

PA 1115-01Z

Bowling

Spring 2022



Department of Kinesiology

***First day of class ONLY meet in the Academic Building 221**

Instructor: Anthone Luna & Donavon Robinson

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Phone: (325) 486-6169 or (325) 942-2173

Office: CHP 118 or CHP 131

Office Hours: By appointment only

Course Information

Course Objectives

- To know how to select and fit a ball correctly
- To perform the correct stance, grip, and use of point of origin
- To perform the 4-step approach
- To learn the rules and scoring of bowling
- To develop and use the strike and spare technique
- Learn to enjoy the art of recreation bowling

Note, this is not an advanced bowling class or an intro to league play. We will not spend time learning how to put a proper hook on the ball, two-handed bowling, or anything related to the professional game. This is a basic introduction to recreational bowling.

If you are that type of bowler, you may bring your own bowling ball(s), shoes, and other equipment from home.

Course Credits

One (1) credit hour.

Prerequisite and Corequisite Courses

None

Prerequisite Skills

None

Course Delivery

Face to face at Stadium Lanes, 2105 Knickerbocker Road in San Angelo.

Required Texts and Materials

No books required, but there is a charge for the semester's worth of bowling that will need to be paid before or on the first Wednesday of class.

Class Rules

1. Have fun, enjoy what you're doing and don't be afraid to "fail." Bowling is a learning experience.
2. Positive environment. We will not tolerate any negativity or disrespect towards your peers. We are here to grow and work together to achieve a common goal of becoming better bowlers and to enjoy the game.
3. Be sure to bring/wear socks
4. No horseplay.
5. Be ON TIME. We will give you just a little leeway because we're off campus, but do not take advantage of that.
6. Do not stay past the 50 minute mark of class. That is the only time you are allotted for bowling through the class. Any extra time that is not designated to make up for an absence must be paid out of pocket.
7. **Rack/put away the equipment you use in its correct spot in the bowling center.**
8. It is your responsibility to notify me beforehand if you intend on missing class for whatever reason. This can be done via email.

DO NOT EMAIL DR. SIMPSON!

Under no circumstances, should you email Dr. Simpson. All contact will go through me. This is the proper way to address and send an email:

Mr. Luna,

My name is XXXXXXXX and I am in your (name the course). I am contacting you in regards to X`
(briefly state the reason for the email). (Continue to explain your reason for the email but more in depth).

Thank you for your time,

(Your name goes here)

Cell Phones – You may use your cell phone while in class as long as it doesn't become a distraction (at my discretion), but at your own risk of breaking/losing/dropping it.

Injuries – You are still expected to attend class and participate. We will modify your exercises to accommodate your needs if possible.

Tests

The midterm will be based on skill sets that will have been practiced and learned in class. The skills test will be graded on executing the techniques that have been taught and explained in class.

Extra Credit

The only type of extra credit offered will be fitness activities taking place on or off campus. TBA

Grading

Evaluation and Grades

Course grades will be determined as indicated in the table below.

Assessment	Percent/Points of Total Grade
Attendance	25%
Participation	25%
Midterm	25%
Skills Test	25%
Total	100%

Grading System

Course grades will be dependent upon completing course requirements and meeting the student learning outcomes.

The following grading scale is in use for this course:

- A. 90.-100 points
- B. 80-89 points
- C. 70.-79 points
- D. 60-69 points
- E. 0-59 points (Grades are not rounded up)

Absence Make-Ups:

You will be able to make up to 3 excused absences.

- To erase an absence, you must attend and participate in another physical activity class offered during the semester. The make-up needs to be discussed with me within TWO weeks of your absence. A copy of the absence make-up form will be signed and dated by both instructors and student must be turned in to me the following class time.

- See me to get Make Up forms. You will be able to take another physical activity class such as weight training, fitness walking, or another strength and conditioning class to make up for your absence. Bring that signed form back to me the next class period.
- It is the student's responsibility to stay on top of their absences and take care of it within TWO weeks. **If a student misses 8 classes; the student CANNOT pass the class.**
- **Excused absences** must include one of the following in order to be considered excused:
 - A doctor's note with the date, signature, and reason for absence
 - Typed or written response from a professor stating why you were absent
 - An official notice of a positive COVID-19 test or COVID-19 quarantine.

*Please email me ahead of time if you are unable to attend class. Be professional and responsible. *

General Policies Related to This Course

All students are required to follow the policies and procedures presented in these documents:

- [Angelo State University Student Handbook](#)¹
- [Angelo State University Catalog](#)²

Regulations for Masks/Facial Coverings

Currently, masks are not required by the Angelo State. However, we urge you to use your heads and observe safe health practices while attending class. We will update you as soon as we hear any further announcements from the university.

COVID Requirements

Strictly emphasizing bowling protocols of only one person on a dual lane at a time. Only two people will be allowed per dual lane to bowl. If additional lanes are needed, the bowling manager can be asked to open additional lanes. If the manager can't open additional lanes we can split the class in half for two 25 minutes sessions per day to maintain the 2 people per dual lane.

Academic Honesty

Academic honesty is expected on all work. Students are expected to maintain complete honesty and integrity in their online experiences. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU. The Department of Kinesiology adheres to the academic honesty statement as set forth in the Angelo State University Student Handbook (2011-2012) <http://www.angelo.edu/content/files/17358-university-honor-code>. The University faculty expects all students to engage in all academic pursuits in a manner that is above reproach and to maintain complete honesty and integrity in the academic experience both in and out of the classroom setting and may initiate disciplinary proceedings against a student accused of any form of academic dishonesty, including but not limited to, cheating on an examination or other academic work, plagiarism, collusion, and the abuse of resource materials.

Accommodations for Students with Disabilities

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the [Student Disability Services website](#).³ The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford
Director of Student Disability Services
Office of Student Affairs
325-942-2047
dallas.swafford@angelo.edu
Houston Harte University Center, Room 112

Incomplete Grade Policy

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 [Grading Procedures](#)⁴ for more information.

Student Absence for Observance of Religious Holy Days

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for [Observance of Religious Holy Day](#)⁵ for more information.

Copyright Policy

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

Syllabus Changes

The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.

Title IX at Angelo State University

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: www.angelo.edu/incident-form

Face to face: Mayer Administration Building, Room 210

Phone: 325-942-2022

Email: michelle.boone@angelo.edu

Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).

For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: www.angelo.edu/title-ix.

Student Evaluation of Faculty and Course

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences. Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of

Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

End of Syllabus

¹ <https://www.angelo.edu/student-handbook/>

² <https://www.angelo.edu/catalogs/>

³ <https://www.angelo.edu/services/disability-services/>

⁴ <https://www.angelo.edu/content/files/14197-op-1011-grading-procedures>

⁵ <https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of> **I, _____
have read the above syllabi information and understand my responsibilities and role in this class. Any
questions I had were asked and answered by the instructor.

Date: _____

Signature: