

Duane A. Crider, Ph.D.

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EMPLOYMENT AT KUTZTOWN & Current Teaching

Full Professor (Tenured) 1996 - present
College of Business
Department of Sport Management and Leadership Studies

Advisor: Entrepreneurship Minor

ACADEMIC BACKGROUND: 38 years in higher education

Ph.D. <u>The Pennsylvania State University</u> Health Education	1996
M. Ed. The Pennsylvania State University Educational Administration	1981
B. S. The Pennsylvania State University Health, Physical Education and Dance (Certification: K-12/Athletic Coaching)	1978

Dissertation:

Crider, D. A., St. Pierre, R., Nicholson, M., Monismith, & S., Lesniak, R. A Study of the Attitudes and Behaviors of Potential Rescuers and Their Willingness to Respond in an Emergency Situation. **Dissertation**, The Pennsylvania State University. (1996)

TEACHING EXPERIENCE

<u>Angelo State University, San Angelo Texas</u> Graduate Faculty; Coaching, Sport, Recreation and Fitness Administration	2012-Present
<u>The Pennsylvania State University, University Park, Pa</u> Instructor of Health Education/Emergency Coordinator Instructor of Basic Instruction Program Graduate & UG Faculty/Adjunct; Commonwealth Education System	1979-1996

PROFESSIONAL EXPERIENCE:

<u>The Pennsylvania State University, University Park, Pa.</u> Instructor: Health Education, Wellness, Physical Education Coordinator: Emergency Services Course	1993-1996
<u>The Pennsylvania State University, Capital College</u> Coordinator of Athletics and Recreation & Intercollegiate Athletics.	1987-1993

<u>The Pennsylvania State University, Abington Campus</u> Supervisor of Recreation Operations	1985-1987
<u>The Pennsylvania State University, Behrend College:</u> Supervisor of Recreation Operations	1981-1985
<u>The Pennsylvania State University, University Park, Pa</u> Assistant to the Director of Intramural/ Instructor of Physical Education Basic Instruction Program	1979-1981

PUBLISHED BOOKS:

Crider, Duane, A. and Klinger, William, R. *Stretch Your Mind and Body: Tai Chi as an Adaptive Activity* (2001). Venture Publishing

Crider, Duane and Kerecz, John, J. *Tai Chi: In the Classroom and Beyond: Personal Defense for Health and Wellness* (1999). Second Edition. McGraw-Hill, Learning Solutions.

EDITORIAL RESPONSIBILITIES

Senior

+ **Editor:** *Applied Recreational Research and Programming Annual* (Current)
(*ARRPA*): an interdisciplinary annual designed to fill the void between applied research and concept designs found within the umbrella field of recreation through the dissemination of information to those who can best utilize it in a practical setting. <http://www.americanpresspublishers.com/ARRPA.html>.

Associate Editor: *Applied Research in Coaching and Athletics Annual* (Current)

Editorial Review Board: *Applied Research in Coaching and Athletics Annual* (2002-2010)

The goal of ARCAA is to continue to fill the void between research in the field of athletics through dissemination of information to those who can best utilize it in a practical setting, including coaches, athletic administrators and interested educators. <http://www.americanpresspublishers.com/ARCAA.html>

PROFESSIONAL CERTIFICATIONS and TRAINING

FEMA – Emergency Management Institute - Introduction to the Incident Command System ICS-100 for Higher Education – 2013.

Certificate - Multi-Hazard Emergency Planning for Higher Education -2013.

QiGong Instructor

Certified ARC Emergency Medical Response Instructor – 2018. (*Highest Professional Rescuer Certification Available*), *Workplace Violence Awareness Instructor, Managing Stress Instructor, Back Injury Prevention Instructor, Heart Matters Instructor*

Authorized *Instructor of Interactive Personal Fitness Trainer Program* - (Master Trainer)

Certified *Personal Fitness Trainer – IDEA Certified.*

Certified *Personal Trainer – IFTA; 1999 – Current.*

Certificate - Recognition of Ethnic Intimidation/Institutional Vandalism and Cultural/Awareness

Certificate - Management and Care of Athletic Injuries

First Dan - Kerekan Asian Arts Academy

Fourth Degree Black Belt – Professional United Martial Artist Society; HoSinSul HapKiDo:2002.

PROFESSIONAL MEMBERSHIPS

Interactive Fitness Trainers of America

IDEA Health and Fitness: <http://www.ideafit.com/search/node/crider>

PROFESSIONAL PRESENTATIONS

Crider, Duane A., Bradshaw, S., Vaughn, M., Whitmoyer, J., Gelsinger, K., (Accepted/cancelled due to Pandemic). “Comparison of Maximal Push-Ups and the Hand Dynamometer for determining upper body strength”. NIRSA National Conference, Phoenix, AZ. April 18-21.

Crider, Duane A., (Invited Presenter) “Benefits of Tai Chi”, Elizabethtown College Professional Development Day, January 10, 2019.

Crider, Duane A., (Invited Presenter) Tai Chi Certificate Training, Interactive Fitness Trainers of America “Raleigh North Carolina 19th Annual Fitness Weekend. September 21st & 22th 2018.

Crider, Duane A., (Invited Presenter) “The Benefits of Tai Chi”, Elizabethtown College HR Symposium. June 8, 2018.

Crider, Duane A., (Invited Presenter/Train the Trainers) “Tai Chi Fours - Mind, Body, Spirit, and Soul” Interactive Fitness Trainers of America “Raleigh N. C. 19th Annual Fitness Weekend September 22-24 2017.

Crider, Duane. A., (Invited Presenter) Tai Chi Certificate Training, Interactive Fitness Trainers of America “Raleigh North Carolina 18th Annual Fitness Weekend. September 17th & 18th 2016.

Pennsylvania Sports Business Conference, Indiana University of Pennsylvania. **Crider, Duane, A.** “Entrepreneurship and Diversity: A prospective on consciousness, connectivity and collaboration?” April. 16th, 2016

Crider, Duane. A., Simpson, Warren, Snow, V., Titlebaum, P, Peak, Kayla, and Byers, A. “Writing for publication: Are you a Professional Superhero?” National Intramural and Recreational Sport Association (NIRSA) National Conference Orlando Florida, April, 2016.

Crider, D. A, “Introduction to Tai Chi”, Resident Assistant Program, Honors Dorm. Spring 2016.

Crider, D.A., (Invited Presenter) “Therapeutic Applications of Tai Chi.” San Angelo Sport Medicine Conference, San Angelo, Texas. January 13-16, 2016.

Crider, D.A., (Invited Presenter) “Adaptive Applications of Tai Chi.” San Angelo Sport Medicine Conference, San Angelo, Texas. January 10-13, 2014.

Kutztown University. “Self-Defense Seminar.” Mr. Gerald Silberman, and Dr. Duane Crider Personal Safety and Awareness training session, 2014.

Crider, Duane, “Behavior Change Project in HEA102.” presented as part of the “Speed Learning Opportunities? Aligning General Education Learning Goals and Assessments to Assignments at KU, Goal 1, Domain 1.8 Wellness, August 21, 2014.

Crider, Duane. A., and Akaylah Hanzlicek, (Invited Presenters), 2013. National Intramural and Recreational Sport Association (NIRSA) National Conference, Las Vegas, Nevada.

Klinger, William R., & Crider, Duane, A., “Tai Chi Four’s – Mind, Body, Spirit.” National Disabled Veteran’s Winter Sports Clinic. Snowmass, Co. March, 2012. United States Department of Veteran’s Affairs, <http://www.va.gov/opa/speceven/wsc/index.asp> (Invited Presenter).

Crider, D.A., (Invited Presenter) January – 2012. “Training, Balance, Coordination, and Timing through Tai Chi.” San Angelo Sport Medicine Conference, San Angelo, Texas.

C.J. Rhoads & Duane Crider, *Innovative Uses of Distance Learning in Phys Ed and Healthy Lifestyle Courses*, Shippensburg University Emerging and Innovative Teaching, Learning, and Assessment Practices to Ensure Student Success University, October 19-20, 2012.

Shim, Andrew and Crider, Duane, American Alliance for Health Physical Education Recreation and Dance, “Can Wobble Boards Improve Proprioception Scores in College Students.” San Diego, California. 2011.

Australian Conference of Science and Medicine, “Improving Proprioception through the Use of Tai Chi Chuan” November, 2010. Shim, Andrew, and Crider, Duane (Accepted Unable to Attend due to budget).

Australian Conference of Science and Medicine, Sport/Sixth National Sports Injury Prevention Conference, and the Seventh National Physical Activity Conference. *ASIC Award winner: Australian Sports Medicine 2009 Fellows Award. Performance Enhancing and Basic Science.* Shim, Andrew, and Crider, Duane, A. “*Comparison of Stability Scores on College Aged Students Using Commercial Balance Programs.*” Brisbane Australia, Oct. 15, 2009.

Keynote Speaker - Keystone State Reading Association 42nd Annual Conference. Crider, Duane, A., “Making a Difference in Your Life; Taking Care of Ourselves and Serving Others.” Hershey, Pennsylvania, October, 2009.

Keystone State Reading Association 42nd Annual Conference. “Tai Chi for Personal Wellness: In pursuit of psychosocial benefits for lift.” Crider, Duane, A. and Klinger, William, R., Hershey, Pennsylvania, October, 2009.

Keystone Health Promotion Conference, Lebanon, Pennsylvania. “Tai Chi Four - Mind, Body, Spirit, and Psyche ©.” Klinger, William, R. & Crider, Duane. A. June, 2009.

Keystone Health Promotion Conference, Lebanon, Pennsylvania. Team Building Through Tai Chi©. Klinger, William, R. & Crider, Duane. A. June, 2009.

University Fitness Center, Kutztown University. “Self-Defense Seminar.” August 27, 2008. Crider, Duane, Jackson, James, and Silberman, Jerry. Personal Safety and Awareness training session for students.

APCA Conference, Lancaster, Pennsylvania. Klinger, William R. & Crider, Duane A. “*Tai Chi Four: Mind, Body & Spirit*” ©. April 3, 2007.

National American Alliance for Health, Physical Education, Recreation and Dance, Baltimore Maryland. *"Tai Chi Wake Up."* Crider, Duane A., Kutztown University of Pennsylvania, Klinger, William R., Penn State, College of Medicine Department of Psychiatry, (2007). March 13-17th.

Therapeutic Recreation Institute 39th Annual Conference. "EXPANDING PROGRAMMING OPPORTUNITIES THROUGH ADAPTIVE TAI CHI." Klinger, William R., Crider, Duane A., (2007). Grantville, Pennsylvania, June 5-8.

Keystone Health Promotion Conference, Lebanon Valley College, Pa. "Tai Chi for today's youth: stretching their minds and bodies." Klinger, William and Crider, Duane. (2007).

National American Alliance for Health, Physical Education, Recreation and Dance, Salt Lake City, Utah. "Tai Chi: It's Not Just for Seniors Anymore" sponsoring Association: American Association for Leisure and Recreation. Crider, D.A. and Klinger, W. R. (2006).

National American Alliance for Health, Physical Education, Recreation and Dance, Salt Lake City, Utah. "How to Implement a Self-defense Program for Individuals with Physical Disabilities." Sponsoring Association: American Association for Leisure and Recreation. Shim, A. and Crider, D. (2006).

Center for the Enhancement of Teaching, Kutztown University. Technology: Tai Chi for Personal Wellness. Crider, D. A., April (2006).

Keystone Health Promotion Conference, Lebanon Valley College, Pennsylvania. "Tai Chi for today's youth: stretching their minds and bodies," 2005.

Invited Presenter: Department of Del Mar College in Corpus Christi, Texas, at the "National Family Recreation Week," June 1-7, 2004.

Invited Presenter : Georgia State Alliance for Health, Physical Education, Recreation and Dance. Invited to conduct pre-conference training workshop and conference session with topic for each as "Tai Chi for All Ages and Abilities," 2004.

National American Alliance for Health, Physical Education, Recreation and Dance, New Orleans, Louisiana. "Tai Chi for All Ages and Abilities." Sponsoring Association: American Association for Leisure and Recreation, 2004.

National American Alliance for Health, Physical Education, Recreation and Dance, New Orleans, La. "Functionally Illiterate: Health Knowledge on a college Campus." sponsoring Association: AAHE Research Coordinating Board Poster Session, 2004.

National American Alliance for Health, Physical Education, Recreation and Dance, "Stretch Your Mind and Body; Tai Chi as an Adaptive Activity, Philadelphia, Pennsylvania, 2003.

National American Alliance for Health, Physical Education, Recreation and Dance, Drug Education, Bullies and Violence; "Preventing Violence Transmission in Schools," Philadelphia, Pennsylvania, 2003.

Pennsylvania Recreational Parks Society, "Tai Chi as an Adaptive Activity," State College, Pennsylvania, 2003.

Recreation and Park Society 2002 Mini-Conference, “Stretch Your Mind and Body: Tai Chi as an Adaptive Activity,” Grantsville, Pennsylvania, 2002.

State System of Higher Education Human Resource Conference, “Tai Chi for Health and Wellness,” 2002.

Human Resources Leadership Group at Kutztown, Pennsylvania, “Tai Chi for Health and Wellness,” 2002.

20th Annual Therapeutic Activities and Psychiatric Rehabilitation Conference of MCP Hahnemann University, “Chair Tai Chi Kung: Tai Chi for the Mobility Challenged,” Langhorne, Pennsylvania, 2002.

20th Annual Therapeutic Activity and Psychiatric Rehabilitation Conference Presentation Compilation, “Beyond the Basics: Tai Chi Adaptive Short Form, Making Connections: Pathways to Recovery,” Langhorne, Pennsylvania, 2002.

AAHPERD Eastern District Conference/Southern District Conference, “Preventing Violence Transmission in Schools,” Baltimore, Maryland, 2002.

34th Annual Pennsylvania Therapeutic Recreation Institute, “Ride the Recreation Curve,” Altoona, Pennsylvania, 2002. “Tai Chi as an Adaptive Activity.”

Middle Level Conference, Kutztown University “Preventing Violence Transmission,” 2001.

Safety Committee of the Commission for Women, “Love, Sex, and Healthy Relationships,” 2000 – Present.

Kutztown Area School District, In-Service Training, “First Aid in the Classroom; Steps to Classroom Safety and Emergency Management” 2001. (Pre-911 Emergency Operations Training).

National Intramural and Recreational Sport Association National Conference, “A Practical Approach to Personal Defense,” Reno, Nevada. 2001.

19th Annual Therapeutic Activities and Psychiatric Rehabilitation Conference, “Tai Chi as an Adaptive Activity,” Philadelphia, Pennsylvania, 2001.

American Alliance for Health, Physical Education, Recreation and Dance National Conference “Assessing Concept Mapping in Health Education,” Orlando, Florida, 2000.

American Alliance for Health, Physical Education, Recreation and Dance National Conference, “Personal defense: Connecting to Self-Worth,” Orlando, Florida, 2000.

18th Annual Therapeutic Activities and Psychiatric Rehabilitation Conference, “Stretch Your Body and Your Mind,” Philadelphia, Pennsylvania, 2000.

American Alliance for Health, Physical Education, Recreation and Dance National Conference - “Health Focus Not Hocus Pocus: the Impact of Non-Traditional Stress Management on Personal Well Being,” Reno, Nevada, 1998.

International Emergency Cardiac Care Bi-Annual Update Conference. Orlando, Florida, 1998.

American Alliance for Health, Physical Education, Recreation and Dance National Conference, "Attitudes and Behaviors of Potential Rescuers and Their Willingness to Respond in an Emergency Situation," St. Louis, Missouri. 1997

Pennsylvania State AAHPERD Conference, "Rhythmic Karate - A Pro-active Approach to Campus Safety," Seven Springs, Pennsylvania, 1997.

Clarion Intermediate Unit, In-Service School Programs. "Legal Liability and Sports" & "Preventing Athletic Injuries Through Physical Conditioning." Clarion, Pennsylvania, 1991-1992.

Rhythmic Karate. "One Schools Pro-active Approach to Campus Safety." National Intramural Recreational Sports Association Conference, Denver, Colorado, 1992.

The Pennsylvania State University – "Wellness Lifestyles Workshop," 1990-1991.

The Pennsylvania State University – Harrisburg, "Physical Conditioning and Stress Management," 1990.

The Pennsylvania State University – Harrisburg, "Personal Defense and Awareness for Women," 1990-1991.

The Pennsylvania State University – Harrisburg, "Physical Conditioning for Seniors," 1990.

The Pennsylvania State University – Harrisburg, Presentation at the Commonwealth Education System Conference, "Assertiveness Training for Professionals." 1991.

National Intramural and Recreational Sport Association National Conference, "Legal Liability and Sports Avoiding Litigation" Denver, Colorado. 1989.

Program Development and Instruction: "Static Stretching for Injury Prevention," Erie, Pennsylvania, 1985.

Host Site, National Intramural and Recreational Sport Association Regional Conference, Erie, Pennsylvania, 1984.

National Intramural and Recreational Sport Association, Regional Conference, "Facility Management: Prioritized Facility Usage," Youngstown, Ohio, 1980.

JOURNALS OR PUBLICATIONS PEER REVIEWED

Crider, Duane A. , (2019). Risk Management and Emergency Planning (Are you ready?). Applied Recreational Research and Programming Annual. Volume 8 (Pgs 89-102)

Latham, Jesse & Crider, Duane A., (2018). "Martial Arts for Fun and Fitness". Applied Recreational Research and Programming Annual. Volume 7 (Pg. 113-121).

Simpson, Warren, & Crider, Duane, (2015). Designing Professional Workshops for Young Professionals, (Requested Publication). Applied Research in Recreation Planning Annual. Volume 5; (15-21).

Peak, K, Lyons, G., Crider, D. A., Simpson, W., Titlebaum, P, and Snow, V., (2015). "Presenting and Writing Competencies: Are You a "Clark Kent" or a Superman" or Both?" ((Requested publication to precipitate 2016 National Conference Presentation)).

- Applied Research in Recreation Planning Annual. Volume 5; (1-14).
- DeMarco, Michael. T'ai Chi & Qigong for Your Health: Historical and Scientific Foundations (2015). An Anthology of Articles from the Journal of Asian Martial Arts; Editor: Michael A. DeMarco. Chapter 2; Taiji and Qigong Health Benefits: How and Why They Work. Rhoads, C.J., Crider, Duane, and Hayduk, Dina.
- Sandt, Amy, Crider, Duane A., & Cotellesse, Cara, (2013). "Face Time" Assignments and Collaboration of College Resources Enhance Professional Development. Applied Research in Recreation Planning Annual.
- Rhoads, C.J., Crider, D., & Hayduk, D. (2011). Taiji and Qigong Health Benefits: How and Why They Work. *Journal of Asian Martial Arts*, 21(1), 8 -31.
- Crider, Duane A., Klinger, William R., Shim, & Andrew L., (2011). "*Adaptive Tai Chi: A Proposed Teaching Model for Wellness.*" Applied Research in Recreation Planning Annual. (May).
- Shim, A.L. and Crider, D.A., (2011). "*Can wobble boards improve proprioception scores in college students?*" Research Quarterly for Exercise and Sport, March. (Abstract).
- Shim, A.L., Crider, D.A., Kim, P., and Raffin, J., (2010) Best Practice in Teaching and Learning; "Can the Use of Video iPods Promote Cognitive Residue in College Health and Wellness Students?" National Association for Kinesiology and Physical Education in Higher Education; The Chronicle of Kinesiology and Physical Education in Higher Education, Feb/March, Vol 21, n.1, pg 14-19.
- Black, Jill., Furney, Steven., Graf, Helen., and Nolte, Ann. (Editors) Philosophical Foundations of Health Education, Problem-based learning: Catalyst for behavioral change. Garman, J. F., Teske, C. J. & Crider, D. A.. Chapter 17, Pg 169. Josse Bass, 2010.
- Shim, A.L., Crider, D. A., & Drum, S., (2010) "*Improving Proprioception through the Use of Tai Chi Chaun.*" *Journal of Science and Medicine in Sport*, December 2010 (Vol. 13Supplement 1, Pages e89-e90).
- Shim, Andrew, Crider, Duane A. , Kim, Phillip, and Raffin, John, T. (2010). *Can the Use of iPods Promote Cognitive Residue in College Health and Wellness Students? Best Practice in Teaching and Learning*; National Association for Kinesiology & Physical Education in Higher Education. Feb/Mar 2010,- Vol 21;Number 1 (pg 14-19). (Acceptance Rate 27%)
- Shim, Andrew & Crider, Duane. "*Comparison of Stability Scores on College Aged Students Using Commercial Balance Programs*" at the Be Active 09 - 2009 Australian Conference of Science and Medicine, Sport/Sixth National Sports Injury Prevention Conference, and the Seventh National Physical Activity Conference in Brisbane Australia, Oct. 15, 2009. Abstract published in Conference Proceedings.
- Shim, A., Crider, D., Kim, P. & Raffin, J. (2008). *Title: Can the Use of Video iPods Promote Cognitive Residue in College Health and Wellness Students?.* In C. Bonk et al. (Eds.), (Proceedings of World Conference on E-Learning in Corporate, Government, Healthcare, and Higher Education) 2008 (pp. 3197-3200). Chesapeake, VA: AACE.
- Sunday CJ, Axelband J, Jacoby J, Higgins R, Crider D., (2005). *Thiopental vs. Etomidate for rapid sequence intubation in aeromedicine.* *Prehosp Disast Med* 2005;20(5):324–326, 23.

- Sonday, C.J., Axelband, J., Jacoby, J., Higgins, R., Crider, D. and James, R. (2004). Thiopental vs. Etomidate for RSI in Aeromedicine Academic Emergency Medicine, [Society for Academic Emergency Medicine](#), Volume 1, Number 5 591.
- Garman, J. F., Hayduk, D. M., Crider, D. A., & Hodel, M. M. (2004). Incidence of exercise dependence in a college-age population. *Journal of American College Health*, 52: 221-228.
- Garman, J. F., & Crider, D. A. (2002). HIV/AIDS education - a six year comparison of scope and efficiency in secondary education. *Pennsylvania Journal of Health, Physical Education, Recreation and Dance*, 72: 30-32.
- Garman, J. F., Teske, C. J. & Crider, D. A. (2001). Problem-based learning: Catalyst for behavioral change. *The International Electronic Journal of Health Education*, 4: 74-80.
- Crider, D.A. and Keary, D. & Kerecz, J.J. , (1992). Rhythmic Karate: A Pro-Active Approach to Campus Safety Preface to the Future, National Intramural Recreational Sports Association Journal. P 77-83.
- ADDITIONAL:
- Crider, D. et al..(2006) Journal of Physical Education Recreation and Dance) In light of the editorial in the February 2006 JOPERD, do online physical education courses meet NASPE's standards for quality physical education? , May. Editorial.
- Garman, J. F., Hayduk, D. M., Posey, N. L., Teske, C. J. & Crider, D. A. (2004). National Health Education Standards: Developing an Exit Competencies Assessment Instrument. Kutztown, PA: Kutztown University of Pennsylvania, Department of Health, Physical Education and Dance. (ERIC Document Reproduction Service No. ED493198).
- Garman, J. F. & Crider, D. A. (2002). HIV/AIDS education: A six-year comparison of secondary level effectiveness (unabridged). (Report No.SP040723). Kutztown, PA: Kutztown University of (ERIC Document Reproduction Service No. ED464908).
- Crider, D. and Garman J.F., (2002). (Editorial) Are We Creating a Dilemma by the Conflict Between Higher Pre-professional Standards and Projected Personnel Shortages in HPERD Field? *Journal of Physical Education, Recreation and Dance*. 73: 17-18.
- Crider, D.A., Klinger, W.R., Teske, C., Smith, J., & Keenan-Kirkpatrick, K., (2002). "Risk Management and Emergency Planning; Are you ready?". Section I; Author-Risk Management and Emergency Planning; Co-author, Section IV; Preventing Violence Transmission, Co-author; Section VII; Risk Management Template. Editor and Co-author of this original work locally published for HEA105 course.
- Garman, J. F., Crider, D. A. & Teske, C. J. (1999). Course selection determinants: A comparison of distance learning and traditional wellness and physical education programming. (Report No. HE 032070). Kutztown, PA: Kutztown University of Pennsylvania, Department of Health, Physical Education and Dance. (ERIC Document Reproduction Service No. ED 430479).
- Crider, D., (1998). "Pitfalls and Promises in Distance Learning". The Teacher as Learner, Scholaris - The Newsletter of the College of Education, Kutztown University, Winter.

Crider, D. A., (1998). JEMS (Journal of Emergency Medical Systems) Communications. "Training Increases Likelihood of Helping in an Emergency", Published in Research ECCU Conference Proceedings as well as Audio Recording of Research Session.

Crider, D.A., (1997). To Investigate the Attitudes and Behaviors of Potential Rescuers Willingness to Perform CPR/First Aid Skills in an Emergency Situation. AAHE Research Coordinator Board Research/Practitioner Session Abstracts. P. 37.

St. Pierre, Peter. QUEST, 50(4) November 1998. Distance Learning in Physical Education Teacher Education - citations from Personal fitness through distance learning: The first time around. (What everyone needs to know before offering personal fitness as a distance learning course" (Crider, D.A. & Garman, J.F.) presentation at the Eastern District Association of the American Alliance of Health Physical Education Recreation and Dance, Distance Learning: Pitfalls and Promises., Baltimore, Md. (1998).

Solicited Professional Work:

Reading Eagle, "Don't let stress tie you in knots" Reading Eagle ©2008. Reading Eagle Company. Article interview.

Crider, D. A., (2000). (Editorial) Should Martial Arts be Taught in Physical Education Classes? Journal of Physical Education, Recreation and Dance. Vol 71, 9, Nov/Dec. "Has a client or participant ever been injured while taking a class or private session with you?" How did you handle the situation?" Feedback From the Field: Participant Injuries. IDEA Health & Fitness.

RESEARCH ACTIVITY (*Approved Research/Study Topics):

- Crider, D.A., Bradshaw, S., Vaughn, M., Health Expo Study, 2018*
- Crider, D. A. & Bradshaw, S., Theory to Practice, Happiness Study, 2014*
- Crider, D. A. , Healthy Relationships, LSHR, 2013*
- Crider, D. A., Active Shooter, 2013-2015 *
- Crider, D.A., Garman, J.F., Raffin, J., Hayduk, D., and Kim, Y. General Education Assessment Grant, 2011. *
- Balance Training, A comparison of techniques *
- Tai Chi as a Stress Management Technique for College Students.
- The Impact of Podcasting in the Health and Fitness classroom.*
- The Development of Video/Audio Instructional Tools as L.S.S. Majors
- Video Technology Instruction/Supplements in-class Activity Instruction. *
- Course Selection: Distance Learning versus Traditional Courses *
- Concept Mapping as an Assessment Tool in Health Education

Entrepreneurial Leadership Center – Coordinator and Faculty Advisor for ELC Grant

- Administer local business idea competition (25/Entries/2017, 64 Entries/2016, 99/entries/2015), participation in PASSHE State Business Plan Idea committee, completion of grant objectives and development of initiatives. (2013-2018) Administrative Team Member and Judge for Round 1 and 2.
- Faculty Advisor to Entrepreneurship Minor (Current)
- Network with local business owners and entrepreneurs.

- Establish relationships with local school districts to encourage student considerations of Kutztown University as an active business and entrepreneurial venue.
- Develop relationships between local Kutztown Community Partnerships (KCP) businesses and the ELC.
- Establish Entrepreneurial Leadership Center Associate (ELC Associates) program that connected students (ELC Associates) with entrepreneurial skills with local businesses.

IDEA – Faculty Representative for implementation of new Student Response of Instruction for Kutztown University.

INNOVATIVE TEACHING

First Year Seminar (FYS100) – Develop course for General Education and Middle States Accreditation – 2018. Stress Management for Students.

Entrepreneurship for Personal Fitness Training (SPT366) – Development of module intended to introduce Sport Management Majors to business planning through project development - 2013.

High Impact Practice in Health and Wellness: Journaling for Behavior Change in the Health and Wellness classroom – 1997 to Present.

Development of Distance Learning Course: **100% Online course** for General Education Course - Introduction to Health and Wellness (HEA102), 2012. (Replaced HPD110) Providing a purely online alternative for students to complete this General Education Core Requirement.

Video Commercial Development to Enhance Sales and Interviewing Skills in Leisure and Sport Studies Students (SPT366) – 2011.

Co-Curricular Teaching:

“Love, Sex, and Healthy Relationships”: Connected mission of University for safety (impact on student and creating a secure environment) and retention (coping with relationship issues as a major impact on the college student). 1998 – Present. Collaborate with Commission for Women & Women’s Center.

Active Shooter on College Campus: Collaborative Teaching Model that linked current campus risk issues to student training. This linked the public safety issue of violence/shooter on college campus with Kutztown University Public Safety and the Kutztown University Safety and Security Council. 2006-Present.

CONSULTATION, INVITATIONS, and AWARDS

2017 Wiesenberger Award for Excellence in Teaching

Award 2014 Sponsor Program Recognition – Entrepreneurial Leadership Center D2PA Grant

IDEA – Faculty Representative for implementation of new Student Response of Instruction for Kutztown University.

Keynote Speaker - Keystone State Reading Association 42nd Annual Conference. **Crider, Duane, A.,** “**Making a Difference in Your Life; Taking Care of Ourselves and Serving Others.**” Hershey, Pennsylvania, October, 2009.

The Pennsylvania State University, Grand Rounds *Psychiatric Grand Rounds* on *Tai Chi: Moving Meditation In Psychiatric Populations*. Klinger, William. R., & **Crider, Duane, A.** October, 4, 2007. **Invited Presenter** of the Department of Del Mar College in Corpus Christi Texas at the "National Family Recreation Week," June 1-7, 2004.

Invited Presenter for the Georgia State Alliance for Health, Physical Education, Recreation and Dance. Conduct pre-conference training workshop and conference session with topic for each as "Tai Chi for All Ages and Abilities," 2004.

COMCAST TONIGHT: On-Air Guest for cable television segment with a focus on Tai Chi, March 2003.

Mitchell, Lisa, A., *Kutztown University Magazine*, "Students relieve stress through Tai Chi," Winter, 2002.



INSTITUTIONAL SERVICES and COMMUNITY ACTIVITY

Department, College, and University Service

Department

Fitness Administration Committee – Newly named committee reflecting approval of 2017 Minor in Fitness Administration. (**Chairperson**).

Health Promotion and Fitness Administration Committee – Introduction – Present, Currently Chair. (2008-2018). Administer development and UCC/Presidential approval of minor in "Fitness Administration.

COSMA – Accreditation Committee (Initial introduction - 2015).

General Education Assessment – Guide development and implementation of General Education Assessment Grant assessment for Middle States Evaluation. 2011-2012.

Kutztown University Health Fair/EXPO: Coordinate and train Leisure and Sport Studies Majors to provide Health/Fitness Assessments to the campus community. Provide site supervision: 2011 – 2018. Current (Fall and Spring Events).

Kutztown University of Pennsylvania – Departmental PET Committees 2009 – 2013, 2014 - Current.

PET Evaluation Committee Chairperson for Tim Moyer (Medical Leave) 2017

PET Evaluation Committee Chair for Dr. J. Frederick Garman 2017.

PET Evaluation Committee Chair for Professor Norman Sigmond, 2014.

PET Evaluation Committee Chair for Professor Scott Bradshaw, 2014.

Kutztown University of Pennsylvania – PET Evaluation Committee Member for: John Raffin, Michael DeSantis, Jennifer Lanter, and Andy Pannifino – 2009-2010. Kutztown University of Pennsylvania – PET Evaluation Committee for Judith Smith – Promotion to Full Professor.

Human Kinetics PET Committee for Jill Givler, 2009.

PET Evaluation Committee Chairperson for John Raffin & Douglas Turco, 2008.

PET Evaluation Committee Chair for J. Frederick Garman, 2007.

Kutztown University of Pennsylvania – Technology Committee, Chairperson 2007-2011.

Kutztown University Health Fair/EXPO: APSCUF Grant. Collaborative Program with Dr. John Raffin. Continued yearly training and supervision.

Human Kinetics Hiring Committee, Sports Management Positions, 2008/2011.

Kutztown University of Pennsylvania – Departmental PET Committee 2002-2009.

Kutztown University - Leisure and Sports Study Committee, 2006.

Kutztown University - Search Committee; Health Education Tenure Track Position, 2007.

College

Kutztown University of Pennsylvania – General Education Assessment Workshop Presenter, 2012.

Kutztown University of Pennsylvania – Technology Advisory Committee for the College of Education 1996-2002, Chair 2001-2002.

University

Kutztown University of Pennsylvania – **University Tenure Committee**, 2002- 2018. Currently, **Chairperson**. (Develop and adhere to CBA and committee guidelines).

Kutztown University of Pennsylvania – **Entrepreneurship Minor – Chairperson of Minor Committee**. Developed Minor in Entrepreneurship as *Interdisciplinary* academic program for students from across varied colleges. Approved for initiation Fall 2015.

New Faculty Orientation – Familiarize new Tenure Track and Non-Tenure Track faculty with University Tenure Committee Guidelines – Chairperson 2009- Present.

Kutztown University of Pennsylvania – **University Safety and Security Council**. 2006 – Present, Currently **Chairperson**.

Commission for Women/Women’s Center – Healthy Relationships Programming, “Love, Sex, and Healthy Relationships”, **Faculty Facilitator**, Fall and Spring Semesters, 2002 – Present.

Pennsylvania State System of Higher Education, Faculty Professional Development Council (FPDC), Peer Reviewer, 2009-2011, 2014, **2017**.

Kutztown University of Pennsylvania – CAS review team for University Fitness/Recreation Department 2010.

Kutztown University Distance Education Task Force 2008 – 2010.

Center for the Enhancement of Teaching – New Faculty Orientation and Training.

Kutztown University of Pennsylvania - Academic Technology Committee – 2000-2010.
Approval of University Technology Plan and Assessment.

Community Service

- **School Director (Elected Position):** Hamburg Area School District School Board Director 2009 – 2017. Second Term. Region 3 representative of local school district. Committees included: Stadium Renovation, Technology, Wellness, & Academic Hall of Fame.
- **National American Red Cross,** Emergency Medical Response Instruction, 1984-Present. Instruct various advanced emergency care courses for the University and local communities.
- Develop Emergency Plans and Procedures for Department and local community organizations.
- Developed Strength Training circuit for Hamburg Area High School Varsity Soccer Program.

Grants:

- **D2PA Grant** Annual Project Report for PASSHE Economic Development Initiative Projects
 - (Entrepreneurial Leadership Centers and Planning and Feasibility for University Business Infrastructure).
- General Education Assessment Grant, Kutztown University, Kutztown, Pa 2011.
- Travel Grants for Presentations at Conference
 - National Intramural and Recreational Sport Association National Conference, Orlando Florida, 2016.
 - San Angelo Sport Medicine Conference, San Angelo, Texas. January 10-13, 2014.
 - National Intramural and Recreational Sport Association National Conference, 2013.
 - United States Department of Veteran’s Affairs National Disabled Veteran’s Winter Sports Clinic. Snowmass, Colorado. March, 2012.
 - AAHPERD, National Conference, San Diego, California. 2013.
 - San Angelo Sport Medicine Conference, San Angelo, Texas. 2011.
 - General Education Assessment Grant, Kutztown University, Kutztown, Pennsylvania. 2011.
 - Travel Grants for Presentations at Conference
 - 2011 San Diego, California. AAHPERD - American Alliance for Health, Physical Education Recreation and Dance.
 - 2010 Anaheim, Ca. NIRSA – National Intramural and Recreational Sport Association.
 - 2009 Brisbane, Australia. Australian Conference of Science and Medicine, Sport/Sixth National Sports Injury Prevention Conference, and the Seventh National Physical Activity Conference.
 - 2007 Baltimore, Maryland. AAHPERD.

- 2006 Salt Lake City, Utah.
- 2004 New Orleans, Louisiana.
- 2003 Philadelphia, Pennsylvania.
- 2002 Baltimore, Maryland.
- 2001 Reno, Nevada.
- 2000 Orlando, Florida.
- 1998 Reno, Nevada.
- 1997 St. Louis, Missouri.