CURRICULUM VITAF

Heather J. Wilde Braden, PT, MPT, PhD, GCS ASU Station # 10923 San Angelo, TX 76909 (325) 942-2581 Department of Physical Therapy, Angelo State University

Education: Texas A&M University

College Station, TX

2002 - 2004

Motor Neuroscience, Motor Learning Emphasis

PhD, 2004

Texas Tech University Health Science Center

Lubbock, TX 1997 - 2000 Physical Therapy MPT, 2000

Angelo State University

San Angelo, TX 1994 - 1997 Kinesiology BS, 1997

Licensure Information/

Registration Number: Texas Physical Therapist License 1135101, 2000 - present

<u>Certifications:</u> Board Certified Geriatric Clinical Specialist (GCS), 2010 – present

Renewal GCS certification earned, 2020-2030

STEADI Stop Elderly Accidents, Deaths, Injuries certification, CDC, 2022 American Online Academy Certification, Academic Technologies, 2015

Texas Amateur Athletic Federation Certification, 2010 - present

Advanced Cardiac Life Support Certification, 1999

Basic Cardiac Life Support/Cardiopulmonary Resuscitation and

First Aid for Adults and Children, 1994 - present

Employment and Positions Held:

Professor

John S. Cargile University Endowed Professorship, 2019, 2020, 2021, 2022, 2023 EXXAT Education Management Solutions Administrative Team 2021-present CAPTE Self-Study Administrative Team 2016-2017

Angelo State University, Department of Physical Therapy, 2017-present

Associate Professor

Graduate Faculty

Tenured

Functional Mobility and Assessment Research Laboratory

Interprofessional Initiative Laboratory

Angelo State University, Physical Therapy Program, San Angelo, TX, 2013 - 2017

Invited Lecturer – Geriatric Certified Specialist

Instructor for PT 6209 Geriatrics, DPT course, online, summer

Moodle and Blackboard platforms both constructed and utilized for teaching

University of Texas at El Paso, Dept. of Rehab Sciences, Physical Therapy Program, 2014-2018

Assistant Professor

Graduate Faculty

Angelo State University, Physical Therapy Program, San Angelo, TX, 2010 - 2013

Physical Therapist

Geriatric Clinical Specialist and Consultant in Concho Valley, San Angelo, TX, 2010 - present

Senior Director of Rehabilitation

Harden Healthcare, San Angelo, TX, 2007 - 2010

Assistant Professor

Graduate Faculty

Tenure Track

Research Team Member, School of Medicine GU Multidisciplinary Research Team

Research Collaborator/Clinician, UT Therapeutics Comprehensive Outpatient Rehab Facility

University of Texas Health Science Center, School of Allied Health Sciences, Physical Therapy

Department, San Antonio, TX, 2004 - 2007

Physical Therapist & Clinical Instructor

Cancer Therapy Research Center, San Antonio, TX, 2006 - 2007

Warm Springs Outpatient Rehabilitation Center, San Antonio, TX, 2004 - 2007

Choice Home Care, Bryan, TX, 2003 - 2004

St. Joseph's Regional Rehabilitation Center and St. Joseph's Home Health, Bryan, TX, 2002 - 2004

Instructor

Undergraduate Faculty, Texas A&M University, Kinesiology, College Station, TX, 2002 - 2004

Graduate Researcher

Texas A&M University, Human Performance Laboratories, College Station, TX, 2002 - 2004

Clinician

Clinic Manager, West Texas Rehabilitation Center, Ozona, TX, 2000 - 2002 Physical Therapist, San Angelo Community Medical Center, San Angelo, TX, 2000

Peer-Reviewed Publications:

- **Braden, H.**, Braden, L., Cavazos, I., Covington, M., Defoor, G., Schulien, M., Ko, M. (submitted). Sit-to-Walk Strategies in Older Adults: Implications for Cognitive Decline Detection, *Physiotherapy Research International*.
- Torres, A., **Braden, H.**, McCabe, D. (submitted). Effect of Task and Seat Position on Trunk Flexion Angles in Healthy Young Adults, *Perceptual & Motor Skills*.
- **Braden, H.**, Goode, C., Stewart, K. (2022). Lifestyle Behaviors of Older Adults in Independent Living during COVID-19, *International J of Aging Research*. 5:97.
- **Braden, H.,** Bussell, T., Dillon, K., Douglass, L., Woodham, S. (2022). The Role of Balance Training on Risk and Prevalence of Falls in Community -Dwelling Older Adults: A Systematic Review. *J Korean Soc Neur Ther*. 26(1):1-13, DOI: http://dx.doi.org/10.17817/2022.01.24.1111701.
- Braden, T., Burtch, M., Pyle, A., Mott, S., Atkins, L, **Braden, H**. (2021). Investigating the characteristics of sit to walk for geriatric residents of assisted living facilities. *J Korean Soc Neur Ther*. 25(1):1-7, DOI: http://dx.doi.org/10.17817/2021.02.02.1111620.
- Kohls, R., Smith, S., **Braden, H.**, Huckaby, T. (2020). Interprofessional collaboration experiences of student physical therapists and their clinical instructors in orthopedic versus neurologic rehabilitation settings. *Amer J of Biomed Sci & Res.* 8(6). *AJBSR.MS.ID.001339*. DOI: 10.34297/AJBSR.2020.08.001339.
- Buck, C., Martindale, B., **Braden, H**. (2019). Goniometry apps: Do they measure up? Exploring the accuracy of mobile device apps. *Gerontol & Geriatric Stud.* 5(2). *GGS.000609.2019. DOI:* 10.31031/GGS.2019.05.000609.
- Lee, H., Ko, M., Park, S., **Braden, H.** (2019). Concurrent validity of the Groningen Meander Walking and Timed Up and Go tests in older adults with dementia. *Physiotherapy Theory and Practice*, Med-Line/Pub/Med, https://doi.org/10.1080/09593985.2019.1579285.
- Costa, D., Moore, R., Stanzel, R., **Braden, H**., Ko, M. (2018). Greenhouses and nursing homes: Changes in resident function over the course of one year- A pilot study. *Gerontology and Geriatric Studies*, 2(5):1-7, DOI: GGS.000550.2018.
- Lee, H., Ko, M., Park, S., **Braden, H.** (submitted 2018). The effects of cognitive impairment on functional mobility in older adults with dementia. *Archives of Physical Medicine and Rehab*.
- Larsen, S., Luedeker, R., Morgan, C., Taylor, C., **Braden, H**., Ko, M., Moyer, H. (2017). Impairment and activity limitation changes in assisted living facility residents over the course of one year- A pilot study. *Geriatric Medicine and Care*, 1(2):1-6, DOI: 10.15761/GMC.1000107.
- Moyer, H., Gale, J., Severe, S., **Braden, H.**, Hasson, S. (2017). Outcome measures correlated to falls in nursing home residents A pilot study. *Physiotherapy Theory and Practice*, 33:9, 725-732, DOI: 10.1080/09593985.2017.1345027.
- **Braden, H.,** Ko, M. (2016). Meaningful gait speed improvement after physical therapy intervention for slow versus moderate-normal walkers. *Jac J of Physiotherapy and Exercise*, 2(2): 1-6.
- Michael, R., Petrie, M. **Braden, H**. (submitted). Learning outcomes and student perceptions of instructional media in online graduate nursing and face-to-face graduate physical therapy curriculum. *J of Physical Therapy Education*.
- **Braden, H.,** Bohmfalk, M., Ko, M. (submitted). Is slower gait speed a valid measure to discriminate between fallers and non-fallers in older adults? *Journal of the American Geriatrics Society*.
- Ko, M., Hilgenberg, S., Hasson, S., **Braden, H**. (2014). Effect of bilateral step-up and down training on motor function in a person with hemiparesis. *Physiotherapy Theory and Practice, 30:* 597-602.

- **Braden, H.**, Ko, M., Bohmfalk, M., Hortick, K., Hasson, S. (2013). Gait speed improves during physical therapy in general acute care, skilled nursing, and inpatient rehabilitation- a pilot study. *Journal of Acute Care Physical Therapy*, 4(1):20-25.
- **Braden, H.**, Hilgenberg, S., Bohannon, R., Ko, M., Hasson, S. (2012). Gait speed is limited but improves over the course of acute-care physical therapy. *Journal of Geriatric Physical Therapy*, *35*(3):140-144.
- **Braden, H**. (2012). Self-selected gait speed: A critical clinical outcome. *Lower Extremity Review,* 4(11):43-48.
- **Braden, H.**, Bohannon, R., Hasson, S. (2012). New in the literature: Gait speed and acute care physical therapy. *PT in Motion News Now*.
- **Braden, H**., Panzer, S, and Shea, CH. (2008). The effects of sequence difficulty and practice on proportional and non-proportional transfer. *Quarterly Journal of Experimental Psychology, 61:* 1321-1339.
- Shea, CH, Park, JH, and **Wilde Braden, H**. (2006). Age-related effects in sequential motor learning. *Physical Therapy*, 86:478-488.
- **Wilde Braden, H.,** & Shea, C.H. Proportional and non-proportional transfer of movement sequences. (2006). *Quarterly Journal of Experimental Psychology, 59*:1626-1647.
- Panzer, S. & Wilde Braden, H., & Shea. (2006). The learning of two similar complex movement sequences: Proactive and retroactive effects on learning. *Journal of Motor Behavior*, 38: 60-70.
- **Wilde Braden H.**, Magnuson C, and Shea CH. (2005). Random and blocked practice of movement sequences: Differential effects on response structure and movement speed. *Research Quarterly for Exercise and Sport*, 76(4):416-425.
- Park, JH, **Wilde Braden, H**., and Shea, CH. (2004). Part-whole practice of movement sequences. *Journal of Motor Behavior*, *36*:51-61.
- Davis, S., Reiss, K., VanSlyke, K., **Wilde Braden, H.**, Rogers, T., & Sizer, P. (submitted). Effects of hamstring stretch on reaction time and movement time during a rapid knee flexion activity and performance of standing jump activity. *Research Quarterly for Exercise and Sport*.

Peer Reviewed and Published Abstracts from Professional Presentations:

- **Braden, H.,** Braden, L., Cavazos, I., Covington, M., Defoor, G., Schulien, M., Ko, M. Sit-to-walk Strategies in Older Adults: Implications for Cognitive Decline Detection. (2024). Poster for Combined Sections Meeting, Boston, MA.
- **Braden, H.,** Torres, A., McCabe, R. The effect of task and seat position on trunk flexion angles in healthy young adults. (2023). Poster for Angelo State University Research Symposium, San Angelo, TX.
- Kohls, R., Smith, S., Huckaby, T., and **Braden, H.** Interprofessional Education on Clinical Practicums in Different Therapy Settings. (2019). *Poster for Educational Leadership Conference via Academy of Physical Therapy Education (APTE) and the American Council of Academic Physical Therapy (ACAPT), Bellevue, Washington.*
- Ko, M., Lee, H., Park, S., and **Braden, H**. The effects of cognitive impairment on functional mobility in older adults with dementia. (2018). *Poster presented at the American Congress of Rehabilitation Medicine Conference, Dallas, TX.*
- **Braden, H.**, Larsen, S., Luedeker, R., Morgan, C., and Taylor, C. Impairment and activity limitation changes in assisted living facility residents over the course of one year A pilot study. (2018). *Poster presented at the Combined Sections Meeting, New Orleans, LA.*
- **Braden, H.**, Squires, K., Powers, K., and Baca, L. Student experiences with interprofessional collaboration in orthopedic versus neurologic physical therapy settings. (2017). *Poster presented at Texas Physical Therapy Association, Corpus Christi, TX.*

- Hughes L, Newstead A, **Braden H.** Exercise and Diabetes: Tools for Integrating Patient-Directed Practice. (2016). Invited speaker at *APTA Combined Sections Meeting, Orthopedic Section, Anaheim, California*.
- Moyer, H., Severe, S., Gale, J., and **Braden, H**. Outcomes of nursing home residents over time. (2016). Poster presented at The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans, LA.
- Larsen, S., Luedeker R., Morgan, C., Taylor C., Moyer, H., and **Braden, H**. Correlation of falls in assisted living residents. (2016). *Poster submitted to The Gerontological Society of America's 69th Annual Scientific Meeting, New Orleans, LA*.
- Larsen, S., Luedeker R., Morgan, C., Taylor C., Moyer, H., and **Braden, H**. Assisted living residents: Activity levels. (2016). *Poster presented at the Graduate Research Symposium, San Angelo, TX.*
- Moyer, H., Severe, S., Gale, J., and **Braden, H**. Functional changes in nursing home residents over time. (2015). *Poster presented at The Gerontological Society of America's 68th Annual Scientific Meeting, Orlando, FL*.
- Moyer, H., Severe, S., Gale, J., and **Braden, H**. Nursing home residents: Impairments and Function. (2015). *Poster presented at the Graduate Research Symposium, San Angelo, TX*.
- Moyer, H., Rew, A., and **Braden, H**. Inter-reliability and intra-reliability of standard manual muscle testing vs. hand-held dynamometry in testers of three clinical experience levels. (2015). *Poster presented at TPTA Annual Conference, Arlington, TX*.
- Moyer, H., Severe, S., Gale, J., and **Braden, H**. Trends for ambulatory nursing home residents. (2015). *Poster presented at TPTA Annual Conference, Arlington, TX.*
- Moyer, H., Gale, J., Severe, S., and **Braden, H.** Functional mobility as a fall risk predictor in active nursing home residents. (2015). *Poster presented at APTA's NEXT Conference and Exposition, National Harbor, MD*.
- **Braden, H.** and Ko, M. Gait speed improvements and a cut-off for slow versus moderate-normal walkers. (2015). *Poster presented at CSM National Conference, Indianapolis, IN.*
- Moyer, H., Gale, J., Severe, S., and **Braden, H.** Functional mobility of residents in nursing facilities (2014). Poster presented at The Gerontological Society of America's 67th Annual Scientific Meeting, Washington, DC.
- Gale, J., Moyer, H., Severe, S., and **Braden, H**. Fall risk predictors in active nursing home residents. (2014). *Poster presented at Texas Physical Therapy Association (TPTA) Annual Conference, Galveston, TX*.
- **Braden, H.**, Ko, M., Bohmfalk, M., Hortick, K., Hasson, S. Does walking speed improve in acute care, skilled nursing, or inpatient rehabilitation? (2013). *Poster presented at CSM National Conference San Diego. CA*.
- Hughes, L., Keith, S., **Braden, H**. Motivating patients towards behavior change (2013). Course presented at the *TPTA Annual Conference, Arlington, TX*.
- **Braden, H.,** Hilgenberg, S., Bohannon, R., Ko, M, Bohmfalk, M. Gait speed in acute care. (2012). *Poster presented at APTA National Conference, Tampa, Florida*.
- **Wilde Braden, H.**, Shea, CH. (2007). Effects of aging on learned movements. *World Congress Physical Therapy Platform Presentation, Vancouver, Canada and published in Physiotherapy*.
- **Wilde Braden, H.** Shea, CH. (2007). Transfer of learned movements. *Poster presented at World Congress Physical Therapy, Vancouver, Canada and published in Physiotherapy.*
- **Wilde Braden HJ** and Shea, CH. (2005). Complexity effects of movement sequences with varying practice. *Poster presented at North American Society of Psychology, Sport, and Physical Activity (NASPSPA) and published in Journal of Sport and Exercise Psychology*.
- **Wilde Braden, HJ** and Ammar, D. Sequence learning in children. (2004). *Poster presented at NASPSPA and published in Journal of Sport and Exercise Psychology.*

- **Wilde Braden, HJ** and Shea, CH. Practice effects of sequential movements with parameter changes. (2004). *Poster presented at NASPSPA and published in Journal of Sport and Exercise Psychology*.
- **Wilde Braden, HJ**, Park, JH, and Shea, CH. Age related effects in sequenced motor learning. (2003). Poster presented at Combined Sections Meeting Nashville, TN and published in Journal of Geriatric Physical Therapy.
- **Wilde Braden, HJ**, Magnuson, C, and Shea, CH. (2003). Random and blocked practice of movement sequences: Differential effects on response structure and movement speed. *Poster presented at NASPSPA and published in Journal of Sport and Exercise Psychology*.
- Park, JH, **Wilde Braden, HJ**, and Shea, CH. (2003). Part-whole practice of movement sequences: effects on retention and transfer. 2003. *Poster presented at NASPSPA and published in Journal of Sport and Exercise Psychology*.
- Shea, CH, Park, JH, and **Wilde Braden, HJ**. Age related effects in motor learning. (2003). *Poster presented at NASPSPA and presented in Journal of Sport and Exercise Psychology*.
- **Wilde Braden, HJ** and Shea, CH. Sequential movement skills across the life span. (2003). Poster presented at the American Alliance for Health, Physical Education, Recreation, and Dance (AAPHERD).

Peer Reviewed Scientific and Professional Presentations:

- Invited Speaker: **Braden, H.** Outcomes of Academic Institution and Medical Facility Collaboration, Human Subjects Committee Forum Shannon Medical Center, 2015
- Invited Speaker: **Braden, H.** Walking Speed and Its Implications-A Clinical Guide, Texas Physical Therapy Association Continuing Education Course, 2014
- Invited Speaker: **Braden, H.** Walking Speed: An Informative Vital Sign, Texas Physical Therapy Association Midwest District, 2012
- Invited Speaker: **Braden, H.** Skilled Nursing Unit Use of Gait Speed: Progress and Goal Writing, Shannon Medical Center Symposium, 2012
- Invited Speaker: **Braden, H.** Gait Speed: A Friendly Assessment Tool, West Texas Rehabilitation Center, Outcome Assessment Seminar, 2012
- Invited Speaker: **Braden, H.** Protocols for Cardiopulmonary, Musculoskeletal, and Neuromuscular System Diagnoses for Therapy in Skilled Nursing Settings, Trisun Healthcare Forum, 2010
- Invited Speaker: Braden, H. Adaptive Equipment in Long Term Care, Harden Healthcare Summit, 2010
- Invited Speaker: Braden, H. Wheelchair Seating and Positioning, Harden Healthcare Conference, 2010
- Invited Speaker: **Braden, H**. Timely Documentation and Communication Across Disciplines in Health Care, Harden Healthcare Forum, 2010
- Invited Speaker: **Braden, H.** AIDET Communication Strategies, Studor Group and Harden Healthcare Forum, 2010
- Invited Speaker: Braden, H. HIPAA Privacy Security, Harden Healthcare Seminar, 2007 2010
- Invited Speaker: Braden, H. Modalities Management, Harden Healthcare Forum, 2010
- Invited Speaker: Braden, H. Electronic Documentation, Harden Healthcare Conference, 2010
- Invited Speaker: **Braden, H**. Early Risers Program for Skilled Nursing Facilities, Harden Healthcare Conference, 2010
- Invited Speaker: Braden, H. Dining Program in Skilled Nursing, Harden Healthcare Conference, 2010
- Invited Speaker: **Braden, H**. Standing Frame Program for Skilled Nursing, Harden Healthcare Conference, 2010
- Invited Speaker: **Braden, H.** Walk/Wheel to Dine Program in Skilled Nursing Facilities, Harden Healthcare Conference, 2010

Invited Speaker: Braden, H. Corporate Compliance, Harden Healthcare Assembly, 2007 – 2010

Non-Peer Reviewed Publications:

Knappe, K., Artnak, K., and **Braden, H**. (2015). Opportunities for Research at Shannon. *Shannon Stethoscoop*.

Braden, H. (2007). Physical therapist care for patients with cancer and after cancer therapies. *San Antonio Cancer Institute*.

Non-Peer Reviewed Presentations:

Invited Speaker: Braden, H. Research Endeavors, Professional Advisory Board, 2019

Invited Speaker: Braden, H. Physical Therapy Outcomes in Home Health, West Texas Healthcare, 2013

Invited Speaker: Braden, H. Gait Speed: It's About Time, 2012

Funded Grant Activity:

Principal Investigator

\$15,000

Discharge Disposition in Acute Care: Can Strength Help Us Get it Right the First Time? Oct 2023-Aug 2024, Research Enhancement Grant, Angelo State University

Research Mentor

\$1.000

The Effect of Task and Seat Position on Trunk Flexion Angles in Healthy Young Adults Sept 2022 – Aug 2023, Undergraduate Faculty Mentored Academic Grant, Angelo State

Principal Investigator

\$14,965

Keep Connected: Social Distancing and Isolation in Senior Living during the COVID-10 Pandemic Oct 2021 – Sept 2022, Research Enhancement Grant, Angelo State University

Principal Investigator

\$15,000

Does Slow Mean Steady? Characteristics of Sit to Stand then Walk versus Sit to Walk for the Elderly

Oct 2019 – Sept 2020, Research Enhancement Grant, Angelo State University

Principal Investigator

\$13,480

Interprofessional Collaboration in Orthopedic versus Neurologic Rehabilitation Settings Oct 2017 – Sept 2018, Research Enhancement Grant, Angelo State University

Principal Investigator

\$15,000

Aging in Place in Assisted Living Facilities: Assessing Physical Changes and Predictors of Change

Oct 2016 - Sept 2017, Angelo State Grant

Principal Investigator

\$14,350

Longitudinal Changes in Functional Mobility for Nursing Home Residents Over 1 Year Oct 2015 – Sept 2016, Angelo State Grant

Co-Principal Investigator

\$45,000

Mobile Technology Usage for Enhancing Patient Care in Geriatric, Indigent, and Underserved Populations

Jan 2014 - May 2015, Telemedicine College Instructional Enhancement Grant

Co-Principal Investigator

\$14,970

Does a Back Squat with Toes Forward cause Muscular Imbalance of the Vastus Medialis Oblique and Vastus Lateralis?

September 2013 - August 2014, Research Enhancement Grant

Co-Principal Investigator, Program Director

\$17,400

The Effects of Technology-Enhanced Assessments on Learning Outcomes in Graduate Nursing and Physical Therapy Students at Angelo State University

February 2013 - August 2013, Office of Sponsored Projects Grant

Principal Investigator, Program Director

\$13,205

Walking Speed as an Indicator of Patient Function in Various Health Care Settings January - August 31, 2012, Research Enhancement Program Grant, Angelo State University

Principal Investigator, Program Director

\$4,000

Asthma and allergy equipment to local schools

September 2011 - August 2012, Everyone Breathe Asthma Awareness Grant, Asthma and Allergy Foundation of America and Sunovion Pharmaceuticals Inc.

Principal Investigator, Program Director

\$12,685

Motor Learning of Sequential Movement Skills in South Texas Elderly January 2006 - January 2007, South Texas Health Research Center

Scholarly Products:

Editorial Board Member

The Journal of the Korean Society for Neurotherapy, 2020 - present Jacobs Journal of Physiotherapy and Exercise, 2015-2019 Journal of the Korean Society of Physical Medicine, 2016-2017

Reviewer of International/National Scholarly Journals

Archives of Rehabilitation Research and Clinical Translation, 2022-present Physiotherapy Research International, 2021-present
Journal of Evaluation in Clinical Practice, 2014 - present
Journal of the American Geriatric Society (JAGS), 2013 - present
Physiotherapy Theory and Practice, 2013 - present
Archives of Physical Medicine and Rehabilitation, 2013 - present
Journal of Geriatric Physical Therapy (JGPT), 2012 - present
Physical Therapy Journal, 2006 - 2008
International Journal of Physiotherapy Research, 2006 - 2007

International Collaborative Research:

ResearchGate global research collaboration, Berlin, Germany
Published peer-reviewed articles in motor learning with Jin-Hoon Park, PhD, Korea University and
Stefan Panzer, PhD, University of Leipzig, Germany, 2002 - 2008

National and Regional Collaborative Research:

Interprofessional Education Collaborative, Completion of 2013 IPEC Institute, Chicago, IL, 2013 Geriatric Specialty Regional Item Writing Workshop, San Antonio, TX, 2012

Science Improvement Team- Acute care, skilled nursing, and inpatient rehabilitation collaborations, 2010 - present

University of Connecticut and Shannon Medical Center- Gait speed research collaborations, 2010 - present

Lubbock, TX and Carolyn Mason, PT, PhD- LSVT/BIG research collaborations, 2010 - 2012 Goodfellow Air Force Base, Mansoo Ko, PhD, You-jou Hung, PT, PhD, and Yi-Po Chiu, PT, MHS, PhD-Patellofemoral research collaborations, 2010 - 2011

Media and Software Developed:

Computerized Interprofessional Collaboration environment for DPT and graduate Nurse practitioner students to increase patient centered care, interdisciplinary teams, evidence-based practice, and use of informatics, 2012-2019

Computerized Enhanced Instructional Media using Raptivity for student-guided learning, 2012-2014 Computerized Physical Therapy Simulated Board Examination for student preparation in final semester at University of Texas Health Science Center San Antonio, 2005 - 2007

Computerized Physical Therapy Exam Interactive Critical Thinking Series in preparation for National Board Examination, 2005 - 2007

Reviewer for Textbooks:

Fundamentals of the Physical Therapist Examination, Fruth, 2014

Daniel's and Worthingham's Muscle Testing, 9th edition, Hislop et al, 2014.

Fundamentals of the Physical Therapy Examination: Patient Interview and Tests & Measures, Fruth, 2013

ACSM's Exercise for Older Adults, Wojtek Chodzko-Zajko, 2013
The Muscle Test Handbook, 1st edition, Garten and Shafer, 2013
Patient Care Skills, 6th edition, Minor and Minor, 2012
Elsevier Digital Books, online textbook options including quick searches, cross-reference materials, direct links to tables/figures, and health science libraries, 2012
Principles and Techniques of Patient Care, 5th edition, Fairchild, 2011
Differential Diagnosis for Physical Therapists: Screening for Referral, 5th edition,
Goodman and Snyder, 2011
Introduction to Research and Medical Literature for Health Professionals, 3rd
edition, Blessing, 2011

Research Activity:

Proposal Development Team Member, U.S. Department of Education
Promoting Post Baccalaureate Opportunities for Hispanic Americans (PPOHA) Grant
Title V Hispanic Serving Institution Grant Program, Graduate School, 2023-24Submission of Grant

Proposal Development Team Member, U.S. Department of Education
Promoting Post Baccalaureate Opportunities for Hispanic Americans (PPOHA) Grant
Title V Hispanic Serving Institution Grant Program, Graduate School, 2022-23 Submission of Grant

Proposal Development Team Member, U.S. Department of Education Ronald E. McNair Post Baccalaureate Achievement Program, TRIO Series, Grant Undergraduate to doctoral studies for low-income and first-generation students, 2021 Submitted

Proposal Development Team Member, U.S. Department of Education
Promoting Post Baccalaureate Opportunities for Hispanic Americans (PPOHA) Grant
Title V Hispanic Serving Institution Grant Program, Graduate School, 2019 Submitted Research Grant

Consultant, NIH R21

\$275,000, Vibration Training for Preventing Falls in Frail Older Adults 2016, 2017, 2018 Submitted Research Grant, National Institute on Aging

Co-Principal Investigator, Program Director

\$104,000, Use of Technology to Facilitate Interprofessional Education for Evidence-Based Practice Approaches to Treat Geriatric, Indigent, and Underserved Populations in the Concho Valley 2013, Submitted Research Grant, San Angelo Health Foundation, San Angelo, TX regional area

Co-Principal Investigator, Program Director

\$30,000, Interprofessional Educational Strategies via Enhanced Technology for Didactic and Clinical Learning Experiences, Patricia Simpson, PhD, RN, ANP-BC co-principal investigator 2013, Submitted Research and Development Grant, McAnalley Associates, Dallas, TX

Co-Principal Investigator, Program Director

\$22,000, Interprofessional Education: Obtaining Skills to Treat Older Adult, Indigent, and Rural Populations in West Texas, Patricia Simpson, PhD, RN, ANP-BC co-principal investigator

Continuing Education Workshops Conducted/Organized:

"Soaring Angels Among Us," Older adult postural control training, 2023

"Health in Check for the Czech Heritage Society", interactive education course for international older adult group with focus on prevention and wellness, 2023

"St. Ann's Exercise Program" strength and balance program for adults, 2023

"Keep Moving" safety and balance course provided to numerous community organizations and church groups, 2023-present

APTA Advanced Proficiency Pathway Program Educator for PTA development of advanced clinical skills and problem-solving, 60 CCU hours, 2,000 supervised clinical hours per PTA, 2021-present

Outcome Measures Correlated with Falls in Nursing Home Residents, AGPT Balls and Falls SIG Forum with Dr. Heidi Moyer, 2018

Exercise and Diabetes: Tools for Integrating Patient-Directed Practice, American Physical Therapy Association Combined Sections Meeting Course, Anaheim, CA, 2016

Therapy Role in Electronic Medical Records for Home Care, West Texas Healthcare, 2013

Motivating Patients Toward Behavior Change, TPTA State Conference and continuing education course offering, 2013

Medical Considerations for Therapy Patients, Harden Healthcare, 2009

Direction of Documentation in Skilled Settings, Harden Healthcare, 2009

Proper Brace and Splint Fitting and Management in Skilled Nursing, Harden Healthcare, 2009 Controlled Event Protocol, Harden Healthcare, 2009

Transfer Training in Long Term Care Settings, Harden Healthcare, 2007 - 2010

Changes in Work-related and Recreation during Prostate Cancer Experience, Texas Society Allied Health Professionals, 2007

Physical Activity and the Cancer Experience, Fred Hutchinson Cancer Research Center, Seattle, WA, 2007

Movements: Learning and Transfer Ability, Faculty Development Day, University of Texas Health Science Center San Antonio, 2007

Sequential Movements: The Effects of Spatial Changes and Extended Practice Sessions, Faculty Development Day, University of Texas Health Science Center San Antonio, 2007

The State of the Profession of Physical Therapy, Texas Association of Advisors for Health Professions, San Antonio, 2007

Physical Activity and Prostate Cancer, San Antonio Cancer Institute, San Antonio, TX, 2007

Exercise Benefits During Cancer Experience, GU Oncology Program, Cancer Therapy and Research Center, 2007

Motor Sequential Learning, Speech Motor Control Research Team, Research Imaging Center, San Antonio, TX, 2007

Attendance Policy Implementation, School of Allied Health Sciences, University of Texas Health Science Center San Antonio, 2005

Complexity Effects of Movement Sequences with Varying Practice, Faculty Research Development Day, University of Texas Health Science Center San Antonio, 2005

Age-Related Effects in Sequential Motor Learning, Combined Sections Meeting, Geriatrics, American Physical Therapy Association, Nashville, TN, 2005

The Effect of Body Mechanics, Warm up, and Stretching on Injury Prevention and Sport Skill Performance, Texas A&M University Health and Fitness organization, College Station, TX, 2003 Appropriate Care for the Residual Limb of a Patient with Amputation, St. Joseph's Regional Rehabilitation Center, Bryan, TX, 2002-2003

Ergonomics, Posture and Body Positioning with Regard to Work-related Injury, St. Joseph's Health System, Bryan, TX and San Angelo Community Medical Center, San Angelo, TX, 2000-2003

Membership in Scientific/Professional Organizations:

Member, Texas Physical Therapy Association (TPTA), 1997 to present

Member, American Physical Therapy Association (APTA), 1997 to present

Geriatric Board-Certified Clinical Specialist by the American Board of Physical Therapy Specialties, 10-year renewal in 2019

Advanced Proficiency Program Supervisor/Mentor of Physical Therapy Assistants, 2022-present

Member, Texas Society of Allied Health Professionals (TSAHP), 2002 to present

Member, San Angelo Aging Advocates, 2010 to present

Member, TPTA Midwest District, 2007 to present

Member, World Congress Physical Therapy, 2006 to 2007

Member, UTHSCSA Physical Therapy Alumni Association, 2004 to 2007

Member, American Alliance for Health, Physical Education, Recreation, and Dance (AAPHERD), 2003 to 2007

Member, North American Society for the Psychology of Sport and Physical Activity (NASPSPA), 2002 to 2007

Vice Chair for Student Special Interests Group, TPTA, 1998 to 2000

Consultative and Advisory Positions Held:

International and National Professional/Clinical Consultation:

South Korea Dementia Research Group, Assessments for dementia detection in older adults, 2022 Health Professions Consultant- New England Medical Legal Consultants, Inc., Warwick, RI, 2015 Telehealth Physical Rehabilitation Consultant- Gertner Institute and Mediclever Ltd., London, UK, Modiin, Israel and Valley Cottage, NY, 2012

Collaborator with EPA Asthma Program, 2012

National Clinical and Academic Consultation:

Research Consultant for the Academy of Geriatric Physical Therapy- Moderator for national geriatric and nursing home broadcast, 2018

Collaborator- Southwest Research Institute, 2006

Regional Consultation:

Tenure and Promotion External Reviewer and Evaluator for UTMB at Galveston, 2022-2023

Designer/Implementer of performance-based therapy documentation in the home health systemWest Texas Healthcare, 2013

Trainer- Skilled Rehabilitation Documentation for Home Health, 2010 to present

Research/Clinician Collaborator- The Effects of a Resisted Gait Intervention on Geriatric Functional Mobility and Balance, 2013-present

Primary Advisor and Supervisor of Student Research:

I. Research Studies: abstracts, written reports, poster presentations, and final defense

- Garza, Carissa, Gunn, Savanna, Torres, Areli, Voskamp, Molly. Dual Task Sit to Walk in Older Adults, 2024-present.
- Wilson, Evan. Strength as a Factor of Discharge Disposition for Older Adults in Acute Care, 2023present.
- Torres, Areli, and McCabe, PhD, Doris. Seated Chair Position Influence on the Shoulder-to-Hip Joint Angle, 2022-present.
- Braden, Layne, Cavazos, Ivana, Covington, Megan, Defoor, Grace, Schulien, Meghan. Variables that affect sit to stand in the independent living population, 2021-2024.
- Goode, Connor. Effects of COVID-19 Pandemic on Mobility and Quality of Life in Seniors, 2020-2023.
- Bussell, Taylor, Dillon, Kelli, Woodham, Selina, Douglass, Lauren. Is There a Correlation Between Body Mass Index and Functional Mobility? 2019-2022.
- Braden, Taylor, Burtch, Madison, Mott, Samantha, Pyle, Alexandria. The Relationship of Sway on Different Variables in the Sit-to-Stand Task for the Elderly, 2018-2021.
- Smith, Sascha and Kohls, Rylie. Orthopedic vs. Neurologic Interprofessional Collaboration, 2017-2020.
- Buck, Caitlyn and Martindale, Brandon. Goniometer Apps: Do They Measure Up? Exploring the Accuracy of Mobile Device Apps, 2017-2020.
- Costa, Daniela, Moore, Rachel, Stanzel, Rachael, Thornburg, Chelsea. Greenhouses and nursing homes: Changes in resident function over the course of one year, 2016-2019.
- Larsen, Sarah, Luedecker, Rebecca, Morgan, Carlos, Taylor, Christina. One-year change in functional mobility for assisted living residents, 2014-2017.
- Bacca, Luz'ce, Kellermeier, Karli, Squires, Katherine. The use of interprofessional collaboration for physical therapy students on an inpatient versus outpatient clinical practicum, 2014-2017.
- Rew, April and Moyer, Heidi. Inter-reliability an Intra-reliability of standard manual muscle testing vs. hand-held dynamometry in testers of various experience levels, 2015-2016.
- Gale, Jeff, Moyer, Heidi, and Severe, Stephen. One-year change in functional mobility for nursing home residents, 2013-2016
- Davenport, Katie, Johnson, Katy, and McKinney, Shannon. Interprofessional education in faceto-face and online graduate curriculum, 2013-2016
- Lawson, Kayla and Martinez, Gabriela. The relationship of discharge gait speed to hospital readmission in the geriatric population, 2013-2015
- Michael, Russell and Petrie, Matthew. Effects of instructional media on learning in graduate health science classes, 2013-2015.
- Bohmfalk, Maddie. Gait speed in fallers versus non-fallers in older adults, 2011-2013; Angelo State University DPT Top Research Award 2013 earned for this project
- Portillo, Alberto. Effects of aging on motor planning, 2005-2007
- Costa, Sofia. Sequential motor learning, 2004
- Zilman, Lauren. Absolute and relative motor sequences, 2004

I. Case Studies and Critically Appraised Topics: abstracts, written reports, poster presentations, and final defense

- Mezzacappa, Dillon. Status-post right hemispheric hemorrhagic stroke rehabilitation: A case report to determine the efficacy of the Alter G anti-gravity treadmill as part of stroke rehabilitation of an 89-year-old female, 2014.
- Barnes, Jared. Applied functional science movement-based therapy in a 9-year-old male post immobilization following FOOSH distal radius/ulna fracture: A case study, 2014.
- Evans, Catherine. Proprioceptive neuromuscular facilitation as an early intervention for spasticity in an acute spinal cord injury: A case report, 2014.
- Tran, Andy. Treatment of whiplash-associated disorder with multimodal interventions: A case report, 2014.
- Kirchner, Angela. Advancement toward running in a chronic TBI patient: A case study, 2014.
- Dean, Caitlin. Rehabilitation of subacromial impingement syndrome following an exercise and manual therapy intervention protocol: A case report, 2013.
- Boynton, Josh. Early rehabilitation of a hip microfracture procedure: A case report, 2013.
- Khalfe, Adeeb. Application of evidence-based strategies and functional training following a rotator cuff repair in the outpatient orthopedic physical therapy setting: A case study, 2013.
- Gaillard, Brittany. Description of a functional approach to physical therapy in a child with cerebral palsy GMFCS Level IV: A case report; *Angelo State University DPT Top Research Award 2012 earned for this project.*
- Hortick, Katie. Evaluation of neuromuscular electrical stimulation on a patient status post acute stroke in the inpatient setting: A case study, 2012
- Buhle, Charlotte. A short-term NDT intervention in a pediatric patient with cerebral palsy: A case report, 2012
- Hohlt, Lindsey. The effects of a neuromuscular re-education and activity-based therapy treatment approach in a pediatric patient with developmental coordination disorder and abnormal gait: A case report, 2012
- Iorio, Michelle. Effect of an inpatient rehabilitation program on Parkinson's disease, 2012

 Campbell, Jennifer, Effects on gait pattern with an intervention protocol including Therasuit
- Campbell, Jennifer. Effects on gait pattern with an intervention protocol including Therasuit for children with spastic cerebral palsy, 2006
- Hernandez, Damaris. Effectiveness of hippotherapy versus unweighted treadmill on gait function in children with cerebral palsy, 2006
- Leija, Olivia. Functional outcomes for patients with Parkinson's disease that participate in therapeutic aquatics versus conventional physical therapy, 2006
- Menchaca, Elizabeth. Effectiveness of therapy program including balance, proprioception, and fall prevention versus therapy without fall prevention in patients with cerebrovascular accident, 2006
- Santos, Jessica. Effects of aquatic therapy versus traditional land therapy on functional mobility in patients with Duchenne's muscular dystrophy, 2006
- Smith, Kelli. Does the performance of task-specific training increase axonal collaterals in the central nervous system when compared to standard compensatory training for central vestibular lesions?, 2006
- Weisinger, Olivia. Effects of quality of life on asthmatic children with exercise intervention versus a control group, 2006

Billescas, Ramon. Effects of home health therapy on functional longevity in a group of patients with Parkinson's disease versus control group, 2005

King, Mary Sue. A comparison of two treatment regimens in otherwise healthy women with incontinence, 2005

Sink, Jennifer. Effects of anodyne to restore balance and incidence of falls among the elderly, 2005

Sullivan, Michael. Functional outcomes for a group of elderly patients receiving pilates training versus a control group, 2005

Villagran, Gerald. Effect of therapeutic aquatics on functional outcomes for patients with fibromyalgia, 2005

Niles, Abbie. Complexity effects of motor learning in young adults, 2004

Newton, Spencer. Effects of extended practice on motor control and motor learning tasks in adults, 2004

Blanton, Laurin. Part-whole practice of motor learning, 2004

Wiggins, Lauren. Aging effects on movement execution, 2003

Jack, Gwendolyn. Random versus blocked practice effects in young adults, 2003

Community Service:

Wall ISD School Board Trustee, 2020-present

St. Ambrose Fall Festival Committee Chairperson, 2022-present

Totus Tuus Catholic Ministry Team, 2022-present

St. Ambrose Youth Group Adult Volunteer, 2021-present

Lowake Community Center Fundraiser and Raffle Manager, 2023-present

St. Margaret's Fall Festival Food Preparation and Service Team, 2022

Wall Athletics Booster Club Member, 2019-present

Wall Athletics Booster Club Board Member, 2019-2021

Coordinator of Jobsite Trade Day for high school seniors, 2023

Coordinator of Student Community Engagement in Geriatrics, 2015-present

Prevention/Wellness Coach to 5+ older adult cultural and community groups, 2022-present

Career Day Educator and Guest Speaker, Wall Elementary School, 2014, 2015

Chair- TPTA Midwest District Graduate Scholarship Committee, 2014

BCBS Blue Distinction for Care of Total Joint Replacement Committee Consultant, 2014

Head Coach Youth Basketball Teams- Team and Parent Coordinator PeeWee, U6, U7, City of San Angelo Youth Basketball League, 2010-present

Head Coach Youth Soccer Teams- Team and Parent Coordinator U5, U6, U7, U8, U9 San Angelo Soccer Association, 2010-2015

Community Coordinator-Clinician engagement in DPT research and case report defenses, 2014

Coach and Team Coordinator, Wall Little League and Tee Ball, 2011-present

Cancer Fundraising and Event Coordinator, Galindo Benefit 2014, Klinesmith Benefit 2015

Senior Living Options Consultant, Area Agency on Aging and Dept of Aged and Disabled, 2013

Educational Fundraising and Events Volunteer- Wall Parent Teacher Organization, 2012-present

Home Safety Assessments for seniors and physically challenged citizens in Concho Valley, 2011-present

Director for community engagements providing health care screens and support for seniors- Christian Village Senior Living Facility and other local facilities, 2011-present

Member-San Angelo Aging Advocates, 2010-present

Pro-bono physical therapy services for underserved geriatrics, 2008-present

Service to youth- Career Days presenter, fundraising participant for Wall FFA, Wall AG Boosters, Wall

High School, Wall Jr. High School and Wall Elementary School, 2008-present Parishioner, Bible School teacher, Fall Festival worker- St. Ambrose Catholic Church, 2007-present

Services to the University/College/School on Committees/Councils/Commissions:

University Service:

Tenure Advisory Committee, 2023-2025

AP Anatomy & Physiology Students Visit, Tour, and Recruitment Day for Angelo State, 2023 CampusWorks initiative, organizing current DPT students in the Strategic Enrollment Management

(SEM) Plan for Angelo State University, 2023

Recruiter for ASU, presentation with demonstration of physical therapy, provided admissions materials, answered questions of students and parents for Tom Green County high school 4-H students, 2023

Careers in Health Care Mentor, trained pre-health care students in research and writing requirements of graduate school in health science professions, ASU, 2023

Recruiter for ASU, hosted undergraduates from regional universities for graduate programs, 2022 Recruitment activities at ASU, provided Q&A to anatomy & physiology honors high school students about ASU Physical Therapy Department and ASU campus, 2022

Research Consultant, Grant Writer, and Committee Member, Promoting Postbaccalaureate Opportunities for Hispanic Americans Grant, Office of Postsecondary Education, Department of Education, 2022

Honors Program Undergraduate Research Advisor, 2022-present

Elected Member, Faculty Select Committee, Tenure and Promotion OP 06.23 revisions, 2020-2022

Consultant, Student Disability Services and ADA Committee on Access to Facilities and Services for wheelchair mobility accessibility, Angelo State University, 2022

Faculty Learning Commons Panel Presenter, Angelo State University, 2020

Promoting Postbaccalaureate Opportunities for Hispanic Americans (PPOHA) Proposal Development Committee, Grant Writing Team – US Department of Education, 2019-2020

Connect! Student and Faculty Showcase, Community Engagement Presentation, CJ Davidson Conference Center, 2016

Tenure and Promotion Policy Revision Final Committee, 2015

President ASU Faculty Senate, 2014-2015

-address needs of faculty: Fall Break, Employee Dependent Scholarship, workload calculation, TCCNS, tenure & promotion process, salary incentive initiative for full professors, pay raises during a promotion year, efforts for increased summer school offerings and dual credit teacher preparation

-participate in ASU events: University Assembly, President's Awards Ceremony, Faculty & Staff Social

-attend weekly administrative meetings: President's meetings, Dean's Council meetings, Deans/Department Chair meetings, Executive Committee meetings,

Faculty Senate meetings

Co-Chair Provost and Vice President of Academic Affairs Search Committee, 2014-2015, 8 month service

Optional Retirement Program (ORP) Committee, 2014-2015

Vice President ASU Faculty Senate, 2013-2014

- -Ad hoc Workload Committee
- -Ad hoc Paired Courses Committee
- -Faculty Senate representative at fall and spring graduations

Chair of Committee on Committees, Faculty Senate, 2013-2014

Chair of Employee Dependent Scholarship Committee -Successful implementation in 2014

2012-2014, 24-month extensive development time

Fall Convocation Marshal- Health & Human Services Representative, 2013

Member- General Scholarship Committee, 2013

Elected College Member (1 of 2 faculty per college) of Faculty Select Committee, substantial revision of OP 06.23, 2012-2014, 24-month continuous meeting and service time

Member- Provost and Vice President of Academic Affairs Search Committee, 2012-2013, 7 month extensive service time

Appointed Member-Review/revision of OP 06.16 and OP 06.26, 2012-2013

Member - Review/revision of timeline for chair and dean evaluations, 2012-2013

Member- President's Award Selection Committee, Faculty Senate, 2012-2015

Member- E-Learning Committee, Faculty Senate, 2012-2013

Chair-Fall Break Committee, Faculty Senate, 2012-2014 and implemented for the first time fall 2015

Member- Faculty Evaluations Committee, ASU Faculty Senate, 2012-2013

Member-OP 06.25 Non-Tenure Eligible Faculty Titles Committee, ASU Faculty Senate, 2012-2013

Undergraduate Advocate for Pre-Occupational/Physical Therapy-Provide instruction and guidance for OT and PT applicants, 2013

Discover ASU- Educator and DPT Program Marketer, 2012

Faculty Senator- ASU Faculty Senate, 2010-2015

Chair- ASU Academic Affairs Standing Committee, 2012-2013

Member-ASU Faculty Senate Executive Committee, 2011-2015

Member- President's Awards for Faculty Excellence Committee, ASU Faculty Senate, 2011-2015

Member- Committee on Committees, ASU Faculty Senate, 2011-2015

Member- Bylaws Committee, ASU Faculty Senate, 2011-2013

Member-Instructor and Clinical Track Promotion Committee, ASU Faculty Senate, 2011-2015

Member- Operating Procedure Review Committee, ASU Faculty Senate, 2011-2015

Member, ASU Health Services Committee, 2012-2013

Undergraduate Mentor, Advisor, Tutor, ASU, 2011-present

Member- ASU Faculty Research Enhancement Grant Program Committee, 2011-2012

Coordinator and Administrator- ASU Porter Henderson Library resources survey to DPT Students, 2011

Ergonomics Committee Member- ASU P. Henderson Library Work Station Evaluations, 2010-present

College Service:

Elected Member- Archer College of HHS Tenure and Promotion Committee, 2023-2024

Member- 3rd Year Reviewer Department of Health Science Professions, 2023-2024

Member- Assistant Clinical Professor of Social Work Search Committee, 2023

Recruiter for HHS degrees, provide campus tour, physical therapy activities, and Q&A for non-traditional adult groups interested in nursing and physical therapy, 2022-2023

Founding Member- Doctoral Programs Subcommittee Member of the Graduate Council, College of Graduate Studies and Research, 2022-present

Grade Grievance Archer College HHS Committee, 2023-present

Representative- Graduate Council for the College of Graduate Studies and Research, 2022-present Chair- Peer Review Committee for faculty in the Department of Social Work and Sociology, 2021-present Member- Archer College Tenure and Promotion Committee, 2021-2023

Graduate Representative- College of Graduate Studies and Research, Graduate Advisory Committee-Marley Braswell, Department of Security Studies, Intelligence and Analysis, 2020-2022

Team Leader and Organizer- Interprofessional Collaboration Task Force via Clinical Psychology, Social Work, and Nursing for various academic courses and community engagements, 2018-present

Peer Review Committee Member for numerous faculty in the department- Department of Health Science Professions, 2018-present

Member- College of Graduate Studies, Graduate Thesis Committee- Lacy Voth, Department of Psychology and Sociology, "Influence of Exercise on Opioid Withdrawal," 2019-2020

Invited Instructor- ASU, College of Health and Human Services, Dept of Nursing, BSN NUR 3214, 2016-present

Member- College of Graduate Studies, Graduate Thesis Committee-Christopher Merryman, Security Studies and Intelligence, 2018-2019

Member- College of Graduate Studies, Graduate Thesis Committee- Heather Donovan, Security Studies and Intelligence, "Electronic Threat to National Security," 2017-2018

Member- College of Graduate Studies, Graduate Thesis Committee- Tate Lieber, Intelligence, Security Studies, Analysis, "A Comparative Analysis of the Gulf of Tonkin Resolution and the 2001 Authorization for the Use of Military Force Act", 2016-2017

Member- Archer College of Health and Human Services Tenure and Promotion Committee, 2016-2018 Chair- Archer College of Health and Human Services Tenure and Promotion Committee, 2015-2016 Member- College Tenure and Promotion Committee, 2014-2015

Invited Instructor- ASU, College of Health and Human Services, Dept of Nursing, BSN NUR 3305, 2012-2015

Member- Athletic Training Tenure and Promotion Committee, 2014-2016

Member- ASU College of Graduate Studies, Graduate Thesis Committee- Desirae Maldonado,

Intelligence, Security Studies, Analysis, "Leading and learning: Understanding and reducing intelligence leadership failures", 2014-2015

Invited Instructor- ASU, College of Health and Human Services, Dept of Nursing, BSN NUR 3312, Fundamentals of Nursing Practicum, 2015-2019

Invited Instructor- ASU, College of Health and Human Services, Dept of Nursing, BSN NUR 3314, Fundamentals of Nursing, 2014-2018

Invited Instructor- ASU, College of Health and Human Services, Dept of Nursing, NUR 3306 Geriatric Nursing Practicum, 2012-2013

Invited Instructor- ASU, College of Health and Human Services, Dept of Nursing, NUR 1363 Common Concepts, 2011-2013

Invited Instructor- ASU, College of Health and Human Services, Dept of Nursing, RNSG 1361, Clinical Nursing, 2011-2013

Interprofessional Education Collaborative- Health professions interdisciplinary academic and research focus, 2013-2018

Faculty Mentor- Tenure and Promotion Guidance for Colleagues, 2013-present

Nominator- ASU Outstanding Graduate Student Award, DPT Student Maddie Bohmfalk recipient, 2013

Member- ASU, Graduate Thesis Advisory Committee for Pablo R. Rodriguez Pacheco, 2011-2013

Educator- Graduate Professional School Fair, Discover ASU, and DPT Information Meetings for ASU, 2012-present

Department Service:

Member- Education Committee for Pre-PT Advisors, provide information to undergraduate faculty, 2023 Member- Workload Calculation Committee, 2023-present

Chair- Faculty Search Committee for full-time Director of Clinical Education faculty position, 2022

Member- Dept of Physical Therapy Graduate Assistant Selection Committee, 2023-present

Chair- Dept of Physical Therapy Graduate Assistant Selection Committee, 2018-2022

Chair- Dept of Physical Therapy Scholarship Committee, 2015-present

Member- Dept SACS Educational Quality & Effectiveness Data Team, 2022-present

Member- EXXAT Curriculum Software development and implementation, 2021-present

Member- Outstanding Graduate Award Committee, 2022

Member- Dept of Physical Therapy Tenure and Promotion Committee, 2014-present

Team Member- NCCE resource-sharing: Reflective activities in student learners, 2021

Marketer and Recruiter- ASU PT Outreach to undergraduate organizations, 2020

Member- Active Shooter Safety Planning Committee, 2019-2021

Member- Curriculum Revision Committee, 2018-2019

Member- President's Awards Nomination Committee, 2017

Co-Chair- Dept of Physical Therapy Faculty Search Committee, 2016

Co-Coordinator- CAPTE Self-Study Committee, 2016-2017

Member- Dept of Physical Therapy Annual Review and Peer Review Committee, 2014-2015

Member- Dept of Physical Therapy CAPTE Goals Task Force, 2004-2015

Member- Dept of Physical Therapy Scholarship Committee, 2014-2015

Member- Dept of Physical Therapy Graduate Assistant Selection Committee, 2014-2018

Member- Dept of Nursing and Rehab Sciences Tenure and Promotion Committee, 2013-2014

Committee Chair- Policy revisions for Department scholarly activity re: OP 56.01, 56.02, 56.03, grant approval form, and appendices, 2013

Team Member- Professional Development Activities Workshop for students, 2013

Faculty Group Leader- Clinical Instructor Focus Group and Awards Recognition Event, 2013

Faculty Mentor- Physical Therapy Residency application materials provided for students, 2013

Partner- Graduate Nursing and Physical Therapy Admissions Collaboration, 2013

Member- ASU Nursing & Rehab Sciences Department- Athletic Training Program Search Committee 2011-2012 and 2012-2013

Educator- Pre-physical Therapy Information Sessions, 2012-present

Member- ASU DPT Early Admissions Sub-Committee, 2012

Liaison-ASU, SACS Program Assessment Student Outcomes, 2011-present

Member- ASU Nursing & Rehab Sciences Department, Academic Coordinator of Clinical

Education/Assistant Clinical Professor (ACCE) Search Committee, 2012

Member- ASU Nursing & Rehab Sciences Department, DPT Student Awards Committee, 2011-2014

Member- ASU Nursing & Rehab Sciences Department DPT Scholarship Committee, 2011-2014

Member- ASU Nursing & Rehab Sciences Department, DPT Graduate Assistant and Teaching Assistant Selection Committee, 2011-2014

DPT Academic Advisor- ASU Nursing & Rehab Sciences Department, 2011-present

Faculty Representative- ASU Nursing & Rehab Sciences Department, Ad hoc DPT Medical Terminology Implementation, 2011-2013

Member- ASU, DPT Ad hoc Graduate Curriculum Committee, 2010-present

Honors and Awards (International, National, and Regional):

Faculty Learning Commons Mini-Grant Instructor of Innovation, Angelo State University, San Angelo, TX, 2018, 2020, 2022-2023

President's Award for Faculty Excellence in Research/Creative Endeavor Semi-finalist, Angelo State University, 2016, 2022

John S. Cargile University Endowed Professorship, Angelo State University, San Angelo, TX, 2019, 2020, 2021, 2022, 2023

APTA Advanced PTA Proficiency Pathway Program Mentor, 2022-present

Office for Human Research Protections Certification, Shannon Medical Center, San Angelo, TX, 2023 **Digital Accessibility Certification**, Angelo State University, San Angelo, TX 2021

Certified TeamSTEPPS Texas Interprofessional Education Consortium Master Trainer, Team Strategies and Tools to Enhance Performance and Patient Safety Communication, Leadership, Situation Monitoring, and Mutual Support, Texas Interprofessional Education Consortium, TTUHSC, Lubbock, TX, 2020-2021

Collaborative Institution Training Initiative Ethics Training Certification, Angelo State University, San Angelo, TX, 2019, 2023

Nominee for Gary and Pat Rodgers Distinguished Faculty Award, Angelo State University, San Angelo, TX, 2016

TPTA Outstanding Physical Therapy Researcher Award, Texas Physical Therapy Association, Arlington, TX, 2015

Best Manuscript of the Year Award, Journal of Acute Care Physical Therapy, Acute Care Section APTA, ceremony and award presentation Indianapolis, IN, 2015

Community-Engaged Faculty Fellow, Angelo State University CONNECT! Quality Enhancement Program Fellow, 2014-2018

Tippett Professorship Nominee for the College of Health and Human Services, ASU, 2015 President's Award for Research Excellence Nominee Office of the President, ASU, 2014

Who's Who in North American Education Covington Network, 2012 and 2013

National Combined Sections Meeting Award, Geriatric Clinical Specialization

American Physical Therapy Association, 2011

Zero Deficiency State Survey in local skilled nursing facility Center for Medicare and Medicaid Services, Texas Affiliate, 2009

Promotion from Director of Rehab to Sr. Director of Rehab, Harden Healthcare, 2009

Who's Who Among American Teachers and Educators Educational Communications, Inc., 2007

President's Council Award for Excellence in Allied Health Research, UTHSCSA, Office of the President and College of Health Professions, 2007

Continuing Education Attended within last 5 years:

- 2023- Research Collaborations and Partnerships, Midwestern University
- 2023- Research Collaborations and Partnerships, Global Proposal Solutions, LLC
- 2023-Artificial Intelligence Tool to Increase Workflow and Student Learning, ASU College of Education
- 2023- Texas Cybersecurity Awareness Certification, San Angelo, TX
- 2023- Randomized Clinical Trials and Systematic reviews, JGPT Peer Review Academy
- 2023- Pilot/feasibility trials and mixed methods, JGPT Peer Review Academy
- 2023- Psyched Up: Psychosocial Factors Benefit Physical Therapy Examination, 1 CCU, San Angelo, TX
- 2023- Wound Vacs Don't Suck, 1 CCU, San Angelo, TX
- 2023- Treating Beyond the Curve: Scoliosis Medical and PT Management, 1 CCU, ASU
- 2023- The Pain Equation: Treating Patients in Pain, San Angelo, TX
- 2023- Let's Talk About Sex, Baby, 1 CCU, San Angelo, TX
- 2023- Resident Abuse, Caraday CEU 360, San Angelo, TX
- 2023- Restraint Reduction, Caraday CEU 360, San Angelo, TX
- 2023- Fall Prevention, Caraday CEU 360, San Angelo, TX
- 2023- Managing Behaviors in Dementia Residents, Caraday CEU 360, San Angelo, TX
- 2023- HIPAA and You, Caraday CEU 360, San Angelo, TX
- 2023- Disaster Preparedness, Caraday CEU 360, San Angelo, TX
- 2023- Ethics QAPI Training, Caraday CEU 360, San Angelo, TX

- 2023- Bloodborne Pathogens, Caraday CEU 360, San Angelo, TX
- 2023- Advance Directives, Caraday CEU 360, San Angelo, TX
- 2023- Understanding Alzheimers Disease, Caraday CEU 360, San Angelo, TX
- 2023- Position and Transfer Techniques, Caraday CEU 360, San Angelo, TX
- 2023- Patient Rights, Caraday CEU 360, San Angelo, TX
- 2022- Ethics Training, Texas Tech University System, San Angelo, TX
- 2022- Blood Flow Restriction Exercise: Why and When, CCU, Midwest District, TX
- 2022- Security Awareness Training, CCU, San Angelo, TX
- 2022- Fall Prevention: A Matter of Mortality, CCU, Midwest District, TX
- 2022- Safe Environment Training, full certification, San Angelo, TX
- 2022-Examination and Rehab of UE Injury in Athletes, Part 1, CSM, San Antonio, TX
- 2022- Examination and Rehab of UE Injury in Athletes, Part 2, CSM, San Antonio, TX
- 2022-Acute Care PT Core Outcome Measures Set: Systematic Review & clinical Practice Initiative, CSM
- 2022- X-ray Dissection for Improved Clinical Care, CSM, San Antonio, TX
- 2022- Conquering Covid-19: Virtual Fall Risk Screening and Fall Prevention for Older Adults, CSM
- 2021- Thoughts, Ideas, and Opinions that Make You a Competent Clinician, Bryan Barker, San Angelo, TX
- 2021- Texas Association of School Boards Convention, San Antonio, TX
- 2021- A Short Road Trip! Sightseeing through Quality Matters, Angelo State University, San Angelo, TX
- 2021- Texas DIR Security Awareness training, San Angelo Region XV Center
- 2021- Blackboard Excellence in Teaching and Learning Conference, 4 Contact Hours
- 2021- Pain Management: Evidence-Based Interventions and Best Practices, Mental Health and Mental Disorders in Older Adults, Understanding Alzheimer's Disease, Polypharmacy in the Elderly, HIV/AIDS for Healthcare Professionals, and Mental Health and Mental Disorders, HomeCEUConnection.com, Caraday Healthcare, 2 Contact Hours each x 6 courses
- 2021-CMS Targeted COVID-19 Training for Frontline Nursing Home Staff, Department of Health & Human Services, Centers for Medicare & Medicaid Services, 3 Contact Hours
- 2021- Fall Prevention, Handling Difficult Behavior, Pressure Ulcers, Resident Rights, Disaster Preparedness, Coronavirus 2021, Abuse Prevention and Reporting, HomeCEUConnection.com, Caraday Healthcare, 2 Contact Hours each x 7 courses
- 2020- FERPA, Title IX, and Campus Carry Training completed, Angelo State University, San Angelo, TX
- 2020- Workplace Harassment, HIPAA & You, Patient Rights, Documenting ADL Tasks, Sensory Changes with Older Adults, and Infection Control, Home CEU Connection, Caraday Healthcare
- 2020- Advance Directives, Ethics & Management, Communication with Clients, Disaster Preparedness, Restraint Reduction, Sleep Disorders, Fall Prevention, and Care of the Resident with Dementia, Home CEU Connection, Caraday Healthcare
- 2020- About, With, and From: Facilitating Interprofessional Learning Groups. Texas A&M Health Science Center, College Station, TX, 1 Contact Hour
- 2020- Enhancing the student learning experience: Interprofessional Communication for Optimal Education and Practice, College Station, TX, 1 Contact Hour
- 2020- Collaborative Leadership on Interprofessional Teams, Texas A&M Health Science Center, College Station, TX, 1 Contact Hour
- 2020- Enhancing the student learning experience: What is IPE and what are the IPEC Core Competencies?, Texas A&M Health Science Center, College Station, TX, 1 Contact Hour
- 2020- Differential Diagnosis in Physical Therapy: Upper Extremity and Lower Quadrant, *Physical Therapy University*, 3 Contact Hours
- 2019- Differential Diagnosis Module 4: Hematologic, Cardiovascular, Pulmonary, Endocrine and Metabolic Disease, *Physical Therapy University*, 10 Contact Hours

- 2019- Differential Diagnosis Module 3: Buttock, Hip, Groin, Chest, Breast, Ribcage, Shoulder and UE, *Physical Therapy University,* 10 Contact Hours
- 2019- Differential Diagnosis Module 2: Head, Neck, Back, Sacrum, Sacroiliac and Pelvis, *Physical Therapy University,* 10 Contact Hours
- 2019- Differential Diagnosis Module 1: Introduction to Screening, *Physical Therapy University*, 10 Contact Hours
- 2019- Differential Diagnosis for Physical Therapy Hematological, Cardiovascular, Immune and Digestive System Disorders, *Physical Therapy University*, 3 Contact Hours
- 2019- Differential Diagnosis in Physical Therapy: Upper Extremity and Lower Quadrant, *Physical Therapy University*, 3 Contact Hours
- 2019- Orthopedic Physical Assessment, 6th Edition, Module 12: Assessment of Gait and Posture, *Physical Therapy University*, 5 Contact Hours

Current Teaching/Service Learning Responsibilities for Doctor of Physical Therapy (by term):

- PT 7550 Fundamentals of Physical Therapist Examination, Fall, Year 1 of DPT program (4.8/5.0 average IDEA teacher evaluation score)
- PT 7651 Acute Care Management, Spring, Year 1 of DPT program (4.7/5.0 average IDEA score)
- PT 7232 Foundation for Systems Review, Spring, Year 1 of DPT program (4.4/5.0 average IDEA score)
- PT 7234 Education & Communication for Physical Therapist, Summer, Year 2 of DPT program (4.8/5.0 average IDEA score)
- PT 7344- Evidence Based Research, Spring, Year 3 of DPT program (Students' Research Project Content Advisor and Director)
- PT 7235- Disability Studies, Spring, Year 2 of DPT program (4.7/5.0 average IDEA score, newly developed content and assessment)