

**ANGELO STATE UNIVERSITY**

**KINESIOLOGY**

**KIN 3321**

**ESSENTIALS of COACHING**

**Summer 2022**



**COURSE:** KIN 3321 **Essentials of Coaching**

**INSTRUCTOR:** Jordan Daniel, PhD

**OFFICE:** CHP 110

**EMAIL:** [jordan.daniel@angelo.edu](mailto:jordan.daniel@angelo.edu)

**PHONE:** 325.942-2173 ext. 5465

**Office Hours:**

by appointment

**Any and all readings will be supplied will be provided on BlackBoard**

## **Course Description**

This course is a comprehensive introduction to the coaching profession. Emphasis is placed on sport at the high school and serious club levels. Consideration is also given to coaching at other levels, such as youth, recreational, and intercollegiate sport programs. The primary goal of the course is to develop and enhance students' knowledge and understanding of concepts and techniques of coaching and their application to achieving important objectives in working with athletes.

## **Course Objectives**

At the conclusion of this course, students are expected to be able to do the following:

1. Develop a coaching philosophy
2. Identify the three major objectives of coaching and describe the factors involved in selecting a coaching style.
3. Examine principles for coaching with character, for developing good character and sportsmanship in athletes, and for coaching athletes who have diverse backgrounds, characteristics, and abilities.

All video response are hosted on <https://flipgrid.com/drdcoaching>  
Make sure you are posting in the appropriate spot.

## **Student Evaluation**

Your grade for this course will be determined by your performance in the following:

### **Exams**

Four exams\_ These exams will include true-false, multiple choice, fill-in-the blank, and short answer and essay questions.

### **Welcome Video**

This video tells everyone:

1. who you are
2. why you are taking the coaching class
3. Using Schwartz (2008), what is the importance of stupidity?
4. What do you think you and Dr. Daniel have in common?

### **Final Coaching Philosophy Video**

This video should reflect the answer to the following question, “What is your coaching philosophy?” The video will be exactly 10 minutes long.

### **FlipGrid Video Responses**

Actively engage in discussions and reflection of the content (covering all articles, slides, podcasts, videos, etc that were assigned). Anything under 9:50 will be graded a zero.

### **MOST IMPACTFUL THING I’VE LEARNED VIDEO**

10 minute flipgrid reflecting on what was the most impactful thing you’ve learned.

<b>Exams (4x100 pts each)</b>	<b>400 points</b>
<b>+ Welcome Video</b>	<b>25 points</b>
<b>+ Final Coaching Philosophy Video</b>	<b>125 points</b>
<b>+ Flip Grid Video Responses (12 total) (35 pts each)</b>	<b>420 points</b>
<b>+Most Impactful Thing I’ve Learned Video</b>	<b>30 points</b>
<b>=</b>	<b>1000 points</b>

### Grading Scale

There are 1000 total points for the course.

<b>Course Grade</b>	<b>Points</b>	<b>Percentage</b>
A	900-1000	90-100%
B	800-899	80-89.99%
C	700-799	70-79.99%
D	600-699	60-69.99%
F	<600	<60%

**Students with Disabilities:**

Persons with disabilities which may warrant academic accommodations must contact the Student Life Office, Room 112 University Center, in order to request such accommodations prior to any accommodations being implemented. You are encouraged to make this request early in the semester so that appropriate arrangements can be made.

Students with disabilities who request reasonable accommodations must meet with the Course Coordinator within the first week of classes. Reasonable accommodations will be provided as authorized by the Office of Disability Services as long as course requirements are not compromised. Faculty will provide no accommodations without authorization from the Office of Student Life. It is the student's responsibility to be a self-advocate when requesting accommodations.

**The Angelo State University Honor Code:**

Our students believe that ASU students should maintain complete honesty and integrity in their academic pursuits.

The Honor Code at ASU is located at: [www.angelo.edu/forms/pdf/honorcode5.pdf](http://www.angelo.edu/forms/pdf/honorcode5.pdf) and describes expected academic behavior of both faculty and students, and it consists of an agreement between the student and the academic community to foster academic integrity, to value student educational goals, and to maintain the positive academic reputation of ASU. Angelo State University expects all students and faculty to engage in all academic pursuits in a manner that is above reproach and to maintain complete honesty and integrity in the academic experiences both in and out of the classroom.

ASU students and faculty will not participate or condone

- Plagiarism
- Cheating
- Fabrication of data
- Misrepresentation of information
- Misuse of library materials
- Misuse of technology
- Conspiring with others to commit these acts

ASU students are responsible for understanding the student handbook as well as the individual academic requirements and stipulations for each course. This includes carefully reading the *Angelo State University Student Handbook* and reading the syllabus of each course. Students should ask for clarification of any ambiguous aspect of the syllabus.

To facilitate this code of ethical conduct, ASU has an Academic Integrity Committee, a committee composed of both students and faculty, which has the responsibility of reviewing cases of suspected academic dishonesty which may be brought to it. The committee's membership of students and faculty reinforces ASU's commitment to academic integrity in and out of the classroom.

**Title IX at Angelo State University**

Angelo State University is committed to providing and strengthening an educational, working, and living environment where students, faculty, staff, and visitors are free from sex discrimination of any kind. In accordance with Title VII, Title IX, the Violence Against Women Act (VAWA), the Campus Sexual Violence Elimination Act (SaVE), and other federal and state laws, the University prohibits discrimination based on sex, which includes pregnancy, and other types of Sexual Misconduct.

Sexual Misconduct is a broad term encompassing all forms of gender-based harassment or discrimination and unwelcome behavior of a sexual nature. The term includes sexual harassment, nonconsensual sexual contact, nonconsensual sexual intercourse, sexual assault, sexual exploitation, stalking, public indecency, interpersonal violence (domestic violence or dating violence), sexual violence, and any other misconduct based on sex. You are encouraged to report any incidents involving sexual misconduct to the Office of Title IX Compliance and the Director of Title IX Compliance/Title IX Coordinator, Michelle Boone, J.D. You may submit reports in the following manner:

Online: [www.angelo.edu/incident-form](http://www.angelo.edu/incident-form) Face to face: Mayer Administration Building, Room 210  
Phone: 325-942-2022 Email: [michelle.boone@angelo.edu](mailto:michelle.boone@angelo.edu) Note, as a faculty member at Angelo State, I am a mandatory reporter and must report incidents involving sexual misconduct to the Title IX Coordinator. Should you wish to speak to someone in confidence about an issue, you may contact the University Counseling Center (325-942-2371), the 24-Hour Crisis Helpline (325-486-6345), or the University Health Clinic (325-942-2171). For more information about resources related to sexual misconduct, Title IX, or Angelo State's policy please visit: [www.angelo.edu/title-ix](http://www.angelo.edu/title-ix).

## **Schedule**

Schedule

TBA