

Crista A. Rojo, M.Ed.

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College of Education
Department of Curriculum and Instruction
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Education

Master of Education in Guidance & Counseling
Angelo State University, 2011-2012
Bachelor of Science in Kinesiology, Minor in English
Angelo State University, 2000-2004

Professional Certifications

Texas Educator Certification, School Counselor EC-12
Texas Educator Certification, English Language Arts and Reading – Grades 4-12
Texas Educator Certification, Health – Grades EC-12
Texas Educator Certification, Physical Education – Grades EC-12
Texas Educator Certification, English as a Second Language Supplemental–Grades EC-12

International Association of Biblical Counselors, Certified Biblical Counselor, May 2017
Biblical Counseling Institute, Certified Biblical Counselor & Life Coach, March 2017

Professional Experience

Angelo State University

Adjunct Faculty, Department of Curriculum and Instruction, January 2014-Present

- Utilize Blackboard Learning Management System for courses
- Assist lead professor in course preparation
- Give input and feedback for course improvements
- Review improvements from instructional team
- Communicate and collaborate with instructional team
- Troubleshoot to resolve problems that arise throughout the course
- Support and engage students throughout the course
- Mentor students through meaningful communication and supportive feedback
- Evaluate student work
- Utilize professional experiences to enhance course content with real-world, practical insights and provide input for continuous course improvement
- Assist professors with student contact through email, announcements, feedback, scoring, and any other requirements for the online graduate courses
- Graduate Courses Taught (online):
 - EDG 6303 Lifespan Development - Fall 2014, Spring 2015, Fall 2018
 - EDG 6320 Individual Counseling - Spring 2017, Fall 2017, Spring 2018

- EDG 6321 Group Counseling - Spring 2014, Summer 2014, Fall 2015, Spring 2016, Fall 2016, Fall 2017, Fall 2018, Fall 2019
- EDG 6323 Theories of Counseling- Summer 2014, Summer 2016, Spring 2017, Fall 2017, Spring 2018, Fall 2018, Spring 2019
- EDG 6324 Career & Occupational Counseling - Fall 2014, Spring 2017, Summer 2018, Spring 2019, Summer 2019
- EDG 6325 Practicum in Counseling - Spring 2014, Fall 2019
- EDG 6331 Role of the School Counselor - Fall 2015, Spring 2016, Fall 2016, Spring 2017, Spring 2018

The Relational Impact Group; International Association of Biblical Counseling

Certified Biblical Counselor & Life Coach, 2017-Present

- Facilitate individual and couple's counseling
- Utilize a combination of Cognitive Behavioral Therapy, Person-Centered Therapy, Reality Therapy, & Choice Therapy to address personal, social, career, cognitive, and educational development
- Facilitate sessions built around rapport-building, minimal encouragers, open-ended questions, reflection of feelings, paraphrasing, self-disclosure, and summarizations
- Engage in personal, social, academic, and post-secondary work with clients through individual and career planning
- Provide individual counseling and planning to guide clients as they plan, monitor, and manage their educational, career, personal, and social development with appropriate interventions that assist in personalized goal setting
- Administer, review, and evaluate personality inventories and career data profiles, such as the John Holland's Self-Directed Search, Myers-Briggs Type Indicator, and O*Net Interest Profiler in order to assist clients with lining up their personality with career and vocational aspirations
- Provide individual guidance to assist clients in developing and applying skills for maximum educational, career, and interpersonal relations
- Interpret assessment data to guide clients in individual goal settings and planning
- Collaborate to refer clients as needed for special programs or outside agencies for additional support
- Apply ethical principles when dealing with clients and the community
- Adhere to confidentiality standards and its limitations
- Work directly with clients to address their current situation and needs by pointing them to and helping them apply the Word of God to their everyday lives
- Apply biblical truths to help guide the counselee toward an abundant life in Jesus Christ

Lake View High School, San Angelo ISD, San Angelo, TX, 2009 –2010

High School English Teacher

- Taught English III Curriculum in a culturally diverse classroom

- Prepared Juniors for Exit Level TAKS test
- Administered TAKS test
- Taught English as a Second Language (ESL) instruction
- Collected and rated TELPAS writing samples

Assistant Varsity Volleyball Coach

- Implemented head coach's philosophy
- Scheduled workers for home games and the Annual Nita Vannoy Tournament
- Assisted with practice
- Implemented the campus strength and conditioning program
- Mentored athletes struggling with the everyday battles of life

Head Girls' Powerlifting Coach

- 1 State Qualifier, 4 Regional Qualifiers, and 2 Regional Alternates
- Managed practices and meets for the girls' team

Miles High School & Junior High, Miles ISD, Miles, TX, 2005 – 2009

High School English Teacher, 2008-2009

- Taught English III and IV Curriculum in a culturally diverse classroom
- Proctored English 1301 and 1302 Dual Credit/Distance Learning –
 - Western Texas College
- Prepared Juniors and Seniors for Exit TAKS test
- Administered TAKS test
- Taught ESL instruction
- Collected and rated TELPAS writing samples

Jr. High School English Teacher, 2005-2008

- Taught 7th and 8th grade English Language Arts in a culturally diverse classroom
- UIL Editorial Writing and Ready Writing Coach
- Prepared students for TAKS test

Head Varsity Volleyball & Softball Coach, 2006-2009

- Volleyball Bi-District Champions – 2008
- Scheduled games, officials, and workers
- Managed inventory and ordered necessary uniforms and equipment
- Organized practices
- Implemented the district's strength and conditioning program
- Drove the bus to and from competitions -- Texas Commercial Driver's License
- Modeled good character, integrity, self-discipline, good sportsmanship, & dedication
- Mentored athletes as they walked through the everyday struggles of life
- Engaged in personal, social, academic, and post-secondary work with athletes through individual conversations

Assistant Volleyball, Basketball, & Softball Coach, 2005-2009

- Volleyball & Softball – 1 year junior varsity experience
- Basketball – 3 years junior varsity and 1 year junior high experience
- Reinforced head coach's coaching philosophy

Relevant Experience

Counseling Practicum, Spring 2012

Wall Middle School, Wall ISD, Wall, TX

Supervising Counselor: Danielle Real

- Taught the Scott & White Worth the Wait© program
- Attended Region XV STAAR testing workshop and district meetings preparing for the statewide administration of the STAAR Test
- Administered the STAAR Test
- Assisted in the collection and submission of the STAAR Test
- Helped with C.O.R.E. (Choosing Only Responsible Environments) activities such as Drug/Alcohol Awareness activities for both students and parents and Drama-free week activities

Tutor, Spring 2005, Spring 2011

Lake View High School & Lincoln Middle School

San Angelo ISD, San Angelo, TX

- Worked one-on-one with junior high and high school students in subject areas including English, math, history, and science
- Worked one-on-one with high school students in preparation of the algebra TAKS test

Substitute Teacher, Spring 2005

Lake View High School, Central High School, & Lincoln Middle School

San Angelo ISD, San Angelo, TX

Student Teaching, Fall 2004

Central High School, San Angelo ISD, San Angelo, TX

Connie Bozarth, Supervising Teacher/Coach

- Taught Aerobics and Foundations of Physical Education
- Learned and helped implement head coach's defense/offense
- Traveled with the volleyball teams

Research Interests

- Physical activity and its effects on achievement and ADD/ADHD symptoms
- Overcoming poverty and breaking the poverty cycle
- Sexual exploitation and human trafficking
- Virtual counseling
- Grief

- Trauma and the benefits of attachment
- Trust-Based Relational Intervention
- Connection between physical, emotional, and spiritual health

Professional Development and Professional Training

Permian Basin Mental Health Conference

- Powering Forward: In the Age of Anxiety, January 25, 2019

MHMR San Angelo

- Mental Health First Aid Training, July 25-26, 2018

Addy's Hope Adoption Agency

- Trauma and Attachment, June 29-30, 2018
- Trust-Based Relational Intervention, August 3-4, 2018

Angelo State University, Curriculum and Instruction Department

- Ethics Training
- CV Training
- Adjunct Course Preparation Training
- Campus Carry Training
- Employee Title IX Training
- FERPA Training
- Security Awareness Training
- Sexual Harassment Awareness Training

The Relational Impact Group, Biblical & Coaching Counseling Institute, in conjunction with the International Association of Biblical Counseling

Certified Biblical Counselor & Life Coach Training, Tim Russo, Master of Arts in Biblical Counseling from Trinity Theological Seminary

- Workshops Attended:
 - Introduction to Biblical Counseling, October 2012
 - Why Biblical Counseling?
 - Foundational Principles of Biblical Counseling
 - Psychology & Biblical Counseling
 - How People Change – Part 1
 - How People Change – Part 2
 - How People Change – Part 3
 - Required Homework:
 - Soul Stewardship 1.2, 3 Podcasts
 - Practical Approaches to Biblical Counseling, January 2013
 - Understanding Problems and Gathering Data

- Finding Root Sources
- Connecting with a Counselee
- Giving Hope and an Overall Plan
- The Importance of Homework
- Staying on Task
- Required Reading:
 - *Curing the Heart* by Howard Eyrich and William Hines
- A Close Look at Marriage, April 2013
 - God's Purpose for Marriage
 - Roles of Husband and Wife
 - Communication in Marriage
 - Resolving Conflict
 - Physical Intimacy in Marriage
 - Managing Your Marriage
 - Required Reading:
 - *The 5 Love Languages* by Gary Chapman
 - *Love & Respect* by Dr. Emerson Eggerichs
 - *Sacred Marriage* by Gary Thomas
- Priority Parenting, July 2013
 - Why are You a Parent?
 - Parenting Priorities
 - Practical Child Training
 - Dating and Parental Stewardship
 - Dealing with an Empty Nest
 - Required Reading:
 - *Sacred Parenting* by Gary Thomas
- Common Issues in Counseling, October 2013
 - Forgiveness, Guilt, and Repentance
 - Managing Anger
 - Depression
 - Sexual Sins and Addictions
 - Counseling Cases Explored
 - Required Reading:
 - *A Theology of Christian Counseling* by Jay E. Adams

Theological Examination – Supervised by Tim Russo, March 2016

Counseling Examination – Supervised by Tim Russo, April 2016

Supervised Counseling Apprenticeship with Tim Russo, April 2016-March 2017

National Writing Project, Pearl of the Concho Writing Project

Angelo State University, June 2006

Region 15 – Education Service Center – San Angelo, TX

- Workshops Attended
 - STAAR DTC Training, 1/25/2012
 - Brain-Based TAKS for Secondary Writing, 12/9/2009
 - GT Curriculum Day 3, 11/18/2009
 - GT Curriculum Day 2, 11/11/2009
 - ELPS Toolkit, 10/6/2009
 - TAKS/TAKS-M Scoring Training for High School ELA, 9/29/2009
 - TAKS Scoring Training for Open Ended Response, 9/28/2009
 - ELAR TEKS 9-12, 9/3/2009
 - Back To School 2009, 8/20/2009
 - GT Curriculum Day 1, 7/31/2009
 - Socratic Questioning & Critical Thinking, 7/15/2009
 - Building Mutually Respectful Relationships with Parents and Students, 8/21/2008
 - Bullying – Harassment in Schools, 8/14/2008
 - Power of the Pen, 7/8-9/2008
 - PowerPoint Jeopardy Interactive Learning Modules, 6/25/2008
 - Nutrition 4 Athletes, 6/24/2008
 - Curriculum Alignment, 8/16/2007
 - Differentiating Instruction for Advanced Learners Gr. 5-8, 8/2/2007
 - Writing by the TAKS Rubric, 7/16/2007
 - TExES Prep for ESL Certification Test, 3/23/2007
 - T.O.P. (Texas Observation Protocol) Training, 9/22/2006
 - Classroom Management, Effective Instruction, & Student Motivation, 8/10/2006
 - KILGO Scope & Sequence, 5/11/2006
 - Building and Administration of Athletic Programs, 1/26/2006
 - Fundamentals and Principles of Coaching, 1/25/2006
 - New Teacher Orientation to PDAS, 1/17/2006
 - Re-Grouping for Beginning Teachers, 11/16/2005
 - Identification and Assessment-GT, 10/5/2005
 - Nature and Needs of the Gifted Learner-GT, 10/4/2005
 - Bully Prevention Process, 8/9/2005
 - The Power of Proof: Strategies for Short Answer Responses, 7/13/2005
 - NCS Pearson 7th Grade Writing Scoring, 7/11/2005
 - Craft a Writer, 7/5-8/2005
 - Literature Circles in the Secondary Classroom, 6-12, 6/30/2005
 - A Writer's Workshop: Motivating Teens to Write, 6/21/2005
 - Classroom Management Tips for Substitutes, 1/27/2005

Professional Memberships

International Organization:

- International Association of Biblical Counselors, 2014-Present

State Organizations:

- The Biblical Counseling and Coaching Institute, 2014 – Present
- Texas Counseling Association – 2012
- Texas Classroom Teachers Association – 2005-2010

Technology Skills

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| • BlackBoard | • Excel | • Googledocs |
| • TurnItIn | • Prezi | • Quickbooks |
| • Gradespeed | • PowToon | Online |
| • PowerPoint | • Skype | • ServiceCEO |

Leadership/Service/Organizations

External Roles/Other Service

- Youth Ministry Team, Immanuel Baptist Church, 2010-May 2019
 - Taught various high school Sunday school classes
 - Host home for annual Disciple-Now weekend
 - Chaperoned mission trips, camps, and ministry events
 - Facilitated small-groups each Wednesday evening as a part of Thrive Ministries
- Committee on Committees, Immanuel Baptist Church, Member 2015, Chairman 2016-2017
- Finance Committee, Immanuel Baptist Church, Member 2012-2014
- Recreation Committee, Immanuel Baptist Church, Member 2009-2011