

Curriculum Vitae

Heidi Moyer, PT, DPT, GCS, CEEAA
ASU Station #10923
San Angelo, Texas 76909
(325) 486-6865
Doctor of Physical Therapy Program, Angelo State University

Education: Angelo State University
San Angelo, Texas
From 2013-2016
Physical Therapy
Doctor of Physical Therapy/2016

Northern Arizona University
Flagstaff, Arizona
From 2009-2013
Exercise Science
Bachelors of Science/2013

Licensure Information/Registration Number: Texas Physical Therapy License, #1275763

Certifications: PWR!Moves Certified Therapist
PWR4Life Organization
2023-2026

Certified Exercise Expert for Aging Adults
APTA Geriatrics
2018

ABPTS Board-Certified Clinical Specialist in Geriatric Physical Therapy
American Board of Physical Therapy Specialists
2019-2029

Employment and Positions Held: Assistant Clinical Professor
Graduate Faculty
Non-Tenure
Angelo State University
San Angelo, Texas
From 2022 to Present

Program Director
Geriatric Certification Program
Evidence in Motion
San Antonio, Texas
From 2021 to Present

Lead Faculty
Geriatric Certification Program
Evidence in Motion
San Antonio, Texas
From 2019 to Present

Subject Matter Expert
Geriatric Certification Program
Evidence in Motion
San Antonio, Texas
From 2019 to Present

PRN Physical Therapist
Shannon Health System
San Angelo, Texas
From 2023 to Present

Adjunct Professor
Graduate Faculty
Non-Tenure
Governors State University
University Park, Illinois
From 2020-2022

Staff Physical Therapist
Symbria
Oak Brook, Illinois
From 2022 to 2022

PRN Physical Therapist
RML Specialty Hospital
Hinsdale, Illinois
From 2021 to 2022

PRN Physical Therapist
Lexington Home Health
Lombard, Illinois
From 2018 to 2021

Staff Physical Therapist
Alexian Brother Rehabilitation Hospital
Elk Grove Village, Illinois
From 2016-2018

Peer-Reviewed Publications:

Larsen S, Luedeker R, Morgan C, Taylor C, Braden H, Ko M, **Moyer H**. Impairment and activity limitation changes in assisted living facility residents over the course of one year- A pilot study. *Geriatric Medicine and care*. 2017; 1(2): 1-6.

Moyer H, Gale J, Severe SK, Braden H, Hasson S. Outcome measures correlated to falls in nursing home residents- a pilot study. *Physiotherapy theory and practice*. 2017; 33(9):725-32.

Peer-Reviewed and Published Abstracts from Professional Presentations:

Viveros E, Davis K, Boblak J, Wypych A, Stopka B, Garcia A, Jones MK, **Moyer H**. CSM 2024 Poster Abstracts. *Journal of Geriatric Physical Therapy* 47(1):p E48-E107, January/March 2024. | DOI: 10.1519/JPT.0000000000000409

Viveros E, Davis K, Boblak J, Wypych A, Stopka B, Garcia A, Jones MK, **Moyer H**. *DPT Student Attitudes and Confidence Towards Working with Older Adults: Impact of Exposures*. Poster Presentation at Texas Physical Therapy Association Annual Conference, Round Rock, Texas. October 2023.

Viveros E, Davis K, Boblak J, Wypych A, Stopka B, Garcia A, Jones MK, **Moyer H**. *DPT Student Attitudes and Confidence Towards Working with Older Adults: Impact of Exposures*. Virtual Poster Presentation Illinois Physical Therapy Association Revitalize Conference. March 2023.

Rew A, **Moyer H**, Braden H. *Inter-rater, Intra-rater, and Intersession Reliability of Manual Muscle Testing versus Hand-Held Dynamometry across 3 Different Levels of Physical Therapy Experience*. Poster Presentation at Texas Physical Therapy Association Conference, Arlington, Texas. October 2015.

Moyer H, Gale J, Severe SK, Braden H *Functional Mobility Trends in Highly Active Nursing Home Residents in 1 Year*. Poster Presentation at Texas Physical Therapy Association Conference, Arlington, Texas. October 2015.

Moyer H, Gale J, Severe SK, Braden H. *Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents*. Poster Presentation at APTA NEXT Conference, National Harbor, Maryland. June 2015.

Moyer H, Gale J, Severe SK, Braden H. *Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents*. Poster Presentation at Texas Physical Therapy Association Conference, Galveston, Texas. October 2014.

Moyer H, Gale J, Severe SK, Braden H. *Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents*. Poster Presentation at Gerontological Society of America National Conference, Washington DC, November 2014.

Peer Reviewed Scientific and Professional Presentations:

Moyer H. *Jumping at the Chance: Plyometric Training In Older Adults Populations*. Texas Physical Therapy Association Annual Conference In Round Rock, Texas. October, 28th, 2024.

Nesser HD, Timothy HS, **Moyer H**. *Joining the Fight for Parkinson's: Combating Disease Progression through Evidence-Informed Interventions Across the Continuum*. CEU course at American Physical Therapy Association Combined Sections Meeting in Boston, Massachusetts February 25th, 2023.

Nesser HD, Timothy HS, **Moyer H**. *Joining the Fight for Parkinson's: Combating Disease Progression through Evidence-Informed Interventions Across the Continuum*. CEU course at American Physical Therapy Association Combined Sections Meeting in San Diego, CA February 25th, 2023.

Moyer H, Lee RC, and Espy DD. *Solving the Balance Problem in Medically Complex Patients Across the Lifespan*. CEU course at American Physical Therapy Association Combined Sections Meeting in San Diego, CA February 24th, 2023.

Moyer H. *"But I Don't Do Geriatrics!": A Survival Guide for the Outpatient Orthopedic Physical Therapist*. CEU course at APTA Iowa Spring Conference; in person instruction; Des Moines, Iowa; April 9th, 2022.

Moyer H, Fisher S, and Calderon M. *The Annual PT Exam: An Essential Part of Healthcare for Older Adults*. CEU course at Illinois Physical Therapy Association Revitalize Conference, online instruction. March 19th, 2022.

Thomas AC, **Moyer H**, Fisher S, and Calderon M. *Going for Gold: Meeting the Needs of Our Older Adult Athletes*. CEU course at Illinois Physical Therapy Association Revitalize Conference, online instruction. March 19th, 2022.

Moyer H, Fisher S, and Calderon M. *Applying a Geriatric Care Model to Treat COVID-19 Long-Haulers*. CEU course at Illinois Physical Therapy Association Revitalize Conference, online instruction. March 16th, 2022.

Moyer H, Fisher S, and Calderon M.. *Clinical Management of Dementia: Are We Forgetting Anything?* CEU course at Illinois Physical Therapy Association Revitalize Conference, online instruction. March 10th, 2022.

Moyer H, Nesser H, Thomas AC, Wingood M. *The Forgotten -Ism: How Ageism Impacts Delivery of Physical Therapy Care of the Older Adult*. CEU course at American Physical Therapy Association Combined Sections Meeting in San Antonio February 2022.

Moyer H, Vincenzo, JL, Miller K, Coarkin E. *Leaders Building Leaders: Facilitating Member Engagement Within the Physical Therapy Field*. CEU course at American Physical Therapy Association Combined Sections Meeting in San Antonio February 2022.

Moyer H, Fisher S, and Calderon M. *Geriatric Syndromes 2.0*. “Extra Credit” IPTA Continuing Education Offering, Online Instruction. August 12th, 2021.

Thomas AT, **Moyer H**. *Geriatric Orthopedics 2: Spine*. Online Course for APTA Geriatrics. October 13th, 2020.

Moyer H, Thomas AT. *Osteoporosis Management: Beyond the Plumb Line*. “Extra Credit” IPTA Continuing Education Offering, Online Instruction. August 18th, 2020

Moyer H. *Geriatric Syndromes: Identification, Clinical Management, and the Role of the Physical Therapist*. “Extra Credit” IPTA Continuing Education Offering, Online Instruction. August 5th, 2020

Wang-Hsu E, Abbott C, **Moyer H**, Nesser H. *TUG and Beyond! the Geriatric Balance & Falls SIG Outcome Measures Toolkit*. CEU course at American Physical Therapy Association Combined Sections Meeting in Denver, February 2020.

Moyer H. *The Dark Side of Interprofessional Collaboration*. Course at National Student Conclave in Albuquerque, New Mexico. November 23rd, 2019.

Moyer H, Thomas AC. *Balance and Falls Management in Older Adults in a Direct Access World: Holding Ourselves to a Higher Standard*. Course at Illinois Physical Therapy Association Annual Conference in St. Charles, Illinois. April 6, 2019.

Moyer H. *Selecting Appropriate Screening and Assessment Tools in the Skilled Nursing and Long-Term Care Populations: Where the Research Supports and Fails Us*. Live Online Webinar. November 13th. 2018. Physicaltherapy.com. Lead instructor.

Wingood M, Wang-Hsu E, **Moyer H**. *Long Term Care Residents: The Neglected Population in Balance and Falls*. CEU course at American Physical Therapy Association Combined Sections Meeting in New Orleans February 2018.

Non-Peer-Reviewed Publications:

Eckert S, **Moyer H**. Pushing Our Patients: How Perturbation Training Proves Useful in Post-Stroke Rehabilitation. *Gerinotes*. 2023; 30(4): 31-34.

Moyer H. National Falls Prevention Awareness Week: Awareness, Preparedness, and Resources Oh My! *Gerinotes*. 2023; 30(3): 14-15.

Moyer H. Be the Example: Leading the Way in Rehab Practices for Older Adults. *Evidence in Motion Blog*. March 21, 2023. <https://evidenceinmotion.com/be-the-example-leading-the-way-in-rehab-practices-for-older-adults/>

Gindoff J, Timothy H, **Moyer H**, Constantine D. Safe Landing Strategies: Should We Teach Patients How to Fall? *Gerinotes*. 2023; 30(2): 20-24.

Moyer H. Depression and Falls Risk: A Double-Edged Sword in Individuals at Risk for Falls. *Gerinotes*. 2023;30(1):18-21.

Gindoff J, **Moyer H.** Taking the Fall? Enhancing the Quality of Life in Long Term Care. *Gerinotes*. 2022;29(5):15-18.

Castellini E, Gindoff J, **Moyer H.** Case Study: The Four-Square Step Test – An Applicable Tool for an Unlikely Patient. *Gerinotes*. 2022;29(4):39-43.

Moyer H. Health Promotion and Wellness: The Missing Link of Clinical Care in Geriatric Rehabilitation. *Evidence in Motion Blog*. June 13, 2022. <https://evidenceinmotion.com/health-promotion-and-wellness-the-missing-link-of-clinical-care-in-geriatric-rehabilitation-2/>

Moyer H. The Role of the Rehab Professional in Hospice and Palliative Care: When Enough is Enough. *Evidence in Motion Blog*. Feb 1, 2022. <https://evidenceinmotion.com/the-role-of-rehab-professional-in-hospice-and-palliative-care-when-enough-is-enough/>

Moyer H. Ageism as a Deterrent to Quality Clinical Management. *Evidence in Motion Blog*. September 13, 2021. <https://evidenceinmotion.com/ageism-as-a-deterrent-to-quality-clinical-management/>

Gindoff J, **Moyer H**, Skibbe K, Vincenzo JL. Fall Risk Assessment of Adults with Generalized Weakness in Acute Care. *Gerinotes*. 2021;28(3):7-9.

Nesser H, Vincenzo JV, **Moyer H**, et al. *National Fall Prevention Awareness Day Toolkit*, 2nd Ed. APTA Geriatrics Balance and Falls Special Interest Group. 2020.

Wang-Hsu E, **Moyer H**, Abbott C, Reilley A, Glenney S, Wingood M, Allison R, Dhingra H, Phillips E, Nesser H, Graul P, Subramani S, Bell A, Vincenzo J. *Outcome Measure Toolkit for Geriatric Fall/Balance Assessment*. APTA Geriatrics Balance and Falls Special Interest Group. 2020.

Vincenzo J, Wingood M, **Moyer H.** Academy of Geriatric Physical Therapy Balance and Falls Special Interest Group: 2018-2019 Update. *Gerinotes*. 2019;26(2):15-17.

Nesser H, Vincenzo JV, **Moyer H**, et al. *National Fall Prevention Awareness Day Toolkit, 1st Ed.* APTA Geriatrics Balance and Falls Special Interest Group. 2019.

Moyer H. Debility and Functional Decline in Long-term Care Facilities: Are We Part of the Problem? *Gerinotes*. 2019;26(1):11-12.

Moyer H, Black B. AGPT State Advocates: Local AGPT Leadership at Work. *Gerinotes*. 2018; 25(2): 20-21.

Moyer H. AGPT Balance and Falls SIG the Monthly Challenge: Changing Our Management of Falls Risk Intervention 30 Days at a Time. *Gerinotes*. 2017; 24(3): 24-25.

Moyer H. The Academy of Geriatric Physical Therapy State Advocate Program: Maximizing Your Connection to the Geriatric Physical Therapy World. *GeriNotes*. 2017; 24(1): 8-9.

Moyer H. Lost in Translation? NEXT 2015 Rothstein Roundtable: A Student Perspective. *The Student Assembly Pulse*. Published July 2015.

Moyer H. 2014 GSA Annual Scientific Meeting Abstracts. *The Gerontologist*. 2014; 54 (Supplemental 2): 746.

Non-Peer-Reviewed Presentations:

Moyer H. *Exercise Intensity in Older Adults Across Mobility Levels: How Much is Enough?* CEU course at APTA Arkansas OPTimize Annual Conference in Little Rock, Arkansas October 7th, 2023.

Moyer H. *Balance and Falls Management in Older Adults: Implementation of the ANPT Movement System Diagnosis.* CEU course at Geriatric Rehab Summit 2023 Hosted by Physiogen Wellness online July 29th, 2023.

Moyer H. *Best Practices for Pain Management, Exercise Prescription, and Complex Medical Needs in the Older Adult Population.* CEU course at Rita Kaplan Lecture for Alina Health in Minneapolis, Minnesota July 27th, 2023.

Moyer H. *My Aching Back: Managing Issues with the Aging Spine.* CEU course at Rita Kaplan Lecture for Alina Health in Minneapolis, Minnesota July 27th, 2023.

Moyer H, Fisher S, and Calderon M.. *Clinical Management of Dementia: Are We Forgetting Anything?* Illinois Physical Therapy Association Education Essentials, online instruction. June 20th, 2023.

Viveros E, Davis K, Boblak J, Wypych A, Stopka B, Garcia A, Jones MK, **Moyer H**. *DPT Student Attitudes and Confidence Towards Working with Older Adults: Impact of Exposures*. Virtual Presentation Illinois Physical Therapy Association Spotlight on Research. June, 8th 2023.

Moyer H. *Jumping at the Chance: Plyometric Training in Older Adult Populations*. Angelo State University Lunch and Learn. November 17th, 2022.

Moyer H. *Health Promotion and Wellness: The Missing Link in Clinical Care in Geriatric Rehabilitation*. Evidence in Motion Webinar, Online Instruction. August 9th, 2022.

Moyer H. *The Role of the Rehab Professional in Hospice and Palliative Care: When Enough is Enough*. Evidence in Motion Webinar, Online Instruction. February 17th, 2022.

Moyer H. *But I Don't Treat Older Adults: An Outpatient Physical Therapist's Survival Guide*. Evidence in Motion Webinar, Online Instruction. October 13th, 2021.

Moyer H. *Selecting Appropriate Screening and Assessment Tools in the Skilled Nursing and Long-Term Care Populations: Where the Research Supports and Fails Us*. Live Online Webinar. November 13th. 2018. Physicaltherapy.com. Lead instructor.

Moyer H, Gale J, Severe SK, Braden H *Functional Mobility Trends in Highly Active Nursing Home Residents in 1 Year*. Scientific Paper Defense. San Angelo, TX. May 2016.

Rew A, **Moyer H**, Braden H. *Inter-rater, Intra-rater, and Intersession Reliability of Manual Muscle Testing versus Hand-Held Dynamometry across 3 Different Levels of Physical Therapy Experience*. Poster Presentation at Angelo State University Graduate Research Symposium. San Angelo, Texas. April 2016.

Moyer H, Gale J, Severe SK, Braden H *Functional Mobility Trends in Highly Active Nursing Home Residents in 1 Year*. Poster Presentation at Angelo State University Graduate Research Symposium. San Angelo, Texas. April 2016.

Larsen S, Luedeker R, Morgan C, Tayler C, **Moyer H**, Braden H. *Correlation of Functional Mobility and Falls in Assisted Living Residents*. Poster Presentation at Angelo State University Graduate Research Symposium. San Angelo, Texas. April 2016.

Moyer H, Gale J, Severe SK, Braden H. *Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents*. Poster Presentation Angelo State University Graduate Research Symposium, San Angelo, Texas. April 2015.

Moyer H, Magnusson N, Schewiekert A, Traustadottir T. *The Effect of High versus Low Velocity Training on Muscular Power and Balance in College-Aged Females*. Poster Presentation at Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ. May 2013.

Funded Grant Activity:

Lead Investigator

\$14,423

The Effects of Community Balance Programs on Fall Risk and Student Engagement with Older Adults August 2023-July 2024, Angelo State University FREP Grant

Lead Investigator

\$2,500

The Effects of Improv Comedy on Stress, Communication, Adaptability, and Confidence Levels in Physical Therapy Students August 2023-May 2024, Angelo State University Faculty Learning Commons Grant

Research Assistant

\$15,000

Aging in Place in Assisted Living Facilities: Assessing Physical Changes and Predictors of Change Oct 2016 – Sept 2017, Angelo State Grant

Lead Research Assistant

\$14,350

Longitudinal Changes in Functional Mobility for Nursing Home Residents Over 1 Year Oct 2015 – Sept 2016, Angelo State Grant

Scholarly Projects:

Abstract Reviewer

World Confederation for Physical Therapy Congress 2017

IAGG 2017 World Congress of Gerontology and Geriatrics

GSA ESPO Paper and Poster Committee 2016

21st International Association of Gerontology and Geriatrics Conference 2016

2016 American Geriatrics Society Annual Meeting

2015 American Geriatrics Society Annual Meeting

Gerontological Society of America 2016 Annual Scientific Meeting

Gerontological Society of America 2015 Annual Scientific Meeting

Research Activity:

Haywood J, Angele T, Ustariz R, Budd, A **Moyer H**. Dual tasking with assistive devices. Project in Progress: 2023 to Current. (awaiting IRB approval)

Moyer H, Moore K, Burtch J, Curtis D, Goode A, Hoenshell B, Lopez. The Effects of Improv Comedy on Stress, Communication, Adaptability, and Confidence Levels in Physical Therapy Students, Project in Progress: 2023 – Current. ASU IRB Approval #MOY-121223

Burke C, Moyer H, Paul A, Junkin SA, Kriekels W, Trojanowski S. Clinician Use of ANPT Balance-Related Movement Systems Diagnoses. Project in Progress: 2023 to Current. ASU IRB Approval #MOY-110923

Araiza A, Lukacovic M, **Moyer H**. Perceived Rigor in Higher Education. Project in Progress: 2023 to Current. ASU IRB Approval #ARA-090123

Roberts S, Moyer H. DPT and PTA Student Perspectives on Professional Preparedness to Manage the Clinical Needs of Older Adults. Project in Progress: 2023 to Current. ASU IRB Approval #MOY-063023.

Moyer H, Eckert S. The Effects of Community Balance Programs on Fall Risk and Student-Engagement with Older Adults. Project in Progress: 2023 – Current. ASU IRB Approval #MOY-072023a.

Moyer H, Garcia A, Stopka B, Wypych A, Viveros A, Davis K, Boblak J. Attitudes of Doctor of Physical Therapy Students Regarding the Clinical Management of Older Adult Populations. Completed Project: 2022-2023.

Larsen S, Luedeker R, Morgan C, Tayler C, **Moyer H**, Braden H. Functional Mobility as Fall Risk Assessment in Assisted Living Residents Completed Project: 2014-2016.

Moyer H, Gale J, Severe SK, Braden H. Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents. Completed Project: 2013-2014.

Rew A, **Moyer H**, Braden H. Inter-rater, Intra-rater, and Intersession Reliability of Manual Muscle Testing versus Hand-Held Dynamometry across 3 Different Levels of Physical Therapy Experience. Completed Project: 2014-2015.

Moyer H, Magnusson N, Schewiekert A, Traustadottir T. The Effect of High versus Low Velocity Training on Muscular Power and Balance in College-Aged Females Completed Project: 2012-2013.

Continuing Education Workshops Conducted/Organized:

Let's Talk About Sex Baby!

Course Organizer

December 7th, 2023

1.0 CCU, TPTA Approval 78031TX

Treating Beyond the Curve: Scoliosis Medical and PT Management

Course Organizer

November 8th, 2023

1.0 CCU, TPTA Approval 77984TX

Empowering Patients Through Education: A Crucial Role of PT Professionals.

Course Organizer

October 11th, 2023

1.0 CCU, TPTA Approval 77921TX

Evidenced-Based Management of Parkinson's Across the Disease Continuum.

Course Organizer

September 23rd, 2023

8.0 CCUs, TPTA Approval 77594TX

Wound Vacs Don't Suck: Brief History and Basic Principles of NPWT.

Course Organizer

September 21st, 2023

1.0 CCU, TPTA Approval 77607TX

Psyched Up PTs: How Psychosocial Factors Benefit Physical Therapy Examination.

Course Organizer

August 10th, 2023

1.0 CCU, TPTA Approval 77603TX

A Lymph Therapist's Take on Swelling Management in the Non-Lymph Population.

Course Organizer

April 27th, 2023

1.0 CCU, TPTA Approval 77346TX

Moyer H. *Geri6510WI: Management of Falls and Balance Disorders.* Weekend Intensive Course. Evidence in Motion. Course Instructor

November 11-12, 2023. Green Bay, Wisconsin

April 29-30, 2023. San Angelo Texas

October 22-23, 2022. Gonzales, Louisiana

October 29-30, 2022. Green Bay, Wisconsin

November 20-21, 2021. Green Bay, Wisconsin

October 9-10, 2021. Baton Rouge, Louisiana

September 25-26, 2021. Appleton, Wisconsin

November 23-24, 2019. Green Bay, Wisconsin

Moyer H. *Geri6510: Management of Falls and Balance Disorders.* 8-week online course. Evidence in Motion. Course Instructor.

September-November 2023

September-November 2022

September-November 2021

September-November 2020

September-November 2019

Moyer H. *Geri6510VL: Management of Falls and Balance Disorder Virtual Lab*. 8-week online Weekend Intensive Course. Evidence in Motion. Course Instructor.

October-November 2021

October-November 2020

Wingood M, **Moyer H.** *Geri6510: Management of Falls and Balance Disorders*. Weekend Intensive Course. Evidence in Motion. Teaching Assistant.

October 27-28, 2018. San Antonio, Texas

November 17-18, 2018. Green Bay, Wisconsin.

Membership in Scientific/Professional Organizations:

Member, American Physical Therapy Association: 2013 to present

Member, *APTA Geriatrics*: 2013 to present

Member, *Academy of Neurologic Physical Therapy*: 2013 to 2021, 2022 to present

Member, *Acute Care*: 2022 to present

Member, *Research Section*: 2013 to 2021, 2022 to present

Member, *Home Health Section*: 2018 to 2021

Member, *Cardiopulmonary Section*: 2018 to 2022

Member, Texas Physical Therapy Association: 2013 to 2016, 2022 to present

Member, Illinois Physical Therapy Association: 2016 to 2023

Member, *IPTA Geriatric Special Interest Group*: 2019 to 2023

Member, Gerontology Society of America: 2014 to 2018

Member, *Emerging Scholars and Professional Organization (ESPO)*: 2014 to 2018

Member, *Health Sciences Section*: 2014 to 2018

Member, American Geriatrics Society: 2014 to 2017

Member, Angelo State Physical Therapy Association: 2013 to 2016

Member, Texas Geriatrics Society: 2013 to 2015

Community Service/Volunteer:

Co-chair – APTA Geriatrics Balance and Falls Special Interest Group
Multispecialty NFPAAW Toolkit
2023 to present

Co-Chair – ANPT Balance-Related Movement Systems Diagnoses Taskforce
2023 to present

Chair – APTA Geriatrics Balance and Falls Special Interest Group
2022 to present

Member – APTA Geriatrics Language Taskforce
2023 to present

Member – APTA Geriatrics Balance and Falls Special Interest Group Neurologic Toolkit
2022 to present

Member - Angelo State Doctor of Physical Therapy Program
Ad Hoc Committee for DEI Program Initiatives
2023 to present

Member – Angelo State Doctor of Physical Therapy Program
Ad Hoc Committee for DEI Statement for Admissions
2023

Abstract Reviewer – ELC Conference
May 2023

Member – Angelo State Doctor of Physical Therapy Program
Ad Hoc Committee for Sarah Reagor Scholarship
2023

Member – Angelo State Doctor of Physical Therapy Program
Ad Hoc Committee for Program Objectives Update
2022-2023

Chair – Illinois Physical Therapy Association Geriatrics Special Interest Group
2021 to 2023

Facilitator - Illinois Senior Olympics Senior Athlete Fitness Examination (SAFE) screen provider
Sept 2022, Springfield, Illinois
Sept 2021, Springfield, Illinois
Sept 2018, Springfield, Illinois
Sept 2017, Springfield, Illinois

Secretary – Illinois Physical Therapy Association Geriatrics Special Interest Group

2019-2021

Eastern Regional Coordinator – APTA Geriatrics State Advocate
Program

2018-2021

Co-State Advocate (Illinois) – APTA Geriatrics State Advocate
Program

2021

2016-2018

Secretary - APTA Geriatrics Balance and Falls Special Interest Group
2019-2022

Secretary – Emerging Scholars and Professional Organization of the
Gerontological Society of America

2017-2018

Volunteer - APTA CSM Academy of Geriatric Physical Therapy
Booth, San Antonio, Texas

Feb 2017

Senior Representative for EPSO – Gerontological Society of America
Interest Group Committee

2016-2017

Clinical Liaison - APTA Geriatrics Balance and Falls Special Interest
Group

2016-2019

Creator, Author, Manager - APTA Geriatrics Balance and Falls
Special Interest Group *Monthly Challenge* product

2016-2019

Member – APTA Geriatrics GeriEDGE Task Force

2016-2020

Junior Representative for EPSO – Gerontological Society of America
Interest Group Committee

2016-2017

New Member Outreach Liaison – Gerontological Society of America
Health Sciences Section

2016-2018

Panel Member - GSA ESPO Informal Chat Leader: Getting the Most Out of Your Conference Annual Meeting
2016

Project Leader – Physical Therapy Day of Service Illinois State Ambassador
2016

Member – Academy of Neurologic Physical Therapy Awards Committee
2015-2018

Volunteer – Colorado Springs Multiple Sclerosis Expo. Colorado Springs, Colorado
2015

Volunteer – APTA NEXT Academy of Geriatrics Booth Recruitment National Harbor, Maryland
2015

Volunteer – APTA NEXT Neurology Section Booth Recruitment National Harbor, Maryland
2015

Graduate College Representative Student Senator - Angelo State University Student Government
2014-2015

Honors and Awards:

Emerging Leader Award
American Physical Therapy Association
Aug 2019

2019 President's Award
Academy of Geriatric Physical Therapy
Jan 2019

Research Excellence Award
Angelo State University Physical Therapy Department
May 2016

Academic Excellence Award
Angelo State University Physical Therapy Department
May 2016

Certificate of Excellence in Rehabilitation
Angelo State University Physical Therapy Department
May 2016

Certificate of Excellence in Outpatient Orthopedics
Angelo State University Physical Therapy Department
May 2016

Outstanding Graduate Student
Angelo State University Graduate College
May 2016

Outstanding Senator of the Year
Angelo State Student Government Association
May 2015

Outstanding Mentor of the Year
College Reading and Learning Association
Nov 2013

Golden Axe Community Service Award
Northern Arizona University
May 2013

Charles and Ellie Meister Service Award
Northern Arizona University Honors Program
May 2013

Outstanding Honors Program Junior
Northern Arizona University Honors Program
May 2012

Subject Matter Expert:

GERI 6510: Management of Balance and Falls in the Older Adult.
All Modules.
Evidence in Motion Geriatric Certification Program, 2017-present

GERI 6120: Cardiopulmonary Conditions in the Older Adult.
All Modules.
Evidence in Motion Geriatric Certification Program, 2023.

GERI 6110: Introduction to Geriatric Rehabilitation.

Module 1.1: Introduction to Geriatric Care Models

Module 1.2: EBP and the Geriatric Care Model

Module 1.4: the ICF Model

Module 1.5: Integration of the ICF Model into Clinical Practice

Module 1.6: Physical Therapy Diagnosis and Movement System Impairments

Module 2.1: Pathologic and Physiologic Aging in the Cardiopulmonary System

Module 2.5: Geriatric Syndromes

Module 3.4: Scope of Practice Concerns

Module 3.5: Effective Communication in Geriatric Rehabilitation

Module 4.1: Introduction to Ageism

Module 4.2: Impacts of Ageism in Healthcare

Module 4.3: Health Literacy and Disparity in Healthcare

Evidence in Motion Geriatric Certification Program, 2023.

GERI 6150: Exercise and Physical Activity Prescription.

All Modules.

Evidence in Motion Geriatric Certification Program, 2023.

GERI 6520: Management of Orthopedic Conditions in Older Adults

Module 8.7: Considerations for Osteoporosis/Osteopenia.

Evidence in Motion Geriatric Certification Program, 2022.

GERI 6230: Geriatric-Related Neurologic Conditions

Module 6.5: COVID-19 Changes in the Nervous System.

Evidence in Motion Geriatric Certification Program, 2022.

Long-Haul COVID Applications for Outpatient Rehabilitation Providers

Module 1: Post-Intensive Care Syndrome.

Evidence in Motion Geriatric Certification Program, 2021.

ORPT 6510: Management of Lumbopelvic Disorders

Module 6.3.2: Functional Optimization for Older Adults.

Evidence in Motion Geriatric Certification Program, 2021.

GERI 6140: Health Promotion and Wellness in Older Adult Populations.

All Modules.

Evidence in Motion, 2020.

GERI 6160: Regulatory, Legal, and Policy Issues in Geriatric Rehabilitation.

Exam Questions.

Evidence in Motion, 2020.

GERI 6210: Hospice and End of Life Management.
All Modules
Evidence in Motion Geriatric Certification Program, 2020.

Continuing Education Attended within the last 5 years:

Knowledge Translation: Moving Evidence into Routine Practice, 8.5 CCU
Institute for Knowledge Translation; Online Learning, January 2024
Fundamentals of Spinal Cord Injury Rehabilitation, 8.25 CCU
Institute for Knowledge Translation; Online Learning, January 2024
Walk the Walk: High Intensity Gait Training in Rehabilitation, 11.5 CCU
Institute for Knowledge Translation; Online Learning, January 2024
Let's Talk About Sex, Baby! 1.0 CCU
Angelo State University; San Angelo, Texas, December 2023
Treating Beyond the Curve: Scoliosis Medical and PT Management, 1.0 CCU
Angelo State University; San Angelo, Texas, November 2023
Introduction to ECMO for the Rehabilitation Professional, 2.0 CCU
Texas Physical Therapy Annual Conference, October 2023
Cardiopulmonary Exercise Prescriptions for Patients with Neurologic Conditions, 2.0 CCU
Texas Physical Therapy Annual Conference, October 2023
Walk the Walk: Independent Study, 4.25 CCU
Institute for Knowledge Translation; Online Learning, October 2023
Empowering Patients Through Education: A Crucial Role of PT Professionals, 1.0 CCU
Angelo State University; San Angelo, Texas October 2023
Evidence-Based Management of Parkinson's Across the Disease Continuum, 8.0 CCUs
Angelo State University; San Angelo, Texas September 2023
Wound Vacs Don't Suck: Brief History and Basic Principles of NPWT, 1.0 CCU
Angelo State University; San Angelo, Texas September 2023
Align 2023 Platform Presentations, 6.5 CCUs
Evidence In Motion Align Conference; Louisville, Kentucky August 2023
Lab 5 Align: Blood Flow Restriction, 4.5 CCUs
Evidence In Motion Align Conference; Louisville, Kentucky August 2023
Lab 2 Align: Move it or Lose It, 4.5 CCUs
Evidence In Motion Align Conference; Louisville, Kentucky August 2023
Psyched Up PTs: How Psychosocial Factors Benefit PT Examination, 1.0 CCU
Angelo State University; San Angelo, Texas August 2023
ASU DPT Student Research Day, 3.0 CCUs
Angelo State University; San Angelo, Texas May 2023
A Lymph Therapist's Take on Swelling Management in Non-Lymph Populations, 1.0 CCU
Angelo State University; San Angelo, Texas April 2023
Virtual PWR!Moves Therapist Certification Workshop, 15 CCU

PWR4Life Organization, Virtual Delivery; April 2023
 Emerging Strategies for Physical Therapists to Identify and Manage Dysautonomia, 2 CCU
 APTA CSM Presentation; San Diego, CA, February 23rd, 2023
 Clinical Practice Guidelines for the Management of Falls in Community Dwelling Older Adults, 2 CCU
 APTA CSM Presentation; San Diego, CA, February 23rd, 2023
 The Carole Lewis Lecture: Defining Our Role, 2 CCU
 APTA CSM Presentation; San Diego, CA, February 23rd, 2023
 Neuroimaging of Reactive Balance Control, 2 CCU
 APTA CSM Presentation; San Diego, CA, February 24th, 2023
 Solving the Balance Problem in Medically Complex Populations, 2 CCU
 APTA CSM Presentation; San Diego, CA, February 24th, 2023
 Combining Motor Learning Strategies with High Intensity Gait Training, 2 CCU
 APTA CSM Presentation; San Diego, CA, February 24th, 2023
 We Can Do More: Nonpharmacologic Management of Spasticity, 2 CCU
 APTA CSM Presentation; San Diego, CA, February 25th, 2023
 Joining the Fight for Parkinson's Disease, 2 CCU
 APTA CSM Presentation; San Diego, CA, February 25th, 2023
 Why? The Essential Question to Answer to Intrinsically Motivate Students and Faculty, 2 CCU
 APTA CSM Presentation; San Diego, CA, February 25th, 2023
 The Pain Equation: Treating Patients in Pain, 1.0 CCU
 Angelo State University; San Angelo, Texas February 2023
 Defensible Documentation: A Framework for Physical Therapy Documentation, 2.0 CCU
 APTA Learning Center; Virtual Delivery, January 2023
 APTA Geriatrics May Journal Club: Floor Transfers, 1.5 contact hours
 APTA Geriatrics Online, May 2022
 Ethics Training, 3.0 contact hours
 IPTA Online Lecture, May 2022
 Sexual Harassment Prevention Training, 1.0 contact hours
 IPTA Online Lecture, April 2022
 Going for Gold: Meeting the Needs of Our Older Adult Athletes, 4.0 contact hours
 Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 19th, 2022
 The Annual PT Exam: An Essential Part of Healthcare for Older Adults, 4.0 contact hours
 Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 19th, 2022
 Applying a Geriatric Care Model to Treat COVID-19 Long-Haulers, 4.0 contact hours
 Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 16th, 2022
 Clinical Management of Dementia: Are We Forgetting Anything?, 4.0 contact hours
 Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 10th, 2022

Building Fall Prevention Skills for Full-time Wheelchair and Scooter Users, 2.0 contact hours
 Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 8th, 2022

Carole B. Lewis Lecture-Management of the “Difficult” Patient, 2.0 contact hours
 APTA CSM Presentation; San Antonio, Texas, February 3rd, 2022

Chronic Pain, Opiates, and PT: Considerations for the Older Adult, 2.0 contact hours
 APTA CSM Presentation; San Antonio, Texas, February 3rd, 2022

The Impact of Poor Nutrition on Pain Mechanisms and Central Sensitization, 2.0 contact hours
 APTA CSM Presentation; San Antonio, Texas, February 3rd, 2022

Tandem Standing is the Ankle Pump of Balance Training, 2.0 contact hours
 APTA CSM Presentation; San Antonio, Texas, February 4th, 2022

The Forgotten -ism: How Ageism Impacts Delivery of PT Care of the Older Adult, 2.0 contact hours
 APTA CSM Presentation; San Antonio, Texas, February 4th, 2022

Leaders Building Leaders: Facilitating Member Engagement Within the Physical Therapy Field, 2.0 contact hours
 APTA CSM Presentation; San Antonio, Texas, February 4th, 2022

Osteoporosis Screening Tools: GeriEDGE Scoping Review Results, 2.0 contact hours
 APTA CSM Presentation; San Antonio, Texas, February 5th, 2022

Integrative Behavioral Health for Physical Therapists, 2.0 contact hours
 APTA CSM Presentation; San Antonio, Texas, February 5th, 2022

Medical Improve 101: “Yes, and...” Other Strategies to Improve Student Communication, Confidence, and Wellness, 2.0 contact hours
 APTA CSM Presentation; San Antonio, Texas, February 5th, 2022

IPTA Extra Credit: Geriatric Syndromes 2.0: Identification, Management, and the Role of the PT, 4.0 contact hours, Online Teaching, August 12th, 2021

Sexual Harassment Prevention Training, 1.0 contact hours
 IPTA Online Lecture, May 2021

Ethics and Practice: Current Professional Challenges, 3.0 contact hours
 IPTA Online Lecture, April 2021

Specialist Certification Examination Item Writing: An Overview, 3.0 contact hours
 APTA Learning Center, Online Course, March 2021

Beyond the Guidelines: Physical Therapist Management of Patients with Advanced Heart Failure and Lung Disease, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021

Defining Entry-Level Physical Therapist Cardiovascular and Pulmonary Competencies, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021

Teaching Clinical Reasoning Using Illness Scripts, Rehab Scripts, and ICF-Based Concept Mapping, 1.0 contact hours, APTA CSM Presentation; Virtual Meeting, March 2021

Take a Stand for Better Health! Strategies for Patients to Sit Less and Move More, 1.0 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021
 Watch Out, Here I come!: Career Transition from SPT to DPT, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Using Movement System to Manage Pain and Reduce Fall Risk in the Elderly, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Ai Chi: Empower Your Patients! So Much More than Group Exercise, 1.5 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Integration of Motivational Interviewing into Clinical Mentorship, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 DPT Student Professional Behaviors in Academic and Clinical Settings: Introducing a New Tool (RISE), 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Safely Practicing a Hands-On Profession in the #MeToo, #HimToo World, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Remediating in Place: The Place? The Clinic, When? During the Clinical Education Experience, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Not Just Wear and Tear: Osteoarthritis Today, 1.5 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Hot Topics in Home Care, 1.5 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Using Malpractice Claims Data to Identify Risks in PT Practice, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Acute Care Physical Therapy Core Outcome Measure Set: A Clinical Practice Guideline, 1.5 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Carole B. Lewis Lecture Award – Scholarship and Practice as Symbolic Agonists, 1.5 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Beyond the Manikin: Selecting the Appropriate Patient for Your Simulation, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021
 Learning as We Go, Determining Best Practice During COVID-19 and Future Pandemics, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, Feb 2021
 2021 Revitalize: Poster Hall Quiz, 4.0 contact hours
 Self-Study, IPTA Revitalize 2021, March 17th, 2021
 Transformative Leadership in PT Education and Clinical Practice, 2.0 contact hours
 Online Webinar, IPTA Revitalize 2021, March 13th, 2021
 Pelvic Health IS Everyone's Business: A Peek into the Mysterious Middle, 2.0 contact hours
 Online Webinar, IPTA Revitalize 2021, March 13th, 2021
 COVID-19 Long-Haulers: potential Long-Term Physical Problems, 2.0 contact hours
 Online Webinar, IPTA Revitalize 2021, March 11th, 2021

Making a Meaningful Connection Through Language Beyond the Mask and PPE, 2.0 contact hours

Online Webinar, IPTA Revitalize 2021, March 10th, 2021

THA Rapid Recovery: What Determines Outcomes-Approach, Precautions, or Protocol?, 2.0 contact hours

Online Webinar, IPTA Revitalize 2021, March 9th, 2021

IPTA Extra Credit: Screening and Clinical Management of Osteoporosis in the Older Adult, 4.0 contact hours, Online Teaching, August 18th, 2020

IPTA Extra Credit: Geriatric Syndromes: Identification, Management, and the Role of the PT, 4.0 contact hours, Online Teaching, August 6th, 2020

IPTA Third Thursday Webinar: Sexual Harassment in the Workplace 1.0 contact hour

Online Webinar, April 24th, 2020

IPTA Third Thursday Webinar: Got Ethics?, 3.0 contact hours

Online Webinar, April 16th, 2020

APTA CSM 2020, 18.0 contact hours

Denver, Colorado, In-person Instruction

AGPT Webinar: The STEADI Initiative and Physical Therapy, 1.0 contact hour

Online Webinar, June 25th, 2019

IPTA Third Thursday Webinar: LGBTQIA+ Issues in Physical Therapy, 2.0 contact hours

Online Webinar, June 20th, 2019

2019 REVITALIZE: Balance and Falls Management in Older Adults in a Direct Access World: Holding Ourselves to a Higher Standard, 6.0 contact hours

IPTA Presented Session CEU, April 2019

AGPT Journal Club: Do older adults who meet 2008 physical activity guidelines have better physical performance than those who do not? March 26th, 2019 8pm

How Strong is Your Patient's Exercise Program? Part 2, 2.5 contact hours

Medbridge Online Course, Feb 2019

How Strong is Your Patient's Exercise Program? Part 1, 1.5 contact hours

Medbridge Online Course, Feb 2019

Functional Assessment and Clinical Decision Making, 2.75 contact hours

Medbridge Online Course, Feb 2019

Effective Exercise Dosing to Optimize Recovery and Beyond, 2.0 contact hours

Medbridge Online Course, Feb 2019

Improving Community Ambulation After Hip Fracture: Results and Lessons Learned, 2.0 contact hours

APTA CSM Presentation; Washington DC, Jan 2019

Oasis Data Collection, Life After "D" Day, 2.0 contact hours

APTA CSM Presentation; Washington DC, Jan 2019

Upstream Homecare Services, Why Wait until a Person is Homebound to Intervene? 2.0 contact hours

APTA CSM Presentation; Washington DC, Jan 2019

Hot Topics in Home Health, 2.0 contact hours

APTA CSM Presentation; Washington DC, Jan 2019
 The 3 Ds in Home Health: Dementia, Delirium, and Depression, 2.0 contact hours
 APTA CSM Presentation; Washington DC, Jan 2019
 Understanding and Applying Evidence in Exercise Prescription, 2.5 contact hours
 Medbridge Online Course, Jan 2019
 Fundamentals of therapeutic Exercise: Part 2, 2.0 contact hours
 Medbridge Online Course, Jan 2019
 Fundamentals of therapeutic Exercise: Part 1, 1.0 contact hour
 Medbridge Online Course, Jan 2019
 Clinical Management of the Older Adult with Osteoporosis, 2.0 contact hours
 Medbridge Online Course, Jan 2019
 Effective Therapeutic Interventions for the Older Adult with Osteoporosis, 2.25 contact hours
 Medbridge Online Course, Jan 2019
 Comprehensive Care Plan for the Older Adult with Osteoporosis, 1.75 contact hours
 Medbridge Online Course, Jan 2019
 Considerations for the Older Post-Operative Orthopedic Patient, 1.0 contact hours
 Medbridge Online Course, Jan 2019
 Impaired Extremity Joint Mobility, 1.0 contact hours
 Medbridge Online Course, Jan 2019
 Impaired Muscle Performance and Sarcopenia, 1.5 contact hours
 Medbridge Online Course, Jan 2019
 The Aging Spine, 2.0 contact hours
 Medbridge Online Course, Jan 2019
 Functional Cognition Part 3: Preventions and Interventions in Rehabilitation, 2.25 contact hours
 Medbridge Online Course, Jan 2019
 Functional Cognition Part 2: Falls in the Elderly, 1.5 contact hours
 Medbridge Online Course, Jan 2019
 Functional Cognition Part 1: Impairment and Dementia, 1.5 contact hours
 Medbridge Online Course, Jan 2019
 The Aging Brain: Part B- Alzheimer's Clinical Signs and Symptoms, 2.0 contact hours
 Medbridge Online Course, Jan 2019
 The Aging Brain: Part A- Mild Cognitive Impairment and Dementia, 2.0 contact hours
 Medbridge Online Course, Jan 2019
 Vestibular Rehabilitation: Case Studies, Rehabilitative Treatment Design, and Advanced Concepts , 4.25 contact hours, Medbridge Online Course, Dec 2018
 Vestibular Rehabilitation: Identification and Management of BPPV, 3.75 contact hours
 Medbridge Online Course, Dec 2018
 Vestibular Rehabilitation: Office Examination of the Vestibular system, 4.0 contact hours
 Medbridge Online Course, Dec 2018
 Vestibular Rehabilitation: Vestibular Disorders, 4.0 contact hours
 Medbridge Online Course, Dec 2018
 Medical Complexity Part 2: Defining Frailty and Age-Related Changes, 2.0 contact hours

Medbridge Online Course, Dec 2018

Medical Complexity Part 1: Defining Frailty and Age-Related Changes, 3.0 contact hours

Medbridge Online Course, Dec 2018

Recorded Webinar: Chronic Disease Management: Therapists Role in Improving Health, 3.0 contact hours

Medbridge Online Course, Dec 2018

Geriatric Syndrome- A Common Profile in Practice, 1.5 contact hours

Medbridge Online Course, Dec 2018

Exercise and Nutrition in Disease: Part 2, 1.25 contact hours

Medbridge Online Course, Dec 2018

Exercise and Nutrition in Disease: Part 1, 1.5 contact hours

Medbridge Online Course, Dec 2018

Nourishing Wisdom for Elders in Health and Disease, 1.75 contact hours

Medbridge Online Course, Dec 2018

Nutrition and Aging: The Basics, 2.5 contact hours

Medbridge Online Course, Dec 2018

Pharmacology for Geriatric Practice, 2.5 contact hours

Medbridge Online Course, Dec 2018

Palliative and Hospice Care: Late to End Stage Neurodegenerative Disease, 2.5 contact hours

Medbridge Online Course, Nov 2018

Death and Dying: Attitudes, Causes, Process, and Measures, 2.0 contact hours

Medbridge Online Course, Nov 2018

Palliative Care and Hospice Spectrum: Opportunities to Transform Care, 2.5 contact hours

Medbridge Online Course, Nov 2018

Pain Peculiarities in Everyday Life, 1.5 contact hours

Medbridge Online Course, Nov 2018

Aging Gracefully: Informed Choices for Health, Wellness, and Well-Being, 2.0 contact hours

Medbridge Online Course, Nov 2018

Integrative Treatment for Patients Experience Chronic Pain, 2.5 contact hours

Medbridge Online Course, Nov 2018

Hospice and Palliative Care: Being with Loss, 1.5 contact hours

Medbridge Online Course, Oct 2018

Hospice and Palliative Care: Transitions from Rehab to End of Life, 2.5 contact hours

Medbridge Online Course, Oct 2018

Hospice and Palliative Care: Conversations at the Bedside, 1.5 contact hours

Medbridge Online Course, Oct 2018

Hospice and Palliative Care: A Primer, 2.0 contact hours

Medbridge Online Course, Oct 2018

Cancer in the Older Adult: Exercise and Nutrition, 1.25 contact hours

Medbridge Online Course; Oct 2018

The Cancer We Forgot: Working with Patients with a Remote History of Cancer, 1.5 contact hours

Medbridge Online Course; Oct 2018

Cancer Rehabilitation of Ambulatory Older Adults, 2.0 contact hours
Medbridge Online Course; Oct 2018

The Impact of Diabetes Mellitus in Geriatric Care: Part 1, 1.5 contact hours
Medbridge Online Course; Oct 2018

The Impact of Diabetes Mellitus in Geriatric Care: Part 2, 1.0 contact hours
Medbridge Online Course; Oct 2018

Diet and Exercise Considerations for Cardiopulmonary Disease Management, 1.0 contact hours
Medbridge Online Course; Oct 2018

Wound Healing: Wound Assessment, 2.0 contact hours
Medbridge Online Course; Sept 2018

Academy of Geriatric Physical Therapy Certified Exercise Expert for Aging Adults Course #3, 15 contact hours
University of Indianapolis; Indianapolis, Indiana, Sept 2018

Physiology of Wound Healing, 1.5 contact hours
Medbridge Online Course; Sept 2018

Measuring and Improving Outcomes in Post-Acute Care, 2.0 contact hours
Medbridge Online Course; Sept 2018

Medicare A: Provision of Therapy Services, 1.25 contact hours
Medbridge Online Course; Aug 2018

Medicare A: Understanding Scheduled Assessments, 1 contact hour
Medbridge Online Course; Aug 2018

Home Health Assessment Part 1: Subjective and Objective Data Gathering, 2 contact hours
Medbridge Online Course; Aug 2018

Home Health Assessment Part 2: Data analysis and Care Planning, 1 contact hour
Medbridge Online Course; Aug 2018

Home Health Assessment Part 3: Special Considerations for the Medically Complex Patient, 2 contact hours
Medbridge Online Course; Aug 2018

Improve Balance and Reducing Fall Risk, 2 contact hours
Medbridge Online Course; July 2018

Interventions for Aging Gait: Understanding Cognition and Frailty, 2 contact hours
Medbridge Online Course; July 2018

Overview of Critical Areas in Home Health, 1.5 contact hours
Medbridge Online Course; July 2018

Academy of Geriatric Physical Therapy Certified Exercise Expert for Aging Adults Course #2, 16 contact hours
University of Indianapolis; Indianapolis, Indiana, July 2018

Assessing Risk of Falls: Too Many Choices!, 2 contact hours
Medbridge Online Course; July 2018

Bladder Control: Stress Incontinence and Pelvic Floor Muscle Training, 1.5 contact hours
Medbridge Online Course; July 2018

Understanding Postural Control and Risk of Falling, 1.5 contact hours
 Medbridge Online Course; July 2018

Academy of Geriatric Physical Therapy Certified Exercise Expert for Aging Adults Course #1, 15 contact hours
 University of Indianapolis; Indianapolis, Indiana, June 2018

Bladder Control Evaluation and Treatment: Urinary Urgency and Incontinence, 1.5 contact hours
 Medbridge Online Course; June 2018

Bladder Control Basics: Adult and Geriatric, 1.5 contact hours
 Medbridge Online Course; June 2018

Legal and Ethical Issues in Geriatric Rehabilitation (2017), 2.5 contact hours
 Medbridge Online Course; May 2018

The Adults Learner and Implications for Patient Education, 2.5 contact hours
 Medbridge Online Course; May 2018

Essentials of Professionalism in Geriatric Physical Therapy, 4 contact hours
 Medbridge Online Course; May 2018

How to Best Assist Hearing Impaired Patients, 1.5 contact hours
 Shirley Ryan Ability Lab Staff Development; Elk Grove Village, Illinois, April 2018

The Silver Tsunami: Meeting the Growing Rehab Challenges of Older Adults, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

High-Speed Training: Applications to Improve Function, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

Building Interprofessional Geriatrics Team from Student to Practitioner, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

Movement and Motor Learning: What's Different in Dementia?, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

How Steady is STEADI? Interferential Analysis of the CDC Fall Risk Toolkit, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

Coordinated Healthcare of Aging in Place: A Solution for Fragmented Care, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

The Impact of Ageing on Functional Mobility and Gait: Introduction, 1.5 contact hours
 Medbridge Online Course; Feb 2018

The Impact of Generational Differences in Physical Therapy Care, 2.75 contact hours
 Medbridge Online Course; Feb 2018

Tools for Successful Aging, 2 contact hours
 Medbridge Online Course; Feb 2018

Transitions for Seniors, 2 contact hours
 Medbridge Online Course; Jan 2018

The Otago Exercise Program: Falls Prevention Training, 3 contact hours
 The Greensboro Area Health Education Center; Online, Jan 2018

Using the IF Model as a Map for Geriatric Care, 2.5 contact hours
 Medbridge Online Course; Jan 2018

Orthopedic Issues in Aging, 4 contact hours
GeriNotes Read for Credit, Jan 2018
Ethics for Rehabilitation Professionals, 3 contact hours
Medbridge Online Course; Jan 2018
Psychosocial Considerations in the Aging Adult, 1 contact hour
Medbridge Online Course; Jan 2018

Current Teaching and Service Learning Responsibilities of the Entry-Level Doctor of Physical Therapy Program (Sequence by Term):

PT 7212 – Introduction to Neuroscience, Spring Year 1
PT 7224 – Neuropathology I, Fall Year 2
PT 7325 – Neuropathology II, Spring Year 2
PT 7655 – Neuromuscular Examination and Management, Fall Year 3
Volunteer Balance Program Training at Baptist Retirement Community

Previous Teaching and Service Learning Responsibilities of the Entry-Level Doctor of Physical Therapy Program (Sequence by Term):

Governors State University

PHYT 2320: Orientation to Physical Therapy, Prerequisite Course for DPT Program
PHYT 6701: Patient Management I – Lecture, Fall Year 1
PHYT 6702: Patient Management I – Lab, Fall Year 1
PHYT 6711: Patient Management II – Lecture, Spring Year 1
PHYT 6712: Patient Management II – Lab, Spring Year 1
PHYT 6742: Psychomotor Development throughout the Lifespan – Summer Year 2
PHYT 7751: Clinical Experience I – Summer Year 2
PHYT 9805: Clinical Experience IV – Spring Year 3