

General Psychology - Course Number 2301.020 Spring 2022

Archer



Instructor Information

Name: Dr. B. Paige Trubenstein (she/her)

Email: paige.trubenstein@angelo.edu

Phone: (325) 486-6296

Office: Academic 204G

Office Hours: Tuesdays & Thursdays 9:30 a.m. - 11:00 a.m.

Welcome Statement

Hi and Welcome to the course!

My name is Paige Trubenstein and I am your professor for General Psychology this semester. I am looking forward to meeting you all on the first day and teaching you this semester! This is one of my favorite classes to teach. I know many of you will have questions this semester about what to do if you become ill. If you fail your wellness screening, follow the steps given and let me know what has been recommend to you. If you have to miss class for any amount of time, first watch the recording of the missed lecture. If there was an in class assignment given, reach out to me and let me know that you will need to make up the activity. As always, let me know if you have questions.

Course Information

Course Time: 12:00 p.m. - 12:50 p.m. MWF

Course Room: Academic 004

Description

While almost everyone has an interest in psychology, many individuals have misconceptions about psychological concepts. Samplings of topic's to be discussed include psychological methods, Biopsychology (genetics, nervous & endocrine systems), Development, States of Consciousness, Learning, Language & Thought, Cognition & Intelligence, Memory, Motivation & Emotion, Personality, Social Psychology, Stress & Health, and Psychological Disorders and associated treatments.

Credits

Three Credits

Prerequisite and Co-requisite Courses

None

Prerequisite Skills

1. Using the Blackboard Learning Management System
2. Using email with attachments
3. Creating and submitting files in commonly used word processing programs (e.g. Word or Google Docs)

Course Delivery

This is a face-to-face course with learning resources and supplemental materials posted in Blackboard. Each lecture is unique, and attendance will be taken at every class. Face-to-face class will be held in A004 on Monday, Wednesday, Friday's from 12:00 p.m. to 12:50 p.m.

Required Texts and Materials

Text:

We'll be using the OpenStax textbook through Lumen Learning. You'll have access to this through your Blackboard account. You can buy the code from the bookstore for \$25. This is the only way to attain the code for the course and needs to be done ASAP.

Materials:

- Laptop/Computer or Tablet
- Note Taking Method
- Number 2 Pencil

Student Learning Outcomes

Student Learning Outcome By completing all course requirements, students will be able to:	Assignment(s) or activity(ies) validating outcome achievement:
Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)	<ul style="list-style-type: none">• Lectures• Personal Application Questions• Quizzes
Developing knowledge and understanding of diverse perspectives, global awareness, or other cultures	<ul style="list-style-type: none">• Lectures• In class discussion• Quizzes
Learning to apply knowledge and skills to benefit others or serve the public good	<ul style="list-style-type: none">• Lectures• Personal Application Questions
Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course	<ul style="list-style-type: none">• Lectures• Personal Application Questions• Quizzes
Learning to apply course material (to improve thinking, problem solving, and decisions)	<ul style="list-style-type: none">• Lectures• Personal Application Questions• Quizzes

Grading

Research Experience (10% of grade):

There is an experimental research requirement for all general and developmental psychology courses. This requirement is designed to provide all students taking their first courses in psychology some knowledge of the procedures and conduct of psychological research. A principal aim of the requirement is for students to gain an appreciation of how psychology experiments work, while simultaneously acquiring new knowledge about areas of psychology that students may not encounter during lecture.

To satisfy this requirement, students must complete **four hours/credits** of experimental work by the close of research collection (4/29/22). Failure to complete this requirement will result in a loss of up to 10% from your total grade. You will need to register at: <http://angelostate.sona-systems.com/>². To register, you will use your ASU email and create a new password. You will be prompted to select a class that you will apply your credits to. Make sure you choose this class. For more information, see class handout.

Suggested dates for research credit completion
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1-21-22	Account Created
2-11-22	1 research credit done
3-11-22	2 research credits done
4-15-22	3 research credits done
4-29-22	4 research credits done

Online Quizzes (45% of grade):

You will have 14 quizzes over selected chapters. These quizzes will be over readings, notes, and discussions and based within blackboard. You get two attempts at a quiz; I recommend taking them before the week to figure out what questions you have and need more help with, and then again at the end of the week after your Friday section. Two of these will be dropped.

Discussion Questions (30% of Grade):

Each week, your TA will post four discussion questions to BlackBoard one week before you meet. You will write a fifth discussion question and type responses to all five. Please see the syllabus from your TA for more information.

Personal Application Questions (15% of Grade):

You will have 14 sets of Personal Application Questions over selected chapters. For each chapter, I will select one of the questions for you to respond to. In the same submission, you will select one from any of the other questions listed and respond to it. Rubric can be found on Blackboard.

Extra Credit:

There will be various extra credit opportunities throughout the course, including personal application activities, attending events, and/or volunteering for different things. I typically provide 3-5% extra credit per semester.

Grading System

Course grades will be dependent upon completing course requirements and meeting the student learning outcomes. It is my policy that if at the end of the term a student is less than half of a percentage point away (i.e. >.51) from the next grade level, that student is rounded to the next grade level.

The following grading scale is in use for this course:

A = 90.00-100 points

B = 80.00-89.99 points

C = 70.00-79.99 points

D = 60.00-69.99 points

F = 0-59.99 points

Assessment	Percent
Research Credit	10%
Online Quizzes	45%
Discussion Questions	30%
Personal Application Questions	15%
Total	100%

General Policies Related to This Course

I recognize that some of you are caregivers, many of you work outside of classes, and almost all of you have other classes in addition to this class. With an understanding of the uniqueness of each student's situation, the following policies are in place

Late or Missed Assignments-

1. Lectures & In-Class Activities - If you are unable to attend class in person, there is an alternative way in which you can get the same number of participation points. If you watch the entire recording of lecture, you will receive the same number of participation points for that lecture. You do not need to enter the TopHat attendance code. If there was an in-class assignment, please reach out to me to determine the best method for you to make up the activity. You will find recordings of each lecture, in the Lecture Recordings folder in Blackboard.
2. Reading & Homework Assignments – these assignments are scheduled to open the week before the chapter is covered in lecture and close the week after the chapter is covered. If you are unable to complete the reading assignment during the open time, please let me know so that arrangements can be made to re-open the reading assignment. Due dates/times for assignments are posted on the syllabus, in the course schedule and on TopHat.
3. Exams – If you know ahead of time that you will not be in attendance on the day of an exam, please let me know so that an alternative to the “group” portion of the exam can be administered. If for some reason you miss an exam (individual or group portion), please reach out to me as soon as possible so that arrangements can be made to re-administer the exam. Students may forfeit a portion of their overall exam score for missing any portion of the exam.

In Person Etiquette –

1. Please be in your seats before the start of class. If you are late, please quietly take a seat closest to the door. If you know that you will need to leave early for some reason, please let me know before the start of class. Additionally, if you will be leaving early, please sit close to the door and exit as quietly as possible.
2. Please keep your phone on silence while in lecture. If you are expecting a phone call during class time, please let me know ahead of time and sit close to a door so you may enter and exit without disturbing your classmates. If you receive an emergency message while in class, please quietly gather your things and step out.
3. There will be many times where you will be asked to interact with your peers. You are expected to always treat the instructor and classmates with respect and dignity. Disrespect to me or any of your peers will not be tolerated, and you will be asked to leave. Repeated violations or dismissals will result in consultations with the instructor. If you have been disrespected by someone in the class, please let me know so that I may resolve the issue.

Technology Issues - Issues with technology use arise from time to time and can be very frustrating. If a technology issue does occur, email me at paige.trubenstein@angelo.edu with an explanation of the problem. Additionally, reach out to either ASU's IT desk or Top Hat Support (contacts below). Be sure to keep a backup of all work.

1. IT Service Center (Help Desk)
325-942-2911
1-866-942-2911
itsupport@angelo.edu
Mathematics-Computer Science Building, 111
2. Top Hat Support
Hours: Monday - Friday | 9AM - 9PM EST
1 (888) 663-5491
<https://success.tophat.com/s/contact-main>

Children in Class - Currently, the university does not have a formal policy on children in the classroom. The policy described here is thus a reflection of my own beliefs and commitments to student parents. Please note that due to Covid-19 restrictions, you will need to make me aware if you will be bringing a child to class, and that child is required to complete a daily wellness screening.

1. All exclusively breastfeeding babies are welcome in class as often as is necessary to support the breastfeeding relationship. Because not all women can pump sufficient milk, and not all babies will take a bottle reliably, I never want students to feel like they have to choose between feeding their baby and continuing their education. You and your nursing baby are welcome in class anytime.
2. In all cases where babies and children come to class, I ask that you sit close to the door so that if your little one needs special attention and is disrupting learning for other students, you may step outside until their need has been met. Non-parents in the class, please reserve seats near the door for your parenting classmates.
3. Finally, I understand that often the largest barrier to completing your coursework once you become a parent is the tiredness many parents feel in the evening once children have *finally* gone to sleep. I hope that you will feel comfortable disclosing your student-parent status to me. This is the first step in my being able to accommodate any special needs that arise. While I maintain the same high expectations for all students in my classes regardless of parenting status, I am happy to problem solve with you in a way that makes you feel supported as you strive for school-parenting balance.

Additional Sources Support:

You are more than your grades or your ability to perform in college. Your general well-being is important to me as a faculty member, and this university. Issues such as insufficient food, safe housing, and mental health concerns may leave you struggling to complete assignments and perform to your standards. We have support on campus for students in these positions.

Food Pantry - Research shows that college students experience food insecurity at higher rates than the American household rate, and that food insecurity can negatively impact academic performance and persistence. [Ram Pantry](#)³ (325-942-2729) exists through the Office of Multicultural Affairs and is available 8-5, Monday through Friday to assist with food scarcity. Food services resources are also available to all city and county residents. For a list of all local Food Bank, Blessing Boxes, and Meal Sites Locations follow the link to the [Flyer](#)¹³. For information on all local food services please visit [The Concho Valley Regional Food Bank](#) which is located at 1313 South Hill Street San Angelo, Texas 76903. Phone: (325) 655-3231 Email: info@conchovalleyfoodbank.org.

Counseling Services - Diminished mental health, including significant stress, mood changes, excessive worry, or problems with eating and/or sleeping can interfere with optimal academic performance. The source of symptoms might be strictly related to your course work; if so, please speak with me. However, problems with relationships, family worries, loss, or a personal struggle or crisis can also contribute to decreased academic performance. ASU provides mental health services to support the academic success of students. [Counseling Services](#)⁴ (325-942-2371) offers free, confidential psychological services to help you manage personal challenges that may threaten your well-being between and is available 9-3 Monday through Friday or 24/7 through the ASU Crisis Hotline at (325-486-6345). Getting help is a smart and courageous thing to do -- for yourself *and* for those who care about you.

*Students With A Goal (SWAG)*⁵ Program - SWAG's mission is to promote lifelong student success by providing innovative resources to ASU students. We are committed to helping students picture, plan, prepare, and pursue their academic goals to become successful students and professionals. The program will help students explore different learning processes by helping them access their own study routines, model new strategies, and put new skills into practice.

Writing Center - The mission of the [Writing Center](#)⁶ is to help all students become better writers and readers. The Writing Center is a peer tutoring service where students help students. It is staffed by specially selected and trained graduate assistants and peer tutors who offer one-on-one conferences about writing and reading. The Writing Center serves all ASU undergraduate and graduate students. We work with students from any discipline, at any skill level, and on any stage of the writing or reading process. The Writing Center tutors also provide feedback on scholarship, job, or graduate school applications.

Syllabus Statements-

Academic Integrity

Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU. The College of Health and Human Services adheres to the university's [Statement of Academic Integrity](#).⁷

Accommodations for Students with Disabilities

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the [Student Disability Services website](#).⁸ The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford

Director of Student Disability Services

Office of Student Affairs

325-942-2047

dallas.swafford@angelo.edu

Houston Harte University Center, Room 112

Incomplete Grade Policy

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work.

Documentation may be required. See ASU Operating Policy 10.11 [Grading Procedures](#) ⁹ for more information.

Plagiarism

Plagiarism is a serious topic covered in ASU's [Academic Integrity policy](#) ¹⁰ in the Student Handbook.

Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own.

Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word-for-word without quotation marks and the source of the quotation. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list.

Papers are subject to be evaluated for originality. Resources to help you understand this policy better are available at the [ASU Writing Center](#).⁶

Student Absence for Observance of Religious Holy Days

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for [Observance of Religious Holy Day](#) ¹¹ for more information.

Copyright Policy

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

Syllabus Changes

The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.

Title IX at Angelo State University

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: www.angelo.edu/incident-form

Face to face: Mayer Administration Building, Room 210

Phone: 325-942-2022

Email: michelle.boone@angelo.edu

Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).

For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: www.angelo.edu/title-ix.¹²

Student Evaluation of Faculty and Course

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.

Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

End of Syllabus

1. Top Hat Registration - <https://app.tophat.com/e/439946>
2. Sona Systems Registration - <http://angelostate.sona-systems.com/>
3. Ram Pantry - <https://www.angelo.edu/life-on-campus/play/houston-harte-university-center/multicultural-and-student-activities-programs/ram-pantry/>
4. Counseling Services - <https://www.angelo.edu/current-students/counseling-services/>
5. Students With a Goal <https://www.angelo.edu/current-students/freshman-college/swag.php>
6. Writing Center - <https://www.angelo.edu/current-students/writing-center/>
7. Statement of Academic Integrity - <https://www.angelo.edu/live/files/27603-student-handbook-2020-21#page=96>
8. Student Disability Website - <https://www.angelo.edu/current-students/disability-services/>
9. Grading Procedures - <https://angelo.policystat.com/policy/10659448/latest/>
10. Academic Integrity Policy - <https://www.angelo.edu/live/files/27603-student-handbook-2020-21#page=96>
11. Observance of Religious Day - <https://angelo.policystat.com/policy/10659368/latest/>
12. Title IX - <https://www.angelo.edu/current-students/title-ix/>

General Psychology 2301.020 Spring 2022

With Dr. Paige Trubenstein - Schedule Subject to Change

Week 1 – 1/17-1/21

- Wednesday 1/19 - Lecture 1
 - Introduction & Class Set Up - **Mandatory**
- Friday 1/21 -
 - Discussion Section – Week 1

What's Due (1/22 - 11:59 p.m.):

- ☐ Get your textbook

Week 2 – 1/24-1/28

- Monday 1/24 – Lecture 2
 - Chapter 1 Section 1.1-1.2
- Wednesday 1/26 - Lecture 3
 - Chapter 1 Section 1.3-1.4
- Friday 1/28 -
 - Discussion Section – Week 2

What's Due (1/29 - 11:59 p.m.):

- ☐ Read Chapter 1
- ☐ Chapter 1 Personal Application Questions

Week 3 – 1/31-2/4

- Monday 1/31 – Lecture 4
 - Chapter 2 Sections 2.1-2.2
- Wednesday 2/2 - Lecture 5
 - Chapter 2 Section 2.3-2.4
- Friday 2/4 -
 - Discussion Section – Week 3

What's Due (2/5 - 11:59 p.m.):

- ☐ Chapter 1 Quiz
- ☐ Chapter 2 Personal Application Questions

Week 4 – 2/7-2/11

- Monday 2/7 - Lecture 6
 - Chapter 3 Section 3.1-3.2
- Wednesday 2/9 – Lecture 7
 - Chapter 3 Section 3.3-3.5
- Friday 2/11 –
 - Discussion Section – Week 4

What's Due (2/12 - 11:59 p.m.):

- ☐ Chapter 2 Quiz
- ☐ Chapter 3 Personal Application Questions

Week 5 – 2/14-2/18

- Monday 2/14 - Lecture 8
 - Chapter 4 Sections 4.1-4.3
- Wednesday 2/16 - Lecture 9
 - Chapter 4 Section 4.4-4.5
- Friday 2/18 –
 - Discussion Section – Week 5

What's Due (2/19 - 11:59 p.m.):

- ☐ Chapter 3 Quiz
- ☐ Chapter 4 Personal Application Questions

Week 6 – 2/21-2/25

- Monday 2/21 – Lecture 10
 - Chapter 5 Sections 5.1-5.3
- Wednesday 2/23 - Lecture 11
 - Chapter 4 Section 5.4-5.6

- Friday 2/25 -
 - Discussion Section – Week 6

What's Due (2/26 - 11:59 p.m.):

- ☐ Chapter 4 Quiz
- ☐ Chapter 5 Personal Application Questions

Week 7– 2/28-3/4

- Monday 2/28 - Lecture 12
 - Chapter 6 – Sections 6.1-6.2
- Wednesday 3/2- Lecture 13
 - Chapter 6 Section 6.3-6.4
- Friday 3/4 –
 - Discussion Section – Week 7

What's Due (3/5 - 11:59 p.m.):

- ☐ Chapter 5 Quiz
- ☐ Chapter 6 Personal Application Questions

Week 8–3/7-3/11

- Monday 3/7 - Lecture 14
 - Chapter 7 – Sections 7.1-7.3
- Wednesday 3/9 - Lecture 15
 - Chapter 7 – Sections 7.4-7.6
- Friday 3/11 -
 - Discussion Section – Week 8

What's Due (3/12 - 11:59 p.m.):

- ☐ Chapter 6 Quiz
- ☐ Chapter 7 Personal Application Questions

Spring Break – 3/14-3/18 – No Classes

Week 9 –3/21-3/25

- Monday 3/21 - Lecture 16
 - Chapter 8 Section 8.1-8.2
- Wednesday 3/23 - Lecture 17
 - Chapter 8 Section 8.3-8.4
- Friday 3/25 -
 - Discussion Section – Week 9

What's Due (3/26 - 11:59 p.m.):

- ☐ Chapter 7 Quiz
- ☐ Chapter 8 Personal Application Questions

Week 10 –3/28-4/1

- Monday 3/28 - Lecture 18
 - Chapter 9 Section 9.1-9.2
- Wednesday 3/30 – Lecture 19
 - Chapter 9 Section 9.3-9.4
- Friday 4/1 –
 - Discussion Section – Week 10

What's Due (4/2 - 11:59 p.m.):

- ☐ Chapter 8 Quiz
- ☐ Chapter 9 Personal Application Questions

Week 11–4/4-4/8

- Monday 4/4 – Lecture 20
 - Chapter 10 – Sections 10.1-10.2
- Wednesday 4/6- Lecture 21
 - Chapter 10 – Sections 10.2-10.3
- Friday 4/8 -
 - Discussion Section – Week 11

What's Due (4/9 - 11:59 p.m.):

- ☐ Chapter 9 Quiz
- ☐ Chapter 10 Personal Application Questions

Week 12–4/11-4/15

- Monday 4/11 - Lecture 22
 - Chapter 11 – Sections 11.1-11.3
- Wednesday 4/13 - Lecture 23
 - Chapter 11 - Sections 11.7-11.9
- Friday 4/15 –
 - Discussion Section – Week 12

What's Due (4/16 - 11:59 p.m.):

- ☐ Chapter 10 Quiz
- ☐ Chapter 11 Personal Application Questions

Week 13–4/18-4/22

- Monday 4/18 – Lecture 24
 - Chapter 12 – Sections 12.1-12.3
- Wednesday 4/20 – Lecture 25
 - Chapter 12 – Sections 12.4-12.7
- Friday 4/22 -
 - Discussion Section – Week 13

What's Due (4/23 - 11:59 p.m.):

- ☐ Chapter 11 Quiz
- ☐ Chapter 12 Personal Application Questions

Week 14–4/25-4/29

- Monday 4/25 - Lecture 26
 - Chapter 13 – Sections 13.1-13.2
- Wednesday 4/27 – Lecture 27
 - Chapter 13 – Sections 13.3-13.4
- Friday 4/29 –
 - Discussion Section – Week 14

What's Due (4/30 - 11:59 p.m.):

- ☐ Chapter 12 Quiz
- ☐ Chapter 13 Personal Application Questions

Week 15–5/2-5/6

- Monday 5/2 - Lecture 28
 - Chapter 15 Sections 15.1, 15.2, 15.4
- Wednesday 5/4- Lecture 29
 - Chapter 15 Sections 15.5-15.11
- Friday 5/6 -
 - Discussion Section – Week 14

What's Due (5/7 - 11:59 p.m.):

- ☐ Chapter 13 Quiz
- ☐ Chapter 15 Quiz
- ☐ Chapter 15 Personal Application Questions