Department of Social Work
SWK 2316
Social Work Theory and Practice
Spring Semester 2022



# **Course Dates, Times, and Location**

Spring Semester, 2022: January 18, 2022 to May 13, 2022 In Person Class: MWF: 10am Room 104 HHS Building

Instructor: Ingrid A. Russo, M.S.W., LCSW (BSW Program Director/Clinical Assistant Professor)

Office: HHS Building, Room 224K

**Phone**: 325-486-6126

Email: <a href="mailto:lngrid.Russo@angelo.edu">lngrid.Russo@angelo.edu</a>

Office Hours: T/Th 9:00 am - 12:00 pm; and by appointment via Collaborate, Skype, or email

• Please note that emails received after 6 p.m. will be answered the following morning.

#### **Course Information**

# **Course Description**

**2316 Social Work Theory and Practice (3-0).** This practice course uses an approach based on the stages of the helping process. It is designed to link theory and beginning-level generalist social work practice. The content in this course provides opportunity for students to experience practice situations through role plays and other experiential activities. These activities are designed to help students understand the very important relationship between theoretical orientation and stages of the helping process. Theoretical information appropriate for beginning-level generalist social work practice is presented.

#### **Course Credits**

3 credit hours

# **Prerequisite and Co-requisite Courses**

**SWK 2307** 

### **Prerequisite Skills**

Accessing Internet websites, working knowledge of the APA's writing style, using ASU Library resources, using Blackboard, and proficiency with Microsoft Word, Excel, and PowerPoint are expectations of the course.

#### **Program Outcomes**

# **Competency 2: Engage Diversity and Difference in Practice**

Social workers understand how diversity and difference characterize and shape the human experience and are critical to the formation of identity. The dimensions of diversity are understood as the intersectionality of multiple factors including but not limited to age, class, color, culture, disability and ability, ethnicity, gender, gender identity and expression, immigration status, marital status, political ideology, race, religion/spirituality, sex, sexual orientation, and tribal sovereign status. Social workers understand that, as a consequence of difference, a person's life experiences may include oppression, poverty, marginalization, and alienation as well as privilege, power, and acclaim. Social workers also understand the forms and mechanisms of oppression and discrimination and recognize the extent to which a culture's structures and values, including social, economic, political, and cultural exclusions, may oppress, marginalize, alienate, or create privilege and power.

Competency 7: Assess Individuals, Families, Groups, Organizations, and Communities

Social workers understand that assessment is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, groups, organizations, and communities. Social workers understand theories of human behavior and the social environment, and critically evaluate and apply this knowledge in the assessment of diverse clients and constituencies, including individuals, families, groups, organizations, and communities. Social workers understand methods of assessment with diverse clients and constituencies to advance practice effectiveness. Social workers recognize the implications of the larger practice context in the assessment process and value the importance of inter-professional collaboration in this process. Social workers understand how their personal experiences and affective reactions may affect their assessment and decision-making.

Competency 8: Intervene with Individuals, Families, Groups, Organizations, and Communities Social workers understand that intervention is an ongoing component of the dynamic and interactive process of social work practice with, and on behalf of, diverse individuals, families, groups, organizations, and communities. Social workers are knowledgeable about evidence-informed interventions to achieve the goals of clients and constituencies, including individuals, families, groups, organizations, and communities. Social workers understand theories of human behavior and the social environment, and critically evaluate and apply this knowledge to effectively intervene with clients and constituencies. Social workers understand methods of identifying, analyzing and implementing evidence-informed interventions to achieve client and constituency goals. Social workers value the importance of interprofessional teamwork and communication in interventions, recognizing that beneficial outcomes may require interdisciplinary, interprofessional, and inter-organizational collaboration.

# **Student Learning Outcomes**

Student Learning Outcome By completing all course requirements, students will be able to:	Assignment(s) or activity(ies) validating outcome achievement:	Mapping to Program Outcomes
Understand how diversity and difference characterize and shape the human experience.	Theory Paper	Competency 2
Understand that assessment is an ongoing component of the dynamic and interactive process of social work practice.	Theory Paper	Competency 7
Understand that intervention is an ongoing component of the dynamic and interactive process of social work practice.	Theory Paper	Competency 8

# **Course Delivery**

This is a face-to-face course with learning resources and supplemental materials posted in Blackboard. The course site can be accessed at <u>ASU's Blackboard Learning Management System</u>.

# **Required Texts and Materials**

American Psychological Association. (2020). *Publication manual of the American Psychological Association* (7<sup>th</sup> ed.). Washington, DC: Author. ISBN: 978-1-4338-3216-1

Thyer, B. A., Dulmus, C. N., & Sowers, K. M. (2012). *Human behavior in the social environment:*Theories for social work practice. Hoboken, NJ: John Wiley & Sons. ISBN: 978-1-118-17694-8

NOTE: All assignments submitted in this course are to be written in strict accordance with the *Publication Manual of the American Psychological Association* (7<sup>th</sup> ed.).

### **Recommended Texts and Materials**

NASW Code of Ethics

<u>Texas Board of Social Work Examiners Webpage (Code of Conduct and Scope of Practice)</u>

### **Technology Requirements**

You will need access to Blackboard, Angelo State University's learning platform. Access to examinations will be through Respondus™ Lockdown Browser and will be video recorded via Respondus™ Monitor. Use of another electronic device is prohibited.

If you have any technical problems associated with the test (i.e. webcam problems, lock down browser problems) you should contact the IT Department. The IT Service Department is open M-F from 8-5 and the number is (325) 942-2911. If you call any time after 5 or on the weekend, most likely you will not be able to get assistance until the following weekday, so please plan accordingly.

# To participate in one of ASU's distance education programs, you need this technology:

- A computer capable of running Windows 7 or later, or Mac OSX 10.8 or later
- The latest version of one of these web browsers: internet Explorer, Firefox, or Safari
- Microsoft Office Suite or a compatible Open Office Suite
- Adobe Acrobat Reader
- High Speed Internet Access
- Ethernet adapter cable required (wireless connections can drop during tests and Collaborate sessions)
- Webcam

Refer to Angelo State University's Distance Education website for further technology requirements: Angelo State University's Distance Education Website

#### **Topic Outline**

Module 1: Chapters 1-4
Module 2: Chapters 5-8
Module 3: Chapters 9-11
Module 4: Chapters 12-14

#### Communication

Faculty will respond to email and/or telephone messages within 24 hours during working hours Monday through Friday; working hours are defined as Monday through Friday (with the exception of university approved holidays) between 8am and 5pm. Weekend and/or holiday messages may not be returned until the next work day.

Written communication via email: All e-mail will be done exclusively through your ASU email address. Check frequently for announcements and policy changes. In your emails to faculty, include the course name and section number in your subject line.

**Virtual communication:** Office hours and/or advising may be done with the assistance of the telephone, Collaborate, E-Mail, etc.

# Grading

#### **Evaluation and Grades**

Course grades will be determined as indicated in the table below.

Assessment	Percent/Points of Total Grade
Theory discussion/PP	10%
Theory Paper	30%
Examinations	60%
Total	100%

# **Grading System**

Course grades will be dependent upon completing course requirements and meeting the student learning outcomes.

The following grading scale is in use for this course:

A = 90.00-100 points

B = 80.00-89.99 points

C = 70.00-79.99 points

D = 60.00-69.99 points

F = 0-59.99 points (Grades are not rounded up)

#### **Teaching Strategies**

Students are expected to be "active learners." It is a basic assumption of the instructor that students will be involved (**beyond the materials and lectures presented in the course**) discovering, processing, and applying the course information using peer-review journal articles, researching additional information and examples on the Internet, and discussing course material and clinical experiences with their peers.

### **Assignment and Activity Descriptions**

# Theory Discussion/attendance (10%)

Viewing of theory video and discussion with peers on Fridays. Attendance and participation will be required. Students are expected to engage in course activities and submit work by due dates and times. The hope is that students will make substantive contributions which reflect integration of assigned materials as well as any outside readings as appropriate.

Please note: Students with more than 5 unexcused absences since the return to full on campus classes (Fall 2021) will automatically lose points for professional performance. Students with more than 7 absences will receive zero points for professional performance. Students with 10 ormore absences will receive a failing grade for the course.

# Examinations (60%)

There will be three (3) online, closed book, essay exams in this course. Each of these examinations is worth 20% of your total course grade. You may have ONE (1) attempt for each exam. *You will not be allowed to use books, notes, ppts, or any other type of assistive materials*. You will take each of these examinations via Blackboard using the Respondus LockDown monitor/browser.

# Theory Paper (30%)

Each student will pick a theory discussed in this class (i.e., listed in the textbook), and write a paper about that theory using the below outline. The paper must use the textbook AND at least 10 peer-reviewed journal articles. The paper must be 10 pages in length, including title page and references, using the most current edition of APA style. The following outline provides for the structure of the paper:

- I. Identification, History, and Development of the Theory
- II. Definition of Key Terms Related to the Theory
- III. Discussion of Theoretical Principles
- IV. Application of the Theory to Social Work Practice
  - A. Settings
  - B. Modalities
  - C. Populations and Problems
- V. Critique of the Theory: Strengths and Limitations
- VI. Yours Thoughts on the Theory
- VII. Discussion and Conclusion

# **Assignment Submission**

All assignments MUST be submitted through the Assignments link in the Blackboard site. This is for grading, documenting, and archiving purposes. Issues with technology use arise from time to time. If a technology issue does occur regarding an assignment submission, email me at <a href="mailto:lngrid.russo@angelo.edu">lngrid.russo@angelo.edu</a> and attach a copy of what you are trying to submit. Please contact the IT Service Center at (325) 942-2911 or go to your Technology Support tab to report the issue. This lets your faculty know you completed the assignment on time and are just having problems with the online submission feature in Blackboard. Once the problem is resolved, submit your

assignment through the appropriate link. This process will document the problem and establish a timeline. Be sure to keep a backup of all work.

# **Late Work or Missed Assignments Policy**

The course is set up on weekly modules. The week begins on Monday and ends on Sunday. Assignment due dates are shown on the calendar/schedule or posted within Blackboard. Failure to submit your assignments on the assigned date will result in no credit awarded for the assignment. No papers or postings will be accepted after the due date indicated in the syllabus unless the late assignment is due to a university approved absence defined in the graduate catalog.

Make-up work will be considered on a case by case basis and will only be allowed for university approved absences.

#### **General Policies Related to This Course**

All students are required to follow the policies and procedures presented in these documents:

- Angelo State University Student Handbook<sup>1</sup>
- Angelo State University Catalog<sup>2</sup>

# **Student Responsibility and Attendance**

This is a face-to-face class. Attendance is expected and required. Students are expected to engage in course activities and submit work by due dates and times. The hope is that students will make substantive contributions which reflect integration of assigned materials as well as any outside readings as appropriate. Scholarly contribution is an expectation. For planning purposes, this class will probably require a minimum of 6 study hours per week on average.

Please note: Students with more than 5 unexcused absences since the return to full on campus classes (Fall 2021) will automatically lose points for professional performance. Students with more than 7 absences will receive zero points for professional performance. Students with 10 or more absences will receive a failing grade for the course

## **Academic Integrity**

Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university's <u>Statement of Academic Integrity</u>.

#### **Accommodations for Students with Disabilities**

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at <a href="mailto:ADA@angelo.edu">ADA@angelo.edu</a>. For more information about the application process and requirements, visit the <a href="mailto:Student Disability Services website">Student Disability Services website</a>. <sup>4</sup> The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford
Director of Student Disability Services
Office of Student Affairs
325-942-2047
dallas.swafford@angelo.edu
Houston Harte University Center, Room 112

#### **Incomplete Grade Policy**

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 Grading Procedures<sup>5</sup> for more information.

### **Plagiarism**

Plagiarism is a serious topic covered in ASU's <u>Academic Integrity policy</u><sup>6</sup> in the Student Handbook. Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word-for-word without quotation marks and the source of the quotation. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list.

Papers are subject to be evaluated for originality. Resources to help you understand this policy better are available at the ASU Writing Center.<sup>7</sup>

# **Student Absence for Observance of Religious Holy Days**

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for Observance of Religious Holy Day<sup>8</sup> for more information.

# **Copyright Policy**

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

# **Syllabus Changes**

The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.

### Title IX at Angelo State University

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Miller, J.D. You may submit reports in the following manner:

Online: www.angelo.edu/incident-form

Face to face: Mayer Administration Building, Room 210

Phone: 325-942-2022

Email:michelle.miller@angelo.edu

Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).

For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: <a href="www.angelo.edu/title-ix">www.angelo.edu/title-ix</a>.

# **Course Schedule**

Week/Date	Topic/Assignments/Assessments DUE
Week 1	
	Course Introduction: Review Syllabus
1/18-1/21	
	Reading: Chapter 1 Conceptual Foundations, discussion
	on Chapter 1
Week 2	Reading: Chapter 2 Respondent Learning Theory,
1/24-1/28	discussion on chapter 2
	Video on theory
	Reading: Chapter 3 Operant Learning Theory, discussion
Week 3	chapter 3
1/31-2/4	
•	Video on theory
	Reading: Chapter 4 Cognitive-Behavioral Theory,
Week 4	discussion chapter 4
2/7-2/11	
	Video on theory
	Reading: Chapter 5 Attachment Theory, discussion on
	chapter 4
Week 5	Video on theory
2/14-2/18	Exam review, theory paper rubric
	Exam 1: Chapters 1-4, Due 2/20 at 11:59 pm
	Reading: Chapter 6 Psychosocial Theory, discussion on
Week 6	chapter 6
2/21-2/25	
	Video on theory
	Reading: Chapter 7 Person-Centered Theory, discussion
Week 7	on chapter 7
2/28-3/4	
	Video on theory
	Reading: Chapter 8 Genetic Theory, discussion on
Week 8	chapter 8
3/7-3/11	
	Video on theory
spring break	
3/14-3/18	
	Continue on next page

Week/Date	Topic/Assignments/Assessments DUE	
Week 9	Reading: Chapter 9—Ecosystems Theory, discussion on chapter 9	
3/21-3/25	Exam 2 review	
	Video on theory	
Week 10 3/28-4/1	Reading: Chapter 10 Small Group Theory, discussion on chapter 10	
	Video on theory Exam 2: Chapters 5-8, Due 3/27 at 11:59 pm	
Week 11 4/4-4/8	Reading: Chapter 11—Family systems theory, discussion on chapter 11	
	Video on Theory	
	Reading: Chapter 12—Organizational theory, discussion on chapter 12	
Week 12 4/11-4/15	Discussion regarding theory paper	
	Video on theory	
Week 13	Questions on paper, Go over APA	
4/18-4/22	Assignment Due: Theory Paper due 4/22 at 11:59 pm	
Week 14 4/25-4/29	Reading: Chapter 13—the potentially harmful effects of theory in social work, discussion on chapter 13	
Week 15	Exam Review	
5/2-5/6	Open for Discussion	
Week 16 5/9-5/13	Exam 3: Chapter 9-13, Due 5/11 at 11:59 pm	

# **Student Evaluation of Faculty and Course**

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.

Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of

Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

- 1. Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories).
- 2. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course.

# **End of Syllabus**

<sup>&</sup>lt;sup>1</sup> https://www.angelo.edu/student-handbook/

<sup>&</sup>lt;sup>2</sup> https://www.angelo.edu/catalogs/

<sup>&</sup>lt;sup>3</sup> https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php

<sup>&</sup>lt;sup>4</sup> https://www.angelo.edu/services/disability-services/

<sup>&</sup>lt;sup>5</sup> https://www.angelo.edu/content/files/14197-op-1011-grading-procedures

<sup>&</sup>lt;sup>6</sup> https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php

<sup>&</sup>lt;sup>7</sup> https://www.angelo.edu/dept/writing center/academic honesty.php

<sup>8</sup> https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of