PSY 4327: Human Sexuality (3-0)
Spring 2022 (January 18 - May 13)

Instructor: Sangeeta Singg, PhD, LP, ACN
Phone: Office (325) 486-6129; Home (325) 223-8606
Office: A204E
E-mail: Sangeeta.Singg@angelo.edu
Phone Conference: by Scheduled Appointment
Online Availability: M-F 3:00-5:00 pm; other times by appointment.
I check my email several times a day. You are welcome to contact me via email any time. All course announcements will be posted in Blackboard and sent by email.

COURSE INFORMATION

Catalog Description: Provides a biopsychosocial perspective on human sexuality across the lifespan. Topics include the male and female sexual anatomy/physiology, multicultural perspective of sexuality, sexual behavior, sexual orientations, sexuality across the life cycle, the prevention and treatment of sexuality problems, and social problems related to human sexuality.

Course Delivery: This class will be conducted entirely online via the Blackboard Learning Management System. Please review the following major dividers containing course folders: Orientation, Assignments, Important Items, Links for You, Respondus, and ASU Resources.

Location: The Blackboard website for this class is located at: http://blackboard.angelo.edu.

Required Textbook: Our Sexuality, 14th Edition by Robert L. Crooks; Karla Baur; Laura Widman

Belmont, CA: Wadsworth, Cengage Learning
**Course Overview:** This online course is an exploration of human sexuality from biological, psychological, and social perspectives. Several critical issues directly or indirectly related to sexual behavior are examined. Students in this class will be exposed to many different types of sexual behaviors and beliefs. Topics surveyed include perspectives on sexuality, sexual anatomy and physiology, sexual arousal and response, love and communication, sexual orientation, contraception, reproduction, sexual difficulties and solutions, and atypical sexual behaviors.

**Informed Consent Statement:** This course relies, in part, on the use of explicit visual teaching aids such as pictures in your textbook and video clips on the BB. These materials portray nudity and examples of sexual behavior. Every effort is made to present such materials in a mature and scientific manner. Also, some topics such as homosexuality and masturbation may be offensive to some. A person who would be offended by open discussions and/or visual portrayals of human sexual behavior is not a good candidate for this class. In order to gain knowledge and enjoy learning about one of the most important aspects of human life, students will need to exercise a mature attitude, have an open mind, and be respectful of others’ opinions and comments.

Further, students are expected to conduct themselves in a professional manner which is appropriate at a college level. All discussions and writing assignments will be presented at an objective, clinical, and academic level. No personal remarks will be made and no personal stories will be presented. I will not respond to any requests for counseling for any personal problems. Please contact ASU Counseling Center for any such needs. All forums will maintain interpersonal respect and professional tone. If any student violates these etiquettes, Dr. Singg reserves the right to drop him/her from the class.

**Goals and Objectives:** Specific objectives of the course are

1. gaining basic knowledge about human sexuality,
2. developing knowledge/understanding of diverse perspectives/cultures about human sexuality, and
3. learning to apply course material to human sexuality issues.

**Student Learning Outcomes:** Upon successful completion of Human Sexuality at the Angelo State University, students will be able to

1. have a basic understanding of sexual diversity as it exists in various subcultures within the United States,
2. describe the structure and function of various parts of the female/male sexual anatomy,
3. have a basic understanding about the male/female sexual response cycle at different ages,
4. have a basic knowledge about various contraceptive methods and reproduction issues,
5. be able to distinguish between sex and gender, gender identity and gender role, and biological and cultural perspectives about the formation of gender-identity,
6. have a basic knowledge about different forms of love and effective sexual communication,
(7) have basic knowledge about common sexual behaviors,
(8) have a basic knowledge about types of sexual orientation, and
(9) have a basic knowledge about sexual problems, solutions and atypical sexual behavior.

**Method of Assessing Learning Outcomes:** Learning outcomes will be assessed via exams, writing assignments, and discussion participation.

**Competencies Needed:** You must have prerequisite skills of using Blackboard, proficiency with Microsoft Word, and using ASU Library resources. It is also most important that you know the terms of the syllabus of this course. Therefore, a “Know-the-Course Test” is required of everyone, which will cover the syllabus, Blackboard map, and important requirements of this course. The online course format requires access to a fully functional PC and a lot of self-discipline for the timely completion of exams, discussions, and writing assignments.

### TENTATIVE TOPIC SCHEDULE

<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic</th>
</tr>
</thead>
</table>
| 1    | 1/18-1/21| **Semester long Discussion**

Student Lounge to discuss the videos, assignments, and forming study groups etc.

*Objective: student-student interaction, networking, and having fun discussing videos and any other things. Instructor will not participate in this discussion.*

**Required Discussion: Getting-to-Know-You** (from 8:00 am on 1/15, Sat to 5:00 pm on 1/21, Fri; missing this discussion will cost you 5 points.)

*Objective: Student-teacher and student-student interaction, networking, and getting acquainted with the teacher and classmates.*

Read carefully the Syllabus and contents of the Blackboard Buttons.

*Objective: Students will become familiar with the game plan of the course and contents of different folders of Blackboard.*

Know-the-Course Test on the syllabus and contents of the Blackboard buttons, (from 8:00 am on 1/15, Sat to 5:00 pm 1/21, Fri).

Read Female Sexual Anatomy and Physiology (Ch. 3)

*Objective: Students will learn clinical/technical terms and functions of the female anatomy/physiology.*
<table>
<thead>
<tr>
<th>Week</th>
<th>Date</th>
<th>Topic</th>
</tr>
</thead>
<tbody>
<tr>
<td>2</td>
<td>1/24-1/28</td>
<td>Exam 1 (Ch. 3; from 8:00 am 1/22, Sat to 5:00 pm 1/28, Fri)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Male Sexual Anatomy and Physiology (Ch. 4)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Objective: Students will learn clinical/technical terms and functions of the male anatomy/physiology</em></td>
</tr>
<tr>
<td>3</td>
<td>1/31-2/4</td>
<td>Exam 2 (Ch. 4; from 8:00 am on 1/29, Sat to 5:00 pm on 2/4, Fri)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Gender Issues (Ch. 5; for discussion #1)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Objective: Students will learn about the gender identity, role, and influence of social learning factors along with chromosome disorders</em></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Sexual Arousal and Response (Ch. 6)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Objective: Students will learn about the male/female sexual response cycle at different ages</em></td>
</tr>
<tr>
<td>4</td>
<td>2/7-2/11</td>
<td>Discussion #1 (Ch. 5; from 8:00 am on 2/5, Sat to 5:00 pm on 2/11, Fri)</td>
</tr>
<tr>
<td>5</td>
<td>2/14-2/18</td>
<td>Exam 3 (Ch. 6; from 8:00 am on 2/12, Sat to 5:00 pm on 2/18, Fri)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Love and Communication in Intimate Relationships (Ch. 7)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Objective: Students will learn about the love theories, mate selection, relationship satisfaction and effective sexual communication</em></td>
</tr>
<tr>
<td>6</td>
<td>2/21-2/25</td>
<td>Exam 4 (Ch. 7; from 8:00 am on 2/19, Sat to 5:00 pm on 2/25, Fri)</td>
</tr>
<tr>
<td>7</td>
<td>2/28-3/4</td>
<td>Read Sexual Behaviors (Ch. 8)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Objective: Students will learn about types of celibacy and a variety of sexual behaviors</em></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Conceiving Children: Proc &amp; Choice (Ch. 11; for Discussion #2)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Objective: Students will learn about conception, parenting, and pregnancy issues</em></td>
</tr>
<tr>
<td>Week</td>
<td>Date</td>
<td>Topic</td>
</tr>
<tr>
<td>------</td>
<td>------------</td>
<td>--------------------------------------------------------------------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>8</td>
<td>3/7-3/11</td>
<td>Exam 5 (Ch. 8; from 8:00 am on 3/5, Sat to 5:00 pm on 3/11, Fri)</td>
</tr>
<tr>
<td>9</td>
<td>3/21-3/25</td>
<td>Discussion #2 (Read Ch. 11, from 8:00 am on 3/19, Sat to 5:00 pm on 3/25, Fri)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Sexual Orientations (Ch. 9)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Objective: Students will learn about the issues and types of sexual orientations.</em></td>
</tr>
<tr>
<td>10</td>
<td>3/28-4/1</td>
<td>Exam 6 (Ch. 9; from 8:00 am on 3/26, Sat to 5:00 pm on 4/1, Fri)</td>
</tr>
<tr>
<td>11</td>
<td>4/4-4/8</td>
<td>Read Sexual Difficulties and Solutions (Ch. 14)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Objective: Students will learn about etiology and treatment of sexual problems in psychobiosocial context.</em></td>
</tr>
<tr>
<td>12</td>
<td>4/11-4/15</td>
<td>Discussion #3 (from 8:00 am on 4/9, Sat to 5:00 pm on 4/15, Fri)</td>
</tr>
<tr>
<td>13</td>
<td>4/18-4/22</td>
<td>Exam 7 (Ch. 14; from 8:00 am on 4/16, Sat to 5:00 pm on 4/22, Fri)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Sexual Coercion (Ch. 17) and Sex for Sale (Ch. 18) for the Substitute Exam if you missed an exam.</td>
</tr>
<tr>
<td>14</td>
<td>4/25-4/29</td>
<td>Substitute Exam (from 8:00 am on 4/23, Sat to 5:00 pm on 4/29, Fri)</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Read Atypical Sexual Behavior (Ch. 16)</td>
</tr>
<tr>
<td></td>
<td></td>
<td><em>Objective: Students will learn about types and nature of atypical sexual behaviors and paraphilia and their behavioral and psychological dynamics.</em></td>
</tr>
<tr>
<td>15</td>
<td>5/2-5/6</td>
<td>Recapitulation and IDEA Evaluations</td>
</tr>
<tr>
<td>16</td>
<td>5/9-5/13</td>
<td>Exam 8 (Ch. 16; from 8:00 am on 5/7, Sat to 5:00 pm on 5/12, Thu) (NOT on Fri)</td>
</tr>
</tbody>
</table>
COURSE REQUIREMENTS

1. In order to successfully complete this course, you must visit the Blackboard course site on a regular basis, and participate in all discussions and assignments. All course work has specific due dates specified in the syllabus and due dates document.

2. You are expected to check Blackboard and ASU email on a regular basis, preferably daily. Please complete reading assignments each week and meet all deadlines for submission of coursework. Late submissions will not be accepted.

3. There will be nine exams (one Know-the-Course Test and eight Text-Exams). Each exam has multiple-choice questions. Time limit for each exam is 1 hour. Most of the exams (except the Know-the-Course Test and Final Text Exam) will be available in the Examinations folder of Blackboard for seven days including a Saturday and a Sunday.

   The missed discussions cannot be made up because they involve other students.

   PLEASE DO NOT request to make-up any missed assignment. If you have a bona fide emergency, a doctor’s note will be required stating that you were not in any condition to complete the assignment during the days allowed. If you still make such a request, I will refer you to this statement that you are agreeing to accept by staying in this course. However, you may use Substitute Exam for only one missed exam.

For those with TEST ACCOMMODATIONS, all exams for this class are designed to be completed in approximately 15-20 minutes. In an effort to accommodate all students with accommodations as soon as possible, the time limit is set to 3 times the usual length of time for the exams in this course.

4. Total points in the course = 200
   Eight Exams = 160 points
   Know-the-course test = 10 points
   Three Discussions = 30 points.
   Demerit Points: Missing the Required Getting-to-Know-You discussion = - 5 points

5. Substitute Exam = 20
   Only for those who miss an exam. The discussions cannot be made up.

6. Know-the-Course Test (on Syllabus and Blackboard folders) = 10 points
   This test is REQUIRED of everyone. The purpose is to orient you to this course and its requirements. Missing this test will negatively affect your grade.

7. Instructions for taking exams through Respondus™ Monitor
   Access to exams will be through Respondus™ Lockdown Browser and will be video recorded via Respondus™ Monitor [see Other Required Materials below for a list of needed
equipment]. Use of another electronic device is prohibited.

OTHER REQUIRED MATERIALS

- Computer with MAC or Windows Operating System
- High Speed Internet Access
- Ethernet adapter cable highly recommended (wireless connections can drop during test and Collaborate sessions)
- Webcam

Refer to Angelo State University’s Distance Education website for further technology requirements: http://www.angelo.edu/distance_education

Stable Test Taking Experience: In order to have a stable test taking experience with the Lock Down browser, you should clear the temporary internet files and cookies before taking the test. You should also take the test on a computer that is hard wired to the network and not using a wireless network. Using computers on campus is an alternative if you continue experiencing issues with personal computers with the Respondus browser.

Set aside the correct amount of time to complete an exam and save your answers as you progress through the exam. This will help preserve the answers should you lose Internet connection. If you do not save your answers, the answers will NOT be available.

The exams are not set up to be taken on an iPad or a cell phone.

If you still have technical problems, contact the e-Learning Center at 486-6263 before 5:00 pm (M-F); please DO NOT contact me for any technical problems.

8. Instructions for Assignments in Task Preview Folder: See the Task Preview folder for the instructions in advance. All assignments will also show instructions when they are made available for posting. Make sure all your write-ups reflect university-level writing skills. Use complete sentences; check your spellings; and put together graduate level discussions that reflect quality. Points will be deducted for spelling/grammatical mistakes.

9. Introductory Discussion for Everyone: You are REQUIRED to participate in the Getting-to-Know-You discussion which is designed for class introduction so that you can know something about your professor and classmates. To access this and other discussions, click on the Discussions button on the Blackboard and follow the instructions. Not participating in this discussion will result in -5 demerit points

10. Student Lounge in the Discussions folder provides a forum for an ongoing discussion for you to interact with other students and discuss videos, topics and questions prior to exams. This is your forum to use it as you please

11. Ten Important Points: Please read these points carefully for the answers to most of your questions about this course. They are listed in the Announcements folder on the Blackboard.
12. **Handouts:** There are several handouts containing useful information on love, communication, and personal growth. Please utilize them and learn from them. I am using Honor System for this homework assignment for you.

**GRADE DETERMINATION**

- 90% - 100% = A
- 80% and <90% = B
- 70% and <80% = C
- 60% and <70% = D
- <60% = F

**SPECIAL NOTES**

1. **Your Professor’s Philosophy:** Teaching is not just a job for me; it is a calling, an “educational ministry.” I am here to guide you, help you, and inspire you to do your best to earn a grade you desire in this course. However, you have the personal responsibility to apply yourself and be an active learner, especially in an online course. For more information about Dr. Singg, please see “My Professor” folder on the Blackboard.

2. **Syllabus Changes:** I reserve the right to make changes as necessary to this syllabus throughout the semester. If changes become necessary during this course, I will notify students of such changes by email or via announcement on the Blackboard.

3. **Email Policy:** If you need to communicate with me via e-mail, please do so from your angelo.edu email account. As per ASU policy, I will not respond to emails from your personal email address. Please use good e-mail manners and include the following information in your message.

   - A clear subject line, including the course number (Psy 4327) and section number.
   - A clear message (check grammar and spellings) with one issue at a time.
   - A proper salutation including my name (Dr. Singg) and signing off with your full name.

4. **IDEA Evaluation:** Students are provided the opportunity and are strongly encouraged to participate in course evaluation at the end of the semester. Areas of evaluation include:

   (1) Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories).
   (2) Developing knowledge and understanding of diverse perspectives, global awareness, or other cultures.
   (3) Learning to apply course material (to improve thinking, problem solving, and decisions).
5. **Student Responsibility:** It is your responsibility to read/understand the course syllabus and ALL announcements posted on the Blackboard, and meet the deadlines for all assignments. This will be the key to doing well in the course. Ignorance about details given in the syllabus and various announcements on the Blackboard cannot be accepted as excuse in any manner.

6. **Browser Compatibility Check:** It is the student’s responsibility to ensure that the browser used to access course material on his/her computer is compatible with ASU’s Blackboard Learning System. Dr. Singg reserves the right to deny additional access to course assignments lost due to compatibility issues. Students are responsible for reviewing the guidelines posted in this course regarding accessing Blackboard assignments. Problems in this area need to be discussed with Dr. Singg at the time of occurrence, either via a phone call during the posted availability hours or via email notification during times outside those posted for calls.

7. **Academic Honesty:** Academic honesty is expected on all work. Students are expected to maintain complete honesty and integrity in their online experiences. Any student found guilty of any form of dishonesty in academic work is subject to disciplinary action and possible expulsion from ASU. The Department of Psychology adheres to the academic honesty statement as set forth in the Angelo State University Student Handbook. University “faculty expects all students to engage in all academic pursuits in a manner that is above reproach and to maintain complete honesty and integrity in the academic experience both in and out of the classroom setting and may initiate disciplinary proceedings against a student accused of any form of academic dishonesty, including but not limited to, cheating on an examination or other academic work, plagiarism, collusion, and the abuse of resource materials.”

8. **Plagiarism** at ASU is a serious topic. The Angelo State University’s Honor Code gives specific details on plagiarism and what it encompasses. It is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft. In your discussions and/or your papers, it is unacceptable to copy word for word without quotation marks and the source of the quotation. We use the APA Style Manual of the American Psychological Association as a guide for all writing assignments. Quotes should be used sparingly. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list. Papers are subject to be evaluated for originality via Bb Turnitin. For more information, see ASU Writing Center.

9. **Students with Disabilities:** “Angelo State University is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs, or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments Act of 2008 (ADAAA), and subsequent legislation.”

The Office of Student Affairs is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability, and it is the student’s responsibility to initiate such a request by contacting the Office of Student Affairs, University Center, Room 112 at (325) 942-2047 or (325) 942-2211 (TDD/FAX) or by e-mail at studentservices@angelo.edu to begin the process. The Office of
Student Affairs will establish the particular documentation requirements necessary for the various types of disabilities. Reasonable accommodations will be made for students determined to be disabled or who have documented disabilities.

10. **Absence for Observance of Religious Holy Days:** A student who intends to observe a religious holy day should make that intention known in writing to Dr. Singg prior to the absence. This should not be a problem in this online class because we don’t take attendance and most of the assignments have a week (including a Saturday and a Sunday) to complete.

11. **Title IX at Angelo State University:** Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. Sex discrimination, sexual misconduct, public indecency, interpersonal violence, sexual assault, sexual exploitation, sexual harassment, and stalking are not tolerated at ASU. As a faculty member, I am a Responsible Employee meaning that I will report any allegations I am notified of to the Office of Title IX Compliance in order to connect students with resources and options in addressing the allegations reported. You are encouraged to report any incidents to ASU’s Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator. You may do so by contacting:

Michelle Boone, J.D., Director of Title IX Compliance/Title IX Coordinator
Mayer Administration Building, Room 200
michelle.boone@angelo.edu Phone: 325-942-2022

You may also file a report online 24/7 at [www.angelo.edu/incident-form](http://www.angelo.edu/incident-form). If you are wishing to speak to someone about an incident in confidence you may contact the University Health Clinic and Counseling Center at 325-942-2173 or the ASU Crisis Helpline at 325-486-6345. For more information about Title IX in general you may visit [www.angelo.edu/title-ix](http://www.angelo.edu/title-ix).