

# Assessment of the Upper Extremity

KIN 3346

Instructor: Sherry Ann Miller, ATC, LAT

Term: Spring 2022

Office: Center of Human Performance (CHP) 104; 325-942-2173(Kinesiology)/325-486-6171(Direct)

Course Days: Tuesday & Thursday: 8 AM to 9:15 AM in CHP 143

Office Hours: Monday and Wednesday: 1 PM to 3 PM; Tuesday: 11 AM to 12 PM; and Thursday: 11 AM to 2 PM

E-mail: [smiller@angelo.edu](mailto:smiller@angelo.edu)

Required Textbook:

- Examination of Orthopedic and Athletic Injuries, 4th. ed. Chad Starkey and Sara D. Brown, FA Davis, 2015.
- Special Tests for Orthopedic Examination, 4th ed., Jeff G. Konin, Denise Lebsack, Alison R. Snyder Valier, and Jerome A. Isear, Jr, SLACK, 2016.
- Daniels and Worthingham's Muscle Testing: Techniques of Manual Examination, 10th ed., Hislop and Montgomery, W.B. Saunders, 2018.
- Trail Guide to the Body, 6th ed. Andrew Biel, Books of Discovery, 2019.

Course Description:

The study of clinical assessment related to injuries/illness to the upper extremity sustained by the competitive athlete. The student will learn manual and oral skills related to comprehensive health history, visual inspection, assess range of motion, muscular strength, stress testing, and functional inspections.

Course Objectives: Upon completion of this course the student will be able to:

1. Describe commonly accepted techniques and procedures for evaluation of the common injuries/illness that are incurred by athletes and others involved in physical activity. These include history, inspection or observation, palpation, functional testing (range of motion, ligamentous or capsular stress, manual muscle, sensory, motor, reflex, and neurological), special evaluation techniques.
2. Discuss the HOPS/SOAP format for evaluations.
3. Discuss diagnostic testing techniques used for the injured athlete.
4. Identify the major anatomical and functional structures of specific joints/areas.
5. Discuss the etiology, signs, symptoms, and pathology of injuries to specific joints/areas related to the lower extremity.
6. Discuss the evaluation process of neurological problems involving the cervical spine and cervical and brachial plexus.
7. Discuss the function and dynamics of the cardiopulmonary system and related conditions in regards to the upper extremity.
8. Discuss the evaluation process of injuries to the upper extremity.
9. Describe the function and dynamics of the integumentary system and related conditions.
10. Describe and discuss illnesses relating to viral infections, respiratory conditions, and disorders of the muscular system, nervous system, blood/lymph system, sexually transmitted disease, and reproductive system.

Course Delivery:

This is a "face to face" or "in person" course offering. This course has an online assignments and examinations in addition to a required "in class" component. Both components are required in order for the student to be successful. The online course component will be delivered via the Blackboard Learning Management System. The course site can be accessed at [ASU's Blackboard Learning Management System](#)

## Technology Requirements:

To participate in the online portion of this course, you need this technology:

- A computer capable of running Windows 7 or later, or Mac OSX 10.8 or later
- The latest version of Google Chrome
- Microsoft Office Suite or a compatible Open Office Suite
- Adobe Acrobat Reader
- High Speed Internet Access
- Ethernet adapter cable required (wireless connections can drop during tests and Collaborate sessions)
- Webcam

Refer to Angelo State University's Distance Education website for further technology requirements: [Angelo State University's Distance Education Website](#)

## Communication:

Faculty will respond to email and/or telephone messages within 24 hours during working hours Monday through Friday. Weekend messages may not be returned until Monday.

Written communication via email: All private communication will be done exclusively through your ASU email address. Check frequently for announcements and policy changes. In your emails to faculty, include the course name and section number in your subject line.

## Academic Integrity:

Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university's [Statement of Academic Integrity](#).<sup>i</sup>

## Accommodations for Students with Disabilities:

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at [ADA@angelo.edu](mailto:ADA@angelo.edu). For more information about the application process and requirements, visit the [Student Disability Services website](#).<sup>ii</sup> The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford  
Director of Student Disability Services  
Office of Student Affairs  
325-942-2047  
[dallas.swafford@angelo.edu](mailto:dallas.swafford@angelo.edu)  
Houston Harte University Center, Room 112

## Incomplete Grade Policy:

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 [Grading Procedures](#)<sup>iii</sup> for more information.

## Plagiarism:

Plagiarism is a serious topic covered in ASU's [Academic Integrity policy](#)<sup>iv</sup> in the Student Handbook. Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word-for-word without quotation marks and the source of the quotation. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list.

Papers are subject to be evaluated for originality. Resources to help you understand this policy better are available at the [ASU Writing Center](#).<sup>v</sup>

## Student Absence for Observance of Religious Holy Days:

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for [Observance of Religious Holy Day](#)<sup>vi</sup> for more information.

## Copyright Policy:

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

## Syllabus Changes:

The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.

## Title IX at Angelo State University:

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Miller, J.D. You may submit reports in the following manner:

Online: [www.angelo.edu/incident-form](http://www.angelo.edu/incident-form)

Face to face: Mayer Administration Building, Room 210

Phone: 325-942-2022

Email: [michelle.miller@angelo.edu](mailto:michelle.miller@angelo.edu)

*Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).*

For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: [www.angelo.edu/title-ix](http://www.angelo.edu/title-ix).

### Student Evaluation of Faculty and Course:

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.

Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

### Student Learning Objectives for this course:

1. Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)
2. Learning to apply course material (to improve thinking, problem solving, and decisions)
3. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course

### Assignment Submission:

All assignments must be submitted according to each assignment criteria on the Blackboard site. This is for grading, documenting, and archiving purposes. Issues with technology use arise from time to time. If a technology issue does occur regarding an assignment submission, email me at [smiller@angelo.edu](mailto:smiller@angelo.edu) and attach a copy of what you are trying to submit. Please contact the IT Service Center at (325) 942-2911 or go to your Technology Support tab to report the issue. This lets your faculty know you completed the assignment on time and are just having problems with the online submission feature. Once the problem is resolved, submit your assignment through the appropriate link. This process will document the problem and establish a timeline. Be sure to keep a backup of all work.

### Late Work or Missed Assignments Policy:

Due dates and times are posted for all assignments, quizzes, and examination. Online homework and exams will not be extended beyond their due date nor accepted past the due date and time. Other assignments, quizzes, and/or exams will not be accepted past their due date and time.

### General Policies Related to This Course:

All students are required to follow the policies and procedures presented in these documents:

- [Angelo State University Student Handbook](#)<sup>vii</sup>
- [Angelo State University Catalog](#)<sup>viii</sup>

### Student Responsibility and Attendance:

This course is an "in person" class which means that the student is responsible for completing the online portion of this course asynchronously. The student is also responsible to complete and submit this material by its due date and time. The "face to face" portion of this course, the student is required to be present in order to receive credit. The material that will be presented in class will not be presented online. Points will be deducted from cumulative total for each absence. Ten (10) points for each absence. All students must have medical documentation to return to class and/or clinical rotations from any and all illnesses.

### Instructor Expectations:

The instructor and/or instructors have several expectations of you, the student, while in this course.

1. All faculty, staff, and students will comply with “ASU Core Values” in all aspects of their professional and personal lives. ASU Core Values are:
  - Integrity: do the right thing, even if no one knows
  - Diversity & Inclusion: celebrate, appreciate, and build on our differences
  - Significance: construct a legacy and reputation of dynamic impact beyond ourselves
  - Community: collaborate to develop an inclusive sense of place and purpose
  - Commitment: hold ourselves and each other accountable to our responsibilities.
2. Professional behavior and language are required. Profanity is not acceptable as professional language.
3. It is your responsibility to read and comply with the syllabus. There will be no e-mail reminders to do homework or to take exams.
4. It is your responsibility to report missing grades on Blackboard immediately. Waiting until the end of the semester is not a plausible excuse.
5. Punctuality is a must.
6. Please be dressed appropriately for class especially on days we do activities/labs.
7. Electronic devices need to be on silence mode and put away unless you are using these devices to take notes. It is acceptable and encouraged to have them out in this situation. Please understand that if you have an emergency and are expecting a call, please let the instructor know. Step outside of the classroom and attend to your affairs. Otherwise if your phone rings during class and/or you are “on” your phone during class time, you will be counted as absent.
8. All assignments are due on the day and time listed on the syllabus. If an assignment is to be turned in during class, the assignment must be submitted at the beginning of class. If late submissions are accepted, points will be deducted as follows: 1 class day: 5 points; 2 class days: 10 points; 3 class days: 15 points.

#### Physical Health and Well Being Expectations:

Students are responsible to monitor and self-screen their physical health everyday they attend campus. To assist you with this endeavor, the following information is for you to comprehend and apply to the daily wellness screen:

#### COVID-19 symptoms:

- Fever of 100 degrees Fahrenheit or greater
- A new cough that is not attributable to another medical condition
- New muscle aches not attributable to another medical condition or another specific activity (e.g., due to physical activity and/or exercise)
- New or worsening headache
- New loss of taste or smell
- Throat pain not attributable to another medical condition
- Congestion and/or runny nose not attributable to another medical condition
- New shortness of breath not attributable to another condition
- Nausea or vomiting
- Diarrhea

#### Expectations for class:

1. Complete the “Daily COVID-19 Wellness Screening” tool found on the ASU website BEFORE coming on to campus and/or leaving your residence on campus. Go to: <https://www.angelo.edu/wellness-screening>.
2. Face coverings are optional on campus and in class
3. On days you will be engaged in “hands on activities”, you will be provided a pair of gloves to perform such activities.
4. If you are experiencing symptoms, email the instructor after you have sought medical attention.

In addition to your physical health, your mental and emotional health should be monitored and screened as well. If you are experiencing signs and symptoms related to anxiety and /or depression revolving around this current pandemic situation, please contact the ASU Counseling Services at 325-942-2371 or visiting [Counseling Services](#).

### Safety Standards in Class at Angelo State University

- Students, staff, and faculty are required to complete the wellness screen before coming to class and campus.
- Masks are optional everywhere on campus.
- Washing your hands is highly encouraged to prevent the spread of all germs.
- Students who do not pass the wellness screen should contact their instructors just as they would for any illness. All students are required to bring medical documentation for any illness prior to returning to class.

### Course Requirements:

1. Two (2) Practical Examinations at 125 points each - total 250 points  
Each examination will be in the format of oral response and demonstration of skill.
2. Final practical exam at 125 points.  
Each examination will be in the format of oral response and demonstration of skill.
3. Three (3) Written examinations at a total of 350 points  
Each examination will be in the format of multiple choice, true/false, matching, fill in the blank, short answer, and essay.
4. Final written examination 150 points {Comprehensive}  
Each examination will be in the format of multiple choice, true/false, matching, fill in the blank, short answer, and essay.
5. Five (5) SOAP notes at 25 points each. Total points are 125. The due date is the last day that the SOAP Note may be submitted for a grade. You may turn them in early. {The template must be used and the SOAP Note must be typed.}
  - One SOAP Note due in each category:
    - Cervical Spine & Head
    - Thoracic Spine and Thorax
    - Shoulder & Upper Arm
    - Elbow & Forearm
    - Wrist, Hand, & Finger.

SOAP Note	Points
Subjective	7 points
Objective	13 points
Assessment	3 points
Plan	2 points

6. Injury assignments and presentations at 35 points each for a total of 175 points.
7. Nerve Assessment – 12 points
8. Neurologic Screen – 15 points
9. In class assignments – 60 points
10. Chapter Outlines – 10 chapters at 5 points each for 50 points.
11. Vocabulary Note cards: 235 vocabulary terms at one half a point for a total of 117.5 points.

Grading is based off total points falling within a grading range: total points possible – 1429.5points. **This is not percentage points, and your grade will not be “rounded up”.**

Letter Grade	Point Ranges
A	1286.55 – 1429.5
B	1143.6 – 1286.549
C	1000.65 – 1143.599
D	857.7 – 1000.649
F	714.75 – 857.699

Any Athletic Training Specialization student who is ill and misses class due to that illness must bring documentation from a physician that they can return to class AND clinical observation rotations.

12. Athletic Training Specialization Students: All students in the Athletic Training Specialization Program must comply with clinical hours and clinical skill assessments even if you decide to withdrawal from the program. If students do not comply with the clinical skill assessments, you will be suspended from clinical hours which will jeopardize your grade and date of graduation.

### 13. Clinical Hours – 100 points

Clinical Hours	Point value
240-300 hours	100
165-239 hours	70
105-164 hours	40
45-104 hours	10
0-44 hours	0

14. Clinical Skill Assessments: 7 @ 40 points each. 280 points total. It is required that you pass 80% of the skill assessment in order to progress to the next assessment.

Clinical Skill Assessment	Point Value
90-100% of assessment correct	40
80-89.99% of assessment correct	20
70-79.99% of assessment correct	5
69.99 and below of assessment correct	0

Grading range for athletic training specialization students – total points possible are 1809.5 points. **This is not percentage points, and your grade will not be “rounded up”.**

Letter Grade	Point Ranges
A	1628.55 – 1809.5
B	1447.6 – 1628.549
C	1266.65 – 1447.599
D	1085.7 – 1266.649
F	904.75 – 1085.699

**All athletic training specialization students must pass the course with a “C” or better in order to progress to the next course.**

**All athletic training specialization students must make an “80%” or better on all skill assessments in order to be certified to take the Texas State Licensure (LAT) Examination.**

**Tentative Daily Schedule:**

Evaluation Book = (SB)	Muscle Testing Book = (HB)
Anatomy Workbook = (TGB)	Special Tests Book = (KLVI)

Date:	Topic/In Class	Assignments/Exams/Due dates:
January 18, 2022	First Day of Classes <ul style="list-style-type: none"> <li>• Orientation of Class</li> <li>• Syllabus</li> <li>• Course expectations</li> </ul>	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Review</b> Syllabus and mark on Blackboard</li> </ul>
January 20	<b>Read</b> Chapter 1: The Examination Process (SB) <b>Review</b> PPT for Ch. 1 <b>In Class:</b> Lecture – Chapter 1	
January 25	<b>Read</b> Chapter 2: Examination and Management of Acute Conditions (SB) <b>Review</b> PPT for Ch. 2 <b>In Class:</b> Lecture – Chapter 2	Due in Class: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Vocabulary cards for Chapter 1</li> </ul> Due by 10:00 PM: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Chapter 1 Outline</li> </ul>
January 27	<b>Read</b> Chapter 4: Injury Pathology Nomenclature (SB) <b>Review</b> PPT for Ch. 4 <b>In Class:</b> Lecture – Chapter 4	Due in Class: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit:</b> Vocabulary cards for Chapter 2</li> </ul> Due by 10:00 PM: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Chapter 2 Outline</li> </ul>
February 1	<b>Read</b> Chapter 20: Head and Acute Cervical Spine Pathologies (SB)/Sections 1 & 2 (KLVI) <b>Review</b> PPT Ch. 20 <b>In Class:</b> Lecture and guided practice	Due in Class: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Vocabulary cards for Chapter 4</li> </ul> Due by 10:00 PM: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Chapter 4 Outline</li> </ul>
February 3	<b>Read</b> Chapter 20: Head and Acute Cervical Spine Pathologies (SB)/Sections 1 & 2 (KLVI) <b>Review</b> PPT Ch. 20 In Class: Guided practice	Due in Class: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Vocabulary cards for Chapter 20</li> </ul> Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Head/Acute Cervical Palpations</li> <li>• <b>Complete &amp; Submit</b> Chapter 20 Outline</li> </ul>
February 8	<b>Read</b> Chapter 14: Cervical & Thoracic Spine and Thorax Pathologies (SB)/Section 1 & 2 (KLVI) <b>Review</b> PPT for Ch. 14 <b>In Class:</b> Lecture and guided practice	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Head/Acute Cervical Special Tests</li> <li>• <b>Complete &amp; Submit</b> Chapter 14 Outline</li> </ul> Due in Class: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> SOAP Note One (Cervical)</li> </ul>

Date:	Topic/In Class	Assignments/Exams/Due dates:
February 10	<b>Read</b> Chapter 14: Cervical & Thoracic Spine and Thorax Pathologies (SB)/Section 1 & 2 (KLVI) <b>Review</b> PPT for Ch. 14 <b>In Class:</b> Guided practice	Due in Class <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Vocabulary cards for Chapter 14</li> </ul> Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Cervical Palpations</li> </ul>
February 15	<b>Read</b> Chapter 14: Cervical & Thoracic Spine and Thorax Pathologies (SB)/Section 1 & 2 (KLVI) <b>Review</b> PPT for Ch. 14 <b>In Class:</b> Guided practice	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Cervical Special Tests</li> </ul> Due in Class: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> SOAP Note Two (Thoracic)</li> </ul>
February 17	<b>Present:</b> First Injury Assignment <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Injury Presentations in class</li> </ul>	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Written Exam One</b> <ul style="list-style-type: none"> <li>❖ Online only</li> <li>❖ Respondus LockDown Browser &amp; Monitor</li> <li>❖ 1 attempt</li> <li>❖ Covers Chapters 1, 2, 4, 14, &amp; 20</li> <li>❖ Opens February 17, 2022 @ 6 AM</li> <li>❖ Closes February 18, 2022 @ 10 PM</li> <li>❖ Under the “Examinations” tab</li> </ul> </li> <li>• <b>Complete &amp; Submit</b> Thoracic &amp; Thorax Palpations</li> </ul>
February 22	<b>Perform</b> Spine Boarding Exercises in Class	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Thoracic &amp; Thorax Special Tests</li> </ul>
February 24	<b>Read</b> Chapter 19: Face and Related Structure Pathologies (SB) <b>Review</b> PPT for Ch. 19 <b>In Class:</b> Lecture – Chapter 19	Due in Class <ul style="list-style-type: none"> <li>• <b>Complete &amp; submit</b> Vocabulary cards for Chapter 19</li> </ul> Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Chapter 19 Outline</li> </ul>
March 1	<b>Read</b> Chapter 18: Eye Pathologies (SB) <b>Review</b> PPT for Ch.18 <b>In Class:</b> Lecture – Chapter 18	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Chapter 18 Outline</li> </ul>
March 3	<b>Perform</b> Eye and Face Assessment in class <b>Present:</b> Second Injury Assignment <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Injury Presentations</li> </ul>	Due in Class <ul style="list-style-type: none"> <li>• <b>Complete and &amp;Submit</b> Vocabulary cards for Chapter 18</li> </ul>

Date:	Topic/In Class	Assignments/Exams/Due dates:
March 8	<b>Read</b> Chapter 15: Shoulder and Upper Arm Pathologies (SB)/Section 3 (KLVI) <b>Review</b> PPT for Ch. 15 <b>In Class:</b> Lecture and guided practice	Due in Class <ul style="list-style-type: none"> <li>• <b>Complete and submit</b> Vocabulary cards for Chapter 15</li> </ul> Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Chapter 15 Outline</li> </ul>
March 10	<b>Read</b> Chapter 15: Shoulder and Upper Arm Pathologies (SB)/Section 3 (KLVI) <b>Review</b> PPT for Ch. 15 <b>In Class:</b> Guided practice	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Shoulder Palpations</li> </ul> Due in Class: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> SOAP Note Three (Shoulder)</li> </ul>
March 14-25, 2022	<b>University Holiday (Spring Break)</b>	No class
March 22	<b>Read</b> Chapter 15: Shoulder and Upper Arm Pathologies (SB)/Section 3 (KLVI) <b>Review</b> PPT for Ch. 15 <b>In Class:</b> Guided practice	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Shoulder Special Tests</li> </ul>
March 24	<b>Present:</b> Third Injury Assignment <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Injury Presentations</li> </ul>	
March 29	<b>Practical Exam One {Cranial Nerve Function}</b> <ul style="list-style-type: none"> <li>• <i>Practical exams will begin at 7 am in the morning. Please plan accordingly</i></li> </ul>	
March 31	<b>Practical Exam One (Chapters 14, 15, 18, 19, &amp; 20)</b> <ul style="list-style-type: none"> <li>• <i>Practical exams will begin at 7 am in the morning. Please plan accordingly</i></li> </ul>	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Written Exam Two</b> <ul style="list-style-type: none"> <li>❖ Online Only</li> <li>❖ Respondus LockDown Browser &amp; Monitor</li> <li>❖ 1 attempt</li> <li>❖ Covers Chapters 15, 18 &amp; 19</li> <li>❖ Opens March 31, 2022 @ 6 AM</li> <li>❖ Closes April 1, 2022 @ 10 PM</li> <li>❖ Under "Examinations" tab</li> </ul> </li> </ul>
April 5	<b>Read</b> Chapter 16: Elbow and Forearm Pathologies (SB)/Section 4 (KLVI) <b>Review</b> PPT for Ch. 16 <b>In Class:</b> Lecture and guided practice	Due in Class <ul style="list-style-type: none"> <li>• <b>Complete and submit</b> Vocabulary cards for Chapter 16</li> </ul> Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Chapter 16 Outline</li> </ul>
April 7	<b>Read</b> Chapter 16: Elbow and Forearm Pathologies (SB)/Section 4 (KLVI) <b>Review</b> PPT for Ch. 16 <b>In Class:</b> Guided practice	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Elbow Palpations</li> </ul> Due in Class: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> SOAP Note Four (Elbow)</li> </ul>

Date:	Topic/In Class	Assignments/Exams/Due dates:
April 12	<b>Read</b> Chapter 16: Elbow and Forearm Pathologies (SB)/Section 4 (KLVI) <b>Present:</b> Fourth Injury Assignment <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Injury Presentations</li> </ul>	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Elbow Special Tests</li> </ul>
April 14	<b>Read</b> Chapter 17: Wrist, Hand, and Finger pathologies (SB)/Section 5 (KLVI) <b>Review</b> PPT for Ch. 17 <b>In Class:</b> Lecture and guided practice	Due in Class <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Vocabulary cards for Chapter 17</li> </ul> Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Wrist &amp; Hand Palpations</li> <li>• <b>Complete &amp; Submit</b> Chapter 17 Outline</li> </ul>
April 19	<b>Read</b> Chapter 17: Wrist, Hand, and Finger pathologies (SB)/Section 5 (KLVI) <b>Review</b> PPT for Ch. 17 <b>In Class:</b> Guided practice	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Wrist &amp; Hand Special Tests</li> </ul> Due in Class: <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> SOAP Note Five (Wrist/Hand)</li> </ul>
April 21	<b>Read</b> Chapter 17: Wrist, Hand, and Finger pathologies (SB)/Section 5 (KLVI) <b>Present:</b> Fifth Injury Assignment <ul style="list-style-type: none"> <li>• <b>Complete &amp; Submit</b> Injury Presentations</li> </ul>	Due by 10:00 PM <ul style="list-style-type: none"> <li>• <b>Written Exam Three</b> <ul style="list-style-type: none"> <li>❖ Online Only</li> <li>❖ Respondus LockDown Browser &amp; Monitor</li> <li>❖ 1 attempt</li> <li>❖ Covers Chapters 16 and 17</li> <li>❖ Open April 21, 2022 @ 6 AM</li> <li>❖ Closes April 22, 2022 @ 10 PM</li> <li>❖ Under “Examinations” tab</li> </ul> </li> </ul>
April 26	<b>Practical Exam Two {Upper Quarter Neurological Screen}</b> <ul style="list-style-type: none"> <li>• <i>Practical exams will begin at 7 am in the morning. Please plan accordingly</i></li> </ul>	
April 28	<b>Practical Exam Two (Chapters 16 and 17)</b> <ul style="list-style-type: none"> <li>• <i>Practical exams will begin at 7 am in the morning. Please plan accordingly</i></li> </ul>	
May 3	<b>Final Practical examination</b> (Injury Evaluation) <ul style="list-style-type: none"> <li>• <i>Practical exams will begin at 7 am in the morning. Please plan accordingly</i></li> </ul>	
May 5	<b>Final Practical examination</b> (Injury Evaluation) <ul style="list-style-type: none"> <li>• <i>Practical exams will begin at 7 am in the morning. Please plan accordingly</i></li> </ul>	

Date:	Topic/In Class	Assignments/Exams/Due dates:
May 10	<b>Final Exam</b>	Due by 12:00 PM <ul style="list-style-type: none"> <li>• Opens by May 10, 2022 @ 6 AM</li> <li>• Closes by May 10, 2022 @ 12 PM (noon)</li> <li>• Comprehensive</li> <li>• 1 attempt</li> <li>• Respondus LockDown Browser &amp; Monitor</li> <li>• Under the "Examinations" tab</li> </ul>

## Skill Assessment Guidelines and Rules:

Skill Assessments need to be completed in the following manner. Assessments are not optional.

- Due by the assigned due date.
- Peer checked at least 24 hours prior to clinical preceptor check.
- Must schedule an approved time with your clinical preceptor to complete your skill assessment (up to clinical preceptor's discretion (i.e. 24 hours prior, 1 week in advance, etc.))
- Must score an 80% or better on ALL skill assessments in ALL athletic training related courses in order to be certified to take your LAT exam.
- Must make an 80% or better on first attempt of a skill assessment with your clinical preceptor. Points for the class will be awarded based on the grading scales below.
- If you score below an 80% on the first attempt:
  - ❖ You are required to re-do that skill assessment with your clinical preceptor for a second attempt within 1 week from the assigned due date for a maximum of 20 points in the class.
  - ❖ A first attempt must be made by the assigned due date in order to perform a second attempt.
- If a first attempt is not made by the assigned due date, you will receive 0 points for that skill assessment in the class. (However, you must make an 80% or better to be certified to take your LAT exam. The date and time will be scheduled by your preceptor by the end of the current semester.)

First Attempt	Class Grading Scale	Second Attempt	Class Grading Scale
90-100%	40 points	90-100%	20 points
89-89%	20 points	80-89%	10 points
70-79%	5 points	<79%	0 points
<69%	0 points		

Due Date:	Skill Assessment:
Thursday, January 27	Upper Extremity Neurological Screen and Cranial Nerves
Thursday, February 10	Cervical Spine
Thursday, February 24	Face and Related structures
Thursday, March 24	Shoulder
Thursday, April 7	Elbow and Forearm
Thursday, April 21	Wrist, Hand, and Fingers
Thursday, May 5	Concussion

# Vocabulary Note Cards

This assignment is to facilitate your knowledge about terminology used in athletic training/sports medicine/health and medical professions. You will be assigned terms from each chapter in all of the textbooks that are required for this course. You will find a section on your Blackboard page with each chapter, from each textbook, terms, and the due date. You will submit your cards to me by the due date before class starts. You will need to pick up your cards as soon as I can grade them.

## Guidelines:

1. Print term on one side of card.
2. Write out a definition and/or an explanation of the term on the opposite side. You need to draw a diagram and/or a picture with the definition and/or explanation.
3. Resources: please use a medical dictionary, the glossary in your textbook, and/or the definition and/or explanation from the text.
4. Please use 3x5 or 4x6 note cards. Do not use pieces for notebook paper, paper from a spiral notebook, and/or printer paper. Please do not use electronic note cards or flash cards. I want you to have your note cards with you to study at all times.

## Grading:

There is a total of 235 terms for the entire course. Each note card is worth one-half point (.5). Total point value is 117.5. You will receive points for the correct term and definition/explanation.

## Vocabulary Note Cards:

Chapter/Textbook:	Due Date:
Chapter 1	January 25, 2022
Chapter 2	January 27, 2022
Chapter 4	February 1, 2022
Chapter 20	February 3, 2022
Chapter 14	February 10, 2022
Chapter 19	February 24, 2022
Chapter 18	March 3, 2022
Chapter 15	March 8, 2022
Chapter 16	April 5, 2022
Chapter 17	April 14, 2022

## Chapter Outlines

There are many ways to do an outline. An example is at the end of this document. It is attached so that you may use all or part to create your outline for the chapters in Examination of Orthopedic and Athletic Injuries.

This assignment is for 5 points. Points will be awarded for each outline that contains the following content:

Content:	Format:
1. Flow of outline is logical and easy to comprehend. (One point)	1. Cover page, reference page, and APA format for documentation. A minimal of 3 pages, and it must be typed. (One point)
2. It appears that you have included the major points of the chapter. (One point)	2. 1-inch margins; Arial font; 12 point, and single spaced. Correct grammar, spelling, sentence structure, and syntax. (One point)
3. Terminology, graphs, pictures, and/or tables are included. (One point)	

The following chapters are due:

Chapter:	Due Date:
Chapter 1	January 25, 2022
Chapter 2	January 27, 2022
Chapter 4	February 1, 2022
Chapter 20	February 3, 2022
Chapter 14	February 8, 2022
Chapter 19	February 24, 2022
Chapter 18	March 1, 2022
Chapter 15	March 8, 2022
Chapter 16	April 5, 2022
Chapter 17	April 14, 2022

## Professionalism:

You as a student are responsible for your academic career. The Athletic Training Specialization faculty and clinical preceptors expect you to develop certain attributes and qualities as a professional athletic trainer. One attribute is to establish professional goals and develop and foster professional relationships.

In order to reach your goal to become a licensed professional, here are some priorities that must be met:

### A. Academic Endeavors

Your courses should be your first priority. Academic endeavors must be pursued rigorously. This means all of your courses. Attending class, supplemental instruction, study hours, and study sessions should be your main focus. For every hour of course work you take, you should spend approximately 3 hours studying. For example – if you have 15 credit hours, you should spend a minimum of 45 hours a week in study and preparation for those courses. You need to be present for all courses no matter if the professor/instructor has an attendance policy or not. If you are ill, please seek medical attention. You will need to provide medical documentation to return to classes and clinical hours.

### B. Clinical Experience

Clinical experiences and opportunities should be your second priority. Your clinical hours should be viewed as another learning opportunity and an extension of what you are learning in the classroom. You need to establish professional habits while in the clinical setting. Some of these habits and actions include but are not limited to:

- Dressing appropriately and being in professional work attire
- Actively seeking learning opportunities in the clinical setting
- Being productive in the clinical setting
- Practicing your knowledge, skills, and abilities while in the clinical setting with the guidance of your clinical preceptors
- Developing professional relationships with your clinical preceptors
- Being punctual and/or early to your clinical rotation

### C. College life

I understand and acknowledge your need to be social and possess healthy relationships with your peers, but this should not be a priority for your entire academic career. Starting this semester, you may study in the athletic training facility from 7 am to 12 pm, but in the afternoons you will no longer will be allowed to study and do homework at the expense of patient care, and your athletic training knowledge, skills, and abilities. In other words, “no more sitting at the counter, hiding in the athletic training facility, and/or sitting in your clinical preceptor’s office” to avoid participating in patient care and learning opportunities.

### Statement of Acknowledgement:

My signature is my acknowledgement that I have read the syllabus and “Professionalism Statement.”

\_\_\_\_\_  
Signature:

\_\_\_\_\_  
Date:

*Please print and return to Sherry Ann Miller by the second course day.*

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- i <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>
  - ii <https://www.angelo.edu/services/disability-services/>
  - iii <https://www.angelo.edu/content/files/14197-op-1011-grading-procedures>
  - iv <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>
  - v [https://www.angelo.edu/dept/writing\\_center/academic\\_honesty.php](https://www.angelo.edu/dept/writing_center/academic_honesty.php)
  - vi <https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of>
  
  - vii <https://www.angelo.edu/student-handbook/>
  - viii <https://www.angelo.edu/catalogs/>