99%
C	700-799	70-79.99%
D	600-699	60-69.99%
F	<600	<60%

The Angelo State University Honor Code:

Our students believe that ASU students should maintain complete honesty and integrity in their academic pursuits.

The Honor Code at ASU is located at: www.angelo.edu/forms/pdf/honorcode5.pdf and describes expected academic behavior of both faculty and students, and it consists of an agreement between the student and the academic community to foster academic integrity, to value student educational goals, and to maintain the positive academic reputation of ASU. Angelo State University expects all students and faculty to engage in all academic pursuits in a manner that is above reproach and to maintain complete honesty and integrity in the academic experiences both in and out of the classroom.

ASU students and faculty will not participate or condone

- Plagiarism
- Cheating
- Fabrication of data
- Misrepresentation of information
- Misuse of library materials
- Misuse of technology
- Conspiring with others to commit these acts

Course Syllabus Statement on Required Use of Masks/Facial Coverings by Students in Class At Angelo State University

As a member of the Texas Tech University System, Angelo State University has adopted the mandatory [Facial Covering Policy](#) to ensure a safe and healthy classroom experience. Current research on the COVID-19 virus suggests there is a significant reduction in the potential for transmission of the virus from person to person by wearing a mask/facial covering that covers the nose and mouth areas. Therefore, in compliance with the university policy students in this class are required to wear a mask/facial covering before, during, and after class. Faculty members may also ask you to display your daily screening badge as a prerequisite to enter the classroom. You are also asked to maintain safe distancing practices to the best of your ability. For the safety of everyone, any student not appropriately wearing a mask/facial covering will be asked to leave the classroom immediately. The student will

be responsible to make up any missed class content or work. Continued non-compliance with the Texas Tech University System Policy may result in disciplinary action through the Office of Student Conduct.

Students with Disabilities:

Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.

Students with disabilities who request reasonable accommodations must meet with the Course Coordinator within the first week of classes. Reasonable accommodations will be provided as authorized by the Office of Student Life as long as course requirements are not compromised. Faculty will provide no accommodations without authorization from the Office of Student Life. It is the student's responsibility to be a self-advocate when requesting accommodations.

Rams & Rambelles do not lie, steal or cheat or tolerate those who do.

“Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Student Handbook.”

Academic Support Services <https://www.angelo.edu/dept/freshman-college/academic-tutoring.php>

Academic Tutor Center <https://www.angelo.edu/dept/freshman-college/academic-tutoring.php>

Writing Center https://www.angelo.edu/dept/writing_center/

Math Lab <https://www.angelo.edu/dept/freshman-college/math-lab.php>

Supplemental Instruction <https://www.angelo.edu/dept/freshman-college/supplemental-instruction.php>

Upswing <https://angelo.upswing.io/>

Student Absence for Observance of Religious Holy Days

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for Observance of Religious Holy Day for more information.

Title IX at Angelo State University

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex. You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: www.angelo.edu/incident-form Face to face: Mayer Administration Building, Room 210 Phone: 325-942-2022 Email: michelle.boone@angelo.edu *Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis*

Helpline (325-486-6345), or the University Health Clinic (325-942-2171). For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: www.angelo.edu/title-ix.

Schedule

Schedule

TBA