PA 1133-02Z
Handball
Spring 2022

Instructors: Cade Varrichio and Kirkland Mackey

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Office Phone: (325) 942-2173
Office Hours: By appointment only

Course Information

Course Description

This course will provide the student with principles and techniques of handball. Students will develop essential skills necessary for game play and be introduced to various game strategies. In addition, students will learn the rules and regulations as well as become familiar with the necessary terminology. Students will also be introduced to game variations including singles, doubles, and cutthroat.

Course Objectives

Upon completion of this course, students should be able to...

1. Communicate terminology in an effective manner.
2. Perform basic skills and techniques successfully.
3. Understand and execute various game strategies.
4. Understand court safety.
5. Follow all rules and regulations.

Course Credits

One (1) credit hour.

Prerequisite and Co-Requisite Courses

None
Prerequisite Skills
None

Course Delivery
Face to face.

Required Texts and Materials
None

Class Rules

1. Every student will treat others the way they wish to be treated.
2. Absolutely NO rough or unnecessary activity will be tolerated.
3. Be on time. (Class starts promptly at 11am)
4. Dress in appropriate clothing (i.e. tennis shoes, athletic attire)
5. Follow all courtesy rules of handball while on the court.
6. Goggles must be worn at times while on the court.

Any student who chooses not to comply with these rules will be asked to leave the class and will receive an absence for that day.

DO NOT EMAIL DR. SIMPSON!

Proper way to address and send an email:
- Mr. Varrichio or Mr. Mackey
- My name is XXXXXXX and I am in your (name the course). I am contacting you in regards to X (briefly state the reason for the email).
- (Continue to explain your reason for the email but more in depth).
- Thank you for your time,
- (Your name goes here)

Cell Phones – You may use your cell phone while in class as long as it doesn’t become a distraction (at my discretion), but at your own risk of breaking/losing/dropping it.

Injuries – You are still expected to attend class and participate. I will modify your exercises to accommodate your needs if possible.

Tests
- The midterm will be based on skill sets that will have been practiced and learned in class. The skills test will be graded on executing the techniques that have been taught and explained in class.

Extra Credit
• The only type of extra credit offered will be fitness activities taking place on or off campus. TBA

Grading

Evaluation and Grades
Course grades will be determined as indicated in the table below.

<table>
<thead>
<tr>
<th>Assessment</th>
<th>Percent/Points of Total Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Attendance</td>
<td>25%</td>
</tr>
<tr>
<td>Participation</td>
<td>25%</td>
</tr>
<tr>
<td>Midterm</td>
<td>25%</td>
</tr>
<tr>
<td>Skills Test</td>
<td>25%</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>100%</strong></td>
</tr>
</tbody>
</table>

Grading System
Course grades will be dependent upon completing course requirements and meeting the student learning outcomes.
The following grading scale is in use for this course:

- A = 90.-100 points
- B = 80-89 points
- C = 70.-79 points
- D = 60-69 points
- F = 0-59 points (Grades are not rounded up)

Absence Make-Ups:
You will be able to make up to 3 excused absences.

- To erase an absence, you must attend and participate in another physical activity class offered during the semester. The make-up needs to be discussed with me within **TWO** weeks of your absence. A copy of the absence make-up form will be signed and dated by both instructors and student and turned in to me the following class time.
- See me to get Make Up forms. You will be able to take another physical activity class such as weight training, fitness walking, or another strength and conditioning class to make up your absence. Bring that signed form back to me the next class period.
- It is the student’s responsibility to stay on top of their absences and take care of it within a week.
- Excused absences must include one of the following in order to be considered excused:
  - A doctor’s note with the date, signature, and reason for absence
  - Typed or written response from a professor stating why you were absent
*Please email me ahead of time if you are unable to attend class. Be professional and responsible.*

**General Policies Related to This Course**

All students are required to follow the policies and procedures presented in these documents:

- [Angelo State University Student Handbook](https://www.angelo.edu/student-handbook/)
- [Angelo State University Catalog](https://www.angelo.edu/catalogs/)

**Regulations for Masks/Facial Coverings**

Currently, masks are not required by the Angelo State. However, we urge you to use your heads and observe safe health practices while attending class. We will update you as soon as we hear any further announcements from the university.

**Requirements**

Class will be split in half and all sports can be modified based on the 6 components of any sport/team activity to be played by smaller numbers of participants. Also, different activities can be utilized beyond the traditional sports usually taught. Recommendation would be to require long sleeve tee-shirts and gloves due to amount of equipment contact in this class, along with face masks.

**Academic Honesty**

Academic honesty is expected on all work. Students are expected to maintain complete honesty and integrity in their online experiences. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The Department of Kinesiology adheres to the academic honesty statement as set forth in the Angelo State University Student Handbook (2011-2012) http://www.angelo.edu/content/files/17358-university-honor-code. The University faculty expects all students to engage in all academic pursuits in a manner that is above reproach and to maintain complete honesty and integrity in the academic experience both in and out of the classroom setting and may initiate disciplinary proceedings against a student accused of any form of academic dishonesty, including but not limited to, cheating on an examination or other academic work, plagiarism, collusion, and the abuse of resource materials.

**Accommodations for Students with Disabilities**

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the
Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student’s responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at ADA@angelo.edu. For more information about the application process and requirements, visit the Student Disability Services website.³ The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford  
Director of Student Disability Services  
Office of Student Affairs  
325-942-2047  
dallas.swafford@angelo.edu  
Houston Harte University Center, Room 112

**Incomplete Grade Policy**

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 Grading Procedures⁴ for more information.

**Student Absence for Observance of Religious Holy Days**

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for Observance of Religious Holy Day⁵ for more information.

**Copyright Policy**

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

³ [https://www.angelo.edu/services/disability-services/](https://www.angelo.edu/services/disability-services/)  
⁴ [https://www.angelo.edu/content/files/14197-op-1011-grading-procedures](https://www.angelo.edu/content/files/14197-op-1011-grading-procedures)  
⁵ [https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance](https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance)
Syllabus Changes
The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student’s responsibility to look for such communications about the course on a daily basis.

Title IX at Angelo State University
Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: www.angelo.edu/incident-form

Student Evaluation of Faculty and Course
Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.
Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

Requirements for Court Sports
Class is divided into 2 groups that each meet for 25 minutes 2x a week. Limit is 2 persons per court, must wear face masks, long sleeve tee shirt and handball gloves which also are by many elite racquetball players or baseball batting gloves. This clothing requirement can help to avoid skin to skin contact and sweat drops.
I, have read the above syllabi information and understand my responsibilities and role in this class. Any questions I had were asked and answered by the instructor.

Date: 

Signature: