

Bailee Sawyer

**BAILEE SAWYER, M.S., R.D., L.R.D.**

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**EDUCATION**

- PhD (August 2017 -Projected March 2020) Human Development and Education, Exercise Sciences and Nutrition Track, College of Human Development and Education, North Dakota State University, NDSU, Fargo, ND
- MS (August 2012 – May 2014) Family Consumer Sciences, Nutrition Science Track, Robbins College of Health and Human Sciences, Baylor University, Waco, TX
- BS (August 2009 – May 2012) Allied Health Professionals, Exercise Science Major, Global Studies Minor, College of Health Science, California Baptist University, Riverside, CA

**REGISTRATIONS/CERTIFICATIONS**

- Registered Dietitian Academy of Nutrition and Dietetics, Commission on Dietetics Registration: ND License #1104; AND/CDR member # 86050882 (September 2016 – Present)
- Licensed Dietitian North Dakota Board of Dietetic Practice - #1104 (October 2019 – September 2020)
- Texas Department of License and Registration – DT84706 (June 2020 – June 2022)

**PROFESSIONAL EXPERIENCE**

- June 2020 – Present **Clinical Dietitian**, Dietary, Shannon Medical Center, San Angelo, TX
- January 2020 – July 2020 **Lead Research Dietitian**, Department of Health, Nutrition, and Exercise Sciences, College of Human Development and Education, NDSU, Fargo, ND
- March 2019 – January 2020 **Dietitian**, Student Health Services, North Dakota State University NDSU, Fargo, ND.

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- August 2017 – May 2020     **Stable Assistant**, Southwind Stable, Horace, ND
- May 2019 – October 2019     **Director of Sports Nutrition**, Department of Athletics, University of Louisiana, Lafayette, LA.
- August 2017 – May 2018     **Research Assistant**, Department of Health, Nutrition, and Exercise Sciences, College of Human Development and Education, NDSU, Fargo, ND
- August 2017 – May 2018     **Yoga Instructor**, Haute Yogis Yoga Studio, Fargo, ND
- August 2016 – July 2017     **Assistant Director of Child Nutrition**, Child Nutrition Services, Midway Independent School District, Woodway, TX
- August 2016 – May 2017     **Yoga Instructor**, The Yoga Bar, Waco, TX
- August 2016 – May 2017     **Yoga Instructor**, Baylor University Athletics, Waco, TX
- January – August 2016     **Dietetic Intern**, Morrison – Chartwells Dietetic Internship, School Nutrition concentration, Bastrop, TX & Waco, TX
- August 2014 – May 2016     **Sports Nutrition Assistant**, Department of Sport Performance, Athletics, Baylor University, Waco, TX
- August 2012 – May 2014     **Research Assistant**, Family Consumer Sciences, Robbins College of Health and Human Sciences, Baylor University, Waco, TX

## **TEACHING**

Preceptor, Clinical Rotation for Texas Tech University, Shannon Medical Center, San Angelo, TX (June 2020 – Present)

Instructor, HNES460L Foodservice Systems Management Lab – North Dakota State University, Fargo, ND (August – December 2017 & August – December 2019)

Preceptor, HNES442 Community Nutrition Rotation Requirements – North Dakota State University, Fargo, ND (August – December 2019)

Instructor, NUTR 2351 Nutrition – Baylor University, Waco, TX (January – May 2017)

Preceptor, Food service dietetic intern, Assistant Director of Child Nutrition, Child Nutrition Services, Midway Independent School District, Woodway, TX (January – May 2017)

## **SCHOLARLY ACTIVITIES – RESEARCH THEMES/AREAS**

Nutrition for individuals with type 1 diabetes in young adults.

Sports nutrition knowledge with adolescents and high school coaches.

Protein intake and muscular health in middle-aged adults.

## **REFEREED ABSTRACTS**

Bailee Sawyer

Trautman, K.A., Kotarsky, C.J., Dicks, N., **Sawyer, B.**, Mitchell, S., Stastny, S. & Hackney, K.J. (forthcoming). The role of biological sex on nutritional habits and muscular health among middle-aged healthy adults. [Abstract]. Journal of Frailty and Aging \_\_\_\_\_

**Sawyer, B.**, Trautman, K., Kotarsky, C., Scheffert, R., Rockstad, E., Weber, J., Johnson, L, Hackney, K., Byun, W., & Stastny, S. (accepted). Is total animal- or plant-based protein intake correlated with strength and endurance in middle-aged men and women? [Abstract]. Journal of the Academy of Nutrition and Dietetics, 119(10), A96.

## **PRESENTATIONS AT PROFESSIONAL MEETINGS**

### **INVITED SPEAKER**

Sports Nutrition Presentation for Adolescent Athletes, St. Martin Parish Independent School District, Breaux Bridge, LA (2018).

Sports Nutrition Panel Speaker, North Dakota Academy of Nutrition and Dietetics, Fargo, ND (2017).

### **SERVICE**

President's Council for Campus Well-Being (PCCW), North Dakota State University, and student representative / health promotion graduate assistant – dietitian (2017 – present).

HNES443 Community Health and Nutrition Education, North Dakota State University, preceptor (2019 – 2020).

Sports Nutrition Presentation. San Angelo Central High School, women's track, San Angelo, TX (2019).

Sports Nutrition Presentation. Glenn Middle School, boy's athletics, San Angelo, TX (2019).

Sports Nutrition Presentation, Clifton High School, women's athletics, Clifton, TX (2017).

## **OTHER COMMITTEES AND ORGANIZATIONAL INVOLVEMENT**

Academy of Nutrition and Dietetics, member (2014 – present)

- Sports and Cardiovascular Nutritionists Practice Group (SCAN), member (2014 – present)

North Dakota Dietetic Association, member, (2017 – present)

## **RECENT PROFESSIONAL DEVELOPMENT ACTIVITIES**

Food and Nutrition Conference and Expo Conference, Academy of Nutrition and Dietetics, Philadelphia, Pennsylvania (2019)

Cultivating Inclusion in the Workplace presentation and panel training, North Dakota State University (2020)

## **AWARDS AND HONORS**

Bailee Sawyer

## **SCHOLARSHIP AWARDS**

College dissertation support award, College of Human Sciences and Education, North Dakota State University, Fargo, ND (2020)

Student funding present research at a national conference, College of Human Sciences and Education, North Dakota State University, Fargo, ND (2019).

Barbara B. North and Mary Hadley Graduate Dietetics Award. College of Human Development Education, North Dakota State University, Fargo, ND (2019).

Barbara B. North and Mary Hadley Graduate Dietetics Award. College of Human Development Education, North Dakota State University, Fargo, ND (2018).

Mavis Nymon Graduate Award. College of Human Development and Education, North Dakota State University, Fargo, ND (2018).

## **COMPLETED RESEARCH PROJECTS AND GRANTS**

Stastny, S., & **Sawyer, B.** (2017). National Pork Board and Midwest Dairy Council mini grant. \$500.

**Sawyer, B.** (2016). Action for Healthy Kids School Grants for Healthy Kids program, Cedar Creek Elementary School, \$1000.