

# Dinah J. Harriger Cummings

## CURRICULUM VITA

September 2023

*Regional Director of the Laura W. Bush Institute for Women's Health*

*Associate Professor*

*Angelo State University*

*Department of Health Science Professions*

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### Education

2011	Ph.D.	Health Education Texas A&M University Department of Health and Kinesiology College Station, Texas
2008	M.S.	Marriage and Family Therapy Texas Tech University Department of Applied and Professional Studies Lubbock, Texas
2006	B.A. <i>Magna Cum Laude</i>	Psychology (English minor) Texas A&M University Department of Psychology College Station, Texas

### Academic Awards and Recognitions

2020	<b>Named Regional Director of the Laura W. Bush Institute for Women's Health</b>
2018	<b>Certified Health Education Specialist</b>
2017	Granted Promotion and Tenure by the Texas Tech Board of Regents
2012	<i>Phi Kappa Phi</i> , Angelo State Charter Faculty Member
2008	<i>Eta Sigma Gamma</i> , Health Education Honors Society, Texas A&M Chapter
2007	Master's Student of the Year in Marriage and Family Therapy, Texas Tech University
2006	<i>Phi Beta Kappa</i> , National Academic Honors Society, Kappa of Texas Chapter

### Teaching Experience

2020-present	MPH Faculty
2017-present	Associate Professor
2015 – 2019	<b>CONNECT! Community Engaged Teaching Fellow</b> The purpose of the Community-Engaged Fellowship Program is to create a community of scholars who integrate the philosophy and pedagogy of community engagement into their teaching, service, and scholarship and thus the fabric of the university. By assisting, equipping, and recognizing Community-Engaged Fellows, Angelo State University seeks to enhance <i>Social Responsibility</i> , the student learning focus of the <i>CONNECT!</i> Initiative (ASU's QEP). Doing so upholds our university values and contributes to the fulfillment of our mission and the achievement of our goals.

2011 – present

### **Curriculum Planning**

Angelo State University: Department of Health Science Professions  
Developed a course for the Masters in Public Health (HSP 6310) program.

Angelo State University: Department of Health Science Professions  
Developed courses and curriculum for the new Health Science Professions Program.

Angelo State University: Department of Nursing and Rehabilitation Sciences  
Planning Committee Member for the Doctorate of Education in Nursing Education  
Developed develop curriculum and program materials for the Doctoral of Education Degree in Nursing Education.

Angelo State University: Freshman College  
Freshman Seminar Course Pilot  
Served as a faculty member in the Freshman Seminar Course Pilot to assess the effectiveness of the concept.

### **Course Development**

Angelo State University: Department of Health Science Professions  
HSP 4315: Human Nutrition and Dietary Supplementation  
HSP 4320: Healthcare Communications  
HSP 4325: Introduction to Epidemiology  
HSP 4335: Healthcare Policy  
HSP 4336: Global Health  
HSP 4337: Statistical Techniques for Health Science Professionals  
HSP 4340: Healthcare Ethics and Legal Issues  
HSP 4350: Research Methods  
HSP 6310: Health Behavior

Department of Nursing and Rehabilitation Sciences  
Nursing 6323: Research Foundations for Advanced Nursing  
Nursing 6312: Evidence Based Practice and Theory for Advanced Nursing  
Nursing 4337: Statistical Techniques for Healthcare Professionals  
Nursing 2337: Introduction to Elementary Statistics  
Nursing 2330: Principles of Nutrition  
General Studies 1181: Freshman Seminar “Fast Food Culture”  
General Studies 1181: Freshman Seminar “The Whole College Student”

2017-2021

### **Academic Advisor**

Served as the primary academic advisor for students in the Public Health (2017) and Healthcare Administration (2018-2021) Specializations. Assisted students in registering For courses, completing their degree plans, and finding opportunities to gain professional experience and understanding.

2009

### **Graduate Teaching Internship**

Texas A&M University  
Health 342: Human Sexuality

2008 – 2009

### **Graduate Student Instructor: Office of Health Informatics**

Texas A&M University: Department of Health and Kinesiology  
Developed and implemented web based health education curricula: developed and filmed lectures, created course objectives, created and administered assignments quizzes and tests to assess student learning.

Health 231: Healthy Lifestyles

Health 403: Consumer Health

## **Research/Grant Experience**

July 2022

Trellis Foundation Grant

Co-PI with Dr. Drew Curtis, Dr. Leslie Kelley and Mark Rehm

Purpose: To develop a campus wide mental health assessment and program implementation plan. (2 year grant cycle)

Moody Grant for Laura W. Bush Institute for Women's Health

Award: \$90,000

Purpose: To help offset overhead with staffings and personnel costs for the Mammogram Program.

Alpha Phi International Fraternity

Award: \$5000

Purpose: to engage collegiate members at Angelo State to help develop programming for cardiovascular education/programming for women in San Angelo.

Angelo State University/ Laura W. Bush Institute for Women's Health

Award: \$20,000 (Student Service Fee)

Purpose: Applied for funding to assist with the cost of Girls and Guys Night Out Events for ASU students

July 2021

Laura W. Bush Institute for Women's Health

Blue Cross, Blue Shield of Texas = Healthy Kids/ Healthy Families Program

Amount Requested = \$10,000

The goal of the program is to provide post diagnostic support services to the women of the Mammogram Program for West Texas.

Fall 2018-present

**ASU Student Health Services: Campus Health Needs Assessment**

Currently working with Student Health services in analyzing student intake data to assess mental needs and associated risks of ASU students. Planning to deploy the National College Health Assessment.

Developed programming (with Student Health Services) about the risks for eating disordered behavior in college students.

2019-2021

**Thesis Committee Member**

Texas Tech University = Marriage and Family Therapy Program

Served as the Outside Committee member for Capstone Project (Amanda Guzman)

2018-2020

**Undergraduate Faculty-Mentored Research Grant**

Served as the mentor for 3 students who have applied for the Undergraduate Faculty Mentored Research Grants. All 3 students presented their work at the ASU Student Research Symposium.

- 2016 – 2017      **Faculty Enhancement Research Grant Recipient**  
 Angelo State University  
 Award Amount = \$10,000  
 Project Title: *National College Health Assessment: Meeting Student Health Needs at Angelo State University*  
 Using the National College Health Assessment (NCHA), this project will help identify the most common health practices and behavior risks impacting ASU students, allow relevant stakeholders to design evidence based health education initiatives, and potentially serve as a baseline for follow-up assessments. Assessing student health needs in a comprehensive, systematic way will provide administrators, faculty, and staff a unique opportunity to better understand ASU students.
- 2014      **NIH Grant Writing Conference**  
 Faculty attendee on behalf of the Archer College of Health and Human Services  
 Baltimore, MD – July 2014  
 Attended the NIH Regional Grant writing seminar in the summer of 2014 with the hope of applying for regional funding in the next few years once seed funds from other grants has been established.
- 2010 – 2012      **Graduate Research Assistant/ Post-Graduate Research Consultant**  
 Texas A&M University: Institute for Obesity Research and Program Evaluation  
 Project: National Food and Nutrition & Texas Food and Nutrition Program Evaluation  
 Funding Source: Texas WIC (Texas Dept. of State Health Services)  
 Supervisor: E. Lisako McKyer, Ph.D.  
 Performed data analysis and prepared reports of findings in keeping with the contract deliverables for both the national and State of Texas WIC program evaluation grants. The TEXFAN and NATFAN grants evaluated the impact of the policy changes in the WIC food package.
- 2009 – 2012      **Graduate Research Assistant/ Post-Graduate Research Consultant**  
 Texas A&M University, Dept. of Health and Kinesiology  
 Child and Adolescent Health Research Lab  
 Project: School Wellness and Advocacy Project (SWAAP)  
 Funding Source: National Institute of Health (NIH)  
 Supervisor: E. Lisako McKyer, Ph.D. & Christine Tisone, Ph.D.  
 Conducted both quantitative and qualitative research analyses examining factors influencing child health, implemented physical activity and nutrition curriculum/programs in a local school district. SWAAP funded the implementation of supplemental resources and programs addressing physical activity and nutrition education in a local school district, which primarily served minority populations.
- 2008      **Texas Research Advisory Group Member**  
 Project: Texas Healthy Marriage Initiative  
 Funding Source: Texas Health and Human Services Commission & The Administration for Children and Families (ACF)  
 Chairman: Steven Harris, Ph.D.  
 Served as a research consultant for the Texas Healthy Marriage Initiative.
- 2006 - 2008      **Graduate Research Assistant**  
 Texas Tech University, Dept. of Applied and Professional Studies

Project: Texas Healthy Marriage Initiative Program Evaluation (THMI)  
Funding Source: Texas Health and Human Service Commission & The Administration  
for Children and Families (ACF)  
Supervisor: Steven Harris, Ph.D.

Created evaluation instruments, developed evaluation protocol, performed various data analyses on pre-and post-intervention data, and various program evaluation activities for the Texas Marriage Initiative. THMI funded research on marriage in the state of Texas and implemented programs to increase opportunities for marital resources among low-income families.

2006

**Graduate Research Assistant**

Texas Tech University, Dept. of Applied and Professional Studies  
Center for the Study of Addiction and Recovery  
Supervisor: Kitty Harris, Ph.D.

Implemented a behavioral addiction recovery program for college students returning to school after being treated for eating disorders, self-harm, and other behavioral addictions.

**Publications**

**Peer Reviewed Journal Articles**

Harriger, D., Lu, W., McKyer, L, Pruitt, B., & Goodson, P. (2014). School Wellness Policy: A Systematic Literature Review. *Journal of School Health, 84(4)*, 275-283. DOI: 10.1111/josh.12145.

Harriger, D., Lu, W., McKyer, E.L., Pruitt, B., Outley, C., Tisone, C., & McWhinney, S. (2014). School Wellness Policy Implementation: A Case Study. *Journal of Child Nutrition and Management*.

Harris, S.M., Ph.D. & Harriger, D.J (2008). Sexual Attraction in Conjoint Couple Therapy. *American Journal of Family Therapy, 37(3)*, 209-216.

**Reports**

Harris, S.M., Glenn, N.D., Rappleyea, D.L., Diaz-Loving,R., Hawkins, A.J., Daire, A.P., Osborne, C., & Huston, T.L. (2008). Harriger, D.J. contributing author in: *Together in Texas: Baseline Report on Marriage in the Lone Star State*. Austin, TX: Health and Human Services Commission.

**Expert Opinion Posts**

Written for Kappa Alpha Theta Sorority's National Website  
*Mental Health Awareness Week: Anxiety 101*  
*Food For Thought: National Nutrition Month*

**Presentations**

Brown, J., White, K. & Harriger, D. "Connecting Demographic Factors to Breast Cancer Risk, Symptoms and Screening". Gender Based medicine conference, Laura W. Bush Institute for Women's Health. Texas Tech University, Lubbock, Texas. October 25, 2019.

Caldwell, C. & Harriger, D. Moral Perceptions of Abortion in College Students. Student Research Symposium. Angelo State University. April 20, 2018.

Harriger, D. Mental Health Priorities for College Women. Kappa Alpha Theta National Convention, Virtual Conference. Summer 2020 & 2021.

- Jung, J. & Harriger, D. Increasing Rate of Measles from 2010-2019. Student Research Symposium, Angelo State University. Spring 2020.
- Park, H. & Harriger, D. Systematic Review: Role of Sperm Selection by Hyaluronic Acid Binding for Clinical Success in ICSI. Student Research Symposium, Angelo State University. Spring 2020.
- Invited Presenter at Kappa Sigma Sorority Annual Event. College Women and Healthy Coping Strategies for Anxiety. Angelo State University, October 2020.
- Invited Presenter at Ballet San Angelo Summer Intensive Workshop, San Angelo, Texas. Nutrition for Optimal Female Athletic Performance. 2017-2020.
- Invited Presenter at Regional Area Young Lives Retreat. San Angelo, Texas. 2017-2020. Harriger, D. Nutrition during Pregnancy/ Nutrition during Infancy and Early Childhood. 2017-2020
- Harriger, D.J., *Food Matters: Assessing nutritional needs in a local context*. CONNECT Community Engagement Student Showcase, San Angelo, Texas, November 23, 2015.
- Brown, J & Harriger, D.J., *The SPE: A Birds-eye View of Maintaining a Systematic Plan of Evaluation*. West Texas Assessment Conference, San Angelo, Texas, October 21, 2015.
- Walker, M.A. & Harriger, D.J., *The whole enchilada: Transforming graduate nursing research into advanced nursing evidenced-based practice*. National League of Nursing Education Summit, Las Vegas, NV, October 3, 2015.
- Invited Presenter at SACB Summer Intensive Workshop. *The Whole Dancer: Nutrition Essentials for the Young Ballerina*. San Angelo Civic Ballet, San Angelo, Texas. August 14, 2015.
- Invited Presenter at ASU Greek Week. *Eating Disorders: Awareness and Prevention for College Women*. Angelo State University. April 14, 2015.
- Invited Presenter at San Angelo Area Young Lives Retreat. *Healthy eating basics: Nutrition workshop for Teenage Mothers*. San Angelo, Texas. March 24, 2015.
- Invited Presenter at ASU's Girls Night Out presented by the Laura W. Bush Institute for Women's Health. *Fact or Fiction: Common diet misconceptions among College Women*. Angelo State University. August 24, 2013.
- Invited Presenter at ASU's Health Symposium. *Healthy Decisions 101: Making health a priority on campus*. Angelo State University, CJ Davidson. August 29, 2011.
- Harriger, D.J., *Confirmatory Factor Analysis: A Conceptual Review of Fit Index Selection*. Accepted for paper presentation to the 33<sup>rd</sup> Annual Southwest Educational Research Association, San Antonio, Tx, February 2-5, 2011.
- McKyer, E.J., Tisone, C., Outley, C., McWhinney, S.L., McDonald, A., Arthur, T., Odum, M., Guerra, S. Harriger, D.J. *Knowledge and Attitudes of Childhood Obesity: Perspectives of Mothers and School Teachers of Racial/Ethnic Minority Children*. Texas Society for Public Health Education, October 8, 2010.

Harriger, D.J., White, R. Hooper, M., McKyer, E.L.J., & Tisone, C. *Perceptions of Self Esteem: Examining the Effects of Self-esteem on Adolescents Perceived Risk of Sexual Behavior*. Poster presented at Texas A&M University Student Research Week, March 22-26, 2010.

Harriger, D.J., Tisone, C., Odum, M., Ettienne-Gittens, R., Hooper, M., Thompson, L., McWhinney, S., Outley, C., & McKyer, ELJ. *Examining the Role of the Home Environment in Influencing Children's Attitudes Regarding Physical Activity and Food Consumption*. Poster presented at American Academy of Health Behavior, Clearwater, FL, Feb 7-10, 2010.

Texas Research Advisory Group: *Research Evaluation Modification Proposal*, Austin, TX, March 2009.

Marriage in Texas: Regional Intermediary Program Evaluation Summit, Austin, TX, July 12-13, 2008.

Marriage in Texas: Regional Intermediary Evaluation Project, Austin, TX, June 17-18, 2008.  
*Developing Programmatic Logic Models*.

Marriage in Texas: Writing Conference of the Texas Healthy Marriage Initiative: Baseline Survey Report. Horseshoe Bay, TX. March 5-8, 2008.

Invited Presenter at ASAS (Association of Students About Service) Convention, Center for the Study of Addiction and Recovery, Texas Tech University, April 2007.

## **Leadership and Service**

### **Angelo State University**

Phi Kappa Phi Honors Society

**President (2017 – 2020)**

Charter Faculty Member

President-Elect of Angelo State Chapter (2015-2017)

### **University Committees**

Faculty Research Enhancement Grants Committee (2011-2012, 2016- 2018)

Campus Safety and Security Committee (2017-2019)

Institutional Review Board (2015- present)

Institutional Review Board – Full Review Ad Hoc Committee (2015 – present)

University Affairs Committee (2015 - 2017)

Core Curriculum Committee (2015 – 2016)

Education Committee for Nursing Doctorate-Ad Hoc (2014)

Academic in Excellence Committee (2011-2012)

### **Archer College of Health and Human Services**

College Curriculum Committee (2014 and 2017)

Tenure and Promotion Committee (2017-2019, 2020)

Committee Chair (2020)

Faculty Evaluation Committee for Social Work Department (2017-2020)

### **Department of Health Science Professions**

Faculty Advisor: Health Science Professions Student Organization (2017-2018)

Academic Advisor: Public Health Track and Health Care Administration Specializations

Faculty Search Committees (2017-present)

Faculty Senate

Faculty Evaluation Chair for HSP Department  
Tenure Track  
Non-Tenure Tack

Department of Nursing Committees

Faculty Senate (2011-2015)  
Program Evaluation Committee (2011-2013)/ (2015 - present)  
Resources Ad-Hoc Committee (chair) (2012)  
Faculty Affairs Committee (2013- 2015)

**Community Involvement**

**San Angelo, Texas**

American Heart Association: Go Red For Women  
Community Representative (2012-2014)  
Children's Miracle Network  
Art Auction Committee Member (2013-2016)  
Howard College  
San Angelo Campus Advisory Board Member (2013-2018)  
Laura Bush Institute for Women's Health  
Board Member (2014-2019)  
San Angelo Civic Ballet  
Board Member (2014-2017)  
San Angelo Symphonic Society  
Board Member (2013-2016)  
San Angelo Junior League Member (2012 – 2016)  
Arrangements Committee Co-Chair (2014-2015)  
San Angelo Young Life  
Board Member (2011-2014)  
Texas Hunger Coalition  
Committee Member (2020-present)

**National Involvement**

**Kappa Alpha Theta Sorority**

San Angelo Alumnae Chapter President (2012-2014)  
National Wellness Committee Specialist (2012-present)  
Create health/wellness programming and resources for members of our 125 chapters.  
Kappa Alpha Theta Foundation Grants Committee Member (2016 – present)  
Review and Award Chapter and Individual Member Grants Funds