

Brittany Paige Trubenstein

Curriculum Vitae

Contact Information

Angelo State University
Department of Psychology
Academic Building Room 204G
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Biographical Data

Birthdate: June 28, 1989
Citizenship: USA
Ethnicity: American Indian (Cherokee)
Registry #: 186790

Biography

Dr. Paige Trubenstein (or Dr. T) is an Angelo State alumna who graduated from ASU in 2015 with her Bachelor of Science in psychology. She attended the University of California, Riverside, where she obtained her master's degree in developmental psychology in 2017 and her Ph.D. in developmental psychology in 2020. She eagerly returned to ASU as a faculty member in the fall of 2019, and she teaches multiple undergraduate and graduate courses in general, developmental and environmental psychology, as well as research methods and statistics. Her dissertation research investigated the effects of social capital and living environment (rural or urban) on intelligence. Her current research interests are in community gardens and how community gardens can serve as a catalyst for the development and maintenance of social capital in local communities. On a personal note, Dr. T loves animals and worked for several years as a veterinary technician at a local vet clinic before starting at ASU. She also loves gardening and recently obtained a Texas Master Gardner Certification through the Texas AgriLife Master Gardner Program.

Education

Ph.D.	Developmental Psychology <i>The Importance of Place in Adults Approaching Midlife</i> University of California, Riverside – Riverside, CA	2020
M.A.	Developmental Psychology <i>Activity Engagement and Cognitive Performance from Mid-Adolescence to Mid-Adulthood.</i> University of California, Riverside – Riverside, CA	2017
B.S.	Psychology, <i>Magna Cum Laude</i> – Angelo State University – San Angelo, TX	2015

Certifications / Special Trainings

CTMG	Certified Texas Master Gardener Texas AgriLife Master Gardner Program	2023
CRASH	Culturally Responsive Approaches to Serving Hispanic Students Angelo State University – San Angelo, TX	2022
DAC	Digital Accessibility Certification Angelo State University – San Angelo, TX	2021
UTC	University Teaching Certificate University of California, Riverside – Riverside, CA	2019
GIS	Geographic Information Systems University of California, Riverside Extension – Riverside, CA	2016
	Learning ArcDesktop - ESRI Online Academy	2015
	Getting Started with Geodatabases - ESRI Online Academy	2016
	Python for Everyone - ESRI Online Academy	2016

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Research Interests

- Environmental Influences on Cognition across the Lifespan.
- Rural Cognitive Disparities
- Activity Engagement's Influence on Cognition across the Lifespan.
- Community Gardens as a Source of Social Capital

Courses Prepared to Teach

- | | |
|--|---|
| • Introduction to Psychology - Undergrad | • Research Methods & Statistics - Undergrad |
| • Developmental Psychology – Undergrad | • Infant and Child Development – Undergrad |
| • Developmental Psychology – Graduate | • Adolescent Development – Undergrad |
| • Environmental Psychology - Graduate | • Child & Adolescent Development – Graduate |
| • Environmental Psychology – Undergrad | |
| • Applying your Degree - Undergrad | • Psychology of Aging - Undergrad |

Manuscripts in Preparation -

Trubenstein, P., Olvera, N., Brooks, L., Lozano, N., Gonzalez, J., Van Ittersum, K., (Under Review, January, 2024). *Gender and Minority Imbalance in STEM fields*. Discover Education.

Trubenstein, B. P., Pahlen, S., Corley, R. P., Rey, S., Wadsworth, S. J., & Reynolds, C. A. (In preparation. Expected submission, January 2024). *Associations between Activity Engagement, Social Capital, and Cognitive Performance for Urban vs Rural Residing Individuals*. Health & Place.

van Ittersum, K., Lozano, N., Gonzalez, J., Brooks, L., **Trubenstein, P.**, Olvera, N. (In preparation. Expected submission, October 2023). *Personality Factors Associated with STEM Retention and Interest*. Discover Education.

Kreitler, C., **Trubenstein, P.**, Havelka, T. (In preparation, expected submission February 2024). *Student Perceptions of Angelo State University's Core Values, Institutional Adherence and Pupil Voice*. Angelo State University Student Research Journal.

Draper, B., DesJardins, X., Roman, S., **Trubenstein, B.** (In preparation. Expected submission, Spring 2024). *How Come Some Can Overcome?*.

Publications -

Wadsworth, S. J., Corley, R. P., Munoz, E., **Trubenstein, B. P.**, Knaap, E., DeFries, J. C., ... & Reynolds, C. A. (2019). CATSLife: A study of lifespan behavioral development and cognitive functioning. *Twin Research and Human Genetics*, 22(6), 695-706. DOI: <https://doi.org/10.1017/thg.2019.49>

Trubenstein, B. (2015). Employers Select Applicants to Match Personality Types. *Angelo State University Social Sciences Research Journal*, 2(1). Retrieved from <https://www.asu-srj.net/wp-content/uploads/2022/01/Brittany-Trubenstein.pdf>

Trubenstein, B. & Kreitler, C. (2015). Overconfidence and Personality Traits. *CRIUS*. 3(2015), 168-175. Retrieved from <https://asu->

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ir.tdl.org/bitstream/handle/2346.1/30499/Undergraduate%20Research%20Journal%202015.pdf?sequence=1&isAllowed=y

Invited Talks & Workshop Experience –

<i>Position</i>	<i>Topic</i>	<i>Date</i>	<i>Location</i>
Invited Speaker	Keep San Angelo Beautiful Board Retreat - <i>Community Gardens, More than just community & gardens.</i>	Fall 2023	San Angelo Country Club
Invited Representative	Native American Heritage Celebration - <i>Cherokee Nation Representative</i>	Fall 2022	ASU
Invited Speaker	Psy Chi & Psych Club Meeting – <i>Time Management & Advising</i>	Fall 2022	ASU
Invited Representative	Native American Heritage Celebration - <i>Cherokee Nation Representative</i>	Fall 2021	ASU
Invited Speaker	Hispanic Heritage Celebration – <i>Health Disparities in America's Rural Populations</i>	Fall 2019	ASU
Invited Representative	Native American Heritage Celebration - <i>Cherokee Nation Representative</i>	Fall 2019	ASU
Workshop Instructor	Introduction to GIS	Winter 2018	CGS-UCR
Workshop Instructor	Introduction to GIS	Winter 2017	UCR-GQ
Workshop Instructor	GIS for Public Policy	Winter 2017	UCR
Workshop Instructor	Geoprocessing/Geodatabase Design	Winter 2017	UCR-GQ
Guest Lecture	Quantitative Colloquia – <i>Using geographic spatial analysis in psychological research.</i>	Fall 2016	UCR
Table Notes: ASU=Angelo State University, GIS= Geographic Information Systems; CGS-UCR=Center for Geospatial Sciences at University of California, Riverside; UCR-GQ= University of California, Riverside Graduate Quantitative Methods Center			

Professional Service –

<i>Position</i>	<i>Area</i>	<i>Date</i>	<i>Location</i>
Committee Member	Student Engagement & Retention Committee	Fall 2023	ASU
Committee Member	Values Conference Planning Committee	Spring 2023	ASU
Committee Member	Values Conference Planning Committee	Fall 2022	ASU
Committee Member	Values Conference Planning Committee	Spring 2022	ASU

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Committee Member	Values Team	2021-2023	ASU
Faculty Advisor	Green Action Club	2019-2023	ASU
Committee Member	Former Foster Youth Steering Committee	2019-2022	ASU
Committee Member	Applied Psychology Graduate Program Application Review Committee	2019-2022	ASU
Committee Member	Multicultural Advisory Counsel	2019-2022	ASU
President Elect	Graduate Student Representative	2017-2018	UCR
Committee Member	University Student's Basic Needs Committee	2017-2018	UCR
Committee Member	GIS Day Conference	2017	UCR
Elected Member	School Site Council Member	2015-2018	Emerson Elementary
Notes: ASU= Angelo State University UCR = University of California, Riverside			

Mentorship - Advising - Student Supervision -

<i>Student / Position</i>	<i>Type of Advising</i>	<i>Student's Advanced Location</i>	<i>Date</i>
Daisy Clark	Graduate Mentor	Angelo State (continuing graduate)	2023-2024
Xena DesJardins	Undergraduate Mentor	Angelo State University (Psy. D)	2023-2024
Samantha Roman	Undergraduate Mentor	Angelo State University (Psy. D)	2023-2024
Torin Havelka	Graduate Mentor	Angelo State (continuing graduate)	2022-2023
Angelina Fortner	Graduate Mentor	Graduate of Angelo State	2021-2022
Bayley Pair	Undergraduate Mentor	Graduate of Angelo State	2021-2022
James Harry	Undergraduate Mentor	Graduate of Angelo State	2020-2021
Omar Staben	Undergraduate Mentor	Arizona State University (Ph.D.)	2015-2017
Jacob Miranda	Undergraduate Mentor	University of Alabama (Ph.D.)	2015-2017
Courtney Smith	Undergraduate Mentor	Park Dietz & Associates, Inc. (Internship)	2016-2017
Helena Sidrak	Undergraduate Mentor, Undergraduate Mentor	Loma Linda University (Psy.D.)	2015-2017
Brandon Swan	Undergraduate Mentor	Graduate of UCR	2016-2017
Rehman Azeem	Undergraduate Mentor, Undergraduate Mentor	Graduate of UCR	2018-2019
Mentor	Incoming Graduate Students at UCR	N/A	2016

Notes: UCR = University of California, Riverside

Grant Activity – * Indicates Mentored Undergraduate Student, ** Indicates Mentored Graduate Student
Trubenstein, P., (2024). *Food Insecurities and Community Gardens*. Faculty Research Enhancement Program (FREPP). Angelo State University. Under Review.

Lozano, N., Stenmark, C., **Trubenstein, P.**, Sweats, P. (2024). *HSI Planning Project Track 2: Integrative Undergraduate STEM Education at Angelo State University (I-USE ASU)*. National Science Foundation. Under Review.

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- Trubenstein, P.**, (2024). *Climate Change and Sustainability in Columbia*. Fulbright-Hayes Seminar Abroad. Under Review.
- Williams, L., **Trubenstein, P.**, (2023). *Sleep Deprivation and Anxiety*. Faculty Mentored Undergraduate Research Grant. Under Review
- Lozano, N., **Trubenstein, P.**, van Ittersum, K., Sweats, P. (2021). *HSI Planning Project: Integrative Undergraduate STEM Education at Angelo State University (I-USE ASU)*. National Science Foundation I-USE: HSI NSF grant (#2122828). Funded \$199,597
- Fortner, A.**, **Trubenstein, P.** (2020). *Student Caregivers: Balancing Education & Family Needs in the United States*. Faculty Mentored Graduate Research Fellowship. Funded \$299.00.
- Pair, B.* **Trubenstein, P.** (2020). *Mask Wearing During the COVID-19 Pandemic Impedes the Ability to Evaluate Emotions in Others*. Faculty Mentored Undergraduate Research Grant. Funded \$384.00.
- Harry, J.*, **Trubenstein, P.** (2020). *Social Isolation & Depressive Symptoms among College Undergraduates*. Angelo State University. Faculty Mentored Undergraduate Research Grant. \$234.38
- Trubenstein, P.** (2018). *Rural and Urban Lifestyle and Subsequent Effects on Cognition Across the Lifespan*. University of California, Riverside. Graduate Research Mentorship Program - GRMP. Not Funded.
- Trubenstein, P.** (2016). *Activity engagement in relation to cognitive performance*. University of California, Riverside. One Health Graduate Research Grant \$3,200.00
- Trubenstein, P.** (2016). *Activity Engagement, Cognitive Performance and Ambulatory Assessment*. University of California, Riverside. National Science Foundation. Not Funded.
- Trubenstein, P.** (2015). *Activity Engagement's effect on cognitive performance using an ethnically diverse sample*. University of California, Riverside. Ford Fellowship. Not Funded.
- Trubenstein, B.P.** (2015). *Cognitive Performance and Ambulatory Assessment*. University of California, Riverside. National Science Foundation. Not Funded.
- Trubenstein, B.P.** & Kreitler, C. (2014). *Calculating Overconfidence Correlates with Personality Traits*. Angelo State University. Undergraduate faculty mentored grant. \$1,500
- Poster Presentations** - * Indicates Mentored Undergraduate Student, ** Indicates Mentored Graduate Student
Lozano, N., **Trubenstein, P.**, van Ittersum, K., Sweats, P. (2023, May). *I-USE: HSI Stem at Angelo State University*. NSF HSI PI Conference, San Antonio, Texas, United States.
- Olvera, N.**, **Trubenstein, P.**, Lozano, N., Gonzalez, J.**, & van Ittersum, K. (2023, May). *Gender & Minority Imbalance in STEM Fields*. NSF HSI PI Conference, San Antonio, Texas, United States.

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- Fortner, A.M.*, **Trubenstein, B.** (2022, April). *Student Caregivers: Balancing Education & Family Needs*. Graduate Research Symposium. Angelo State University.
- Pair, B.*, **Trubenstein, B.** (2022, April). *Mask Wearing During the Covid-19 Pandemic Impedes the Ability to Evaluate Emotions in Others*. Undergraduate Research Symposium. Angelo State University.
- Harry, J.*, **Trubenstein, B.** (2021, April). *Social Isolation & Depressive Symptoms among College Undergraduates*. Undergraduate Research Symposium. Angelo State University.
- Abalos, F.*, Vo. T., **Trubenstein, B.P.**, Reynolds, C.A.. (2019, May). *Differences in reporting physical and mental health absences: the context of ethnicity in diverse California*. Undergraduate Research Conference. University of California Riverside. Riverside, CA
- Trubenstein B. Paige.**, Corley R., Wadsworth, S.J., Reynolds, C.A., (2018, May). *Testing Cognitive Reserve and Environmental Selection Hypotheses for Cognitive Performance*. Cognitive Aging Conference. Atlanta, GA
- Swan-Prung. B.*, **Trubenstein, B.**, Munoz Diaz, E., Reynolds, C.A. (2017, November). *Commute Times Effect on Numerous Health Outcomes: Focusing on San Bernardino County*. GIS Day. University of California Riverside.
- Brittany P. Trubenstein**, Brett C. Haberstick, Robin Corley, Sally J. Wadsworth, Chandra A. Reynolds. (2017, July). *Activity Interests and Talents in Relation to Cognitive Performance: A Prospective Study*. IAGG 2017 World Congress. San Francisco, CA
- B. Paige Trubenstein**, Elizabeth Munoz Diaz, Robin Corley, Sally J. Wadsworth, Chandra A. Reynolds. (2016, November). *Using GIS to track environmental factors associated with cognitive performance from childhood to the cusp of middle adulthood*. GIS Day. University of California Riverside.
- Staben, O.*, **Trubenstein, B.**, Munoz Diaz, E., Reynolds, C.A. (2016, November). *Applying Geographic Information Systems in the Psychological Sciences*. GIS Day. University of California Riverside.
- Conference Presentations –**
- Havelka, T., Kreitler, C., **Trubenstein, B. P.** (2023, April). *Student Perceptions of ASU Core Values*. Second Annual ASU Core Values Conference. San Angelo, TX.
- Trubenstein, B. P.** (2023, April). *Ram Garden*. Second Annual ASU Core Values Conference. San Angelo, TX.
- Trubenstein, B. P.**, Corley, R.P., Gebelin, K.D., Rey, S., Wadsworth, S.J., Reynolds, C.A. (2019, November). *Activities Across America: Evaluating Geographic Differences in Activity Engagement*. Gerontological Society of America's 71st Annual Meeting, Austin, TX.

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Trubenstein, B. P. (2015, Mar.). *Calculating Overconfidence Correlates with Personality Traits*. Alpha Chi National Honors Society National Convention, Chicago, IL.

Trubenstein, B. P. (2015, May) *Overconfidence and Personality Traits*. Angelo State University Undergraduate Research/Creative Endeavor Symposium. San Angelo, TX.

Honors and Awards -

2015-2019 Dean's Distinguished Fellowship, UC, Riverside
2015 Psychology Student of the Year, Angelo State University
2015 Nominated for Presidential Award, Angelo State University
2015 Alpha Chi National Honors Society Regional Presentation Scholarships, Angelo State University
2014-2015 Laura Bush Foundation Scholarship, Angelo State University
2012-2015 Dean's List, Angelo State University

Professional Membership –

2023-24 Member, Concho Valley Bee Keepers Association
2023-24 Member, Concho Valley Master Gardner Association
2015 Member, Alpha Chi National Honor Society
2015 Member, Phi Kappa Phi National Honor Society
2014 Member, Psi Chi National Honor Society
2014 Member, Who's Who Among Students in American Universities and Colleges.

Professional References -

Dr. Chandra Reynolds

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Dr. Crystal Kreitler

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