Tonight, before you go to sleep, think of something that makes you smile. There is always something, no matter how bad your day may have been. You will sleep better, you will feel better once you wake and you will face your new day with a positive mind.

Take charge of your happiness.

Wisdomtoinspirethesoul.com

Angelo State University, Fall 2021

Kinesiology 3352 Motor Skill Acquisition, CHP 207 (.010) TTR 11:00-12:15 p.m., (.020) TTR 12:30-1:45 p.m.

INSTRUCTOR: Mr. Jack Plott, BS, MAT, M.Ed.

Graduate Teaching Assistants: (.010) Mr. Josh Mckinney (jmckinney6@angelo.edu)

(.020) Ms. Zoey Tropoloc (ztropolocfrancis@angelo.edu)

<u>Experience:</u> San Angelo ISD-elementary P.E. coach (1980-1990); U.S. Department of Defense Dependent Schools (overseas)-K-12 P.E. coach (1990-2006); ASU Department of Kinesiology (spring 2009 to present).

Office Hours:

Contact information:

CHP 105

Office Phone: (325) 942-2173

Home Phone: 949-9807 Cell Phone: 227-5649 Email: cplott@angelo.edu

MW: 8-8:4

MW: 8-8:45, 11-11:45 a.m. TTR: 9:15-10:45 a.m.

F: 10-12 p.m.

Textbook/Material:

- No textbook required
- Whistle with lanyard
- Stopwatch-may use phone
- Black Board account
- ASU email address

Course Description:

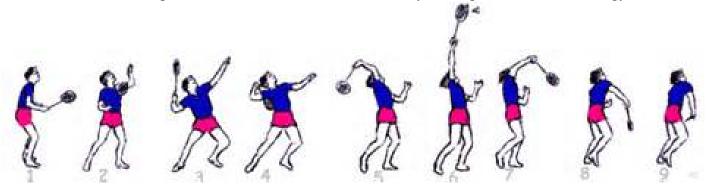
This course provides students with the opportunity to acquire knowledge and skill relating to individual, team sports and activities. In addition, there will be emphasis on motor skill checklist development and team-teaching.

Student Learning Outcomes:

Upon completion of this course, the student will be able to:

- 1. Demonstrate the basic skills used in a variety of activities.
- 2. Demonstrate an understanding of the strategies and rules in games and sports.
- 3. Develop strategy plans addressing the psychomotor, cognitive and affective objectives of learning.

- 4. Demonstrate the ability to team-teach skills, strategies, and rules of various team/individual sports.
- 5. Demonstrate the ability to objectively self-reflect on strategy plan delivery performances.
- 6. Demonstrate the ability to provide constructive feedback to peers in an effort to improve his/her strategy plan delivery performances.
- 7. Exhibit the student expectations and core values established by the Department of Kinesiology.



Attendance Policy:

Attendance will be taken daily. For each unexcused absence, 15 points will be deducted from the attendance grade (up to 120 points) and coming in late for class counts 5 points off your attendance grade. Students will be responsible for any part of the class that he/she missed. If you come to class late, it is YOUR responsibility to come to your teaching assistant or myself after class to have your absence changed to tardy. University-sponsored events, religious holy day (s) and military training are excused absences. I will allow you two personal unexcused absences without penalty. If you know you need to be gone in the future, please come by and talk to me.

Academic Integrity

All students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university's Statement of Academic Integrity. 1

Accommodations for Students with Disabilities

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the Student Disability Services website. The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford
Director of Student Disability Services
Office of Student Affairs
325-942-2047
dallas.swafford@angelo.edu

Academic Honor Code:

Angelo State University expects its students to maintain complete honesty and integrity in their academic pursuits. Students are responsible for understanding the Academic Honor Code, which is contained in both print and web versions of the ASU Student Handbook.

Persons Seeking Accommodations:

Persons with disabilities which may warrant academic accommodations, must contact the Student Life Office, Room 112, University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.

Course Syllabus Statement on Required Use of Masks/Facial Coverings by Students in Class At Angelo State University

As a member of the Texas Tech University System, Angelo State University has adopted the mandatory <u>Facial Covering Policy</u> to ensure a safe and healthy classroom experience. Current research on the COVID-19 virus suggests there is a significant reduction in the potential for transmission of the virus from person to person by wearing a mask/facial covering that covers the nose and mouth areas. Therefore, in compliance with the university policy students in this class are required to wear a mask/facial covering before, during, and after class. Faculty members may also ask you to display your daily screening badge as a prerequisite to enter the classroom. You are also asked to maintain safe distancing practices to the best of your ability. For the safety of everyone, any student not appropriately wearing a mask/facial covering will be asked to leave the classroom immediately. The student will be responsible to make up any missed class content or work. Continued non-compliance with the Texas Tech University System Policy may result in disciplinary action through the Office of Student Conduct.

Physical Health and Well Being Expectations:

Students are responsible to monitor and self-screen their physical health everyday they attend campus. To assist you with this endeavor, the following information is for you to comprehend and apply to the daily wellness screen:

COVID-19 symptoms:

- Fever of 100 degrees Fahrenheit or greater
- A new cough that is not attributable to another medical condition
- New muscle aches not attributable to another medical condition or another specific activity (e.g., due to physical activity and/or exercise)
- New or worsening headache
- New loss of taste or smell
- Throat pain not attributable to another medical condition
- Congestion and/or runny nose not attributable to another medical condition
- New shortness of breath not attributable to another condition
- Nausea or vomiting
- Diarrhea

Expectations for class:

- 1. Complete the "Daily COVID-19 Wellness Screening" tool found on the ASU website before coming on to campus. Go to: https://www.angelo.edu/wellness-screening.
- 2. Be prepared to show "wellness badge" before and/or upon entering the building and/or classrooms.

- 3. Face coverings and physically distancing while in class
- 4. If you are experiencing symptoms, email the instructor after you have sought medical attention.

If you are exhibiting COVID-19 symptoms and/or have a temperature of 100 degrees Fahrenheit or greater, it is recommended that the student stay home and seek medical attention.

Seek medical attention:

First option:

- Download and use the <u>Shannon on Demand app</u>.
- Create an account
- Use payment code SHANNONCOVID19 which will cover your cost if it is COVID related.
- Talk to one of the physicians available
- Carefully follow the physician's instructions

Second option:

Grading Policy

- Call and make an appointment with ASU Shannon Clinic Jackson by calling 325-942-2171
- Attend appointment
- Carefully follow the physician's and/or healthcare provider's instructions.

Addition to your physical health, your mental and emotional health should be monitored and screened as well. If you are experiencing signs and symptoms related to anxiety and /or depression revolving around this current pandemic situation, please contact the ASU Counseling Services at 325-942-2371 or visiting Counseling Services.



Grading Scale

Grading Folicy.		Grauing Scare.
Strategy Plan/Motor Skill Check List X 3= (100 pts)	300	1000 - 900 = A
Strategy Plan Delivery X 3= (100 pts)	300	899 - 800 = B
Attendance	120	799 - 700 = C
Final Exam Presentation	100	699 - 600 = D

er Reflections X 3 (40 pts)
(1000 total points)

<u>Professionalism:</u> you have 60 points credited on your Bb gradebook. I take off 10 points each time you are not dressed appropriately, on your phone during class (except for partner collaboration), bad attitude, etc.

120

Extra Credit: you can make up to 20 extra points by donating blood during the semester and/or becoming an organ donor. If you are already an organ donor (bless you), you can give show me or email me a picture of your driver's license to receive 10 extra credit points. When you register on-line (<u>info@donatelifetexas.org</u>), you will receive a confirmation email. You can forward that confirmation email to me.

If you donate blood, please bring me the proof of blood donation paper or take a picture of it and send it to me (10 points). Vitalant Blood Donation, 2020 W. Beauregard, San Angelo (Village Shopping Center)



HOW TO DETERMINE YOUR CURRENT GRADE:

Example: If the cumulative point total for all assignments up to the present is 440 and your Bb grade book total is 365; then divide the cumulative point total (440) into your Bb grade book total (365) and you get 83%. You can do this any time during the semester to find your current grade.

Requirements for all written assignments: All assignments will be typed and have a cover page that includes the following information centered on the page: (a) KIN 3352 Acquisition of Motor Skills, (b) Title of Assignment (c) Date, (d) Your Name and/or Partner's Name, and (e) Mr. Plott & the Teaching Assistant for your section

<u>Strategy Plan and Motor Skill Checklist</u>: You and your partner will be assigned three motor skill assignments. Your strategy plan will address the cognitive, psychomotor, and affective objectives of learning. You will include two to three activities for practice of the skill. In addition, each motor skill checklist will address the preparatory, execution, and follow through phases. You will also identify common errors in the learning of skills. Late submissions will not be accepted!

<u>Self-Reflections/Partner Reflections:</u> Your strategy delivery (presentation) will be digitally recorded. You will access the posted Bb video to view and you will reflect on your (and your partner's) performance. You will then thoroughly complete the reflection assessments. Reflections are due within one week. As a professional in this class, you are agreeing to review all_of your posted videos and provide objective and thorough reflections. Late submissions will not be accepted!

Dress Code: Students are required to dress in appropriate physical education attire when we are in the gym (no

tank tops, low-cut tops, cutoffs, short shorts, jeans, street shoes, sandals, boots, flip flops, etc.). Warm ups are acceptable clothing. Failure to wear appropriate activity clothes and shoes will result in a <u>ten-point</u> deduction from your professionalism grade. The dress code is in effect the entire semester whether we are in the classroom (jeans are acceptable in the classroom) or in the gym (presenter or participant).

NOT ACCEPTABLE ATTIRE!



NOT ACCEPTABLE ATTIRE!



ACCEPTABLE ATTIRE!







ACCEPTABLE ATTIRE!









<u>Cell Phones</u>: there will be no use of cell phones during class except during periods of partner collaboration in the classroom. When class starts, put your cell phone away. This also includes days in the gym between strategy plan deliveries (presentations). If you are expecting an important call (family matters, etc.), let me know in advance. Put your phone on vibrate mode, leave the room/gym quietly and take the call.



Kinesiology 3352 Motor Skill Acquisition-Spring 2021 Tentative Schedule (subject to change) TTR 11:00 a.m. – 12:15 p.m. (.010) TTR 12:30-1:45 p.m. (.020)

	26	Partner Lists & Contact Information/Discuss Strategy Plan (SP) and Motor Skill Check Lists (MSCL) development/partner collaboration
****	*****	**************************************
	31	Gym-model teaching, classroom strategy plan and MSCL collaboration
Sep	2	Dean of Graduate Studies & Research- gym-equipment room/practice presentation of SP
****	*****	**********************
	7	Peer edit of SP/MSCL-gym (practice presentation of SP)
****	9 *****	(2) assigned SP/MSCL presentations/ assigned SP/MSCL due
	14	(2) assigned SP/MSCL presentations
	16	(2) assigned SP/MSCL presentations
****		**********************
	21	(2) assigned SP/MSCL presentations
	23	classroom (overall comments for presentations)
****	*****	Team Handball (TH)/Floor Hockey (FH)/Badminton team collaboration ************************************
	28	Classroom-team collaboration continues
	30	Gym team collaboration continues /TH, FH & Badminton SP/MSCL due-
		(1) Team Handball SP/MSCL presentation
****	*****	***********************
Oct	5	(2) Team Handball SP/MSCL presentations
ala ala ala ala	7	TH Play Day ************************************

	12 14	(2) Floor Hockey SP/MSCL presentations Floor hockey play day
	17	Proof nockey play day
	19	(2) Badminton SP/MSCL presentations
	21	1) Badminton SP/MSCL presentation / Lacrosse, Ultimate Frisbee (UF)/ Pickleball (PB) team
collal	oration	
••••	••••	
	26	Lacrosse, Ultimate Frisbee & Pickleball SP/MSCL due/collaboration
	28	(2) Lacrosse SP presentations
****	*****	*************************************

- Nov 2
- Lacrosse play day
 (2) Ultimate Frisbee SP/MSCL presentations

*****	*****************************
9	Ultimate Frisbee play day
1.	2) Pickleball SP/MSCL presentations
*****	***************************
16	(1) Pickleball SP/MSCL presentation/final collaboration
18	Pickleball play day
*****	*************************
23	favorite play day
25	Thanksgiving holiday
30	final collaboration
Dec 2	Classroom-final exam presentations (groups 1-3)
	Classroom-final exam presentations (.010) (groups 4-7), 10:30-12:30 p.m.
	Classroom-final exam presentations (.020) (groups 4-7)), 10:30-12:30 p.m.
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i https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php ii https://www.angelo.edu/services/disability-services/