

# Dinah J. Harriger Cummings

## CURRICULUM VITA

September 2016

*Assistant Professor  
Angelo State University  
Department of Nursing  
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### Education

2011	Ph.D.	Health Education Texas A&M University Department of Health and Kinesiology College Station, Texas
2008	M.S.	Marriage and Family Therapy Texas Tech University Department of Applied and Professional Studies Lubbock, Texas
2006	B.A. <i>Magna Cum Laude</i>	Psychology (English minor) Texas A&M University Department of Psychology College Station, Texas

### Academic Awards and Recognitions

2012	<i>Phi Kappa Phi</i> , Angelo State Charter Faculty Member
2008	<i>Eta Sigma Gamma</i> , Health Education Honors Society, Texas A&M Chapter
2007	Master's Student of the Year in Marriage and Family Therapy, Texas Tech University
2006	<i>Phi Beta Kappa</i> , National Academic Honors Society, Kappa of Texas Chapter

### Teaching Experience

2015 – present	<b>CONNECT! Community Engaged Teaching Fellow</b> The purpose of the Community-Engaged Fellowship Program is to create a community of scholars who integrate the philosophy and pedagogy of community engagement into their teaching, service, and scholarship and thus the fabric of the university. By assisting, equipping, and recognizing Community-Engaged Fellows, Angelo State University seeks to enhance <i>Social Responsibility</i> , the student learning focus of the <i>CONNECT!</i> initiative (ASU's QEP). Doing so upholds our university values and contributes to the fulfillment of our mission and the achievement of our goals.
2011 – present	<b>Assistant Professor</b> <b>Curriculum Planning</b> Angelo State University: Department of Physical Therapy Curriculum Development for Health Science Professions Program Developed courses and curriculum for the new Health Science Professions Program.

Angelo State University: Department of Nursing and Rehabilitation Sciences  
Planning Committee Member for the Doctorate of Education in Nursing Education  
Developed develop curriculum and program materials for the Doctoral of  
Education Degree in Nursing Education.

Angelo State University: Freshman College  
Freshman Seminar Course Pilot

Served as a faculty member in the Freshman Seminar Course Pilot to assess the effectiveness of the concept.

### **Course Development**

Angelo State University: Department of Nursing and Rehabilitation Sciences

Nursing 6323: Research Foundations for Advanced Nursing

This course develops an understanding of quantitative and qualitative nursing research methodologies, frameworks, and relationships between research questions and design. Application and evaluation of statistical methods is emphasized. Students use critical appraisal skills to critique relevant research.

Nursing 6312: Evidence Based Practice and Theory for Advanced Nursing

This course focuses on nursing knowledge synthesis and application of research evidence into best practice. Theoretical constructs that guide nursing research and inform nursing practice are explored. Critical appraisal and evidence synthesis provide the basis for a research utilization/scholarship project designed to change policy, improve patient/educational outcomes, or implement best-practice guidelines.

Nursing 4337: Statistical Techniques for Healthcare Professionals

Course examines statistical techniques required to analyze data with specific applications for health professionals. Emphasis is placed upon developing SPSS computer databases, data analysis and interpretation of findings. Techniques include measures of central tendency and variability, correlation, regression, t-tests, ANOVA, chi-square and multivariate analysis.

Nursing 2337: Introduction to Elementary Statistics

Course examines basic statistics used and interpreted in healthcare settings. Topics include: measurement scales, probability, principles of testing and error, sampling, correlation, and non-parametric measures. Focus is on application, interpretation, and presentation of statistics from peer-reviewed journals, reports, and other healthcare documents.

Nursing 2330: Health Promotion and Cultural Aspects of Healthcare

Course analyzes how biologic, environmental, cultural and social factors influence health and illness. Students evaluate strategies of health promotion and disease prevention for individuals, families, and communities in a culturally diverse society.

General Studies 1181: Freshman Seminar “Fast Food Culture”

General Studies 1181: Freshman Seminar “The Whole College Student”

This course is designed to introduce incoming freshmen to the intellectual and cultural environment of the university and the impacts it will have on their lives as students. Freshman Seminars incorporate various integral elements in order to facilitate first-year students' transition from high school to college-level learning. Emphasis will be on communication, critical thinking, and information literacy.

### **Graduate Teaching Internship**

Texas A&M University

Health 342: Human Sexuality

Presented curriculum concerning aspects of human sexuality such as physiology and function of human reproductive system, factors involved in learning sex roles, gender identity, biological and emotional motivations associated with the sexual aspects of life and their relationship to marriage and family planning.

2008 – 2009

**Graduate Student Instructor: Office of Health Informatics**

Texas A&M University: Department of Health and Kinesiology

Developed and implemented web based health education curricula: developed and filmed lectures, created course objectives, created and administered assignments quizzes and tests to assess student learning.

Health 231: Healthy Lifestyles

Presented a general overview of the most common health issues prevented by modifications in human behavior; included are mental health, use and abuse of drugs, human sexuality, communicable diseases, environmental and consumer health.

Health 403: Consumer Health

Presented material relevant to the selection, evaluation and understanding of health information, medical services, advertising of products and sociocultural factors in consumer health protection.

## Research/Grant Experience

2016 – present

**Faculty Enhancement Research Grant Recipient**

Angelo State University

Award Amount = \$10,000

Project Title: *National College Health Assessment: Meeting Student Health Needs at Angelo State University*

Using the National College Health Assessment (NCHA), this project will help identify the most common health practices and behavior risks impacting ASU students, allow relevant stakeholders to design evidence based health education initiatives, and potentially serve as a baseline for follow-up assessments.

Assessing student health needs in a comprehensive, systematic way will provide administrators, faculty, and staff a unique opportunity to better understand ASU students.

2010 – 2012

**Graduate Research Assistant/ Post-Graduate Research Consultant**

Texas A&M University: Institute for Obesity Research and Program Evaluation

Project: National Food and Nutrition & Texas Food and Nutrition Program Evaluation

Funding Source: Texas WIC (Texas Dept. of State Health Services)

Supervisor: E. Lisako McKyer, Ph.D.

Performed data analysis and prepared reports of findings in keeping with the contract deliverables for both the national and State of Texas WIC program evaluation grants. The TEXFAN and NATFAN grants evaluated the impact of the policy changes in the WIC food package.

2009 – 2012

**Graduate Research Assistant/ Post-Graduate Research Consultant**

Texas A&M University, Dept. of Health and Kinesiology

Child and Adolescent Health Research Lab

Project: School Wellness and Advocacy Project (SWAAP)

Funding Source: National Institute of Health (NIH)

Supervisor: E. Lisako McKyer, Ph.D. & Christine Tisone, Ph.D.

Conducted both quantitative and qualitative research analyses examining factors influencing child health, implemented physical activity and nutrition curriculum/programs in a local school district. SWAAP funded the implementation of supplemental resources and programs addressing physical activity and nutrition education in a local school district, which primarily served minority populations.

2008

**Texas Research Advisory Group Member**

Project: Texas Healthy Marriage Initiative

Funding Source: Texas Health and Human Services Commission & The Administration for Children and Families (ACF)

Chairman: Steven Harris, Ph.D.

Served as a research consultant for the Texas Healthy Marriage Initiative.

2006 - 2008

**Graduate Research Assistant**

Texas Tech University, Dept. of Applied and Professional Studies

Project: Texas Healthy Marriage Initiative Program Evaluation (THMI)

Funding Source: Texas Health and Human Service Commission & The Administration for Children and Families (ACF)

Supervisor: Steven Harris, Ph.D.

Created evaluation instruments, developed evaluation protocol, performed various data analyses on pre-and post-intervention data, and various program evaluation activities for the Texas Marriage Initiative. THMI funded research on marriage in the state of Texas and implemented programs to increase opportunities for marital resources among low income families.

2006

**Graduate Research Assistant**

Texas Tech University, Dept. of Applied and Professional Studies

Center for the Study of Addiction and Recovery

Supervisor: Kitty Harris, Ph.D.

Implemented a behavioral addiction recovery program for college students returning to school after being treated for eating disorders, self-harm, and other behavioral addictions.

## **Publications**

### **Peer Reviewed Journal Articles**

Harriger, D., Lu, W., McKyer, L., Pruitt, B., & Goodson, P. (2014). School Wellness Policy: A Systematic Literature Review. *Journal of School Health, 84(4)*, 275-283. DOI: 10.1111/josh.12145.

Harriger, D., Lu, W., McKyer, E.L., Pruitt, B., Outley, C., Tisone, C., & McWhinney, S. (2014). School Wellness Policy Implementation: A Case Study. *Journal of Child Nutrition and Management*.

Harris, S.M., Ph.D. & Harriger, D.J (2008). Sexual Attraction in Conjoint Couple Therapy. *American Journal of Family Therapy, 37(3)*, 209-216.

### **Reports**

Harris, S.M., Glenn, N.D., Rappleyea, D.L., Diaz-Loving, R., Hawkins, A.J., Daire, A.P., Osborne, C., & Huston, T.L. (2008). Harriger, D.J. contributing author in: *Together in Texas: Baseline Report on Marriage in the Lone Star State*. Austin, TX: Health and Human Services Commission.

## **Expert Opinion Posts**

Written for Kappa Alpha Theta Sorority's National Website

*Mental Health Awareness Week: Anxiety 101*

*Food For Thought: National Nutrition Month*

## **Presentations**

Harriger, D.J., CONNECT Community Engagement Student Showcase, San Angelo, Texas, November 23, 2015.

Brown, J & Harriger, D.J., West Texas Assessment Conference, San Angelo, Texas, October 21, 2015.

Walker, M.A. & Harriger, D.J., *The whole enchilada: Transforming graduate nursing research into advanced nursing evidenced-based practice*. National League of Nursing Education Summit, Las Vegas, NV, October 3, 2015.

Invited Presenter at SACB Summer Intensive Workshop. *The Whole Dancer: Nutrition Essentials for the Young Ballerina*. San Angelo Civic Ballet, San Angelo, Texas. August 14, 2015.

Invited Presenter at ASU Greek Week. *Eating Disorders: Awareness and Prevention for College Women*. Angelo State University. April 14, 2015.

Invited Presenter at San Angelo Area Young Lives Retreat. *Healthy eating basics: Nutrition workshop for Teenage Mothers*. San Angelo, Texas. March 24, 2015.

Invited Presenter at ASU's Girls Night Out presented by the Laura W. Bush Institute for Women's Health. *Fact or Fiction: Common diet misconceptions among College Women*. Angelo State University. August 24, 2013.

Invited Presenter at ASU's Health Symposium. *Healthy Decisions 101: Making health a priority on campus*. Angelo State University, CJ Davidson. August 29, 2011.

Harriger, D.J., *Confirmatory Factor Analysis: A Conceptual Review of Fit Index Selection*. Accepted for paper presentation to the 33<sup>rd</sup> Annual Southwest Educational Research Association, San Antonio, Tx, February 2-5, 2011.

McKyer, E.J., Tisone, C., Outley, C., McWhinney, S.L., McDonald, A., Arthur, T., Odum, M., Guerra, S. Harriger, D.J. *Knowledge and Attitudes of Childhood Obesity: Perspectives of Mothers and School Teachers of Racial/Ethnic Minority Children*. Texas Society for Public Health Education, October 8, 2010.

Harriger, D.J., White, R. Hooper, M., McKyer, E.L.J., & Tisone, C. *Perceptions of Self Esteem: Examining the Effects of Self-esteem on Adolescents Perceived Risk of Sexual Behavior*. Poster presented at Texas A&M University Student Research Week, March 22-26, 2010.

Harriger, D.J., Tisone, C., Odum, M., Ettienne-Gittens, R., Hooper, M., Thompson, L., McWhinney, S., Outley, C., & McKyer, ELJ. *Examining the Role of the Home Environment in Influencing Children's Attitudes Regarding Physical Activity and Food Consumption*. Poster presented at American Academy of Health Behavior, Clearwater, FL, Feb 7-10, 2010.

Texas Research Advisory Group: *Research Evaluation Modification Proposal*, Austin, TX, March 2009.

Marriage in Texas: Regional Intermediary Program Evaluation Summit, Austin, TX, July 12-13, 2008.

Marriage in Texas: Regional Intermediary Evaluation Project, Austin, TX, June 17-18, 2008.  
*Developing Programmatic Logic Models.*

Marriage in Texas: Writing Conference of the Texas Healthy Marriage Initiative: Baseline Survey Report.  
Horseshoe Bay, TX. March 5-8, 2008.

Invited Presenter at ASAS (Association of Students About Service) Convention, Center for the Study of  
Addiction and Recovery, Texas Tech University, April 2007.

## **Leadership and Service**

### **Angelo State University**

Phi Kappa Phi Honors Society

Charter Faculty Member

President-Elect of Angelo State Chapter (2015-2017)

### University Committees

University Affairs Committee (2015 - present)

Core Curriculum Committee (2015 – present)

Institutional Review Board (2015- present)

Education Committee for Nursing Doctorate-Ad Hoc (2014)

Academic in Excellence Committee (2011-2012)

Faculty Research Enhancement Grants Committee (2011-2012)

### Archer College of Health and Human Services

College Curriculum Committee (2014)

### Department of Nursing Committees

Faculty Senate (2011-present)

Program Evaluation Committee (2011-2013)/ (2015 - present)

Resources Ad-Hoc Committee (chair) (2012)

Faculty Affairs Committee (2013- 2015)

## **Community Involvement**

### **San Angelo, Texas**

American Heart Association: Go Red For Women

Community Representative (2012-2014)

Children's Miracle Network

Art Auction Committee Member (2013-2016)

Howard College

San Angelo Campus Advisory Board Member (2013-present)

Laura Bush Institute for Women's Health

Board Member (2014-present)

San Angelo Civic Ballet

Board Member (2014-present)

San Angelo Symphonic Society

Board Member (2013-present)

San Angelo Junior League Member (2012 – 2016)

Arrangements Committee Co-Chair (2014-2015)

San Angelo Young Life  
Board Member (2011-2014)

**National Involvement**

**Kappa Alpha Theta Fraternity**

San Angelo Alumnae Chapter President (2012-2014)

National Wellness Committee Specialist (2012-present)

Create health/wellness programming and resources for members of our 125 chapters.

Kappa Alpha Theta Foundation Grants Committee Member

Review and Award Chapter and Individual Member Grants Funds