

Anne Hardegree M.Ed., LPC-S
3131 Executive Drive
San Angelo, TX 76904

Professional Goals: Mental Health Counselor and LPC Associate Supervisor, Contractor and Counselor Educator at the district and university level.

Education and Training:

Kase & Co. EMDR Certification Course. December 2023 - August 2024

Kase & Co. EMDR Advanced Trainings: Mixed Bag, Disordered Eating, EMDR with CPTSD, EMDR Intensives, EMDR & Polyvagal Fall 2023.

Gobbel, Robyn, Being With Parent Coaching and Course. January 2022 - December 2023.

Lee, Brittne M.Ed, LPC EMDRIA Trainer and Consultant. Weekly Consultation November 2019- April 2020. Australia.

Portland Community College, Interpersonal Neurobiology, (IPNB) 52 hours, October 2019- January 2020

Carvalho, Elsy PhD. Creative Protocols in EMDR Therapy 12.0 hours, Dallas, TX October 11-12, 2019

Purvis Institute, Texas Christian University, Trust-Based Relational Intervention (TBRI) 12.0 Hours, August 26-27, 2019 San Angelo, TX

Gobbel, Robyn LCSW, Engaging the Body in Play Therapy 12 Hours, Denver, CO

Lyles, Marshall M.Ed., LPC-S RPT-S, APT Approved Provider 17-508
Sandtray: An Attachment Friendly Tool for Play Therapy Across the Lifespan.
12.0 Hours, Denver, CO

Lyles, Marshall M.Ed., LPC-S RPT-S, APT Approved Provider 17-508
Reflectively Yours: Understanding the Intersection of Reflection and Reflective Functioning in Sandtray-based Therapy.

Gobbel, Robyn LCSW, Grant, Stephanie PhD.,LPC, I MHC The Myth of Infant Resilience: An Exploration of Infant and Prenatal Trauma

Gobbel, Robyn LCSW, Schaffer, Jessica Nervous System Know-How

Taylor, Jen LCSW, RPT-S, The Play Therapy Summit Online
22 hours of Play Therapy Training. Including Play Therapy and Family Court, Play
Therapy Using Movement and Music, Integrative Attachment Informed Cognitive
Behavioral Play Therapy, Attachment Centered Play Therapy, Top 10 Things to Know
About Play Therapy, The Neuroscience Behind Aggression in the Play Room, Trauma
Informed Play Therapy, Beyond Relaxation, Play Therapy, an Experiential Approach,
Sandtray Solutions: Using the Power of Brain Power, and others.

Ethics in Counseling Update, Texas Tech University, March 2019

Court Testimony Training, CAC Austin, TX January 2019

EMDR-Eye Movement Desensitization Reprocessing 60 hour training.
Compassion Works, Plano, Texas

LGBTQ workshop- TRCA spring 2018 LeGrand Center ASU

Safe Sanctuaries, Tonya Campen, San Antonio, Tx, March 2018

Ethics in Counseling Update, Texas Tech University, March 2018

EMDR: Step By Step online course August 2017

Know Your Number: The Enneagram- Suzanne Stabile, Dallas, Texas, August 17,
1017

The Brain Event- Dr. Elaine Fletcher-Janzen
San Angelo, Texas June 26-27, 2017

TF-CBT certification August 2017- one year collaborative working with Trauma
Focused- Cognitive Behavior Therapy.

Ethics workshop- TRCA, San Angelo, TX April 2017

Christine Padesky- February 2017- Mind Over Mood- CBT Bootcamp

Completed coursework for Superintendent's Certification

May 2011 Principal certification, Angelo State University

October 2005- current Licensed Professional Counselor; NBCC National Board for
Certified Counselors

2000-2005 15 hours in advanced Psychology and 2000 hour supervised internship
for Licensed Professional Counselor credentialing, Angelo State University

May 1998 M.Ed. Guidance and Counseling, Angelo State University

August 1989 B. S. Education, Angelo State University

Work Experience:

April 2021-LPC Associate Supervisor

Provide weekly consultation and supervision to LPC Associates who are working on their 3,000 hour supervision direct and indirect hours.

May 2018 -Team Leader Women In Balance LLC., Women's Health Retreat, Sedona AZ

September 2017 - Contract Counselor- Education Service Center Region XV

Observation of Head Start classrooms in surrounding communities. Complete required reports for Head Start. Arrange to meet with parents to discuss development of their Head Start children. Consult with teachers and staff in reference to their concerns about the development of the children. Work with young children one on one in the areas of concern as noted by staff and classroom observations.

September 2017- Contract Counselor SAISD Special Programs

Meet with students and work on counseling goals set during the ARD meeting. Complete progress reports when they are due. Set appropriate goals for the students to work on. Collaborate with school counselors, classroom teachers, and diagnosticians to work towards meeting the needs of the student.

Provide individual counseling and planning to guide students as they plan, monitor, and manage their own educational, career, personal, and social development with appropriate interventions that assist in personalized goal-setting.

January 2016 – Counselor graduate educator- Angelo State University, San Angelo

Supervision of Counseling Practicum students and teaching online graduate courses including Career and Occupational Counseling, Role of the School Counselor, Individual Counseling, and Counseling Internship. Adjunct Instructor for the following courses:

EDG 6327 Dysfunctional Behavior

- Creative Protocols in EMDR
- Interpersonal Neurobiology
- EMDR-Eye Movement Desensitization Reprocessing 60 hour training. Compassion Works, Plano, Texas

- LGBTQ workshop- TRCA spring 2018 LeGrand Center ASU
- Ethics in Counseling Update, Texas Tech University, March 2018
- The Brain Event- Dr. Elaine Fletcher-Janzen
San Angelo, Texas June 26-27, 2017
- TF-CBT certification August 2017- one year collaborative working with Trauma Focused- Cognitive Behavior Therapy.

EDG 6310 Theories of Counseling

- EMDR-Eye Movement Desensitization Reprocessing 60 hour training.
Compassion Works, Plano, Texas
- TF-CBT certification August 2017- one year collaborative working with Trauma Focused- Cognitive Behavior Therapy.
- Christine Padesky- February 2017- Mind Over Mood- CBT Bootcamp

EDG 6320 Individual Counseling

- EMDR-Eye Movement Desensitization Reprocessing 60 hour training.
Compassion Works, Plano, Texas
- LGBTQ workshop- TRCA spring 2018 LeGrand Center ASU
- Ethics in Counseling Update, Texas Tech University, March 2018
- The Brain Event- Dr. Elaine Fletcher-Janzen
San Angelo, Texas June 26-27, 2017
- TF-CBT certification August 2017- one year collaborative working with Trauma Focused- Cognitive Behavior Therapy.
- Christine Padesky- February 2017- Mind Over Mood- CBT Bootcamp

EDG 6321 Group Counseling

- Ethics in Counseling Update, Texas Tech University, March 2018
- The Brain Event- Dr. Elaine Fletcher-Janzen
San Angelo, Texas June 26-27, 2017
- TF-CBT certification August 2017- one year collaborative working with Trauma Focused- Cognitive Behavior Therapy.
- Christine Padesky- February 2017- Mind Over Mood- CBT Bootcamp
- Art from the Heart Support Group Counseling offering October and November 2018

EDG 6324 Career and Occupational Counseling

- Ethics in Counseling Update, Texas Tech University, March 2018

EDG 6325 Practicum in Counseling

- Ethics in Counseling Update, Texas Tech University, March 2018

EDG 6331 Role of the School Counselor

- Ethics in Counseling Update, Texas Tech University, March 2018
- The Brain Event- Dr. Elaine Fletcher-Janzen
San Angelo, Texas June 26-27, 2017
- Christine Padesky- February 2017- Mind Over Mood- CBT Bootcamp

September 20, 2012- July 2017 Assistant Principal, Central High School

Assistant Principal duties including responsible for half of the senior class, organization of graduation ceremony, UIL Academic Eligibility, teacher and parent relations, STAAR testing coordinator, professional learning communities, teacher appraisals using T-TESS, student discipline, campus safety, campus and curricular event supervision, AP for the Counseling Center.

Provide leadership for the campus school counseling program.

Adhere to, follow, and promote legal, ethical, and professional standards. Adhere to federal, state, district and campus legal standards, policies, regulations, and procedures.

Interpret standardized test results and other formal and informal assessment data to guide students in individual goal setting and planning in collaboration with school personnel.

**October 2005 – 2015 Private Counseling Practice 10-18 hours weekly
2015-present Private Counseling Practice 25-40 hours weekly**

Screen and intake potential counseling clients, obtain insurance authorization and certification, provide private counseling, assessment, goal setting, plan treatment, evaluate progress, billing, scheduling, and termination of services.

Provide individual counseling and planning to guide clients as they plan, monitor, and manage their own educational, career, personal, and social development with appropriate interventions that assist in personalized goal-setting.

Provide small group counseling as a needed part of responsive services in a comprehensive school counseling program. The type of group used will depend upon the crisis response.

Identify, analyze, and address through intervention academic, behavioral, social, and emotional barriers that may interfere with growth.

Use accepted theories in addressing personal, social, career, cognitive, and educational development.

SAT test proctor and Site Supervisor

Recruit and provide training links for SAT test supervisors, organize SAT test, communication with campus and faculty, SSD coordinator for students who receive accommodations from College Board.

Interpret standardized test results and other formal and informal assessment data to guide students in individual goal setting and planning in collaboration with school personnel.

Collaborate to refer students as needed for special programs or outside agencies for additional support.

July 2012 – September 2012 Head Counselor, Central High School

Collaboration on master course schedule, supervise team of 5 high school counselors, student scheduling, special programs for students, track credits earned towards graduation, oversee all Counseling Center programming such as Student Orientation, PSAT, first day of school procedures, staff development, assist with state assessment, AP Testing, AP testing, Dual Credit programming, College Entrance process, Letters of recommendation, scholarships, parent meetings about College admissions, preregistration, and FAFSA and Paying for College, oversee campus programs for students.

Provide leadership for the campus school counseling program.

August 2003 – July 2012 High School Counselor, Central High School

Responsible for the graduation of approximately 300 seniors, graduation plans, enroll new students, track progress, evaluate transcripts and credits, college applications, letters of recommendation, scholarships, Financial Aid, state assessments, AP testing coordinator, student services such as Pregnancy Related Services, ESL, Special Programs, At-risk, parent conferences, trouble shoot such problems as failure rate, pregnancy, and low test scores.

Provide small group counseling as a needed part of responsive services in a comprehensive school counseling program. The type of group used will depend upon the crisis response.

Administer, review, and evaluate career standardized data profiles, such as the O*NET, in order to assist students with career and vocational awareness, exploration, and planning.

Consult with school staff, parents, and community members to promote understanding of human relations and student development, human behavior (including exceptionalities), and environment.

Identify, analyze, and address through intervention academic, behavioral, social, and emotional barriers that may interfere with growth.

Use accepted theories in addressing personal, social, career, cognitive, and educational development.

Adhere to, follow, and promote legal, ethical, and professional standards. Adhere to federal, state, district and campus legal standards, policies, regulations, and procedures.

Interpret standardized test results and other formal and informal assessment data to guide students in individual goal setting and planning in collaboration with school personnel.

Collaborate to refer students as needed for special programs or outside agencies for additional support.

Utilize the Diagnostic and Statistical Manual of Mental Disorders classification system for obtaining descriptions, symptoms and criteria for mental disorders.

January 2009 – June 2010 Night School Counselor, San Angelo ISD

Recruit, interview and screen high school drop-outs interested in completing their high school education. Evaluate transcripts, interpret test scores, and counsel prospective students on different options available to them. Monitor progress as they work toward their high school diploma.

Administer, review, and evaluate career standardized data profiles, such as the O*NET, in order to assist students with career and vocational awareness, exploration, and planning.

Provide leadership for the campus school counseling program.

Collaborate to refer students as needed for special programs or outside agencies for additional support.

June 2013, 2014, 2015, 2016 and June 2017 CHS Summer School Principal for Test Prep and Summer STAAR testing

June 2012, 2011, 2010, 2009, 2007, 2006 Secondary Summer School Counselor

Assign students to appropriate classes, check transcripts, grades, assist teachers, organize summer graduation ceremony, organize and implement TAKS and STAAR remediation and summer testing

Consult with school staff, parents, and community members to promote understanding of human relations and student development, human behavior (including exceptionalities), and environment.

Provide leadership for the campus school counseling program.

August 2000- May 2005 Elementary Counselor, Bonham Elementary

June 2004 Elementary Summer School Instructional Specialist/Counselor

August 1998-May 2000 Junior High School Counselor, Edison Junior High

August 1997- May 1998 Alternative School Counselor, Carver Learning Center

August 1992- May 1997 Classroom Teacher, San Angelo ISD

August 1990- May 1992 Classroom Teacher, Sterling City ISD

Presentations

Casarez, L.L., **Hardegree, A.**, (November 2023) *Elementary and Secondary Counselor Make It and Take It* School Counseling Workshop: Education Service Center, Region 15, San Angelo, Tx.

Casarez, L.L., **Hardegree, A.**, Robles, A., (November 2023) *Developing and Implementing Compassionate and Trauma-Informed Schools* Counseling Presentation: Education Service Center, Region 15, San Angelo, Tx.

Hardegree, A., (2023) *Get Your Group On.* Group Counseling Presentation: Education Service Center, Region 15, San Angelo, Tx.

Hardegree, A., (2023) *I Like Good Books.* Using Bibliotherapy in School Counseling Presentation: Education Service Center, Region 15, San Angelo, Tx.

Hardegree, A., (2018 April) *Building trust and sisterhood.* Group work and Presentation: Angelo State University, Delta Zeta, San Angelo, Tx.

Casarez, L. L., **Hardegree, A.**, O'Briant, M., & Real, L. D. (2018, February). *Trauma-informed and grief-informed schools.* Presentation: Texas School Counselor Association Professional School Counselor Conference. Galveston, Tx.

Hardegree, A., (2017 August). *Human trafficking awareness.* Presentation: SAISD: Central High School Staff Development, San Angelo, Tx.

Hardegree, A. (August 2016). *Playing for keeps: doing the best for our students.* Presentation: SAISD: Central High School Staff Development, San Angelo, Tx.

Volunteer and Involvement

Art from the Heart Support Group Counseling offering October and November 2018

2017 Three Rivers Counseling Association Private Counselor of the Year

Tom Green County Children's Advocacy Center Multidisciplinary Team 2016- present

Founding committee for Human Trafficking Awareness in Tom Green Co. and surrounding area

If Conference, and If Pray event organizer for San Angelo, TX area

Member of Texas Association of School Administrators

Chairperson for 2011 San Angelo Project Graduation

Member Texas Association College Admission Counselors 2009-present

Member of Texas Counseling Association 1997- Present

Three River's Counseling Association President 1999-2000 and 2005-2006

Three River's Counseling Association Member 1997-Present