

Curriculum Vitae

Heidi Moyer, PT, DPT, GCS, CEEAA
ASU Station #10923
San Angelo, Texas 76909
(325) 486-6865
Doctor of Physical Therapy Program, Angelo State University

Education: Angelo State University
San Angelo, Texas
From 2013-2016
Physical Therapy
Doctor of Physical Therapy/2016

Northern Arizona University
Flagstaff, Arizona
From 2009-2013
Exercise Science
Bachelors of Science/2013

Licensure Information/Registration Number: Texas Physical Therapy License, #1275763

Certifications: Certified Exercise Expert for Aging Adults
APTA Geriatrics
2018

ABPTS Board-Certified Clinical Specialist in Geriatric Physical Therapy
American Board of Physical Therapy Specialists
2019-2029

Employment and Positions Held: Assistant Clinical Professor
Graduate Faculty
Non-Tenure
Angelo State University
San Angelo, Texas
From 2022 to Present

Adjunct Professor
Graduate Faculty
Non-Tenure
Governors State University
University Park, Illinois
From 2020-2022

Program Director
Geriatric Certification Program

Evidence in Motion
San Antonio, Texas
From 2021 to Present

Lead Faculty
Geriatric Certification Program
Evidence in Motion
San Antonio, Texas
From 2019 to Present

Subject Matter Expert
Geriatric Certification Program
Evidence in Motion
San Antonio, Texas
From 2019 to Present

Staff Physical Therapist
Symbria
Oak Brook, Illinois
From 2022 to 2022

PRN Physical Therapist
RML Specialty Hospital
Hinsdale, Illinois
From 2021 to 2022

PRN Physical Therapist
Lexington Home Health
Lombard, Illinois
From 2018 to 2021

Staff Physical Therapist
Alexian Brother Rehabilitation Hospital
Elk Grove Village, Illinois
From 2016-2018

Peer-Reviewed Publications:

Larsen S, Luedeker R, Morgan C, Taylor C, Braden H, Ko M, **Moyer H**. Impairment and activity limitation changes in assisted living facility residents over the course of one year- A pilot study. *Geriatric Medicine and care*. 2017; 1(2): 1-6.

Moyer H, Gale J, Severe SK, Braden H, Hasson S. Outcome measures correlated to falls in nursing home residents- a pilot study. *Physiotherapy theory and practice*. 2017; 33(9):725-32.

Peer-Reviewed and Published Abstracts from Professional Presentations:

Rew A, **Moyer H**, Braden H. *Inter-rater, Intra-rater, and Intersession Reliability of Manual Muscle Testing versus Hand-Held Dynamometry across 3 Different Levels of Physical Therapy Experience*. Poster Presentation at Texas Physical Therapy Association Conference, Arlington, Texas. October 2015.

Moyer H, Gale J, Severe SK, Braden H *Functional Mobility Trends in Highly Active Nursing Home Residents in 1 Year*. Poster Presentation at Texas Physical Therapy Association Conference, Arlington, Texas. October 2015.

Moyer H, Gale J, Severe SK, Braden H. *Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents*. Poster Presentation at APTA NEXT Conference, National Harbor, Maryland. June 2015.

Moyer H, Gale J, Severe SK, Braden H. *Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents*. Poster Presentation at Texas Physical Therapy Association Conference, Galveston, Texas. October 2014.

Moyer H, Gale J, Severe SK, Braden H. *Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents*. Poster Presentation at Gerontological Society of America National Conference, Washington DC, November 2014.

Peer Reviewed Scientific and Professional Presentations:

Moyer H. “*But I Don’t Do Geriatrics!*”: *A Survival Guide for the Outpatient Orthopedic Physical Therapist*. CEU course at APTA Iowa Spring Conference; in person instruction; Des Moines, Iowa; April 9th, 2022.

Moyer H, Fisher S, and Calderon M. *The Annual PT Exam: An Essential Part of Healthcare for Older Adults*. CEU course at Illinois Physical Therapy Association Revitalize Conference, online instruction. March 19th, 2022.

Thomas AC, **Moyer H**, Fisher S, and Calderon M. *Going for Gold: Meeting the Needs of Our Older Adult Athletes*. CEU course at Illinois Physical Therapy Association Revitalize Conference, online instruction. March 19th, 2022.

Moyer H, Fisher S, and Calderon M. *Applying a Geriatric Care Model to Treat COVID-19 Long-Haulers*. CEU course at Illinois Physical Therapy Association Revitalize Conference, online instruction. March 16th, 2022.

Moyer H, Fisher S, and Calderon M.. *Clinical Management of Dementia: Are We Forgetting Anything?* CEU course at Illinois Physical Therapy Association Revitalize Conference, online instruction. March 10th, 2022.

Moyer H, Nesser H, Thomas AC, Wingood M. *The Forgotten -Ism: How Ageism Impacts Delivery of Physical Therapy Care of the Older Adult*. CEU course at American Physical Therapy Association Combined Sections Meeting in San Antonio February 2022.

Moyer H, Vincenzo, JL, Miller K, Coarkin E. *Leaders Building Leaders: Facilitating Member Engagement Within the Physical Therapy Field*. CEU course at American Physical Therapy Association Combined Sections Meeting in San Antonio February 2022.

Moyer H, Fisher S, and Calderon M. *Geriatric Syndromes 2.0*. “Extra Credit” IPTA Continuing Education Offering, Online Instruction. August 12th, 2021.

Thomas AT, **Moyer H**. *Geriatric Orthopedics 2: Spine*. Online Course for APTA Geriatrics. October 13th, 2020.

Moyer H, Thomas AT. *Osteoporosis Management: Beyond the Plumb Line*. “Extra Credit” IPTA Continuing Education Offering, Online Instruction. August 18th, 2020

Moyer H. *Geriatric Syndromes: Identification, Clinical Management, and the Role of the Physical Therapist*. “Extra Credit” IPTA Continuing Education Offering, Online Instruction. August 5th, 2020

Wang-Hsu E, Abbott C, **Moyer H**, Nesser H. *TUG and Beyond! the Geriatric Balance & Falls SIG Outcome Measures Toolkit*. CEU course at American Physical Therapy Association Combined Sections Meeting in Denver, February 2020.

Moyer H. *The Dark Side of Interprofessional Collaboration*. Course at National Student Conclave in Albuquerque, New Mexico. November 23rd, 2019.

Moyer H, Thomas AC. *Balance and Falls Management in Older Adults in a Direct Access World: Holding Ourselves to a Higher Standard*. Course at Illinois Physical Therapy Association Annual Conference in St. Charles, Illinois. April 6, 2019.

Moyer H. *Selecting Appropriate Screening and Assessment Tools in the Skilled Nursing and Long-Term Care Populations: Where the Research Supports and Fails Us*. Live Online Webinar. November 13th. 2018. Physicaltherapy.com. Lead instructor.

Wingood M, Wang-Hsu E, **Moyer H**. *Long Term Care Residents: The Neglected Population in Balance and Falls*. CEU course at American Physical Therapy Association Combined Sections Meeting in New Orleans February 2018.

Non-Peer-Reviewed Publications:

Gindoff J, **Moyer H**. Taking the Fall? Enhancing the Quality of Life in Long Term Care. *Gerinotes*. 2022;29(5):15-18.

Castellini E, Gindoff J, **Moyer H**. Case Study: The Four-Square Step Test – An Applicable Tool for an Unlikely Patient. *Gerinotes*. 2022;29(4):39-43.

Moyer H. The Role of the Rehab Professional in Hospice and Palliative Care: When Enough is Enough. Evidence in Motion Blog. Feb 1, 2022. <https://evidenceinmotion.com/the-role-of-rehab-professional-in-hospice-and-palliative-care-when-enough-is-enough/>

Moyer H. Ageism as a Deterrent to Quality Clinical Management. Evidence in Motion Blog. September 13, 2021. <https://evidenceinmotion.com/ageism-as-a-deterrent-to-quality-clinical-management/>

Gindoff J, **Moyer H**, Skibbe K, Vincenzo JL. Fall Risk Assessment of Adults with Generalized Weakness in Acute Care. *Gerinotes*. 2021;28(3):7-9.

Nesser H, Vincenzo JV, **Moyer H**, et al. *National Fall Prevention Awareness Day Toolkit, 2nd Ed.* APTA Geriatrics Balance and Falls Special Interest Group. 2020.

Wang-Hsu E, **Moyer H**, Abbott C, Reilley A, Glenney S, Wingood M, Allison R, Dhingra H, Phillips E, Nesser H, Graul P, Subramani S, Bell A, Vincenzo J. *Outcome Measure Toolkit for Geriatric Fall/Balance Assessment.* APTA Geriatrics Balance and Falls Special Interest Group. 2020.

Vincenzo J, Wingood M, **Moyer H**. Academy of Geriatric Physical Therapy Balance and Falls Special Interest Group: 2018-2019 Update. *Gerinotes*. 2019;26(2):15-17.

Nesser H, Vincenzo JV, **Moyer H**, et al. *National Fall Prevention Awareness Day Toolkit, 1st Ed.* APTA Geriatrics Balance and Falls Special Interest Group. 2019.

Moyer H. Debility and Functional Decline in Long-term Care Facilities: Are We Part of the Problem? *Gerinotes*. 2019;26(1):11-12.

Moyer H, Black B. AGPT State Advocates: Local AGPT Leadership at Work. *Gerinotes*. 2018; 25(2): 20-21.

Moyer H. AGPT Balance and Falls SIG the Monthly Challenge: Changing Our Management of Falls Risk Intervention 30 Days at a Time. *Gerinotes*. 2017; 24(3): 24-25.

Moyer H. The Academy of Geriatric Physical Therapy State Advocate Program: Maximizing Your Connection to the Geriatric Physical Therapy World. *GeriNotes*. 2017; 24(1): 8-9.

Moyer H. Lost in Translation? NEXT 2015 Rothstein Roundtable: A Student Perspective. *The Student Assembly Pulse*. Published July 2015.

Moyer H. 2014 GSA Annual Scientific Meeting Abstracts. *The Gerontologist*. 2014; 54 (Supplemental 2): 746.

Non-Peer-Reviewed Presentations:

Moyer H. *Jumping at the Chance: Plyometric Training in Older Adult Populations*. Angelo State University Lunch and Learn. November 17th, 2022.

Moyer H. *Health Promotion and Wellness: The Missing Link in Clinical Care in Geriatric Rehabilitation*. Evidence in Motion Webinar, Online Instruction. August 9th, 2022.

Moyer H. *The Role of the Rehab Professional in Hospice and Palliative Care: When Enough is Enough*. Evidence in Motion Webinar, Online Instruction. February 17th, 2022.

Moyer H. *But I Don't Treat Older Adults: An Outpatient Physical Therapist's Survival Guide*. Evidence in Motion Webinar, Online Instruction. October 13th, 2021.

Moyer H. *Selecting Appropriate Screening and Assessment Tools in the Skilled Nursing and Long-Term Care Populations: Where the Research Supports and Fails Us*. Live Online Webinar. November 13th. 2018. Physicaltherapy.com. Lead instructor.

Moyer H, Gale J, Severe SK, Braden H *Functional Mobility Trends in Highly Active Nursing Home Residents in 1 Year*. Scientific Paper Defense. San Angelo, TX. May 2016.

Rew A, **Moyer H,** Braden H. *Inter-rater, Intra-rater, and Intersession Reliability of Manual Muscle Testing versus Hand-Held Dynamometry across 3 Different Levels of Physical Therapy Experience*. Poster Presentation at Angelo State University Graduate Research Symposium. San Angelo, Texas. April 2016.

Moyer H, Gale J, Severe SK, Braden H *Functional Mobility Trends in Highly Active Nursing Home Residents in 1 Year*. Poster Presentation at Angelo State University Graduate Research Symposium. San Angelo, Texas. April 2016.

Larsen S, Luedeker R, Morgan C, Tayler C, **Moyer H,** Braden H. *Correlation of Functional Mobility and Falls in Assisted Living Residents*. Poster Presentation at Angelo State University Graduate Research Symposium. San Angelo, Texas. April 2016.

Moyer H, Gale J, Severe SK, Braden H. *Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents*. Poster Presentation Angelo State University Graduate Research Symposium, San Angelo, Texas. April 2015.

Moyer H, Magnusson N, Schewiekert A, Traustadottir T. *The Effect of High versus Low Velocity Training on Muscular Power and Balance in College-Aged Females*. Poster Presentation at Northern Arizona University Undergraduate Research Symposium, Flagstaff, AZ. May 2013.

Funded Grant Activity:

Research Assistant

\$15,000

Aging in Place in Assisted Living Facilities: Assessing Physical Changes and Predictors of Change Oct 2016 – Sept 2017, Angelo State Grant

Lead Research Assistant

\$14,350

Longitudinal Changes in Functional Mobility for Nursing Home Residents Over 1 Year Oct 2015 – Sept 2016, Angelo State Grant

Scholarly Projects:

Abstract Reviewer

World Confederation for Physical Therapy Congress 2017

IAGG 2017 World Congress of Gerontology and Geriatrics

GSA ESPO Paper and Poster Committee 2016

21st International Association of Gerontology and Geriatrics Conference 2016

2016 American Geriatrics Society Annual Meeting

2015 American Geriatrics Society Annual Meeting

Gerontological Society of America 2016 Annual Scientific Meeting

Gerontological Society of America 2015 Annual Scientific Meeting

Research Activity:

Moyer H, Garcia A, Stopka B, Wypych A, Viveros A, Davis K, Boblak J. Attitudes of Doctor of Physical Therapy Students Regarding the Clinical Management of Older Adult Populations: Project in Progress: 2022-Current

Moyer H. Treatment of Cervicogenic Dizziness and Headaches with Visual Motion Hypersensitivity in a 69-Year-Old Female: A Case Study Completed Project: 2015.

Larsen S, Luedeker R, Morgan C, Tayler C, **Moyer H**, Braden H. Functional Mobility as Fall Risk Assessment in Assisted Living Residents Completed Project: 2014-2016.

Moyer H, Gale J, Severe SK, Braden H. Functional Mobility as Fall Risk Assessment in Highly Active Nursing Home Residents. Completed Project: 2013-2014.

Rew A, **Moyer H**, Braden H. Inter-rater, Intra-rater, and Intersession Reliability of Manual Muscle Testing versus Hand-Held Dynamometry across 3 Different Levels of Physical Therapy Experience. Completed Project: 2014-2015.

Moyer H, Magnusson N, Schewiekert A, Traustadottir T. The Effect of High versus Low Velocity Training on Muscular Power and Balance in College-Aged Females Completed Project: 2012-2013.

Continuing Education Workshops Conducted/Organized:

Moyer H. *Geri6510WI: Management of Falls and Balance Disorders.* Weekend Intensive Course. Evidence in Motion. Course Instructor
October 22-23, 2022. Gonzales, Louisiana
October 29-30, 2022. Green Bay, Wisconsin
November 20-21, 2021. Green Bay, Wisconsin
October 9-10, 2021. Baton Rouge, Louisiana
September 25-26, 2021. Appleton, Wisconsin
November 23-24, 2019. Green Bay, Wisconsin

Moyer H. *Geri6510: Management of Falls and Balance Disorders.* 8-week online course. Evidence in Motion. Course Instructor.
September-November 2022
September-November 2021
September-November 2020
September-November 2019

Moyer H. *Geri6510VL: Management of Falls and Balance Disorder Virtual Lab.* 8-week online Weekend Intensive Course. Evidence in Motion. Course Instructor.
October-November 2021
October-November 2020

Wingood M, **Moyer H.** *Geri6510: Management of Falls and Balance Disorders.* Weekend Intensive Course. Evidence in Motion. Teaching Assistant.
October 27-28, 2018. San Antonio, Texas
November 17-18, 2018. Green Bay, Wisconsin.

Membership in Scientific/Professional Organizations:

Member, American Physical Therapy Association: 2013 to present
Member, *APTA Geriatrics*: 2013 to present
Member, *Home Health Section*: 2018 to 2021
Member, *Cardiopulmonary Section*: 2018 to present
Member, *Academy of Neurologic Physical Therapy*: 2013 to 2021, 2022 to present
Member, *Research Section*: 2013 to 2021
Member, *Education Section*: 2022 to present

Member, Illinois Physical Therapy Association: 2016 to present
Member, *IPTA Geriatric Special Interest Group*: 2019 to present

Member, Texas Physical Therapy Association: 2013 to 2016, 2022 to present

Member, Gerontology Society of America: 2014 to 2018
Member, *Emerging Scholars and Professional Organization (ESPO)*: 2014 to 2018
Member, *Health Sciences Section*: 2014 to 2018

Member, American Geriatrics Society: 2014 to 2017

Member, Angelo State Physical Therapy Association: 2013 to 2016

Member, Texas Geriatrics Society: 2013 to 2015

Community Service/Volunteer:

Chair – APTA Geriatrics Balance and Falls Special Interest Group
2022 to present

Chair – Illinois Physical Therapy Association Geriatrics Special
Interest Group
2021 to present

Facilitator - Illinois Senior Olympics Senior Athlete Fitness
Examination (SAFE) screen provider
Sept 2022, Springfield, Illinois
Sept 2021, Springfield, Illinois
Sept 2018, Springfield, Illinois
Sept 2017, Springfield, Illinois

Secretary – Illinois Physical Therapy Association Geriatrics Special
Interest Group
2019-2021

Eastern Regional Coordinator – APTA Geriatrics State Advocate
Program
2018-2021

Co-State Advocate (Illinois) – APTA Geriatrics State Advocate
Program
2021
2016-2018

Secretary - APTA Geriatrics Balance and Falls Special Interest Group
2019-2022

Secretary – Emerging Scholars and Professional Organization of the Gerontological Society of America
2017-2018

Volunteer - APTA CSM Academy of Geriatric Physical Therapy
Booth, San Antonio, Texas
Feb 2017

Senior Representative for EPSO – Gerontological Society of America
Interest Group Committee
2016-2017

Clinical Liaison - APTA Geriatrics Balance and Falls Special Interest Group
2016-2019

Creator, Author, Manager - APTA Geriatrics Balance and Falls
Special Interest Group *Monthly Challenge* product
2016-2019

Member – APTA Geriatrics GeriEDGE Task Force
2016-2020

Junior Representative for EPSO – Gerontological Society of America
Interest Group Committee
2016-2017

New Member Outreach Liaison – Gerontological Society of America
Health Sciences Section
2016-2018

Panel Member - GSA ESPO Informal Chat Leader: Getting the Most
Out of Your Conference Annual Meeting
2016

Project Leader – Physical Therapy Day of Service Illinois State
Ambassador
2016

Member – Academy of Neurologic Physical Therapy Awards
Committee
2015-2018

Volunteer – Colorado Springs Multiple Sclerosis Expo. Colorado Springs, Colorado
2015

Volunteer – APTA NEXT Academy of Geriatrics Booth Recruitment National Harbor, Maryland
2015

Volunteer – APTA NEXT Neurology Section Booth Recruitment National Harbor, Maryland
2015

Graduate College Representative Student Senator - Angelo State University Student Government
2014-2015

Honors and Awards:

Emerging Leader Award
American Physical Therapy Association
Aug 2019

2019 President's Award
Academy of Geriatric Physical Therapy
Jan 2019

Research Excellence Award
Angelo State University Physical Therapy Department
May 2016

Academic Excellence Award
Angelo State University Physical Therapy Department
May 2016

Certificate of Excellence in Rehabilitation
Angelo State University Physical Therapy Department
May 2016

Certificate of Excellence in Outpatient Orthopedics
Angelo State University Physical Therapy Department
May 2016

Outstanding Graduate Student
Angelo State University Graduate College
May 2016

Outstanding Senator of the Year
Angelo State Student Government Association
May 2015

Outstanding Mentor of the Year
College Reading and Learning Association
Nov 2013

Golden Axe Community Service Award
Northern Arizona University
May 2013

Charles and Ellie Meister Service Award
Northern Arizona University Honors Program
May 2013

Outstanding Honors Program Junior
Northern Arizona University Honors Program
May 2012

Subject Matter Expert:

Geriatric 6510: Management of Balance and Falls in the Older Adult. Evidence in Motion Geriatric Certification Program, 2017-present.

Geriatric 6520: Management of Orthopedic Conditions in Older Adults – Module 8.7: Considerations for Osteoporosis/Osteopenia. Evidence in Motion Geriatric Certification Program, 2022.

Geriatric 6230: Geriatric-Related Neurologic Conditions – Module 6.5: COVID-19 Changes in the Nervous System. Evidence in Motion Geriatric Certification Program, 2022.

Long-Haul COVID Applications for Outpatient Rehabilitation Providers – Module 1: Post-Intensive Care Syndrome. Evidence in Motion Geriatric Certification Program, 2021.

ORPT 6510: Management of Lumbopelvic Disorders – Module 6.3.2: Functional Optimization for Older Adults. Evidence in Motion Geriatric Certification Program, 2021.

Geriatric 6140: Health Promotion and Wellness in Older Adult Populations. Evidence in Motion, 2020.

Geriatric Rehabilitation. Evidence in Motion, 2020.

Geriatric Certification Program, 2020.

Continuing Education Attended within the last 5 years:

APTA Geriatrics May Journal Club: Floor Transfers, 1.5 contact hours

APTA Geriatrics Online, May 2022

Ethics Training, 3.0 contact hours

IPTA Online Lecture, May 2022

Sexual Harassment Prevention Training, 1.0 contact hours

IPTA Online Lecture, April 2022

Going for Gold: Meeting the Needs of Our Older Adult Athletes, 4.0 contact hours

Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 19th, 2022

The Annual PT Exam: An Essential Part of Healthcare for Older Adults, 4.0 contact hours

Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 19th, 2022

Applying a Geriatric Care Model to Treat COVID-19 Long-Haulers, 4.0 contact hours

Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 16th, 2022

Clinical Management of Dementia: Are We Forgetting Anything?, 4.0 contact hours

Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 10th, 2022

Building Fall Prevention Skills for Full-time Wheelchair and Scooter Users, 2.0 contact hours

Illinois Physical Therapy Association Revitalize Conference; Virtual Delivery, March 8th, 2022

Carole B. Lewis Lecture-Management of the “Difficult” Patient, 2.0 contact hours

APTA CSM Presentation; San Antonio, Texas, February 3rd, 2022

Chronic Pain, Opiates, and Physical Therapy: Considerations for the Older Adult, 2.0 contact hours

APTA CSM Presentation; San Antonio, Texas, February 3rd, 2022

The Impact of Poor Nutrition on Pain Mechanisms and Central Sensitization, 2.0 contact hours

APTA CSM Presentation; San Antonio, Texas, February 3rd, 2022

Tandem Standing is the Ankle Pump of Balance Training, 2.0 contact hours

APTA CSM Presentation; San Antonio, Texas, February 4th, 2022

The Forgotten -ism: How Ageism Impacts Delivery of Physical Therapy Care of the Older Adult, 2.0 contact hours

APTA CSM Presentation; San Antonio, Texas, February 4th, 2022

Leaders Building Leaders: Facilitating Member Engagement Within the Physical Therapy Field, 2.0 contact hours

APTA CSM Presentation; San Antonio, Texas, February 4th, 2022

Osteoporosis Screening Tools: GeriEDGE Scoping Review Results, 2.0 contact hours

APTA CSM Presentation; San Antonio, Texas, February 5th, 2022

Integrative Behavioral Health for Physical Therapists, 2.0 contact hours

APTA CSM Presentation; San Antonio, Texas, February 5th, 2022

Medical Improve 101: “Yes, and…” Other Strategies to Improve Student Communication, Confidence, and Wellness, 2.0 contact hours

APTA CSM Presentation; San Antonio, Texas, February 5th, 2022

IPTA Extra Credit: Geriatric Syndromes 2.0: Identification, Management, and the Role of the PT, 4.0 contact hours, Online Teaching, August 12th, 2021

Sexual Harassment Prevention Training, 1.0 contact hours

IPTA Online Lecture, May 2021

Ethics and Practice: Current Professional Challenges, 3.0 contact hours

IPTA Online Lecture, April 2021

Specialist Certification Examination Item Writing: An Overview, 3.0 contact hours

APTA Learning Center, Online Course, March 2021

Beyond the Guidelines: Physical Therapist Management of Patients with Advanced Heart Failure and Lung Disease, 1.0 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021

Defining Entry-Level Physical Therapist Cardiovascular and Pulmonary Competencies, 1.0 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021

Teaching Clinical Reasoning Using Illness Scripts, Rehab Scripts, and ICF-Based Concept Mapping, 1.0 contact hours, APTA CSM Presentation; Virtual Meeting, March 2021

Take a Stand for Better Health! Strategies for Patients to Sit Less and Move More, 1.0 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021

Watch Out, Here I come!: Career Transition from SPT to DPT, 1.0 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021

Using Movement System to Manage Pain and Reduce Fall Risk in the Elderly, 1.0 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021

Ai Chi: Empower Your Patients! So Much More than Group Exercise, 1.5 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021

Integration of Motivational Interviewing into Clinical Mentorship, 1.0 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021

DPT Student Professional Behaviors in Academic and Clinical Settings: Introducing a New Tool (RISE), 1.0 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021

Safely Practicing a Hands-On Profession in the #MeToo, #HimToo World, 1.0 contact hours

APTA CSM Presentation; Virtual Meeting, March 2021

Remediating in Place: The Place? The Clinic, When? During the Clinical Education Experience, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021

Not Just Wear and Tear: Osteoarthritis Today, 1.5 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021

Hot Topics in Home Care, 1.5 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021

Using Malpractice Claims Data to Identify Risks in PT Practice, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021

Acute Care Physical Therapy Core Outcome Measure Set: A Clinical Practice Guideline, 1.5 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021

Carole B. Lewis Lecture Award – Scholarship and Practice as Symbolic Agonists, 1.5 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021

Beyond the Manikin: Selecting the Appropriate Patient for Your Simulation, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, March 2021

Learning as We Go, Determining Best Practice During COVID-19 and Future Pandemics, 1.0 contact hours
 APTA CSM Presentation; Virtual Meeting, Feb 2021

2021 Revitalize: Poster Hall Quiz, 4.0 contact hours
 Self-Study, IPTA Revitalize 2021, March 17th, 2021

Transformative Leadership in PT Education and Clinical Practice, 2.0 contact hours
 Online Webinar, IPTA Revitalize 2021, March 13th, 2021

Pelvic Health IS Everyone’s Business: A Peek into the Mysterious Middle, 2.0 contact hours
 Online Webinar, IPTA Revitalize 2021, March 13th, 2021

COVID-19 Long-Haulers: potential Long-Term Physical Problems, 2.0 contact hours
 Online Webinar, IPTA Revitalize 2021, March 11th, 2021

Making a Meaningful Connection Through Language Beyond the Mask and PPE, 2.0 contact hours
 Online Webinar, IPTA Revitalize 2021, March 10th, 2021

THA Rapid Recovery: What Determines Outcomes-Approach, Precautions, or Protocol?, 2.0 contact hours
 Online Webinar, IPTA Revitalize 2021, March 9th, 2021

IPTA Extra Credit: Screening and Clinical Management of Osteoporosis in the Older Adult, 4.0 contact hours, Online Teaching, August 18th, 2020

IPTA Extra Credit: Geriatric Syndromes: Identification, Management, and the Role of the PT, 4.0 contact hours, Online Teaching, August 6th, 2020

IPTA Third Thursday Webinar: Sexual Harassment in the Workplace 1.0 contact hour
 Online Webinar, April 24th, 2020

IPTA Third Thursday Webinar: Got Ethics?, 3.0 contact hours
 Online Webinar, April 16th, 2020

APTA CSM 2020, 18.0 contact hours
 Denver, Colorado, In-person Instruction

AGPT Webinar: The STEADI Initiative and Physical Therapy, 1.0 contact hour
 Online Webinar, June 25th, 2019

IPTA Third Thursday Webinar: LGBTQIA+ Issues in Physical Therapy, 2.0 contact hours
 Online Webinar, June 20th, 2019

2019 REVITALIZE: Balance and Falls Management in Older Adults in a Direct Access World:
 Holding Ourselves to a Higher Standard, 6.0 contact hours
 IPTA Presented Session CEU, April 2019

AGPT Journal Club: Do older adults who meet 2008 physical activity guidelines have better
 physical performance than those who do not? March 26th, 2019 8pm

How Strong is Your Patient's Exercise Program? Part 2, 2.5 contact hours
 Medbridge Online Course, Feb 2019

How Strong is Your Patient's Exercise Program? Part 1, 1.5 contact hours
 Medbridge Online Course, Feb 2019

Functional Assessment and Clinical Decision Making, 2.75 contact hours
 Medbridge Online Course, Feb 2019

Effective Exercise Dosing to Optimize Recovery and Beyond, 2.0 contact hours
 Medbridge Online Course, Feb 2019

Improving Community Ambulation After Hip Fracture: Results and Lessons Learned, 2.0
 contact hours
 APTA CSM Presentation; Washington DC, Jan 2019

Oasis Data Collection, Life After "D" Day, 2.0 contact hours
 APTA CSM Presentation; Washington DC, Jan 2019

Upstream Homecare Services, Why Wait until a Person is Homebound to Intervene? 2.0 contact
 hours
 APTA CSM Presentation; Washington DC, Jan 2019

Hot Topics in Home Health, 2.0 contact hours
 APTA CSM Presentation; Washington DC, Jan 2019

The 3 Ds in Home Health: Dementia, Delirium, and Depression, 2.0 contact hours
 APTA CSM Presentation; Washington DC, Jan 2019

Understanding and Applying Evidence in Exercise Prescription, 2.5 contact hours
 Medbridge Online Course, Jan 2019

Fundamentals of therapeutic Exercise: Part 2, 2.0 contact hours
 Medbridge Online Course, Jan 2019

Fundamentals of therapeutic Exercise: Part 1, 1.0 contact hour
 Medbridge Online Course, Jan 2019

Clinical Management of the Older Adult with Osteoporosis, 2.0 contact hours
 Medbridge Online Course, Jan 2019

Effective Therapeutic Interventions for the Older Adult with Osteoporosis, 2.25 contact hours
 Medbridge Online Course, Jan 2019

Comprehensive Care Plan for the Older Adult with Osteoporosis, 1.75 contact hours

Medbridge Online Course, Jan 2019
Considerations for the Older Post-Operative Orthopedic Patient, 1.0 contact hours
Medbridge Online Course, Jan 2019
Impaired Extremity Joint Mobility, 1.0 contact hours
Medbridge Online Course, Jan 2019
Impaired Muscle Performance and Sarcopenia, 1.5 contact hours
Medbridge Online Course, Jan 2019
The Aging Spine, 2.0 contact hours
Medbridge Online Course, Jan 2019
Functional Cognition Part 3: Preventions and Interventions in Rehabilitation, 2.25 contact hours
Medbridge Online Course, Jan 2019
Functional Cognition Part 2: Falls in the Elderly, 1.5 contact hours
Medbridge Online Course, Jan 2019
Functional Cognition Part 1: Impairment and Dementia, 1.5 contact hours
Medbridge Online Course, Jan 2019
The Aging Brain: Part B- Alzheimer's Clinical Signs and Symptoms, 2.0 contact hours
Medbridge Online Course, Jan 2019
The Aging Brain: Part A- Mild Cognitive Impairment and Dementia, 2.0 contact hours
Medbridge Online Course, Jan 2019
Vestibular Rehabilitation: Case Studies, Rehabilitative Treatment Design, and Advanced Concepts , 4.25 contact hours, Medbridge Online Course, Dec 2018
Vestibular Rehabilitation: Identification and Management of BPPV, 3.75 contact hours
Medbridge Online Course, Dec 2018
Vestibular Rehabilitation: Office Examination of the Vestibular system, 4.0 contact hours
Medbridge Online Course, Dec 2018
Vestibular Rehabilitation: Vestibular Disorders, 4.0 contact hours
Medbridge Online Course, Dec 2018
Medical Complexity Part 2: Defining Frailty and Age-Related Changes, 2.0 contact hours
Medbridge Online Course, Dec 2018
Medical Complexity Part 1: Defining Frailty and Age-Related Changes, 3.0 contact hours
Medbridge Online Course, Dec 2018
Recorded Webinar: Chronic Disease Management: Therapists Role in Improving Health, 3.0 contact hours
Medbridge Online Course, Dec 2018
Geriatric Syndrome- A Common Profile in Practice, 1.5 contact hours
Medbridge Online Course, Dec 2018
Exercise and Nutrition in Disease: Part 2, 1.25 contact hours
Medbridge Online Course, Dec 2018
Exercise and Nutrition in Disease: Part 1, 1.5 contact hours
Medbridge Online Course, Dec 2018
Nourishing Wisdom for Elders in Health and Disease, 1.75 contact hours
Medbridge Online Course, Dec 2018

Nutrition and Aging: The Basics, 2.5 contact hours
Medbridge Online Course, Dec 2018

Pharmacology for Geriatric Practice, 2.5 contact hours
Medbridge Online Course, Dec 2018

Palliative and Hospice Care: Late to End Stage Neurodegenerative Disease, 2.5 contact hours
Medbridge Online Course, Nov 2018

Death and Dying: Attitudes, Causes, Process, and Measures, 2.0 contact hours
Medbridge Online Course, Nov 2018

Palliative Care and Hospice Spectrum: Opportunities to Transform Care, 2.5 contact hours
Medbridge Online Course, Nov 2018

Pain Peculiarities in Everyday Life, 1.5 contact hours
Medbridge Online Course, Nov 2018

Aging Gracefully: Informed Choices for Health, Wellness, and Well-Being, 2.0 contact hours
Medbridge Online Course, Nov 2018

Integrative Treatment for Patients Experience Chronic Pain, 2.5 contact hours
Medbridge Online Course, Nov 2018

Hospice and Palliative Care: Being with Loss, 1.5 contact hours
Medbridge Online Course, Oct 2018

Hospice and Palliative Care: Transitions from Rehab to End of Life, 2.5 contact hours
Medbridge Online Course, Oct 2018

Hospice and Palliative Care: Conversations at the Bedside, 1.5 contact hours
Medbridge Online Course, Oct 2018

Hospice and Palliative Care: A Primer, 2.0 contact hours
Medbridge Online Course, Oct 2018

Cancer in the Older Adult: Exercise and Nutrition, 1.25 contact hours
Medbridge Online Course; Oct 2018

The Cancer We Forgot: Working with Patients with a Remote History of Cancer, 1.5 contact hours
Medbridge Online Course; Oct 2018

Cancer Rehabilitation of Ambulatory Older Adults, 2.0 contact hours
Medbridge Online Course; Oct 2018

The Impact of Diabetes Mellitus in Geriatric Care: Part 1, 1.5 contact hours
Medbridge Online Course; Oct 2018

The Impact of Diabetes Mellitus in Geriatric Care: Part 2, 1.0 contact hours
Medbridge Online Course; Oct 2018

Diet and Exercise Considerations for Cardiopulmonary Disease Management, 1.0 contact hours
Medbridge Online Course; Oct 2018

Wound Healing: Wound Assessment, 2.0 contact hours
Medbridge Online Course; Sept 2018

Academy of Geriatric Physical Therapy Certified Exercise Expert for Aging Adults Course #3, 15 contact hours
University of Indianapolis; Indianapolis, Indiana, Sept 2018

Physiology of Wound Healing, 1.5 contact hours
Medbridge Online Course; Sept 2018

Measuring and Improving Outcomes in Post-Acute Care, 2.0 contact hours
Medbridge Online Course; Sept 2018

Medicare A: Provision of Therapy Services, 1.25 contact hours
Medbridge Online Course; Aug 2018

Medicare A: Understanding Scheduled Assessments, 1 contact hour
Medbridge Online Course; Aug 2018

Home Health Assessment Part 1: Subjective and Objective Data Gathering, 2 contact hours
Medbridge Online Course; Aug 2018

Home Health Assessment Part 2: Data analysis and Care Planning, 1 contact hour
Medbridge Online Course; Aug 2018

Home Health Assessment Part 3: Special Considerations for the Medically Complex Patient, 2 contact hours
Medbridge Online Course; Aug 2018

Improve Balance and Reducing Fall Risk, 2 contact hours
Medbridge Online Course; July 2018

Interventions for Aging Gait: Understanding Cognition and Frailty, 2 contact hours
Medbridge Online Course; July 2018

Overview of Critical Areas in Home Health, 1.5 contact hours
Medbridge Online Course; July 2018

Academy of Geriatric Physical Therapy Certified Exercise Expert for Aging Adults Course #2, 16 contact hours
University of Indianapolis; Indianapolis, Indiana, July 2018

Assessing Risk of Falls: Too Many Choices!, 2 contact hours
Medbridge Online Course; July 2018

Bladder Control: Stress Incontinence and Pelvic Floor Muscle Training, 1.5 contact hours
Medbridge Online Course; July 2018

Understanding Postural Control and Risk of Falling, 1.5 contact hours
Medbridge Online Course; July 2018

Academy of Geriatric Physical Therapy Certified Exercise Expert for Aging Adults Course #1, 15 contact hours
University of Indianapolis; Indianapolis, Indiana, June 2018

Bladder Control Evaluation and Treatment: Urinary Urgency and Incontinence, 1.5 contact hours
Medbridge Online Course; June 2018

Bladder Control Basics: Adult and Geriatric, 1.5 contact hours
Medbridge Online Course; June 2018

Legal and Ethical Issues in Geriatric Rehabilitation (2017), 2.5 contact hours
Medbridge Online Course; May 2018

The Adults Learner and Implications for Patient Education, 2.5 contact hours
Medbridge Online Course; May 2018

Essentials of Professionalism in Geriatric Physical Therapy, 4 contact hours
 Medbridge Online Course; May 2018

How to Best Assist Hearing Impaired Patients, 1.5 contact hours
 Shirley Ryan Ability Lab Staff Development; Elk Grove Village, Illinois, April 2018

The Silver Tsunami: Meeting the Growing Rehab Challenges of Older Adults, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

High-Speed Training: Applications to Improve Function, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

Building Interprofessional Geriatrics Team from Student to Practitioner, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

Movement and Motor Learning: What's Different in Dementia?, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

How Steady is STEADI? Interferential Analysis of the CDC Fall Risk Toolkit, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

Coordinated Healthcare of Aging in Place: A Solution for Fragmented Care, 2 contact hours
 APTA CSM Presentation; New Orleans, Louisiana, Feb 2018

The Impact of Ageing on Functional Mobility and Gait: Introduction, 1.5 contact hours
 Medbridge Online Course; Feb 2018

The Impact of Generational Differences in Physical Therapy Care, 2.75 contact hours
 Medbridge Online Course; Feb 2018

Tools for Successful Aging, 2 contact hours
 Medbridge Online Course; Feb 2018

Transitions for Seniors, 2 contact hours
 Medbridge Online Course; Jan 2018

The Otago Exercise Program: Falls Prevention Training, 3 contact hours
 The Greensboro Area Health Education Center; Online, Jan 2018

Using the IF Model as a Map for Geriatric Care, 2.5 contact hours
 Medbridge Online Course; Jan 2018

Orthopedic Issues in Aging, 4 contact hours
 GeriNotes Read for Credit, Jan 2018

Ethics for Rehabilitation Professionals, 3 contact hours
 Medbridge Online Course; Jan 2018

Psychosocial Considerations in the Aging Adult, 1 contact hour
 Medbridge Online Course; Jan 2018

Pusher Syndrome: Neuroscience, Evidence, Assessment, And Treatment, 2 contact hours
 APTA CSM Presentation; San Antonio, Texas, Feb 2017

Evaluation and Treatment of Motion-Induced Disorders, 2 contact hours
 APTA CSM Presentation; San Antonio, Texas, Feb 2017

Rehabilitation for Individuals with Dementia: Let's elevate Our Expectations!, 2 contact hours
 APTA CSM Presentation; San Antonio, Texas, Feb 2017

A Core Set of Outcome Measures for Neurologic Physical Therapy: A CPG, 2 contact hours
 APTA CSM Presentation; San Antonio, Texas, Feb 2017

Inoculation Against Falls, 2 contact hours

APTA CSM Presentation; San Antonio, Texas, Feb 2017

The Otago Exercise Program: Results from 5 Years of Dissemination, 2 contact hours

APTA CSM Presentation; San Antonio, Texas, Feb 2017

Musculoskeletal Pain and Spinal Deformity in Older Adults: An Integrated Approach, 2 contact hours

APTA CSM Presentation; San Antonio, Texas, Feb 2017

Optimizing Motor Learning in Rehabilitation: OPTIMAL Theory and Applications, 2 contact hours

APTA CSM Presentation; San Antonio, Texas, Feb 2017

Current Teaching and Service Learning Responsibilities of the Entry-Level Doctor of Physical Therapy Program (Sequence by Term):

PT 7212 – Introduction to Neuroscience, Spring Year 1

PT 7224 – Neuropathology I, Fall Year 2

PT 7325 – Neuropathology II, Spring Year 2

PT 7655 – Neuromuscular Examination and Management, Fall Year 3

Volunteer Balance Program Training at Baptist Retirement Community

Previous Teaching and Service Learning Responsibilities of the Entry-Level Doctor of Physical Therapy Program (Sequence by Term):

Governors State University

PHYT 2320: Orientation to Physical Therapy, Prerequisite Course for DPT Program

PHYT 6701: Patient Management I – Lecture, Fall Year 1

PHYT 6702: Patient Management I – Lab, Fall Year 1

PHYT 6711: Patient Management II – Lecture, Spring Year 1

PHYT 6712: Patient Management II – Lab, Spring Year 1

PHYT 6742: Psychomotor Development throughout the Lifespan – Summer Year 2

PHYT 7751: Clinical Experience I – Summer Year 2

PHYT 9805: Clinical Experience IV – Spring Year 3