

## NUR 4330

# PTSD & Implications for Nursing

## Summer 2022

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### **Instructor: Lenore Cortez, MSN, RNC**

**Email:** lenore.cortez@angelo.edu

**Phone:** 325-486-6859

**Cell Phone:** 603-321-5585

**Office Hours:** Virtual during the summer. Please contact me.

### **Course Information**

#### **Course Description**

This course evaluates pertinent causes and issues that impact professional nursing care of individuals with Post Traumatic Stress Disorder (PTSD).

#### **COURSE OVERVIEW**

Students analyze societal, ethical, cultural and economic factors that impact health care and professional nursing practice related to this disorder. Assignments elicit critical thinking related to public health and nursing practice delivered to a diverse population suffering from this ever-evolving disorder.

***You are responsible for reading, understanding, and abiding by all content in this syllabus!!!***

#### **Course Credits**

3-0-0

Online Class: Meets completely online using Blackboard

#### **Prerequisite and Co-requisite Courses**

None

#### **Prerequisite Skills**

Accessing Internet websites, using ASU Library resources, and proficiency with Microsoft Word and/or PowerPoint are expectations of the Generic BSN program. Computer requirements are further delineated in the Department of Nursing Undergraduate Student Handbook. Tutorials for ASU Library and for Blackboard are available through RamPort. The ASU Nursing Program

Undergraduate Student Handbook should be reviewed before taking this course

<http://www.angelo.edu/dept/nursing/handbook/index.html>

### BSN Program Outcomes

Upon completion of the program of study for the ASU Nursing program, the graduate will be prepared to:

1. Integrate nursing and related theories into the planning and/or delivery of safe nursing care.
2. Engage leadership concepts, skills and decision-making in the planning and/or implementation of patient safety and quality improvement initiatives.
3. Identify and appraise best research evidence to improve and promote quality patient outcomes.
4. Utilize technology to access information, evaluate patient data, and/or document care.
5. Participate in political/legislative processes to influence healthcare policy.
6. Engage in effective collaboration and communication within interdisciplinary teams.
7. Design and/or implement health promotion & disease prevention strategies for culturally competent care.
8. Demonstrate standards of professional, ethical, and legal conduct.
9. Practice and/or coordinate, at the level of the baccalaureate prepared nurse, to plan and/or implement patient centered care.

### Student Learning Outcomes

<b>Student Learning Outcome</b> By completing all course requirements, students will be able to:	<b>Assignment(s) or activity(ies) validating outcome achievement:</b>	<b>Mapping to BSN Program Outcomes</b>	<b>Mapping to BSN Essentials</b>	<b>Mapping to QSEN</b>
1. Demonstrate basic knowledge of signs and symptoms, causes, and treatments of PTSD.	Group Discussion, Research PPT, Journal	1	1,6,7	EBP
2. Describe how health care for PTSD is currently provided and implications for future generations.	Group Discussion, Research PPT	3, 6	6	EBP, TC, PCC
3. Compare the types of trauma experienced by individuals and ways that	Group Discussion, Research PPT	1, 3, 8	3, 7	QI, PCC

<b>Student Learning Outcome</b> By completing all course requirements, students will be able to:	<b>Assignment(s) or activity(ies) validating outcome achievement:</b>	<b>Mapping to BSN Program Outcomes</b>	<b>Mapping to BSN Essentials</b>	<b>Mapping to QSEN</b>
the nursing professional can positively impact care.				
<b>4.</b> Describe and contrast stereotypical views affecting access to mental health care.	Group Discussion, Research PPT	8, 9	6	PCC, EBP, QI
<b>5.</b> Explore the impact of socio-cultural, economic, legal, and political factors influencing health care delivery to those with PTSD.	Group Discussion, Research PPT	1, 2, 4, 5	1, 2, 5	EBP, PCC
<b>6.</b> Use an ethical framework to evaluate the impact of media on trauma and health care, especially for vulnerable populations.	Group Discussion, Research PPT	8, 9	1, 3, 7	TC, QI, EBP
<b>7.</b> Articulate, through a nursing perspective, issues concerning health care delivery to persons with PTSD, collaborating care amongst health care professionals.	Group Discussion, Research PPT, Journal	1, 2, 3, 6	2, 4, 8	TC, S, QI
<b>8.</b> Examine ways to advocate for consumers and the nursing profession.	Group Discussion, Research PPT, Journal	5, 6, 7, 8	9	TC, I

**BSN Essentials:** I: Liberal Education for Baccalaureate Generalist Nursing Practice; II: Basic Organizational and Systems Leadership for Quality Care and Patient Safety; III: Scholarship for Evidence Based Practice; IV: Information Management and Application of Patient Care Technology; V: health Care Policy, Finance, and Regulatory Environments; VI: Interprofessional Communication and Collaboration for Improving Patient Health Outcomes; VII: Clinical Prevention and Population Health; VIII: Professionalism and Professional Values; IX: Baccalaureate Generalist Nursing Practice

**QSEN Competencies:** Patient-Centered Care (PCC), Teamwork and Collaboration (TC), Evidence-based Practice (EBP), Quality Improvement (QI), Safety (S), Informatics (I)

## Course Delivery

**ON-LINE:** This class is asynchronous, meaning you do not have to be on-line at a certain time. There are readings which you will have to complete to be able to adequately participate in individual and group assignments. In order to complete this course successfully, you do have to

participate in all course activities i.e. discussion boards, course projects, reflective logs, etc. Students are expected to engage in course activities and submit work by due dates and times. All activities and assignments are listed for Central Standard Time (CST). The hope is that students will make substantive contributions which reflect integration of assigned materials as well as any outside readings as appropriate.

Full participation in the course is a professional expectation and required for successful and satisfactory completion of all course objectives. Online classroom attendance is evidenced by timely participation in the discussion board assignments and other activities assigned in the Modules on BlackBoard. Scholarly contribution is an expectation. For planning purposes, this class will probably require a minimum of 6-9 study hours per week, on average. Failure to participate in a timely manner to any weekly discussion or assigned activity is an absence. Absences diminish the student's ability to meet course objectives and contribute to a failure of the course. Students are expected to check their ASU e-mails daily to ensure that they do not miss important announcements addressed to the student individually and/or to the class.

Course Instructors strive to grade all assignments and papers within one week after the due date. If there is a delay the instructor will post an Announcement on Blackboard. Quizzes will have an automatic score after testing but the instructor will review the test within a week and grades will be modified if any changes need to be made. Students may contact the instructor and discuss concepts missed on the quizzes. For test security reasons, the quizzes or the final will not be available to students after testing is completed. Contact your instructor for any questions you may have regarding exams.

This course site can be accessed at [ASU's Blackboard Learning Management System](#)

## Required Texts and Materials

1. Adams, L. Y. (2018). *Fast facts about PTSD. A guide for nurses and other health care professionals*. New York, NY: Springer Publishing Company, LLC.
2. American Psychological Association. (2020). Publication manual of the American Psychological Association (7th ed.). <https://doi.org/10.1037/0000165-000>.

## Recommended Texts and Materials

None

## Technology Requirements

To successfully complete this course, it is the student's responsibility to ensure that the browser used to access course material on his/her computer is compatible with ASU's Blackboard Learning System. The faculty reserve the right to deny additional access to course

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assignments lost due to compatibility issues. Students are responsible for reviewing the guidelines posted in this course regarding accessing Blackboard assignments. Problems in this area need to be discussed with faculty at the time of occurrence, either via a phone call (preferred) during posted acceptable hours for calling, or via email notification during times outside those posted for calls.

Be sure to perform a browser test. Select the “**Technology Support**” tab from the Blackboard homepage (<http://www.blackboard.angelo.edu>). Then select “**Test your Browser**” option located under the Browser Test header.

**Please see computer requirements for BSN classes at this link:**

[http://www.angelo.edu/dept/nursing/student\\_resources/computer\\_requirements.php](http://www.angelo.edu/dept/nursing/student_resources/computer_requirements.php)

To participate in one of ASU’s distance education programs, you need this technology:

- A computer capable of running Windows 7 or later, or Mac OSX 10.8 or later
- The latest version of one of these web browsers: internet Explorer, Firefox, or Safari
- Microsoft Office Suite or a compatible Open Office Suite
- Adobe Acrobat Reader
- High Speed Internet Access
- Ethernet adapter cable required (wireless connections can drop during tests and Collaborate sessions)
- Webcam

Refer to Angelo State University’s Distance Education website for further technology requirements: [Angelo State University's Distance Education Website](#)

## Topic Outline

Week 1: Introduction to the Course; Recognizing PTSD; Varieties and Neuroscience of PTSD

Week 2: PTSD Across the Life Span

Week 3: Complications of Military Duty on the individual and Family; Media Portrayal of Traumatic Events

Week 4: Exploring Resilience; Treatment Approaches

Week 5: End of Course Reflection

## Communication

- Please use the email address/phone numbers provided under faculty information in the syllabus or information in blackboard to contact your faculty
- Although most of the time, email is answered within a few hours, please allow 24 hours minimum for a response (Monday-Friday)
- Use email first, unless there is an emergency

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- Should an emergency arise please call instructor directly using her cell or office number.

Faculty will respond to email and/or telephone messages within 24 hours during working hours Monday through Friday. Weekend messages may not be returned until Monday. If you text message, please identify yourself in the body of the message.

**Written communication via Blackboard:** It is an expectation of this class that you use formal writing skills giving appropriate credit to the source for your ideas. Follow APA (2010) 6<sup>th</sup> edition (2<sup>nd</sup> Printing or higher only) guidelines for referencing.

**Written communication via email:** All private communication will be done exclusively through your ASU email address. Students are expected to check email a minimum of twice a week. Check frequently for announcements and policy changes. In your emails to faculty, include the course name and section number in your subject line.

**On Blackboard- Use Good "Netiquette":**

- Check the discussion frequently and respond appropriately and on subject.
- Focus on one subject per message and use pertinent subject titles.
- Capitalize words only to highlight a point or for titles. Otherwise, capitalizing is generally viewed as SHOUTING!
- Be professional and careful with your online interaction. Proper address for faculty is by formal title such as Dr. or Ms./Mr. Jones unless invited by faculty to use a less formal approach.
- Cite all quotes, references, and sources.
- When posting a long message, it is generally considered courteous to warn readers at the beginning of the message that it is a lengthy post.
- It is extremely rude to forward someone else's messages without their permission.
- It is fine to use humor, but use it carefully. The absence of face-to-face cues can cause humor to be misinterpreted as criticism or flaming (angry, antagonistic criticism). Feel free to use emoticons such as J or :) to let others know you are being humorous.

(The "netiquette" guidelines were adapted from Arlene H. Rinald's article, The Net User Guidelines and Netiquette, Florida Atlantic University, 1994, available from Netcom.)

**Grading**

**Evaluation and Grades**

Course grades will be determined as indicated in the table below.

Assessment	Percent/Points of Total Grade
Group Discussion Board Activities	35

Assessment	Percent/Points of Total Grade
Journals	15
Research PowerPoint Presentation	50
Total	100%

## Grading System

Course grades will be dependent upon completing course requirements and meeting the student learning outcomes.

The following grading scale is in use for this course:

- A = 90.00-100 points
- B = 80.00-89.99 points
- C = 70.00-79.99 points
- D = 60.00-69.99 points
- F = 0-59.99 points (Grades are not rounded up)

## Teaching Strategies and Methods

Students are expected to be “active learners.” It is a basic assumption of the instructor that students will be involved (**beyond the materials and lectures presented in the course**) discovering, processing, and applying the course information using peer-review journal articles, researching additional information and examples on the Internet, and discussing course material and clinical experiences with their peers.

## Assignment and Activity Descriptions

**\*Please note: Rubrics for all assignments and activities are located at the end of this syllabus.**

### Discussion Boards:

There will be assigned discussion board activities for the course that are group work in which students will share experiences and knowledge related to their chosen trauma-causing topic content. By completing an initial post and then responding to their peers’ posts students will have the opportunity to learn from one another in this discussion forum. Students will be expected to contribute on multiple days within the week. Specific information on discussion boards and grading rubrics will be available in the Blackboard online course. Discussion Boards provide an avenue for synthesis of material / information. A Discussion Board is provided in this course as a way to help students’ process course materials, express thoughts, and engage

others opinions and ideas in a healthy and productive learning environment. Students are expected to respond to all discussion board assessments using the “**Online Discussion Rubric**” to support individual answers to the assigned questions throughout this course.

**Journals:**

There will be two journaling assignments in this course. Journaling offers a way for students to interact privately with the instructor. There will be posted questions for students to consider and then post a reflective journal entry. Directions for journals will be located in the weekly modules in which they are due. A grading rubric will be available in the Blackboard online course.

These assignments are intended for the student to have the freedom to speak their mind or to have a safe environment in which to share private experiences related to the assigned topic.

**Research PowerPoint Presentation:**

Each student will choose a type of trauma that is of interest to him/her. This topic will be the one you will use for the entire semester to answer the discussion questions. This is the same topic that you will use for the PowerPoint presentation that is due at the end of Week 4. This assignment takes the place of having a final exam.

Examples of possible topics: domestic violence, child abuse, elder abuse, rape, natural disaster, terrorism, war/military, traumatic death of a loved one, community violence; experiencing a traumatic event such as a car accident, fire, farming accident, etc.; seeing something traumatic happen to another person, being kidnapped, verbal abuse, sexual harassment, workplace violence—including sports, any other topic that you can think of that could possibly lead to developing PTSD.

Please refer to the Grading Rubric to make sure you have all aspects of this assignment in order before you submit it for grading. If you have any questions, please ask prior to the due date.

1. Your PowerPoint must include a Title page and a References page. You must use at least 5 scholarly/reputable references. These can be nursing journals, the NY Times, government websites, mental health websites (such as the ones listed in our classroom under the “Mental Health Resources” tab) or other peer-reviewed sources. **You are not allowed to use Wikipedia and points will be deducted if you choose to use it.**
2. Length should be 7 – 10, including Title and References pages. You should use Slide Headings to delineate topics of your presentation. Please do not go past 10 slides.
3. The following information must be covered in your PowerPoint. You can put slides in whatever order you think flows best as long as all parts are addressed.
  - a. A brief description of the type of trauma you have chosen
  - b. How does this type of trauma contribute to the development of PTSD?
  - c. What stereotypical views present a barrier to receiving health care?
  - d. Describe the symptoms displayed by a patient and ways a nurse can positively impact the care by recognizing these symptoms and acting appropriately.



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- e. Provide information about community resources that you could refer patients to for additional care.
- f. Discuss the importance of collaboration of care, examining any barriers there might be to getting proper treatment (ex. financial, stigma, ignorance). As a nurse what can you do to advocate for your patients to make sure they receive appropriate care?
- g. Indicate any information you have found that supports how media coverage has either positively or negatively affected your topic.
- h. Give examples of resilience evidenced by people who experience this type of trauma. How can we instill resilience in our patients?
- i. Give a short summary of the most important thing you have learned through researching this topic.

I encourage you to learn from this research and think about how it can positively affect your nursing practice. This assignment is not intended to simply get completed and forget. Choose a topic of interest to you-- maybe something that is applicable to the area of nursing you are hoping to work in after graduation. I hope that it will have some influence on how you think about your patients in the future 😊

Guidelines and grading rubric can be found within the Blackboard online course.

### Assignment Submission

All assignments MUST be submitted through the Assignments link in the Blackboard site. This is for grading, documenting, and archiving purposes. Issues with technology use arise from time to time. If a technology issue does occur regarding an assignment submission, email me at [lcortez5@angelo.edu](mailto:lcortez5@angelo.edu) and attach a copy of what you are trying to submit. **Please contact the IT Service Center at (325) 942-2911 or go to your Technology Support tab to report the issue.** This lets your faculty know you completed the assignment on time and are just having problems with the online submission feature in Blackboard. Once the problem is resolved, submit your assignment through the appropriate link. This process will document the problem and establish a timeline. Be sure to keep a backup of all work.

### Late Work or Missed Assignments Policy

The course is set up on weekly modules. The week begins on Monday and ends on Sunday. Assignment due dates are shown on the calendar/schedule or posted within Blackboard. Late assignments are not accepted without prior approval of faculty. Faculty reserve the right to deduct points for late assignments that are accepted past the original due date.

Requests for extensions will be considered only for emergency situations (**e.g., death in family, health emergency of self/family member**). Family vacations and work schedules are NOT emergencies. Because “life happens,” it is advisable to not wait until the last minute to complete your assignment. The student must notify their instructor **prior** to the absence, unless there is an emergency, and must make arrangements with the instructor, within 48 hours after the absence. Faculty has the right to offer an alternative form of an exam or assignment and/or to deduct up to 10 points from the grade. ***Instructor reserves the right to require documentation for emergencies that delay submission of assignment.***

***\*\*\*Unless informed otherwise, all assignments must be submitted through Blackboard! Issues with technology use arise from time to time. If a technology issue does occur regarding an assignment submission, contact IT Department first to establish a ticket, then email [lcortez5@angelo.edu](mailto:lcortez5@angelo.edu) and attach a copy of what you are trying to submit. This lets your faculty know you completed the assignment on time and are just having problems with the online submission feature in Blackboard. Once the problem is resolved, submit your assignment through the appropriate link. This process will document the problem and establish a timeline. Be sure to keep a backup of all work.***

## General Policies Related to This Course

All students are required to follow the policies and procedures presented in these documents:

- [Angelo State University Student Handbook](#)<sup>1</sup>
- [Angelo State University Catalog](#)<sup>2</sup>
- [Undergraduate Nursing Student Handbook](#)<sup>3</sup>

## Important University Dates

June 6	First Day of Summer 1
June 27	Last day to drop/withdraw
July 4	Independence Day
July 8	Final Exams/Last Class Day of Summer 1

## Student Responsibility and Attendance

**Online:** This class is asynchronous, meaning you do not have to be on-line at a certain time. There are readings which you will have to complete to be able to adequately participate in individual and group assignments. In order to complete this course successfully, you do have to participate in all course activities i.e. discussion boards, course projects, reflective logs, etc. Students are expected to engage in course activities and submit work by due dates and times. The hope is that students will make substantive contributions which reflect integration of assigned materials as well as any outside readings as appropriate. Scholarly contribution is an expectation. For planning purposes, this class will probably require a minimum of 6-9 study hours per week on average.

## Student Absence for Observance of Religious Holy Days

A student who intends to observe a religious holy day should make that intention known in writing to the instructor prior to the absence. See ASU Operating Policy 10.19 Student Absence for [Observance of Religious Holy Day](#)<sup>4</sup> for more information.

## Academic Integrity

Students are expected to maintain complete honesty and integrity in all work. Any student found guilty of any form of dishonesty in academic work is subject of disciplinary action and possible expulsion from ASU.

The College of Health and Human Services adheres to the university's [Statement of Academic Integrity](#).<sup>5</sup>

## Plagiarism

Plagiarism is a serious topic covered in ASU's [Academic Integrity policy](#)<sup>6</sup> in the Student Handbook. Plagiarism is the action or practice of taking someone else's work, idea, etc., and passing it off as one's own. Plagiarism is literary theft.

In your discussions and/or your papers, it is unacceptable to copy word-for-word without quotation marks and the source of the quotation. It is expected that you will summarize or paraphrase ideas giving appropriate credit to the source both in the body of your paper and the reference list.

Papers are subject to be evaluated for originality. Resources to help you understand this policy better are available at the [ASU Writing Center](#).<sup>7</sup>

## Social Media Policy

The Angelo State University Department of Nursing supports the use of social media in personal/non-academic or non-professional contexts. Students may encounter confidential information within the academic or patient care environment during clinical practicum and must demonstrate professional behaviors and communication. Consistent with Code of Ethics for Nurses with Interpretive Statements [ANA, 2001], Nursing: Scope and Standards of Practice [ANA, 2<sup>nd</sup> ed., 2010], Nursing's Social Policy Statement [ANA, 2010] and the ASU Confidentiality Statement all students sign at the beginning of their program, it is the student's responsibility to refrain from the following:

- Uploading images/videos of yourself in a clinical environment or uniform\*
- Discussing patients, visitors, vendors, or organizational partners
- Talking about physicians, hospital/facility/clinical staff
- Discussing clinical events or news stories involving clinical partners

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- Giving medical advice online
- 'Friending' or requesting to friend patients (even when they are no longer patients), Department/College faculty, or staff.
- The only exceptions are individual or group photos of the clinical group and faculty.

\*ASU nursing faculty reserves the right to order the immediate removal of inappropriate items (HIPPA violations, etc.) that are posted on a student's Social media site.

Students preparing to enter the nursing workforce have a professional obligation to understand the nature and consequences of participating in social networking of all types [blogs, Twitter, Instagram, Facebook, etc.]. Patient privacy is a fundamental ethical and legal obligation of nurses. Although social networking venues offer opportunities for mentoring and sharing needed health related education and information among colleagues and the lay public, it also presents risk. The use of privacy settings and the separation of personal from professional information is not guaranteed from being shared or made public in less protected forums. Online content and behavior have the potential to enhance or undermine the individual student's career and/or the academic institution they attend. Students should consider the 'unintended consequences' of any information they share outside the context in which it was learned [adapted from Principles: Social Networking and the Nurse [Draft 25 April 2011], American Nurses Association].

## **Accommodations for Students with Disabilities**

ASU is committed to the principle that no qualified individual with a disability shall, on the basis of disability, be excluded from participation in or be denied the benefits of the services, programs or activities of the university, or be subjected to discrimination by the university, as provided by the Americans with Disabilities Act of 1990 (ADA), the Americans with Disabilities Act Amendments of 2008 (ADAAA) and subsequent legislation.

Student Disability Services is located in the Office of Student Affairs, and is the designated campus department charged with the responsibility of reviewing and authorizing requests for reasonable accommodations based on a disability. It is the student's responsibility to initiate such a request by contacting an employee of the Office of Student Affairs, in the Houston Harte University Center, Room 112, or contacting the department via email at [ADA@angelo.edu](mailto:ADA@angelo.edu). For more information about the application process and requirements, visit the [Student Disability Services website](#).<sup>8</sup> The employee charged with the responsibility of reviewing and authorizing accommodation requests is:

Dallas Swafford  
Director of Student Disability Services

Department of Nursing

Office of Student Affairs

325-942-2047

[dallas.swafford@angelo.edu](mailto:dallas.swafford@angelo.edu)

Houston Harte University Center, Room 112

## **Incomplete Grade Policy**

It is policy that incomplete grades be reserved for student illness or personal misfortune. Please contact faculty if you have serious illness or a personal misfortune that would keep you from completing course work. Documentation may be required. See ASU Operating Policy 10.11 [Grading Procedures](#)<sup>9</sup> for more information.

## **Copyright Policy**

Students officially enrolled in this course should make only one printed copy of the given articles and/or chapters. You are expressly prohibited from distributing or reproducing any portion of course readings in printed or electronic form without written permission from the copyright holders or publishers.

## **Syllabus Changes**

The faculty member reserves the option to make changes as necessary to this syllabus and the course content. If changes become necessary during this course, the faculty will notify students of such changes by email, course announcements and/or via a discussion board announcement. It is the student's responsibility to look for such communications about the course on a daily basis.

## **Nursing Weblinks**

- [Board of Nursing for the State of Texas](#)<sup>10</sup>
- [BSN Student Resources](#)<sup>11</sup>

## **Title IX at Angelo State University**

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct. Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex.

You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: [www.angelo.edu/incident-form](http://www.angelo.edu/incident-form)

Face to face: Mayer Administration Building, Room 210

Phone: 325-942-2022

Email: [michelle.boone@angelo.edu](mailto:michelle.boone@angelo.edu)

*Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171).*

For more information about resources related to sexual misconduct, Title IX, or Angelo State’s policy please visit: [www.angelo.edu/title-ix](http://www.angelo.edu/title-ix).

## Course Schedule

Week/Date	Topic/Assignments/Assessments DUE
<p><b>Week 1/ June 6 - 12</b></p>	<p><b>Course Introduction &amp; Recognizing PTSD, Varieties and Neuroscience of PTSD</b>                      Reading—Chapters 1, 2, 3, 12 in your textbook and Article(s)                      Watch Video(s)                      Post Introduction to Peers in General Discussion (ungraded)                      -Group Discussion Identifying PTSD/ Providing Appropriate Care (follow posting guidelines)                      -Journal due Sunday by 11:59pm</p>
<p><b>Week 2/ June 13 – 19</b></p>	<p><b>PTSD Across the Life Span</b>                      Reading—Chapters 4, 5, 6, 13 in your textbook                      Article (s)                      -Group discussion on Community resources (follow posting guidelines)</p>

Week/Date	Topic/Assignments/Assessments DUE
<p><b>Week 3/ June 20 - 26</b></p>	<p><b>Complications of Military Duty – Individual &amp; Family; Media Portrayal of Traumatic Events</b>                      Reading—Chapters 7, 9, 10, 11 in your textbook and article (s)                      Watch Video(s)                      Group Discussion – choose from two topics:                      1) Collaboration Amongst Health Care Professionals                      2) Media Portrayal of Traumatic Events (follow posting guidelines)</p>
<p><b>Week 4/ June 27 – July 3</b></p>	<p><b>Exploring Resilience; Treatment Approaches</b>                      Reading –Chapter 8, 14 in your textbook and article (s)                      Watch Video(s)                      Group Discussion on Exploring Resilience (follow posting guidelines)</p>
<p><b>Week 5/ July 4 - 8</b></p>	<p><b>End of Course Reflection</b>                      Journal due Monday by 11:59 pm (since Sunday 7/4 is a holiday)                      Watch Video (s)   <b>***Research PowerPoint Presentation Due Wednesday by 6:00 pm</b></p>

## Grading Rubrics

To view grading rubrics for (Discussion Boards, Journals and the Research PowerPoint) please go to the “My Grades” link in your blackboard course, and select view Rubric under each graded item or look at the grading rubrics that are included with assignment instructions inside of the Blackboard Learning Management System.

## Student Evaluation of Faculty and Course

Students in all programs are given the opportunity to evaluate their courses and the faculty who teach them. Evaluations are most helpful when they are honest, fair, constructive, and pertinent to the class, clinical experience, or course. Faculty value student evaluations, and use student suggestions in making modifications in courses, labs and clinical experiences.

Angelo State University uses the IDEA (Individual Development and Educational Assessment) system administered through Kansas State University for all course evaluations. The Office of Institutional Research and Assessment administers IDEA for the entire university, online and has established a policy whereby students can complete course evaluations free from coercion.

Areas of evaluation include:

1. Gaining a basic understanding of the subject (e.g., factual knowledge, methods, principles, generalizations, theories)
2. Developing specific skills, competencies, and points of view needed by professionals in the field most closely related to this course
3. Learning how to find, evaluate, and use resources to explore a topic in depth
4. Developing ethical reasoning and/or ethical decision making
5. Learning to analyze and critically evaluate ideas, arguments, and points of view

## End of Syllabus

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<sup>1</sup> <https://www.angelo.edu/student-handbook/>

<sup>2</sup> <https://www.angelo.edu/catalogs/>

<sup>3</sup> <https://www.angelo.edu/dept/nursing/handbook/index.php>

<sup>4</sup> <https://www.angelo.edu/content/files/14206-op-1019-student-absence-for-observance-of>

<sup>5</sup> <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>

<sup>6</sup> <https://www.angelo.edu/student-handbook/community-policies/academic-integrity.php>

<sup>7</sup> [https://www.angelo.edu/dept/writing\\_center/academic\\_honesty.php](https://www.angelo.edu/dept/writing_center/academic_honesty.php)

<sup>8</sup> <https://www.angelo.edu/services/disability-services/>

<sup>9</sup> <https://www.angelo.edu/content/files/14197-op-1011-grading-procedures>

<sup>10</sup> <https://www.bon.texas.gov/>

<sup>11</sup> [https://www.angelo.edu/dept/nursing/student\\_resources/undergrad\\_info.php](https://www.angelo.edu/dept/nursing/student_resources/undergrad_info.php)